



2019 GUIDED HIKES

SATURDAYS

More Info: David Vance: vanced@canaanresort.com or call 304-866-2215

MAY 4

Family Trail Days

- and -

OCTOBER 5

Wild Walks Weekend

9 am - Main Lodge

The eight mile "Walk Between the Parks" will highlight activities. Other activities include the "Walk-a-Mile" contest, alternative (shorter, interpretive) walks. The registration fee includes an event memento, cookout lunch (halfway point on the "Walk Between the Parks") and shuttle service from Canaan Valley Resort State Park.

Registration:

- \$25 for adults
- \$15 for children (6-12)

Pre-registration is recommended using the form on the reverse side or you may register Friday 12:30 pm - 10 pm in the Beech Club, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning.

JUNE 8 & AUGUST 10

Blackbird Knob

9 am

Main Lodge

Participants will be shuttled to the walk area. The hike is physically challenging as we will encounter rough terrain and water crossings. We will view vistas, high meadows, and spectacular views. Waterproof shoes or boots, and clothing for changing weather conditions are suggested. Please pack a lunch, snacks or water.

Walk is approximately 6 miles in length and is not recommended for smaller children.

Pre-Registration Required by Friday at 10 am at the Beech Club:

- \$15 per person
- Limit of 8 hikers

JULY 13 & AUGUST 3

Mid Summer Walk Between the Parks

9 am

Main Lodge

The eight mile "Walk Between the Parks" will highlight activities. The registration fee includes shuttle service from Canaan Valley Resort State Park.

Registration:

- \$15 for adults
- \$10 for children (6-12)

Pre-registration is recommended using the form on the reverse side or you may register Friday 12:30 pm - 10 pm, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning 7am-8:30am in the Beech Club, Canaan Valley Resort Main Lodge. Walkers should carry their own water and snacks or lunch.

SEPTEMBER 7

Douglas Falls/ Blackwater Canyon

9 am

Main Lodge

The 10 mile walk from the abandoned coke ovens, Douglas Falls, junctions of North Fork Blackwater River and the main river, across from Lindy Point, down the canyon through mixed hardwood forest. The average walking time is approximately four hours. 10 miles in length, the trail is easy and very rural - once you have started there is no way out. Elevation changes are approximately 1,290 feet. The use of hiking boots or cross-country walking shoes is recommended. Some trail sections are wet and/or rough (rocks, roots).

Registration:

- \$15 for adults
- \$10 for children (6-12)

Pre-registration is recommended, you may register Friday 12:30 pm - 10 pm in the Beech Club, Canaan Valley Resort Main Lodge.



2019 Canaan Valley Resort Guided Hikes

| Check Below | | # Adults | #12 under | Amount | |
|-------------|------------------------|--------------------|-----------|-----------|---------|
| ___ | Saturday May 4, 2019 | Family Trail Days | \$25_____ | \$15_____ | \$_____ |
| ___ | Saturday June 8, 2019 | Blackbird Knob | \$15_____ | N/A | \$_____ |
| ___ | Saturday July 13, 2019 | Walk Between Parks | \$15_____ | \$10_____ | \$_____ |
| ___ | Saturday Aug. 3, 2019 | Walk Between Parks | \$15_____ | \$10_____ | \$_____ |
| ___ | Saturday Aug. 10, 2019 | Blackbird Knob | \$15_____ | N/A | \$_____ |
| ___ | Saturday Sept. 7, 2019 | Douglas/Blackwater | \$15_____ | \$10_____ | \$_____ |
| ___ | Saturday Oct. 5, 2019 | Wild Walks Weekend | \$25_____ | \$15_____ | \$_____ |

Name: _____ Phone: _____

Address: _____ City: _____

State: _____ Zip: _____ Email: _____

Emergency Contact: _____ Phone: _____

Print Each Participants Name Below:

Total Amount Due: \$_____

Credit Card No.# _____

Exp. Date _____

Check _____ Cash _____

Signature Required

(Parent or guardian must sign if participant is under 18. Please print name of minor beside guardian's name.)

Make checks payable to **Canaan Valley Resort** and send with form:
 Canaan Valley Resort, 230 Main Lodge Rd, Davis, WV 26260.
 Attn: David Vance – Recreation Department
 (Waiver must accompany Registration Form)