



# 2023 GUIDED HIKES

## SATURDAYS

More Info: David Vance: [vanced@canaanresort.com](mailto:vanced@canaanresort.com) or call 304-866-2215

**MAY 6**

### Family Trail Days

- and -

### OCTOBER 7 Wild Walks Weekend

**9 am - Main Lodge**

The eight mile "Walk Between the Parks" will highlight activities. Other activities include the "Walk-a-Mile" contest, alternative (shorter, interpretive) walks. The registration fee includes an event memento, cookout lunch (halfway point on the "Walk Between the Parks") and shuttle service from Canaan Valley Resort State Park.

#### Registration:

- \$25 for adults
- \$15 for children (6-12)

Pre-registration is recommended using the form on the reverse side or you may register Friday 12:30 pm - 10 pm in the Beech Club, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning.

**JUNE 3 & AUGUST 19**

### Blackbird Knob

**9 am**

#### Main Lodge

Participants will be shuttled to the walk area. The hike is physically challenging as we will encounter rough terrain and water crossings. We will view vistas, high meadows, and spectacular views. Waterproof shoes or boots, and clothing for changing weather conditions are suggested. Please pack a lunch, snacks or water.

***Walk is approximately 6 miles in length and is not recommended for smaller children.***

**Pre-Registration Required by Friday at 10 am at the Beech Club:**

- \$15 per person
- Limit of 8 hikers

**JULY 8 & AUGUST 5**

### Mid Summer Walk Between the Parks

**9 am**

#### Main Lodge

The eight mile "Walk Between the Parks" will highlight activities. The registration fee includes shuttle service from Canaan Valley Resort State Park.

#### Registration:

- \$15 for adults
- \$10 for children (6-12)

Pre-registration is recommended using the form on the reverse side or you may register Friday 12:30 pm - 10 pm, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning 7am-8:30am in the Beech Club, Canaan Valley Resort Main Lodge. Walkers should carry their own water and snacks or lunch.

**SEPTEMBER 9**

### Douglas Falls/ Blackwater Canyon

**9 am**

#### Main Lodge

The 10 mile walk from the abandoned coke ovens, Douglas Falls, junctions of North Fork Blackwater River and the main river, across from Lindy Point, down the canyon through mixed hardwood forest. The average walking time is approximately four hours. 10 miles in length, the trail is easy and very rural - once you have started there is no way out. Elevation changes are approximately 1,290 feet. The use of hiking boots or cross-country walking shoes is recommended. Some trail sections are wet and/or rough (rocks, roots).

#### Registration:

- \$15 for adults
- \$10 for children (6-12)

Pre-registration is recommended, you may register Friday 12:30 pm - 10 pm in the Beech Club, Canaan Valley Resort Main Lodge.



800-622-4121

[CanaanResort.com](http://CanaanResort.com)

# 2023 Canaan Valley Resort Guided Hikes

Check Below			# Adults	#12 under	Amount
___	Saturday May 6, 2023	Family Trail Days	\$25_____	\$15_____	\$_____
___	Saturday June 3, 2023	Blackbird Knob	\$15_____	N/A	\$_____
___	Saturday July 8, 2023	Walk Between Parks	\$15_____	\$10_____	\$_____
___	Saturday Aug. 5, 2023	Walk Between Parks	\$15_____	\$10_____	\$_____
___	Saturday Aug. 19, 2023	Blackbird Knob	\$15_____	N/A	\$_____
___	Saturday Sept. 9, 2023	Douglas/Blackwater	\$15_____	\$10_____	\$_____
___	Saturday Oct. 7, 2023	Wild Walks Weekend	\$25_____	\$15_____	\$_____

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Print Each Participants Name Below:

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Total Amount Due: \$\_\_\_\_\_

Credit Card No.# \_\_\_\_\_

Exp. Date \_\_\_\_\_

Check \_\_\_\_\_ Cash \_\_\_\_\_

## Signature Required

(Parent or guardian must sign if participant is under 18. Please print name of minor beside guardian's name.)

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Make checks payable to **Canaan Valley Resort** and send with form:

Canaan Valley Resort, 230 Main Lodge Rd, Davis, WV 26260.

Attn: David Vance – Recreation Department

(Waiver must accompany Registration Form)