



GUIDED HIKES SATURDAYS

MAY 2 & OCTOBER 3

FAMILY TRAIL DAYS

9 AM - MAIN LODGE

The eight mile "Walk Between the Parks" will highlight activities. Other activities include the "Walk-a-Mile" contest, alternative (shorter, interpretive) walks. The registration fee includes an event memento, boxed lunch (halfway point on the "Walk Between the Parks") and shuttle service from Canaan Valley Resort State Park.

BOXED LUNCH INCLUDES:

- Choice of: Turkey or Ham Sandwich with American or Swiss Cheese, Tomatoes, and Lettuce
- Cookie
- Chips
- Bottle of Water

REGISTRATION:

- \$30 for adults
- \$20 for children (6-11)
- Limit of 14 hikers

Pre-registration is recommended using the form on the reverse side or you may register Friday 12:30 pm - 10 pm in the Beech Club, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning.

JULY 11 & AUGUST 1

MID SUMMER WALK BETWEEN THE PARKS

9 AM - MAIN LODGE

The eight mile "Walk Between the Parks" will highlight activities. The registration fee includes shuttle service from Canaan Valley Resort State Park.

REGISTRATION:

- \$20 for adults
- \$15 for children (6-11)
- Limit of 14 hikers

Pre-registration is recommended using the form on the reverse side or you may register Friday 12:30 pm - 10 pm, Canaan Valley Resort Main Lodge, or prior to walk on Saturday morning 7am-8:30am in the Beech Club, Canaan Valley Resort Main Lodge. Walkers should carry their own water and snacks or lunch.

MORE INFO:

TORIA TRINOR:

TRAINORT@CANAAANRESORT.COM

OR CALL 304-866-4121 EXT. 2678

SEPTEMBER 5

DOUGLAS FALLS/BLACKWATER CANYON

9 AM - MAIN LODGE

The 10 mile walk from the abandoned coke ovens, Douglas Falls, junctions of North Fork Blackwater River and the main river, across from Lindy Point, down the canyon through mixed hardwood forest. The average walking time is approximately four hours. 10 miles in length, the trail is easy and very rural - once you have started there is no way out. Elevation changes are approximately 1,290 feet. The use of hiking boots or cross-country walking shoes is recommended. Some trail sections are wet and/or rough (rocks, roots).

REGISTRATION:

- \$20 for adults
- \$15 for children (6-11)

Pre-registration is recommended, you may register Friday 12:30 pm - 10 pm in the Beech Club, Canaan Valley Resort Main Lodge.



**CANAAN VALLEY RESORT
STATE PARK**

304-866-4121 | CanaanResort.com

2026 Canaan Valley Resort Guided Hikes

Check Below		# Adults	#11 under	Amount
___ Saturday May 2, 2026	Family Trail Days	\$30_____	\$20_____	\$_____
___ Saturday July 11, 2026	Walk Between Parks	\$20_____	\$15_____	\$_____
___ Saturday Aug. 1, 2026	Walk Between Parks	\$20_____	\$15_____	\$_____
___ Saturday Sept. 5, 2026	Douglas/Blackwater	\$20_____	\$15_____	\$_____
___ Saturday Oct. 3, 2026	Family Trail Days	\$30_____	\$20_____	\$_____

Name: _____ Phone: _____

Address: _____ City: _____

State: _____ Zip: _____ Email: _____

Emergency Contact: _____ Phone: _____

Print Each Participants Name Below:

Total Amount Due: \$_____

Credit Card No.# _____

Exp. Date _____

Check _____ Cash _____

Signature Required

(Parent or guardian must sign if participant is under 18. Please print name of minor beside guardian's name.)

Make checks payable to **Canaan Valley Resort State Park** and send with form:
 Canaan Valley Resort, 230 Main Lodge Rd, Davis, WV 26260.
 Attn: Toria Trainor – Recreation Department
 (Waiver must accompany Registration Form)