

PRODUCT SPECIFICATIONS

Recommended Size	XS	S	M	L	XL	2XL	3XL	4XL	5XL	6XL
CHEST	-	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68
WAIST	-	28-30	32-34	36-38	40-42	44-46	48-50	52-54	56-58	60-62
HIP (SEAT)	-	34-36	38-40	42-44	46-48	50-52	54-56	58-60	62-64	66-68

Note: If your measurement falls between sizes, buy the larger size.
Units are expressed in inches and reflect general body dimensions. Measurements are approximate.

HOW TO MEASURE

CHEST	Measure just under arms and across shoulder blades holding the tape firm and level. If your chest falls between sizes, order the next size up.
NATURAL WAIST	Bend side to side and find the natural bend in your body; this is your natural waist. Note: It may not be the smallest point.

Note: For best results measure over your undergarments. Use a cloth measuring tape.