

HIGHER BALANCE INSTITUTE®

*Mind Storm*



ADVANCED TECHNIQUE MANUAL®

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# THE GOVERNOR

Contrary to the grandiose ideas behind the idea of weather manipulation, it is deceptively easy. In fact, many native cultures have rituals for influencing the weather in a variety of ways for thousands of years.

In order to better benefit from the lesson this course offers, we need to understand what the “Governor” is:

## **“Governor”**

*An unconscious pattern and function of the brain that binds a person’s awareness to the physical world. A specific vibratory state which rejects all things deemed not normal, unacceptable, or that have yet to be discovered.*

When you witness something that may seem like a paranormal experience, the “Governor” can be observed. It will be the part of you that is grasping for an explanation. The “Governor” is tricky because it masks itself in the guise of rationality. But the difference between the “Governor” and logic and scientific rationality is that the governor will not accept things according to its merits. Additionally, the “Governor’s” powers extend beyond rationalizing events. The “Governor” has the ability to shut out paranormal experiences from your memory when such experiences have been labeled ‘unacceptable’. HBI staff has witnessed many of these cases. And if all else fails, the “Governor” will bide its time until your tonal is lower, and at your time of weakness, will attempt to reevaluate that past experience and ‘correct’ it with false logic.

The “Governor” is a hard coded program of the brain made to keep you doing your ‘job’ on this planet as a “Red Cell”. The problem is if you are reading this, you are probably a “White Cell”.

So how are you supposed to experience beyond the physical and truly begin to understand the Universe if the “Governor” is constantly editing your perceptions?

Defeat the “Governor”. That is what this course is all about.

Because of the ease of it, such exercises as Cloud Busting can be one of the best methods for disempowering the “Governor”.

Of all that you gain from this technique, this will be the most important lesson.

When you can see with your eyes, and begin to realize on a personal level how you can influence reality with your mind, other doors will be opened, and your attempts to perform other ‘paranormal’ activities will carry confidence.

# DIRECTIONS

*(Do not use the directions before you have listened to all of the CD's)*

## THE "ZONE"

Begin all of the techniques by getting into the "Zone":

- Take a deep breath and exhale slowly out.
- Clear your mind.
- Look at the sky, acknowledge the weather and feel the moment.
- Flow with it. Don't be in a hurry. Slow down.
- Feel the moisture in the air, the smell and the temperature. Be aware of your body and your surroundings.
- Enjoy and experience the weather.
- When you feel ready, go on to one of the techr



## “CLOUD BUSTING”



1. Go out doors on a cloudy day like in the picture above
2. Get in the “Zone”.
3. Start off with a small puffy cloud.
4. Stare at it.
5. Have expectation that you know it is getting smaller.
6. The cloud will literally get smaller in front of your eyes.

## “BURNING HOLES”



1. Get in the “Zone”. Look at the clouds and feel the moment.
2. Look at the sky. Scan for a weakness in the clouds.
3. Have an expectation that you want the clouds to open and the sun coming out.
4. Project this feeling.
5. A hole will open in the clouds.

## “INFLUENCING RAIN”



1. Get in the “Zone”. Look at the clouds and feel the moment.
2. Make sure there are clouds and a potential for rain.
3. Feel the feeling that you want to get wet.
4. You want to project the feeling of rain on your face and hands.
5. Project the anticipation and desire that it is going to rain.
6. Feel “Here it comes!”
7. Make it stop by feeling “it is soft, and less rain”.
8. Feel that you want it to stop!

## “DANCE WITH THE WIND”



1. Get in the “Zone”. Acknowledge the wind and feel the moment.
2. Start slowly by paying attention to the wind. Don't rush it.
3. Feel the rhythm of the air; recognize when the wind starts and stops. Figure out its pattern.
4. Follow the pattern. Believe you are pulling when it blows, when it calms you are helping it calm. As soon as it begins to ease off push instead, to make it hold the momentum.
5. Start pulling and pushing it more. Steadily increasing and then decreasing its intensity. (Like pushing someone on the swing)
6. Now you are leading the swing.

## TIPS

For beginners, make sure that you do not have any physical discomfort. (Not extremely cold or hard weather). This will be too distracting. You need to feel comfortable and in the “Zone”.

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Work on new things you are trying alone in the beginning so you can build your confidence. Once you can repeatedly do it by yourself it will be much easier to show others.

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You have to believe that what you are doing will have an effect. Weather is easier to affect than lower density energy like a cup. You are working with the natural energy. Remember, if at first you don't succeed try again!

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Do not set yourself up for failure. Start with the little things. Cloud busting with small puffy clouds is the best way to begin. Take the small ones and work your way up. Do not put in 100% expectation. You want to make yourself the winner.

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Look at the weather as a form of intelligence. You are connecting and communicating with it. Go with the flow, dance with it and let it take the lead. When you feel ready, switch, then you take over and lead the dance.

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Everything there is in life, a wall, a candle, or a plastic box, holds a feeling. Emotion is the language of the Universe. Pay attention to how the weather feels every day. Memorize the feeling of what it feels like before it starts to rain. Then use this feeling you have recorded to invoke rain when you do the exercise.

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Feel and manifest what it is you want to happen and project it out *as an expectation*. Anticipate that what you want to happen is going to happen. It is like an expectation with a purpose. You know that what you are trying to do is going to be.

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There might be a delay on the effects you are trying to create. It could be 10 seconds or two minutes. Work with what you are trying to manipulate in reality, be patient and you will reap the rewards.

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We strongly suggest you have these companion Expansion Modules to improve your ability to Mind Storm: Thought Reflection, Discovering the One and the Power of Surrender.

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Good Luck! If you need help, call support.

**For Support Call: 800-935-4007**

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A horizontal orange bar is positioned below the support phone number, with a thin grey line extending from its right edge across the top of the page.

# NOTES

