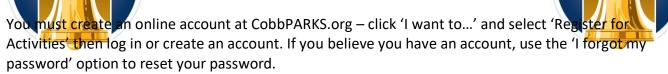
Mountain View Aquatic Center Fall 2025 Swim Lessons

2650 Gordy Parkway Marietta, GA 30066 (770) 509-4925



Registration for Cobb Residents

Thursday, August 14th at 7pm

Registration for Non-Cobb Residents

Saturday August 16th at 9am

Winter 2025 Session Dates

Saturday Session: September 6-October 18, 2025 (skip 9/13)

Session 1: Mon/Wed September 8-24, 2025 Session 1: Tue/Thu September 9-25, 2025

Session 2: Mon/Wed September 29- October 15, 2025 Session 2: Tue/Thu September 30- October 16, 2025

Withdrawal and Refund Policy

Registration fees are 100% refundable when the department cancels the activity. A participant wishing to withdraw from a class that has not been cancelled by the department must provide a request at least <u>seven days</u> before the scheduled start of the class. They may receive 100% credit to the family's account or may request a refund. Within the week prior to the scheduled start of a class refund/credits will not be given except for verified medical/hardship cases. Refunds for payment made by cash or check will be received approximately 2-4 weeks after the refund is requested.

Waitlist Policy

If your child is currently on a wait list and a spot becomes available, you will receive an email from the facility management. You will have 24 hours to accept the spot in the class. Payment will be due upon acceptance to reserve the spot. Please check your inboxes and junk mail for emails from:

Cobb County PARKS, Senior Services, Government Waiting List Notification noreply@rec1.com

Parent and Child Program \$40.00 Cobb County Residents \$60.00 Non-Cobb Residents

Parent Tot (ages 6 months to 3 years)

Description: A parent or guardian accompanies infants. The instructor guides the parent in teaching water adjustment skills such as kicking, pulling, going under water, and blowing bubbles. Swim diapers are mandatory. No disposable diapers please

Time	Days	Session	Activity Code	Notes
9:15am-9:45am	Sat	Sat	49100	Skip 9/13

Preschool Program \$40.00 Cobb County Residents \$60.00 Non-Cobb Residents

Tadpole (ages 3-5)

Description: This class is designed for the true beginner. Water adjustment skills, blowing bubbles, submerging, and water safety are taught in a playful atmosphere.

Time	Days	Session	Activity Code	Notes
4p-4:30p	Tue/Thu	1	49091	
4p-4:30p	Tue/Thu	2	49092	

Minnow (ages 3-5)

Description: This class is for preschoolers who can already put their faces in the water. Kicking, stroking, gliding, floating, and jumping in will be taught in a playful atmosphere.

Time	Days	Session	Activity Code	Notes
4:30pm-5pm	Mon/Wed	1	49094	
4:30pm-5pm	Mon/Wed	2	49095	
4:45pm-5:15pn	n Tue/Thu	1	49096	
4:45pm-5:15pn	n Tue/Thu	2	49097	

Seals (ages 3-5)

Description: This class is designed for preschoolers who can already swim. The coordination of the flutter kick and alternating arm strokes will be taught. Rhythmic breathing, water safety, and confidence in the water will be stressed.

Time	Days	Session	Activity Code	Notes
5:30pm-6pm	Tue/Thu	1	49098	
5:30pm-6pm	Tue/Thu	2	49099	

LEARN TO SWIM PROGRAM \$80.00 Cobb County Residents \$120.00 Non-Cobb Residents

Beginner: Water Exploration (ages 5-15)

Description: This class is designed for true Beginners. This class begins at age 5 for the child with no swimming experience or a child who has a fear of the water. This class will teach floating, kicking, swimming, breathing, and submersion. To complete this class and progress to Advanced Beginner, students must be able to: float on their stomach without assistance, swim Freestyle for three body lengths, take a breath while swimming Freestyle, jump in and return to the side of the pool, and perform a kneeling dive.

Time	Days	Session	Activity Code	(Notes)
5:10pm-6pm	Mon/Wed	1	49101	
5:10pm-6pm	Mon/Wed	2	49102	
10am-10:50am	Sat	Sat	49103	Skip 9/13

Advanced Beginner: Primary Skills (must pass Beginner, ages 5½-15)

Description: This class is for children ages 5½ and up who are comfortable in the water and can swim for several body lengths without assistance. This class will build upon the skills taught in the Beginner class and introduce rotary breathing in Freestyle and the Backstroke. To complete this class and progress to Stroke Development participants must be able to: kick in the streamline position for five body lengths, take three breaths while swimming Freestyle, float on their back for 30 seconds, demonstrate the rotary breathing technique, swim Elementary Backstroke for five body lengths, and perform a standing dive.

Time	Days	Session	Activity Code	(Notes)
7pm-7:50pm	Mon/Wed	1	49106	
7pm-7:50pm	Mon/Wed	2	49107	
11am-11:50am	Sat	Sat	49104	Skip 9/13

Stroke Development: (must pass Advanced Beginner; ages 6-15)

Description: This class is for children ages 6 and up who can swim 15 feet unassisted on their front and back, using any type of rhythmic breathing. This class will build upon the skills taught in the Advanced Beginner class and introduce Breaststroke, Backstroke, and Treading Water. Students should be comfortable in Deep Water. To progress to the Advanced Swimmer swim class, students must be able to: swim 25 yards Freestyle with rotary breathing, swim Backstroke for 15 yards, perform the Breaststroke kick, and Tread water for 30 seconds.

Time	Days	Session	Activity Code	(Notes)
7pm-7:50pm	Tue/Thu	1	49110	
7pm-7:50pm	Tue/Thu	2	49109	

ADULT PROGRAM

\$80.00 Cobb County Residents \$120.00 Non-Cobb Residents

Adult Basics (ages 15+)

Description: This class is designed to teach adults who are uncomfortable in the water. It will teach floating and buoyancy on the stomach and back. Introduces freestyle, back crawl, introduction to deep water, and basic water safety.

Time	Days	Session	Activity Code	(Notes)
11:10am-12pm	Sat	Sat	49108	Skip 9/13