

Marietta Senior Center
1150 Powder Springs Street
Marietta, GA 30064
Center Activity Hours:
Monday - Friday: 10:00 AM - 2:00 PM
www.facebook.com/CobbSeniors



August 2025

LUNCH SERVED DAILY AT NOON

SCHEDULED ACTIVITIES & GAMES

Janice Lindsay, Program Specialist
Shelle O'Loughlin, Program Leader
Marietta Phone 770-528-2516
Transportation 770- 528-5380

= Self Pay

Mon	Tue	Wed	Thu	Fri
= No Drive In Bus = Drive In Bus	SUBMIT CALENDARS TO CENTER STAFF BY JULY 20, 2025			1. 10:00a Move It! 11:00 Guess My Word 1:00p Sewing & Fashion Trivia
4. 10:00a Trip: WALMART *Activity Level 2* FIVE BAG MAXIMUM	5. 10:30a Site Council Meeting 1:00p Birthday Bash & Bingo	6. 10:00a Cardio Fusion 11:00a August IQ Quiz 1:00p Suncatcher Art	7. 10:00a Tai Chi Ease 11:00a Lingo Word Game 1:00p Guess The 60's TV Show Theme Song	8. 10:00a Trip: Senior Day at Seven Springs Water Park *Lunch Provided* *Activity Level 2*
11. 10:00a Movie Day with SWC Friends *Boxed Lunch Provided* 1:00p Modern Jeopardy	12. 10:00a Breakfast 11:15a Trip: Austell International Farmer's Market *Activity Level 3*	13. 10:00a Cardio Fusion 11:00a Jeopardy 12:45p Nutrition Lesson: Sodium: How Much is too Much?	14. 10:00a Tai Chi Ease 11:00a Guess My Word 1:00p Dominoes & Deck Tournament	15. 10:00a ZUMBA 11:00a Chain Reaction 1:00p Loops & Layers
18. 10:00a Breathe & Stretch 11:00a Riddle Me This Video 1:00p Seated Sluggers	19. 10:00a Trip: Stevi B's & BINGO 🍕 Fee: \$10.48 *Activity Level 1*	20. 10:00a ZUMBA 11:30a \$5 BINGO at SWC 1:00p This or That Icebreaker	21. 10:00a Tai Chi Ease 11:15a Trip: Picadillys *Activity Level 2*	22. 10:00a Move It! 11:00a Finish The Phrase 1:00p 50's & 60's Sing Along
25. 10:00a ZUMBA 10:00a Morning Tea Book Club 11:00a East or West Game 1:00p Crochet/Quilting Class	26. 10:00a Trip: Shopping & Lunch @ Woodstock Outlets *Lunch On Your Own* *Activity Level 3*	27. 10:00a Cardio Fusion 11:00a Motown Scavenger Hunt 1:00p Who's That Movie Star?	28. 10:00a Tai Chi Ease 11:00a ABC, Easy as 123 Game 1:00p Around the World Trivia	29. 10:00a ZUMBA 11:15a Johnny's BBQ & Collett Country Store *Activity Level 2*