

Helping Hands Volunteer Newsletter



## Volunteer Share, Michelle Peach;



Future North Cobb SC novelists wrap up the first Write Your Story classes, presented by Michelle, a B.E.S.T. (Broadening & Enriching Seniors Together) Volunteer!

From left to right are: Mary Keck,

Hallie, Michelle, Carlos and Donna.

Michelle says, "Once I empty nested last year, I had a heartfelt desire to serve the senior community. I started volunteering at North Cobb Senior Center helping out with the library and in the kitchen.

Then I joined the B.E.S.T. team led by Charles Core, the program leader. In this program, I created a writing class for seniors to encourage them to write about their lives as a legacy to their families. I lost my mother two years ago and treasure the notes,

short stories, and journals she left behind. The writing class covers information about writing styles and conventions. I also relate my journey writing and publishing my own book. I hope to inspire others to do the same. The class has been a joy especially hearing many entertaining, enthralling and engaging stories from our seniors."

For more information or to volunteer contact Charles.Core@CobbCounty.org
770-528-1447







# Veteran Connection: See who(& what!) you have been missing:

Kyle Hungarter, & Jessica Hardin, VSO, Ga. Department of Veterans Services Representatives





Michael Mullet, Highland Rivers Behavioral Health

Pam Younker, Community
Development Officer
Foundation & External
Affairs for Children's
Healthcare of Atlanta, &
Air Force & Space Force
Civic Leader.



Linds to Smile Vout



Russell Elementary helped community members celebrate Valentine's Day at Freeman Poole Senior Center.

Rotary Club of Marietta Metro made goodie bags for our Meals on Wheels clients.





Linds to Smile Vout.



### new volunteers !



**DZyne** 



Priscilla



Marisa



Nicole

#### Stay In Shape and make new friends with Cobb Senior Services Hiking Groups:



Tim D. Lee Senior Center 770-509-4900

For more information: North Cobb Senior Center 770-975-7740

West Cobb Senior Center 770-528-8200

http://northcobbhikingclub.weebly.com/



#### **VETERAN CONNECTION**

Veteran Connection is a monthly gathering for all Veterans age 55+ (women and men) to enjoy fellowship, guest speakers, & day trips.

Tuesday March 12, 10:00AM
Freeman Poole Senior Center
4025 South Hurt Road
Smyrna, GA 3082

Wednesday March 13, 10:00AM
Cobb Senior Wellness Center
II50Powder Springs St.
Marietta, GA 30064

Wednesday March 20,10:00 AM
Tim D. Lee Senior Center
3332 Sandy Plains Road
Marietta, GA 30066

\*Wednesday March 27, 6PM-7PM
Switzer Library
266 Roswell Street
Marietta, GA 30060
\*Women Only

Thursday March 28, 10:00 AM
North Cobb Senior Center
3900 South Main St.
Acworth, GA 30101

For more information contact Andrea Rapowitz

