



Health Services Guide



**COBB & DOUGLAS
PUBLIC HEALTH**

Healthier lives. Healthier community.



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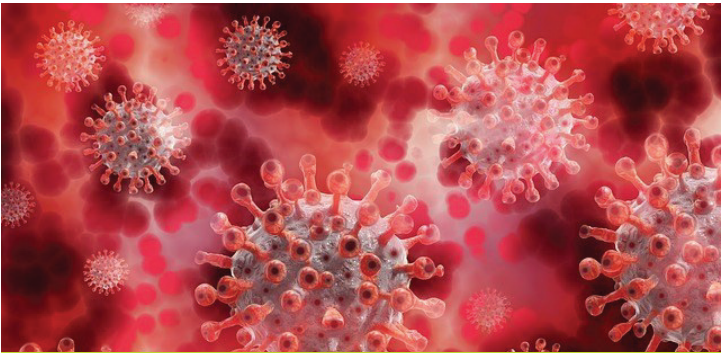
 COVID-19 Testing and Vaccinations..... 31



Traveling out of the country? Get up to date with vaccines before your trip. (page 9)



Are you an expectant parent? Explore the ways CDPH helps families. (page 20)



Stop the spread of COVID-19. Find local testing kiosks and learn how to protect yourself. (page 31)

Mission:

Cobb & Douglas Public Health, with our partners, promotes and protects the health and safety of the residents of Cobb and Douglas counties.

About the Program Guide:

This program guide was published in 2023 to inform residents about the various health services and assistance programs Cobb & Douglas Public Health offers.

Questions?

If you have questions regarding this guide, please contact:

Alejandra Roman
Community Health Worker
Alejandra.Roman@dph.ga.gov



Did you know CDPH offers free condoms? Learn how to get yours today. (page 12)

Overview of Services

Cobb & Douglas Public Health offers a wide-range of exceptional, cost-effective health services for both adults and children. The doctors, nurses, technicians and educators are some of the most caring and respected in their fields, striving daily to lead others and raise the bar for compassion, expertise, confidentiality, professionalism and attentive customer care. In addition to the on-site clinical offerings and mobile clinical services, CDPH offers an extensive referral network to guide clients to additional medical or social services.

Adult Health Services:

- Adult Immunizations
- Breast & Cervical Cancer Program
- Family Planning/Women’s Health
- HIV Prevention and Diagnosis
- Medical Records
- Pharmacy
- Sexually Transmitted Infections (STIs) Testing
- Travel Health Services
- Titters/Antibody Blood Tests/Lab
- Tuberculosis (TB) Skin Testing
- Vital Records (Birth/Death Certificates)

Child Health Services and Family Support Services:

- Babies Can’t Wait
- Children’s Medical Services
- Children 1st
- Child Immunizations
- Early Hearing Detection and Intervention Program
- Hearing/ Vision/ Nutrition School Screenings
- SAFEKIDS

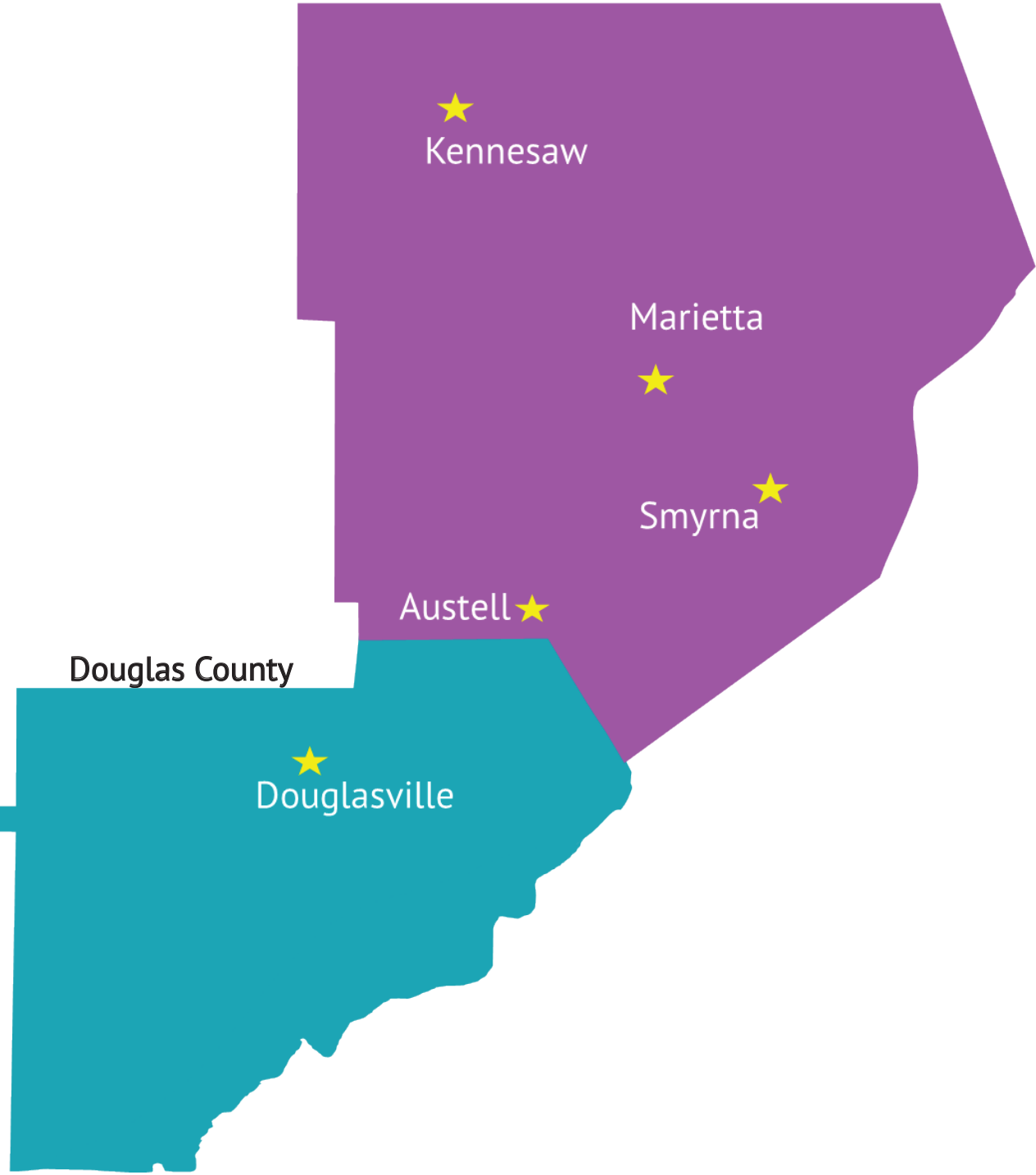
Family Planning and Support Services:

- Healthy Start Initiative/Inspiring Fathers
- Pregnancy Assistance
- Women, Infants & Children (WIC) Supplemental Nutrition Program

Community Health Prevention Programs:

- Adolescent Health & Youth Development
- Chronic Disease Prevention
- Opioid Misuse Prevention
- Tobacco Use Prevention

Cobb County



★ = Public Health Center



Center Locations



Acworth-Kennesaw Public Health

3810 Old 41 Highway NW
Kennesaw, GA 30144
Phone: (770) 514-2300
WIC Clinic, Call: (770) 514-2389
Hours: Monday - Friday from 8:00 AM to 5:00 PM*

Services:

- Family Planning/Women’s Health
- Hearing/Vision/Nutrition School Screenings
- HIV Pre-Exposure Prophylaxis (PrEP)
- Immunizations
- Pregnancy Assistance
- School Certificates Form 3231 & 3300
- STI Testing/HIV Testing/Counseling
- TB Skin Testing
- Titers/Antibody Blood Tests
- Travel Health Services
- Titers/Antibody Blood Tests
- Women, Infants & Children (WIC) Supplemental Nutrition Program

Marietta Public Health Center—Building A

1650 County Services Parkway
Marietta, Georgia 30008
Phone: (770) 514-2300
Hours: Monday - Friday from 8:00 AM to 5:00 PM*

Services:

- Family Planning/Women’s Health
- Hearing/Vision/Nutrition School Screenings
- HIV Pre-Exposure Prophylaxis (PrEP)
- Immunizations
- Pregnancy Assistance
- Pharmacy
- Positive Impact Health Center
- School Certificates Form 3231 & 3300
- STI Testing/HIV Testing/Counseling
- Travel Health Services
- Titers/Antibody Blood Tests/Lab
- Vital Records (Birth/Death Certificates)

Center Locations

Marietta Public Health Center—Building B

1738 County Services Parkway
Marietta, GA 30008
Phone: (770) 514-2300
Hours: Monday - Friday from 8:00 AM to 5:00 PM*

Services:

- Babies Can’t Wait
- Children 1st
- Children Medical Services
- TB Skin Testing/TB Clinic
- Women, Infants & Children (WIC) Supplemental Nutrition Program

Smyrna Public Health Center

3001 South Cobb Drive
Smyrna, GA 30080
Phone: (770) 514-2300
Hours: Monday - Friday from 8:00 AM to 5:00 PM*

Services:

- Family Planning/Women’s Health
- Hearing/Vision/Nutrition School Screenings
- HIV Pre-Exposure Prophylaxis (PrEP)
- Immunizations
- Pregnancy Assistance
- School Certificates Form 3231 & 3300
- STI Testing/HIV Testing/Counseling
- TB Skin Testing
- Titers/Antibody Blood Tests
- Women, Infants & Children (WIC) Supplemental Nutrition Program

South Cobb Public Health Center (WIC)

875 Riverside Parkway, Building 1
Austell, GA 30168
Phone: (770) 514-2300
Hours: Monday - Friday from 8:00 AM to 5:00 PM*

Services:

- Healthy Start Initiative/Inspiring Fathers
- Women, Infants & Children (WIC) Supplemental Nutrition Program

Douglas Public Health Center

6770 Selman Drive
Douglasville, GA 30134
Phone: (770) 949-1970
Hours: Monday - Friday from 8:00 AM to 5:00 PM*

Services:

- Babies Can’t Wait
- Children 1st
- Children’s Medical Services
- Family Planning/Women’s Health
- Hearing/Vision/Nutrition School Screenings
- HIV Pre-Exposure Prophylaxis (PrEP)
- Immunizations
- Family Planning/Women’s Health
- SAFEKIDS
- School Certificates Form 3231 & 3300
- STI Testing/HIV Testing/Counseling
- TB Skin Testing
- Titers/Antibody Blood Tests
- Travel Health Services
- Women, Infants & Children (WIC) Supplemental Nutrition Program

*Hours vary per department. Visit www.cobbanddouglaspublichealth.com for more information.

Online appointments can be made for the following services: Child Health Services, Immunizations, STI Services, Vital Records, and TB Skin Testing.

Description of Adult Health Services

Adult Immunizations

Immunizations drastically decrease the number of vaccine-preventable diseases in the United States and worldwide. Following a regular schedule of vaccinations from infancy through adulthood, offers the best line of defense against a variety of illnesses and diseases.

While there are no required immunizations for adults living in the United States, unless the adult is a healthcare worker or public service worker, there are several immunizations that are recommended. The specific immunizations that are recommended as an adult are determined by factors such as age, life-style, type and location of travel, and previous immunizations.

Cobb & Douglas Public Health accepts several insurance plans for immunizations and many are offered free of charge.

For more information, call (770) 514-2300.

Tuberculosis Program (TB Skin Testing)

The Tuberculosis (TB) program has the ultimate responsibility for ensuring appropriate TB management in Cobb and Douglas counties. It primarily provides TB surveillance, which includes case finding, case reporting, case management and contact investigations using the principles of epidemiology. It also ensures that active TB cases and clients with latent TB infection are treated and monitored medically. The program also provides Directly Observed Therapy (DOT), which is the standard of care in Georgia for TB patients to ensure completion of therapy. Directly observed therapy entails the direct observation of patient's self-administering TB medications. All of these activities are crucial to reaching the goal of TB prevention and control in Cobb and Douglas Counties. The TB program at Cobb & Douglas Public Health offers the following services:

- QuantiFeron (QFT)
- Tuberculin Skin Test (TST)
- Chest X-rays
- X-ray interpretation

For more information, contact the TB Clinic:

TB Clinic Marietta Health Center – Building B

1738 County Services Parkway
Marietta, GA 30008
(770) 514-2362
Hours: Monday thru Friday from 8:00 AM - 5:00 PM
(Closed between 12:00 - 1:00 PM daily)

Travel Health Clinic

Cobb & Douglas Public Health's Travel Health Clinic can help protect you from illness when you travel international. The clinic stocks vaccines throughout the year and receives weekly updates about the health and political climate worldwide from the World Health Organization and Centers for Disease Control and Prevention (CDC).

Professional travel health consultations are provided to help you avoid health risks during international travel. Travel health consultations review your health and immunization history, as well as your travel plans, and assess your risk for acquiring vaccine-preventable diseases. Vaccines are recommended and administered to protect you based on the assessment.

Customized, country-specific information is also provided, including entry requirements, areas of political or military instability, medical facilities, customs, crime, and laws.

For more information or to schedule an appointment, call one of our convenient locations below.

Marietta Public Health Center
1650 County Services Parkway
Marietta, Georgia 30008
Phone: (770) 514-2485

Acworth-Kennesaw Public Health Center
3801 Old 41 Highway NW
Kennesaw, Georgia 30144
Phone: (770) 974-3330

Douglas Public Health Center
6770 Selman Drive
Douglasville, Georgia 30134
Phone: (770) 949-1970



Description of Adult Health Services

Medical Records

Cobb & Douglas Public Health must ensure protection of individual health information required by the laws of the state of Georgia and the Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule.

How do I request medical records (including immunization records)?

- In Person: Bring a photo ID (passport, driver’s license, U.S. military ID, state of Georgia ID, or foreign Passport) and payment. You may pay by credit card (Visa, MasterCard, or Discover) or cash. The Authorization for Release of Protected Health Information Form can be completed at the time of the request or printed out in advance*.
- By Mail: Include a completed Authorization for Release of Protected Health Information Form*, copy of a photo ID and a money order made payable to Cobb County Public Health. Mail request to:

Cobb & Douglas Public Health
Attention: Medical Records Department
1650 County Services Parkway
Marietta, GA 30008

- By Fax: Please print and complete an Authorization for Release of Protected Health Information Form* and fax to: (770) 794-4365. Records will only be returned via fax to other healthcare facilities.

Fees:

- Complete medical record: \$15.00
- Copy of individual page or form (example: Immunization record): \$2.00 (each)

For additional information, please call the Medical Records office at (770) 514-2360.

* The Authorization for Release of Protected Health Information Form can be found at www.cobbanddouglasspublichealth.com/services/adult-health-services/medical-records/.

Vital Records (Birth/Death Certificates)

Cobb & Douglas Public Health offers birth certificates and death certificates for anyone who was born or died in the state of Georgia. The state of Georgia maintains vital records filed from the year 1919 to the present year.

How do I request a vital record?

- In Person: Bring a photo ID (Passport, Driver’s License, U.S. Military ID, State of Georgia ID, or Foreign Passport) and payment. You may pay by credit card (MasterCard, Visa and Discover) or cash.
- By Mail: Include a copy of your Photo ID, a signed request* and a money order made payable to Cobb County Public Health. Mail request to:

Cobb & Douglas Public Health
Attention: Vital Records Office
1650 County Services Parkway
Marietta, GA 30008

- Online: Cobb & Douglas Public Health does not accept credit cards or online orders; however, for your convenience, you can process online requests through an independent company, VitalChek. An additional fee is charged by VitalChek for using this service and all major credit cards are accepted, including American Express, Discover, MasterCard and Visa. Visit www.cobbanddouglasspublichealth.com/services/adult-health-services/vital-records/ for more information.

The person requesting a certified copy of a birth record must provide the appropriate fee and a signed request* that includes the following information:

- Photo ID: Passport, Driver’s License, U.S. Military ID, State of Georgia ID, Foreign Passport
- Full name of person shown on the birth certificate
- Date of birth (month, day, year)
- Place of birth (hospital, city, county)
- Full name of mother (include mother’s maiden name)
- Full name of father
- Relationship to the person named on the birth certificate request
- The number of certificates requested

Fees**:

- Search fee (includes one certified copy, if the record is found on file): \$25.00
- Additional certifications of the same record ordered at the same time: \$5.00

For more information, call (770) 514-2337

*Request form can be found by at www.cobbanddouglasspublichealth.com/services/adult-health-services/vital-records/.

*Georgia law requires that a search fee is received before a certified copy of a birth certificate can be issued. Fee payment is necessary at the time of service and search fees are non-refundable.

Description of Adult Health Services

Sexually Transmitted Infections (STIs)

Cobb & Douglas Public Health is committed to reducing the spread of sexually transmitted infections through prevention, surveillance, risk reduction education, testing, treatment, partner notification and the provision of referrals as needed.

STI Clinic:

The STI Clinic offers affordable testing for several infections, including syphilis, gonorrhea, chlamydia, herpes and HIV. The clinic accepts walk-in patients, but appointments are preferred. The STI clinic offers same day appointments.

Cost: The cost depends on the number of people in your family and your income (a sliding fee scale). Please provide proof of income on the day of your appointment.

Acceptable proof of income includes:

- Two recent pay stubs (One pay stub is acceptable in some cases)
- W-2 or tax papers
- Award letter from unemployment or disability
- Financial aid/loan paperwork (College students)
- High school students (ages 18 and under) must bring a progress report or school ID with the current school year on it

HIV Prevention and Diagnosis

Free Rapid HIV Testing is offered at the Marietta, Douglas, Smyrna and Acworth-Kennesaw center locations. Testing is available during normal business hours, Monday - Friday. Walk-ins are welcome! HIV Self-Test Kits are also available for pick-up or mail delivery. **For more information, visit www.cobbanddouglaspublichealth.com or call (770) 514-2815.**

Pre-exposure prophylaxis (PrEP) is medication that prevents the spread and contraction of HIV. When taken daily, PrEP is highly effective for preventing HIV from sex or injection drug use. Contact Adult Health at (770)514-2300 to set up an appointment to see if you qualify.

Free condoms are available at all health center locations and through mail order to residents of Cobb and Douglas counties. Visit www.cobbanddouglaspublichealth.com/services/adult-health-services/free-condom-project/#HIVform to order today!

Cobb & Douglas Public Health also sponsors special free HIV testing events throughout the year at various public health centers and locations. Call (770)514-2815 for more information on HIV Prevention outreach and testing events.



Breast & Cervical Cancer Program

Cobb & Douglas Public Health (CDPH) is committed to ensuring low-income women, who are uninsured or under-insured, receive access to breast and cervical cancer screening services. The Breast and Cervical Cancer Program (BCCP) provides screening services including breast exams, mammogram referrals, pelvic exams and Pap tests. It also provides referrals for diagnostic services such as surgical consults and biopsies. Through this program, women with abnormal screening results receive timely diagnostic and treatment follow-up. Those with diagnosed breast or cervical cancer are enrolled in Women's Health Medicaid.

For more information about the Breast and Cervical Cancer Program at CDPH or to make an appointment, call (770) 514-2300.

Pharmacy

Our pharmacy provides patients with effective, quality medication for disease treatment, prevention and overall health. In addition to maintaining formularies and supplies, the pharmacy orders, receives and distributes pharmaceuticals to the different clinical service areas of Cobb & Douglas Public Health. Prescriptions issued from within the health department and its affiliated sites can be conveniently filled at the pharmacy during the week, Monday through Friday from 8:00 AM - 5:00 PM. Please note, the pharmacy is closed from 11:30 AM to 12:00 PM daily.

Pharmaceuticals are provided for the following areas:

- Immunization
- Children and Adolescent Health
- Sexually Transmitted Infections (STIs)
- Tuberculosis (TB)
- Family Planning

For more information, call (770) 514-2345.

Description of Child Health and Family Support Services

Child Immunizations

The following children have specific immunization requirements: those attending child care centers, starting kindergarten, starting 7th grade, or any age child who is new to Georgia public and private schools. Find out more on the requirements by age and grade by visiting www.cdc.gov/vaccines/schedules/.

Childcare/School Immunization Certificates

Georgia law requires children attending childcare or school to be protected from certain vaccine-preventable diseases. Cobb & Douglas Public Health offers vaccines to protect children and prepare them for school at clinics throughout both counties.

According to the law, parents who move to Georgia from another state and enroll their child in a Georgia school for the first time must provide the child's childcare center or school with a Certificate of Immunization (Form #3231) within 30 days of enrollment. This certificate verifies that the child has received the immunizations recommended.

Parents can obtain this certificate from the child's private physician or local Cobb & Douglas Public Health Center. Parents should bring a complete record of the child's immunizations in order to complete the school form. If a child needs additional immunizations to meet the requirements of Georgia law, a private physician or Public Health Center staff can administer these immunizations, and parents can obtain a certificate at the same time. Certificate of Immunization record transfers are provided to clients for \$5.00 per child.

School Screenings (Vision, Hearing & Nutrition – Form 3300)

Cobb & Douglas Public Health also provides vision, hearing & nutrition screenings to children. It is a requirement for parents to present a completed vision, hearing, and dental screening form (form 3300) to school authorities for children entering a Georgia school for the first time. The nutrition category measures height, weight, and body mass index (BMI).

Immunization Requirements for Children Entering Seventh Grade

Beginning in the 2014-2015 school year, 7th graders are required to have tetanus, diphtheria, pertussis (Tdap) and meningococcal (meningitis) vaccines prior to starting school. Effective July 1, 2014, children born on or after January 1, 2002, who are attending 7th grade and new entrants into Georgia schools in grades 8 through 12 must have received one dose of Tdap vaccine and one dose of meningococcal vaccine. "New entrant" means any child entering any school in Georgia for the first time or entering after having been absent from a Georgia school for more than 12 months or one school year.

Immunizations are offered by appointment, Monday through Friday from 8:00 AM until 5:00 PM at the Marietta, Smyrna, Douglas and Acworth-Kennesaw Public Health Centers.

For more information, call (770) 514-2300.

Children 1st Program

Children 1st is a statewide, free, voluntary initiative coordinated by the Georgia Department of Public Health and Cobb & Douglas Public Health. Children 1st is the single point of entry for many programs for children (from birth to age 5) with developmental, social or medical needs. A public health nurse or Case Manager contacts the family and will make a virtual appointment or home visit to conduct developmental screenings and assist with family access to local medical services, social supports and community resources. These services are designed to support families with young children, promote child health/development, and positively influence school readiness.

To enroll your child in the Children 1st program, please contact the Children 1st Intake Line at (770) 514-2759, Monday thru Friday 8:00 AM - 5:00 PM.



Early Hearing Detection & Intervention (EHDI)

Georgia Department of Public Health and Cobb & Douglas Public Health partner with local hospitals to provide newborn hearing screening and follow-up care for all babies born in Cobb and Douglas counties who have referred or missed the initial screen, through the Early Hearing Detection and Intervention (EHDI) Program. Cobb & Douglas Public Health offers screening for babies birth-3 months of age. If hearing loss is detected, the infant is referred for diagnostics testing and/or to early intervention services such as Babies Can't Wait or GA Pines.

For more information about Children 1st or EHDI, contact the Children 1st Coordinator at (770) 514-2404 or email: dph-cdphreferrals@dph.ga.gov.

Description of Child Health and Family Support Services

Children's Medical Services Program (For Children with Special Needs)

Children's Medical Services is a statewide program that supports children, youth and young adults (birth to 21 years of age) with special health care needs and their families. Children's Medical Services provides assistance to eligible families and young adults with accessing timely and affordable health care services, care coordination, as well as needed resources within their communities.

Children's Medical Services works with the child and young adult's primary and specialty medical specialists providers to coordinate:

- Specialty medical appointments
- Durable medical equipment
- Prescription/medication assistance
- Medical supplies
- Diagnostic testing

Transition Services: Provides resources and information for youth, families and health care professionals to support youth and young adults to successfully move from pediatric to adult care. Visit <https://dph.georgia.gov/transitioning-youth-adult-care> for more information.

Eligibility for the Children's Medical Services program is based on the following:

- Eligible medical condition
- Annual family income
- Live in Georgia

Examples of eligible medical conditions include, but are not limited to:

- Asthma, cystic fibrosis, and other lung disorders
- Select hearing disorders
- Neurological and neurosurgery disorders including seizures, benign tumors, hydrocephalus, and others
- Orthopedic and/or neuromuscular disorders including cerebral palsy, spina bifida, scoliosis, clubfeet, congenital or traumatic amputations of limbs, and others
- Visual disorders including cataracts, glaucoma, strabismus, and others
- Diabetes and other endocrine and genetic disorders
- Craniofacial anomalies (including cleft lip/palate)
- Congenital cardiac conditions

For more information about eligibility, services provided and enrollment into the program please call: (770) 514-2759 for children under age 5 years and (770) 432-0578 for youth and young adults between the ages of 5 and 21.

Babies Can't Wait

Babies Can't Wait (BCW) is a statewide, early intervention program for families with children (under the age of 3) with specific established or suspected developmental delays. BCW assists families in identifying needed resources and services within our community to meet a child's developmental needs. Agencies and individuals provide services from both the public and private sector that may include service coordination, speech, occupational, physical therapy and special instruction. Some services are at no cost to the family, while other services may require a cost participation from the family.

BCW is established by Part C of the Individuals with Disabilities Education Act (IDEA) which guarantees all eligible children, regardless of their disability, access to services that will enhance their development. Additional information about IDEA and national efforts supporting the implementation of the early childhood provisions of the law is available through the National Early Childhood Technical Assistance Center.

BCW utilizes an evaluation team to conduct selected screening tools and specific developmental evaluations to determine program eligibility. Once eligible, a coaching model is used guided by an Individualized Family Service Plan (IFSP). The evaluation team writes the IFSP with information and input from the primary care physician, family, and any relevant therapists. This includes goals that would include any family goals, developmental goals, personal health care services and the provision of health care that support the identified developmental needs of the child. Therapists coach caregivers on how to implement strategies during normal routines and activities in the child's natural environment.

For more information, contact the Babies Can't Wait Coordinator at (770) 319-4717.
For developmental screening and enrollment, call (770) 514-2759.



Description of Child Health and Family Support Services



SAFEKIDS

The SAFEKIDS Coalitions of Cobb and Douglas counties are non-profit, charitable organizations and networks of SAFEKIDS Worldwide (www.safekids.org), the first and only national organization dedicated solely to the prevention of unintentional childhood injury – the number one killer of children ages 19 and under.

SAFEKIDS Cobb County and SAFEKIDS Douglas County are led by Cobb & Douglas Public Health

Both Coalitions are committed to preventing and reducing injuries to children through education and by providing safety equipment to families in need.

The coalitions provide information and education on:

- Home safety, including safe sleep for infants
- Child passenger safety
- Poison prevention
- Water safety
- Bicycle safety
- Fire safety
- Pedestrian safety
- Youth Sports Safety

Child Safety Seat Inspection Station

SAFEKIDS Cobb & SAFEKIDS Douglas Coalitions provide free car seat education to help parents ensure their child's car and booster seats are installed and fit properly. Parents and caregivers are encouraged to schedule an appointment for assistance with installing their car seat.

Car Seats

Car seats are available at a reduced cost to Cobb County and Douglas County residents who are income eligible. To qualify, you must be a resident of the servicing county and a current recipient of a government assistance program (WIC, Medicaid or PeachCare) or meet income eligibility requirements. The program is limited to one car seat per child, and the seat is only issued to primary parents or caregivers who schedule an appointment to receive car seat education.



SAFEKIDS Cobb County

www.safekidscobbcounty.org

Child Safety Seat Inspection Station

Cobb County Safety Village
1200 Al Bishop Drive
Marietta, GA 30008

To schedule an appointment, call (770)852-3285 or visit our online appointment portal, https://booksy.com/en-us/618595_safe-kids-cobb-county_other_16254_marietta.

SAFEKIDS Douglas County

www.safekidsdouglascounty.org

Child Safety Seat Inspection Station

Douglas Public Health Center
6770 Selman Drive
Douglasville, GA 30134

To schedule an appointment, call (770)949-5155 or visit our online appointment portal https://booksy.com/en-us/713034_safe-kids-douglas-county_holistic-medicine_16323_douglasville.

Description of Family Planning and Support Services

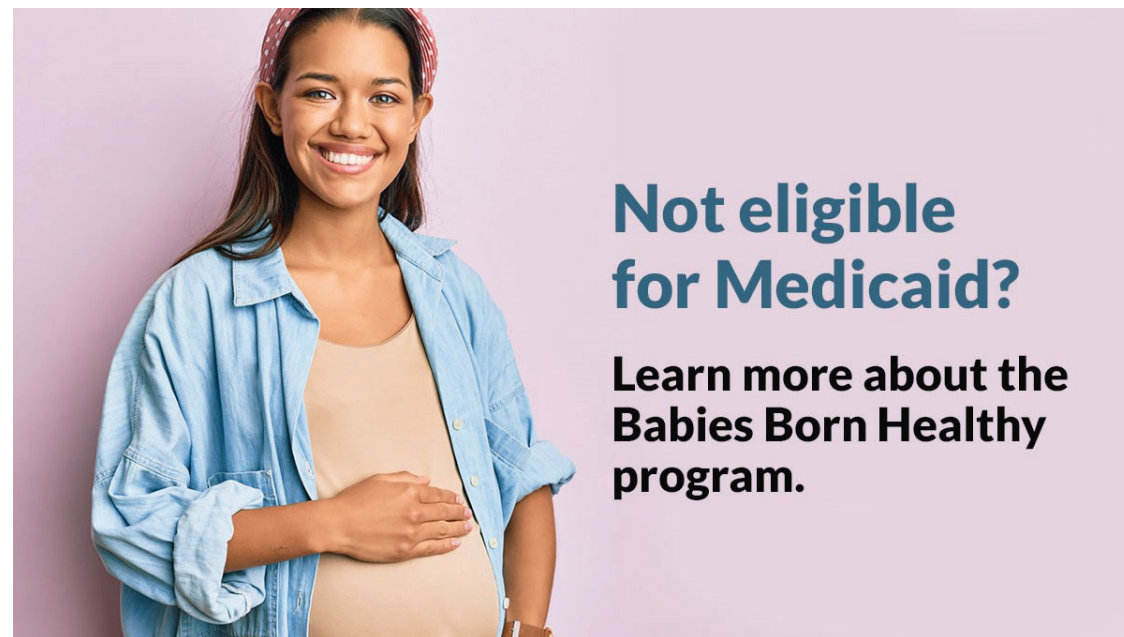
Family Planning/Women's Health

The Family Planning Program offers education, health care and resources to help women and men stay healthy and have healthy babies. These services strengthen families and communities throughout Cobb and Douglas Counties by promoting personal responsibility and economic self-sufficiency.

The Family Planning Program helps families take responsibility for their future and the future of their children, which promotes healthy families and communities.

Family Planning staff provides education on contraception methods and devices. Services offered include: physical exams, breast cancer screening, cervical cancer screening, STI screening, and other contraceptive methods including IUDs.

For questions, please call (770) 514-2300.



Pregnancy Assistance

At Cobb & Douglas Public Health, several programs are offered to help women get started early with the care and guidance needed for a healthy pregnancy.

Prenatal Screening & Referral

- Clients assessed and screened for services to determine how we can best meet their needs during pregnancy
- Referrals for pregnancy testing
- Application assistance for Presumptive Eligibility Pregnancy Medicaid
- Referrals for Babies Born Healthy discount prenatal care services

Pregnancy Assistance (Continued)

Pregnancy Testing

- Walk-in service or by appointment
- Cost \$20 or sliding fee if patient of a Family Planning Program
- Medical documentation of pregnancy is provided if test is positive
- Prenatal counseling and referral follow-up pregnancy services are offered

Presumptive Eligibility Pregnancy Medicaid

- Pregnancy Medicaid provides immediate financial assistance for prenatal care.
- This type of Medicaid allows the eligible women to get started with medical care while waiting for final determination of eligibility for full Medicaid coverage by the Department of Family Children Services (DFCS).
- Prenatal women must meet the eligibility criteria based on their citizenship status and income requirement that does not exceed 220% of Federal Poverty Guidelines.

Perinatal Case Management

- Must be Medicaid eligible
- Counseling and education on pregnancy with a nurse
- Clients assisted with Medicaid problems and concerns
- Physician referrals provided for medically high-risk clients
- Referrals provided to community resources and programs such as WIC and Children's First
- Prescription provided for prenatal vitamins

Babies Born Healthy (BBH) Program

- This prenatal service is for pregnant women who do not have health insurance and are not eligible for Medicaid because of their citizenship status and/or income.
- Clients who are referred to our BBH program are expected to pay a minimal fee for prenatal services.
- CDPH contracts with doctors within Cobb and Douglas counties to provide high quality prenatal services at a reduced rate.
- BBH services are limited and cover routine prenatal visits and some lab work.
- Assistance in applying for Emergency Medicaid is offered after delivery.

Call (770) 514-2471 (English) or (770) 514-2367 (Spanish) for more information, or come by the Marietta Cobb & Douglas Public Health location for prenatal screenings. Bring proof of pregnancy, if possible, and your supporting documents (picture ID, proof of family income, and birth certificate or U.S. passport). Appointments can also be made on our website, www.cobbanddouglaspublichealth.com/online-appointment/.

Description of Family Planning and Support Services



Women, Infants & Children (WIC) Supplemental Nutrition Program

Georgia's Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is currently the fifth largest program in the United States. CDPH provides services to participants in five clinics spread throughout Cobb and Douglas counties. WIC sees pregnant women, breastfeeding women until their infants' 1st birthday, postpartum women until their infants' 6 month birthday, and infants and children up to 5 years of age.

WIC is a nutrition program for Women, Infants and Children who have nutritional needs and are income eligible.

You may qualify for WIC if you:

- are pregnant, just had a baby, are breastfeeding a baby, or have small children under age 5
- have a moderately low family income, even if you work
- have a documented nutrition-related medical need
- live in Georgia

All the following WIC services are free:

- Nutrition assessment
- Nutrition education
- eWIC debit card for healthy foods
- Support for breastfeeding moms
- Referral to other health and social services

WIC Nutritional Assessment & Certification

- Program eligibility based on income and nutritional risk assessment
- Income level has to be less than or equal to 185% of poverty level. (If you are on Medicaid you are considered to be income eligible)
- Clients must provide proof of identification, proof of address in the state of Georgia and proof of income.

Nutrition Class Topics

- Nutrition education on healthy foods and lifestyle modifications for a healthy body
- Basic education about physical activity guidelines
- Basic education about substitutes for screen time
- Breastfeeding classes – benefits of breastfeeding, risks of breast milk substitute use, preparation for breastfeeding success, latch, etc.

Nutrition Consultation

Nutrition assessment and counseling is completed with a Registered Dietitian for high risk nutrition conditions

Breastfeeding Support

- Breastfeeding education and support is provided in group and individual clinic environments
- One-on-one consultations with a Loving Support Certified Breastfeeding Peer Counselor are available for participants
- Breast pumps are available to Cobb & Douglas WIC participants based upon need and availability

WIC foods provided:

- Whole Grains
- Fruits and Vegetables
- Beans
- Peanut Butter
- Eggs
- Cheese
- Tofu
- Milk (cow, lactose-free, or goat)
- Baby foods

WIC is open for all services at the following five locations: Acworth-Kennesaw, Douglas, Marietta, South Cobb and Smyrna.

All clients are seen by appointment only. Call the WIC Call Center at (770) 514-2389 for an appointment or visit the Georgia Gateway Customer Portal (<https://gateway.ga.gov/access/>) and someone will contact you.

There is some paperwork to be completed when you come to the WIC office. Please bring proof of income, proof of residency (street address in Georgia), and an ID card (passport, driver's license, U.S. military ID, state of Georgia ID, or foreign passport).



Description of Family Planning and Support Services



Healthy Start Initiative

Healthy Start is an initiative from Cobb & Douglas Public Health that supports women before, during, and after pregnancy. The goal is to work one-on-one with pregnant women to address their health and social service needs and strengthen family resilience. At Healthy Start, pregnant women will have someone there to help ensure their baby is born healthy.

Is Healthy Start for me?

Healthy Start is a no-cost program that serves pregnant African American women, no matter their marital or economic status. The best candidates for Healthy Start are less than 28 weeks pregnant, but women are eligible at any point during their pregnancy.

Services offered include:

- Breastfeeding education and support
- Prenatal/postnatal education
- Emotional support
- Referrals to community resources
- Inspiring Fathers program

Eligibility:

- African American women
- Less than 28 weeks pregnant
- Live in Cobb or Douglas Counties

Let us help you give your baby a healthy start. For more information, call (770) 635-0523.



Inspiring Fathers

This comprehensive program is designed for dads and expecting fathers who wish to learn more about responsible fatherhood skills, traits, and practices over a three-month program cycle. The program focuses on strengthening family resiliency, fatherhood involvement, and knowledge about parenting skills. Fathers are exposed to the essential tools needed to successfully care for their child's financial, and emotional stability. Participants are provided with fatherhood resources, services, and educational assistance through our collaborative partners. Lastly, this fatherhood program addresses "self-care" opportunities that assist participants mentally, spiritually, and emotionally when actively involved in the lives of their children.

Who can participate?

- This program is offered free of charge to eligible fathers in Cobb and Douglas counties target communities; with the expectation that all 12 sessions in a Program Cycle will be attended.
- Dads who have a newborn child age 0 - 18 months old
- All eligible dads age 15 - 60 years old are welcome to register and enroll into the "Inspiring Fathers" program.

How do I apply, register and enroll in the Inspiring Fathers program?

- Eligible participants must fill out the program intake application. Visit, www.cobbanddouglaspublichealth.com/healthier-generations-healthy-start-initiative-responsible-fatherhood-program/, to access the application.

When are classes offered?

Inspiring Fathers program sessions are held at the South Cobb Public Health Center. Please contact us for our current dates and times.

For more information on Healthy Start and/or our Inspiring Fathers program, please call (770) 635-0523 or visit www.cdphhealthystart.org.

Community Health Prevention Programs

Our dedication to promoting wellness is a part of our commitment to community health. Our extensive outreach programs include information on balanced nutrition, regular exercise, and preventative care in an effort to encourage residents to lead healthy lifestyles.

Adolescent Health & Youth Development

The Adolescent Health & Youth Development program aims to empower youth, ages 10-19 to advocate for healthy life choices. Through collaborating with schools, faith-based organizations, non-profit organizations, and other government agencies, a network of community-based support has developed to help adolescents improve health outcomes and succeed as they move into adulthood.



Programs and services enhance life skills, healthy behaviors and activities, and reduce high-risk behaviors, such as violence, substance abuse, poor school performance, and sexual activity.

- **Personal Responsibility Education Program (PREP):** PREP is offered through a partnership between the Georgia Department of Public Health and the Georgia Department of Families and Children (DFCS). It is an evidence-based program designed to prevent unplanned teen pregnancies and STDs/HIV among youth, ages 10-19. The purpose of the program is intended to increase positive healthy relationship behaviors and increase the percentage of youth who abstain from or delay sexual intercourse.
- **Power in Truth Conference:** Power in Truth is a youth development annual conference that aims to empower youth with techniques to help increase healthy behaviors, avoid drugs, tobacco, and alcohol, and overcome negative influences.

A variety of interactive, age-appropriate workshops, presentations, and activities designed to help parents, and other interested adults are available on:

- STI/HIV Prevention Education
- Abstinence Education & Teen Pregnancy Prevention
- Let's Talk Month Activities

For more information about the Adolescent Health & Youth Development programs, please contact (770) 432-7937.

Chronic Disease Prevention

To assist with the betterment of our communities' health, Cobb & Douglas Public Health, through the Live Healthy Douglas coalition, has collaborated with the Church St. Farmers Market in Douglasville. This partnership focuses on promoting increased fresh fruit and vegetable access to those with limited accessibility and those with lower socio-economic status. The Church St. Farmers Market accepts SNAP (Supplemental Nutrition Assistance Program) and partners with Wholesome Wave's Georgia Fresh for Less program to double SNAP dollars for fruits and vegetables at the farmers markets.

Church St. Farmers Market

6730 Church Street
Douglasville, GA 30134

The Church St. Farmers Market operates on Tuesdays between 3:00 PM - 7:00 PM during the season which is from May to October. A variety of local farm fresh produce, herbs, eggs, meats, and honey are available as well as baked goods, arts and crafts, hand-crafted jewelry, health and wellness items, and bath and body products. For more information, please visit www.douglasvillega.gov/government/city-departments/keep-douglasville-beautiful/church-st-farmers-market.

Cobb & Douglas Public Health continues to seek additional funding sources to further support these farmers' market initiatives and in efforts to expand fresh food access throughout Cobb and Douglas Counties.

For more information about combatting overweight and obesity in our community, please call the Chronic Disease Prevention office at (770) 432-7937.



Community Health Prevention Programs

Tobacco Use Prevention

Cobb & Douglas Public Health (CDPH) provides education and support for any school or business interested in creating stronger tobacco policies. Under the advisement of a public health educator, CDPH, will review the standing policy and strategically develop a 3-step plan to successfully transition into a smoke-free or tobacco-free workplace.

The 3-step plan includes:

1. Creating policy language
2. Forming a pre-adoption education campaign
3. Providing tobacco cessation resources

Benefits of comprehensive smoking policies:

- Reduces secondhand smoke exposure
- Reduces smoking
- Reduces absenteeism
- Increases productivity
- Improves indoor air quality
- Improves health
- Improves quality of life
- Increases revenue for business
- Reduces risk of a fire incident
- Reduces cost associated with smoke damage, cleaning, and maintenance
- Provides a supportive environment for people interested in quitting smoking



Georgia Tobacco Quit Line

The Georgia Tobacco Quit Line (GTQL) is a FREE public health service available to help Georgians quit smoking, vaping and stop using all forms of tobacco products. GTQL is monitored by the Georgia Tobacco Use Prevention Program (GTUPP) and partners with a national tobacco cessation vendor to provide telephone, text and web-based services. The service follows the United States Public Health Service Treating Tobacco Use and Dependence Clinical Practice Guidelines. For more information, please visit <https://dph.georgia.gov/readytoquit>.

For more information on policy development or to request brochures and informational handouts on tobacco-use and secondhand smoke, please contact the Chronic Disease Prevention office at (770) 432-7937.

Opioid Misuse Prevention

Cobb & Douglas Public Health (CDPH) recommends following the guidelines below to help prevent opioid misuse and addiction:

- Work with your doctor to create a plan on how to manage your pain
- Always follow the prescribed directions
- Follow up regularly with your doctor
- Never take prescription opioids in greater amounts or more often than prescribed
- If you miss a dose, do not take a double dose to catch up
- Always let your doctor know about any side effects or concerns you may have about using opioids.
- Avoid taking opioids with alcohol and other substances or medications without your doctor's approval. It is very dangerous to combine opioids with other drugs, especially those that cause drowsiness:
 - Benzodiazepines (such as Xanax® and Valium®)
 - Muscle relaxants (such as Soma® or Flexeril®)
 - Hypnotics (such as Ambien® or Lunesta®)
 - Other prescription opioids
- Never use another person's prescription and do not share or sell your prescription opioids.
- Store prescription opioids in a secure place, out of reach of others (including children, family, friends, and visitors). A medication lockbox is a good option.
- Stop taking opioid medications as soon as your doctor agrees they are no longer needed.
- Dispose of any unused prescription opioids remaining at the end of your treatment
 - Medicine take back options are the best way to safely dispose of unused or expired prescription and nonprescription (for example, over the counter) medicines. To find a medicine take back location visit, <https://apps.deadiversion.usdoj.gov/pubdispsearch/spring/main?execution=e1s1>.

Naloxone is the opioid overdose reversal medication. To obtain a free naloxone kit, go to georgiapreventionproject.org or buy it at any pharmacy without a prescription. Visit www.cdc.gov/opioids/naloxone/ to learn more.

Need help now?

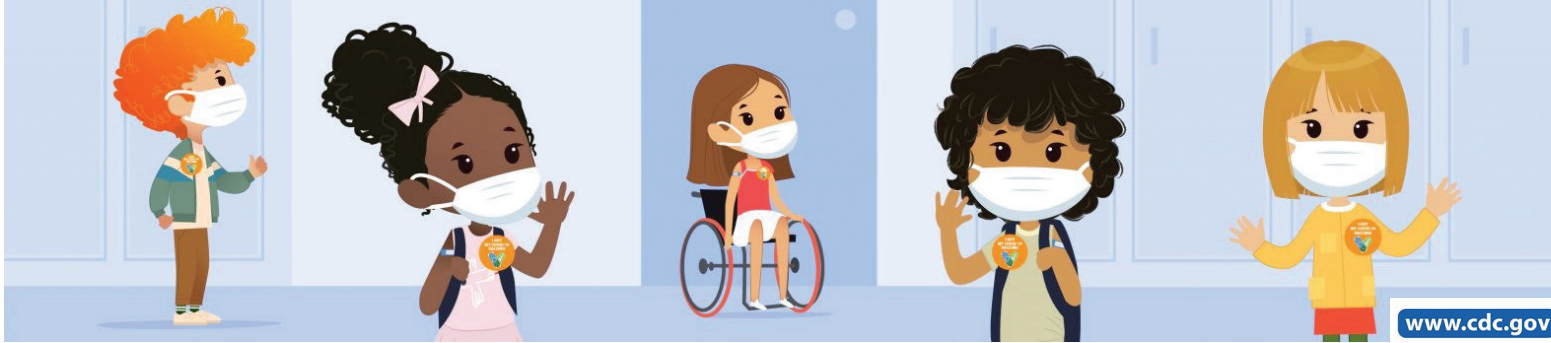
If you are in crisis and need immediate help, please call the Georgia Crisis & Access Line (GCAL), available 24/7 at **1-800-715-4225** or dial/text **988**.

If you are struggling and need someone to talk to, please call the CARES Warm Line at **1-844-326-5400** toll-free from 8:30 AM - 11:00 PM. This number links to telephone support for individuals with a substance use disorder, mental illness or both provided by specially trained peers in long-term recovery.

Find Treatment

If you are looking for treatment services, please go to findtreatment.samhsa.gov/locator.

COVID-19 Information & Testing



What is COVID-19?

COVID-19 is a disease caused by the SARS-CoV-2 virus. Most people with COVID-19 have mild symptoms, but some people become severely ill. Older adults and people who have certain underlying medical conditions are more likely to get severely ill.

How does it spread?

COVID-19 spreads three main ways:

1. Breathing in air in close proximity to an infected person who is exhaling small droplets and particles that contain the virus.
2. Having these small droplets and particles that contain virus land on the eyes, nose, or mouth, especially through splashes and sprays like a cough or sneeze.
3. Touching eyes, nose, or mouth with hands contaminated by the virus.

How to protect yourself?

- Get vaccinated and stay up to date on your COVID-19 vaccines
- Avoid poorly ventilated spaces and crowds
- Wear a mask when COVID-19 Community Transmission level is high
- Test to prevent spread to others
- Wash your hands often
- Monitor your health daily

What should I do if I test positive for COVID-19?

- Stay home for at least 5 days and isolate from others in your home
- Wear a well-fitting mask when around others
- Watch for symptoms. (If you have any emergency warning signs, seek emergency care immediately)
- Tell your healthcare provider

Visit [navigatingcovid19.com](https://www.cdc.gov/covid19) for COVID-19 information and other helpful resources.

COVID Testing at Kiosks in Cobb and Douglas Counties

The kiosks offer access to COVID-19 PCR testing. Pre-registration for testing at the kiosks is not required, but available at <https://register.testandgo.com/>.

There is no out-of-pocket cost for the tests provided through the kiosk, but for those individuals with insurance, their insurance will be billed for the test.

In most cases, test results will be available by email or text within 48 hours of specimen collection.

More information can be found at <https://dph.georgia.gov/covidtesting>.

Kiosk Locations:

Douglas Fire Department Headquarters
12501 Veterans Memorial Highway
Douglasville, GA 30134
24 hours a day, 7 days a week

Riverside Epicenter
135 Riverside Parkway
Austell, GA 30168
Monday to Friday, 6:00 AM - 10:00 PM
Saturday, 8:00 AM - 10:00 PM



Get Free COVID-19 Home Testing Kits!

Request a free test kit at any of our Cobb & Douglas Public Health locations. There is a limit of one kit per person, while supplies last.

Learn more by visiting, www.cobbanddouglaspublichealth.com/free-covid-19-home-test-kits/.

COVID-19 Vaccination Locations:

In 2021, the COVID-19 Clinical Outreach Program was developed in response to the need to expand access to vaccines. Nurses and Customer Service Representatives utilize a mobile health van to offer education, COVID-19 vaccines, Novavax and Influenza vaccines around Cobb and Douglas counties. Services have recently expanded to include Hepatitis A and Hepatitis B vaccines.

Visit www.cobbanddouglaspublichealth.com/outreach-vaccine-events/ for upcoming vaccination events.



**COBB & DOUGLAS
PUBLIC HEALTH**

Healthier lives. Healthier community.

