Thank you for your interest in our program. Special Olympics is a year round program of training and competition for children (ages 8 & up) and adults with special needs. Participants receive opportunities to increase physical fitness, demonstrate courage, and develop friendships with other Special Olympics athletes and the community. Special Olympics offers a variety of athletic opportunities including bowling, gymnastics, ice skating, basketball, alpine skiing, golf and tennis to name a few. Athletes practice/train for at least 8 weeks before state level competitions. Please note the time of year during which your sport is held, and expect to be contacted by your coach. If you do not hear from your coach 8-10 weeks prior to each listed State Games Competition, please contact our office. Additionally, Cobb County is looking for athletes interested in Unified Sports. Unified Sports are programs that pair a special athlete with a corporate athlete or community athlete for training and competition.

Eligibility
In Special Olympics, you must be at least 8 years of age and be diagnosed by an agency or professional with one of the following conditions: intellectual disabilities, cognitive delays as measured by formal assessment, or significant learning or vocation challenges due to cognitive delays that require or have required specially designed instructions.

How Do You Get To Participate?
Call Kim Battiste at (770)-528-2583 and request a registration packet. Each athlete must complete the following: a physical exam by a licensed examiner, the new 4 page Special Olympics athlete medical form, Behavior Code of Conduct Policy, Atlanto-axial release form and transportation policy. Complete all forms and make sure the appropriate person(s) sign the forms. When this packet is completed and returned to our office, you will receive a call from the coach of your selected sport. He/she will give you information regarding training, practice dates, and more. Please retain a copy of the medical form for your records.

Cobb County Training Programs
Cobb County offers a number of programs in which athletes receive coaching and training in certain sports specifically for competition in Special Olympic meets. Interested in coaching, volunteering or serving on the Special Olympic Management Team? We need your support! Contact us at (770)-528-2583 >1885 Roswell St. Smyrna, GA 30080.

Special Olympics GA-Cobb needs caring individuals who are able to donate their time during sports practices as well as during various Local, Area and State Competitions. There are many volunteer opportunities available throughout the year. If you or someone you know is interested, please contact Kim Battiste at the number listed above for more information.
# SPORTS AND TRAINING

**SPORTS**-Special Olympics Georgia-Cobb offers athletes the opportunity to excel in 23 sports:

<table>
<thead>
<tr>
<th>Activity</th>
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<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alpine Skiing</td>
<td>Bowling</td>
<td>Gymnastics-Artistic</td>
<td>Sailing</td>
</tr>
<tr>
<td>Aquatics</td>
<td>Cycling</td>
<td>Gymnastics-Rhythmic</td>
<td>Soccer</td>
</tr>
<tr>
<td>Athletics</td>
<td>Equestrian</td>
<td>Flag Football</td>
<td>Softball</td>
</tr>
<tr>
<td>Badminton</td>
<td>Floor Hockey</td>
<td>Distance Running/Walking</td>
<td>Table Tennis</td>
</tr>
<tr>
<td>Basketball</td>
<td>Golf</td>
<td>Power Lifting</td>
<td>Tennis</td>
</tr>
<tr>
<td>Bocce</td>
<td>Kayaking</td>
<td>Roller Skating</td>
<td>Volleyball</td>
</tr>
</tbody>
</table>

**TRAINING**-Athletes are required to engage in an eight week minimum training program prior to any Special Olympics state competition to develop fitness and skills and learn rules and strategies from their coaches. Special Olympics also trains and certifies coaches, officials and games management team members in accordance with guidelines and standards set by Special Olympics International to ensure that all athletes receive the highest quality training and competition.

**UNIFIED SPORTS**-Introduced in 1987, Unified Sports furthers Special Olympics Georgia-Cobb’s commitment to fostering integration into school and community sports programs. They bring together on the same team athletes with and without developmental disabilities. These teams train and compete against other Unified Sports teams in 17 Sports.

**COMPETITIONS**- Thousands of children and adults with developmental disabilities see a dream come true as they train, compete and succeed in more than 500 sports competitions at the local, area, state, regional, national and world levels. Special Olympics Georgia-Cobb athletes may become eligible to participate in five state-level competitions throughout the year.

Every two years, the World Special Olympics Games are held alternating winter and Summer Games. These are patterned after the traditional Olympic Games and follow many of the same customs, rules and regulations.

<table>
<thead>
<tr>
<th>COMPETITION</th>
<th>MONTH</th>
<th>LOCATION</th>
<th>SPORTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Indoor Winter Games</td>
<td>January</td>
<td>Cobb County</td>
<td>Basketball, Bowling 8-21, Floor Hockey, Artistic, Gymnastics, Power Lifting, Roller Skating, Floor Hockey, Masters Bowling 22+</td>
</tr>
<tr>
<td>Alpine Skiing</td>
<td>February</td>
<td>Boone, NC</td>
<td>Southeast Alpine Skiing</td>
</tr>
<tr>
<td>Summer Games</td>
<td>May/June</td>
<td>Emory</td>
<td>Aquatics, Rhythmic, Gymnastics, Badminton, Volleyball, Table Tennis, Athletics, Tennis, Soccer, Flag Football, Long Distance walk/Run</td>
</tr>
<tr>
<td>Equestrian</td>
<td>May</td>
<td>Outside Metro Atlanta</td>
<td>English &amp; Western Riding: Dressage, Equitation, Trail Showmanship</td>
</tr>
<tr>
<td>Kayaking</td>
<td>September</td>
<td>Macon, GA</td>
<td>Ages 8+</td>
</tr>
<tr>
<td>Fall Games</td>
<td>October</td>
<td>Outside Metro Atlanta</td>
<td>Bocce, Cycling, Golf, Softball</td>
</tr>
</tbody>
</table>
CREATING AN ONLINE ACCOUNT

Go to our website, www.cobbcounty.org/parks. From the P.A.R.K.S. home page, click the Register or Reserve button to go to our online registration page.

If you will be registering a child for an activity, please use your own information when creating your Customer Account, NOT the information of the child. Once you have created your Customer Account, you will have the opportunity to add family members.

To create a new Customer Account:

1. On the registration home screen, click the Create an Account link.

2. Enter your name and address information.

   **DO NOT** use punctuation or enter suffixes such as NW, SW, etc. when entering your address. If you have an apartment or suite number, enter it on the second address line. Your residential address is used to determine if you are a Cobb County resident. P.O. Boxes are not acceptable for determining residency. Your account will be flagged as a non-resident if you do not enter it correctly. If your mailing address is different from your residential address, or if your mailing address is a P.O. Box, click “Add Mailing Address” to enter that information.

3. Enter your contact information.

   - We may send text message alerts to our customers about unexpected facility closures or activity cancellations. To receive these alerts, you must provide your cell phone number and select your carrier from the drop-down list. We may also, on occasion, send promotional messages. If you would like to receive these promotional messages, click the box for Yes, I agree to receive text messages. Choosing not to receive promotional text messages does not affect alert messages.

   - Your email address will be your login name. You MUST have an email address to create an online Customer Account. If you do not have an email address, please visit any of our locations and our staff will happy to create a Customer Account for you. Please remember that without an online account, you will NOT be able to perform any online transactions.

4. Enter your personal information.

   - The Customer Type for all online Customer Accounts is "General Public". If you wish to create an account for a commercial business or a non-profit organization, please contact one of our locations for information about creating a Customer Account.

5. Enter your account information.

   - Your email address is your login name. Once your account has been created, you may change your email address or password by clicking My Account and selecting Change Account Address or Personal Information. There are no minimum password requirements, but we recommend you select one that is at least 6 characters long and contains a mix of upper and lower case letters, numbers and symbols.

6. If you will not be adding anyone else to your account, click the Create Account button. If you wish to add other family members to your account, click the Create Account and Add Family Member button and follow the instructions.

When you have finished creating your Customer Account, a "Thank You!" message will display and a New Account Confirmation email will be sent to the email address you entered during account creation.
PARTICIPANT RELEASE FORM

I want to take part in Special Olympics and agree to the following:

1. Able to Participate. I am able to take part in Special Olympics. I know there is a risk of injury.

2. Photo Release. Special Olympics organizations may use my picture, video, name, voice, and words to promote Special Olympics.

3. Overnight Stay. For some events, I may stay in a hotel, college dorm or someone's home. If I have questions, I will ask:
   - SOGA Housing Policy - Special Olympics Georgia (SOGA) usually provides housing for Athletes, Unified Partners and Coaches entered in each State Games. SOGA totals the number of male and female Athletes, Unified Partners and Coaches per agency and assigns room allotments based on those totals. When determining allotted room numbers, SOGA allocates and provides 4 persons of the same gender per room for a Double/Double or King room with a pullout, 2 persons of the same gender per room for a King room and 5 persons of the same gender per room for a Queen/Queen with a pullout. In dorm rooms, SOGA allot one bed per person. Athletes, Unified Partners, Coaches and general volunteers may not share a room with Athletes, Unified Partners, Coaches and general volunteers of the opposite sex.

4. Emergency Care. I consent to medical care if needed in an emergency, unless I check one of these boxes:
   - I have a religious or other objection to receiving medical treatment.
   - I do not consent to blood transfusions.

   (If either box is checked, an EMERGENCY MEDICAL CARE REFUSAL FORM must be completed.)

5. Health Programs. If I take part in a health program, I consent to health activities, exams, and treatment. This should not replace regular health care. I can say no to treatment or anything else any time.

6. Personal Information. I understand my information may be used and shared by Special Olympics to:
   - Make sure I am eligible and can participate safely;
   - Run training and events and share results;
   - Put my information in a computer system;
   - Provide health treatment, make referrals, consult doctors, and remind me about follow-up services;
   - Research, share, and respond to needs of Special Olympics participants (identifying information removed if shared publicly); and
   - Protect health and safety, respond to government requests, and report information required by law.

   I can ask to see and revise my information. I can ask to limit how my information is used.

7. Concussions. I understand the risk of concussions and continuing to play sports with a concussion. I may have to get medical care if I have a suspected concussion. I also may have to wait 7 days or more and get permission from a doctor before I start playing sports again.

PARTICIPANT NAME (PRINT): __________________________________________

PARTICIPANT SIGNATURE (required if over 18 years old and signing on own behalf)
I have read and understand this release. If I have questions, I will ask. By signing, I agree to this form.

Participant Signature: __________________________________________ Date: ________________

PARENT/GUARDIAN SIGNATURE (required if under 18 years old or has a legal guardian)
I am a parent or guardian of the Participant. I have read and understand this form and have explained the contents to the Participant as appropriate. By signing, I agree to this form on my own behalf and on behalf of the Participant.

Parent/Guardian Signature: __________________________________________ Date: ________________

Printed Name: __________________________________________ Relationship: ______________________

(You cannot alter this form under any circumstances)
**Athlete Medical Form – HEALTH HISTORY**
(pages 1 & 2 to be completed by the athlete or parent/guardian/caregiver)

**REGION/AREA/COUNTY:**

**DELEGATION/TEAM/AGENCY:**

---

**ATHLETE INFORMATION**

<table>
<thead>
<tr>
<th>First Name:</th>
<th>Middle Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Last Name:</td>
<td></td>
</tr>
</tbody>
</table>

Date Birth (mmdyyyy):  
Female: ☐ Male: ☐

Address (Street):  
Address (City, State, Zip):

Phone:  
Cell:  
E-mail:

Eye color:  
Ethnicity:  
(Aoptional)

Athlete Employer, if any:

I am my own guardian:  ☐ Yes  ☐ No

---

**PARENT**

<table>
<thead>
<tr>
<th>Name:</th>
</tr>
</thead>
</table>

Phone:  
Cell:  
E-mail:

Emergency Contact Name:  
Same as Above:  ☐

Emergency Contact Phone (cell):

Emergency Contact Relationship:

---

Does the athlete have a primary care physician?  ☐ Yes  ☐ No  If yes, list:

Physician Name:  
Physician Phone:

---

Insurance Policy (Company and Number):

Does the athlete have any objections to emergency medical care?  ☐ No  ☐ Yes  If yes, contact your local Program to get the Emergency Care Refusal Form:

---

**LIST ANY SPORTS THE ATHLETE WISHES TO PLAY:**

Has a doctor ever limited the athlete's participation in sports?  ☐ No  ☐ Yes  If yes, please describe:

---

Does the athlete use: (check any that apply):

<table>
<thead>
<tr>
<th>Brace</th>
</tr>
</thead>
<tbody>
<tr>
<td>C-FAP Machine</td>
</tr>
<tr>
<td>Glasses or Contacts</td>
</tr>
<tr>
<td>Implanted Device</td>
</tr>
<tr>
<td>Removable Prosthetics</td>
</tr>
</tbody>
</table>

Has the athlete had a Tetanus vaccine in the past 7 years?  ☐ No  ☐ Yes

---

**FAMILY HISTORY**

Has any relative died of a heart problem before age 50?  ☐ No  ☐ Yes

Has any family member or relative died while exercising?  ☐ No  ☐ Yes

---

List all medical conditions that run in the athlete's family:

---

Has the athlete ever had an abnormal Electrocardiogram (EKG) or Echocardiogram (Echo)? If yes, select below and describe:

| Yes, had abnormal EKG | Yes, had abnormal Echo |

---

Other syndrome, please specify:  
Is the athlete allergic to any of the following (please list):

| Latex |
| Medications: |
| Insect Bites or Stings: |
| Food: |

List any special dietary needs:

---

List all past surgeries:

Does the athlete currently have any chronic or acute infection?  ☐ No  ☐ Yes  If yes, please describe:

---

Has the athlete ever had an abnormal Electrocardiogram (EKG) or Echocardiogram (Echo)? If yes, select below and describe:

| Yes, had abnormal EKG | Yes, had abnormal Echo |
Athlete's Name: 

<table>
<thead>
<tr>
<th>HAS THE ATHLETE EVER BEEN DIAGNOSED WITH OR EXPERIENCED ANY OF THE FOLLOWING CONDITIONS</th>
<th>No</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Loss of Consciousness</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dizziness during or after exercise</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Headache during or after exercise</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chest pain during or after exercise</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Shortness of breath during or after exercise</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Irregular, racing or skipped heart beats</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Congenital Heart Defect</td>
<td></td>
<td></td>
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<tr>
<td>Heart Attack</td>
<td></td>
<td></td>
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<tr>
<td>Cardiomyopathy</td>
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<tr>
<td>Heart Valve Disease</td>
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<td>Heart Murmur</td>
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<td>Endocardiitis</td>
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<tr>
<td>Difficulty controlling bowels or bladder</td>
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<tr>
<td>Numbness or tingling in legs, arms, hands or feet</td>
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<td></td>
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<tr>
<td>Weakness in legs, arms, hands or feet</td>
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<tr>
<td>Burner, stinger, pinched nerve or pain in the neck, back, shoulders, arms, hands, buttocks, legs or feet</td>
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<tr>
<td>Head Tilt</td>
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<tr>
<td>Spasticity</td>
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<tr>
<td>Paralysis</td>
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</tbody>
</table>

Describe any past broken bones or dislocated joints (if yes is checked for either of those fields above):

Epilepsy or any type of seizure disorder
If yes, list seizure type:
If yes, had seizure during the past year
Self-injurious behavior during the past year
Aggressive behavior during the past year
Depression (diagnosed)
Anxiety (diagnosed)

Describe any additional mental health concerns:

List any other ongoing or past medical conditions:

PLEASE LIST ANY MEDICATION, VITAMINS OR DIETARY SUPPLEMENTS BELOW (includes inhalers, birth control or hormone therapy):

<table>
<thead>
<tr>
<th>Medication, Vitamin or Supplement</th>
<th>Dosage</th>
<th>Times per Day</th>
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<tbody>
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</table>

Is the athlete able to administer his or her own medications? No Yes

If female athlete, list date of last menstrual period:

Name of Person Completing this Form: 
Relationship to Athlete: 
Phone: 
Email: 
Athlete Medical Form – PHYSICAL EXAM
(to be completed by a Medical Professional only)

MEDICAL PHYSICAL INFORMATION (TO BE COMPLETED BY EXAMINER ONLY)

Height

Weight

BMI (optional)

Temperature

Pulse

O2Sat

Blood Pressure

Vision

Right Hearing (Finger Rub)

No Response

Can't Evaluate

Bowel Sounds

[ ] No

[ ] Yes

[ ] N/A

Left Hearing (Finger Rub)

No Response

Can't Evaluate

Hepatomegaly

[ ] No

[ ] Yes

[ ] N/A

Right Ear Canal

Clear

Cerumen

Foreign Body

Abdominal Tenderness

[ ] No

[ ] Yes

[ ] N/A

Left Ear Canal

Clear

Cerumen

Foreign Body

Splenomegaly

[ ] No

[ ] Yes

[ ] N/A

Right Tympanic Membrane

Clear

Perforation

Infection

No

Abdominal Tenderness

[ ] No

[ ] Yes

[ ] N/A

Left Tympanic Membrane

Clear

Perforation

Infection

Yes

Kidney Tenderness

[ ] No

[ ] Yes

[ ] N/A

Oral Hygiene

Good

Poor

Left upper extremity reflex

[ ] No

[ ] Yes

[ ] N/A

Thyroid Enlargement

No

Yes

Right lower extremity reflex

[ ] No

[ ] Yes

[ ] N/A

Lymph Node Enlargement

No

Yes

Left lower extremity reflex

[ ] No

[ ] Yes

[ ] N/A

Heart Murmur (supine)

No

1/6 or 2/6

3/6 or greater

Abnormal Gait

[ ] No

[ ] Yes

[ ] N/A

Heart Murmur (upright)

No

1/6 or 2/6

3/6 or greater

Spasticity

[ ] No

[ ] Yes

[ ] N/A

Heart Rhythm

Regular

Irregular

Tremor

[ ] No

[ ] Yes

[ ] N/A

Lungs

Clear

Not clear

Neck & Back Mobility

[ ] No

[ ] Yes

[ ] N/A

Right Leg Edema

No

1+ 2+ 3+ 4+

Upper Extremity Mobility

[ ] No

[ ] Yes

[ ] N/A

Left Leg Edema

No

1+ 2+ 3+ 4+

Lower Extremity Mobility

[ ] No

[ ] Yes

[ ] N/A

Pulse Symmetry

Yes

R=L

Upper Extremity Strength

[ ] No

[ ] Yes

[ ] N/A

Gyanois

No

Yes, describe

Lower Extremity Strength

[ ] No

[ ] Yes

[ ] N/A

Clubbing

No

Yes, describe

Loss of Sensitivity

[ ] No

[ ] Yes

[ ] N/A

ATLANTO-AXIAL INSTABILITY (AAI)

[ ] Athlete shows NO EVIDENCE of neurological symptoms or physical findings associated with spinal cord compression or atlantoaxial instability.

[ ] Athlete has neurological symptoms or physical findings that could be associated with spinal cord compression or atlantoaxial instability and must receive an additional neurological evaluation to rule out additional risk of spinal cord injury prior to clearance for sports participation.

RECOMMENDATIONS (TO BE COMPLETED BY EXAMINER ONLY)

Licensed Medical Examiners: It is recommended that the examiner review items on the medical history with the athlete or their guardian, prior to performing the physical exam. If an athlete needs further medical evaluation please use the Special Olympics Further Medical Evaluation Form, page 4, to provide the athlete with medical clearance.

[ ] This athlete is ABLE to participate in Special Olympics sports without restrictions/limitations

[ ] This athlete is ABLE to participate in Special Olympics sports WITH restrictions/limitations

[ ] This athlete MAY NOT participate in Special Olympics sports at this time and MUST be further evaluated by a physician for the following concerns:

Concerning Cardiac Exam

Acute Infection

Stage II Hypertension or Greater

O2 Saturation Less than 90% on Room Air

Hepatomegaly or Splenomegaly

Concerning Neurological Exam

Other, please describe:

Additional Licensed Examiner’s Notes and Recommended Follow-up:

[ ] Follow up with a cardiologist

[ ] Follow up with a neurologist

[ ] Follow up with a primary care physician

[ ] Follow up with a vision specialist

[ ] Follow up with a hearing specialist

[ ] Follow up with a dentist or dental hygienist

[ ] Follow up with a podiatrist

[ ] Follow up with a physical therapist

[ ] Follow up with a nutritionist

[ ] Other/Exam Notes:

Licensed Medical Examiner’s Signature

Date of Exam

Name:

E-mail:

Phone:

License:
SPECIAL OLYMPICS COBB POLICY

Behavior Code of Conduct

Athletes are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to help make our training program and competitions safe and enjoyable for all athletes, coaches, volunteers, opponents, chaperones, officials and/or spectators. Additional rules may be developed for the program as deemed necessary by coaches, team managers, and Special Olympics Cobb Management Team.

Athletes will:

1. Show respect to all athletes and coaches/team, managers/chaperones/officials and follow directions given by coaches/chaperones/officials.
2. Refrain from using abusive/foul language or inappropriate gestures.
3. Refrain from causing bodily harm to self, others athletes, or coaches/officials.
4. Show respect for equipment, supplies and facilities.
5. Not possess tobacco, alcohol, illegal drugs, and firearm/weapons
6. Refrain from horseplay
7. Refrain from harassment of fellow athletes and talking back to athletes, coaches, chaperones and officials.

This behavior code of conduct is to be followed by all athletes, family members, volunteers and friends at all events at all times.

*****************************************************************

DISCIPLINE

A positive approach will be used regarding discipline. Coaches/officials periodically review rules with athletes during the training program. Parents are asked to also review the rules with their child. If inappropriate behavior occurs, prompt resolution will be sought specific to each individual situation. If parent is not present when incident occurs, they will be contacted by phone to determine the best discipline approach. Coaches/officials reserve the right to dismiss an athlete whose behavior is detrimental to the program or endangers the safety of him/herself or others.

Discipline action will be reported to the Sports/Training Director who will report the actions to the Special Olympics Cobb Management Team to determine the final disciplinary action, which may result in the athlete’s suspension from the sport.

*****************************************************************

PRACTICE POLICY

If a parent/guardian must leave an athlete at practice, an emergency phone number must be given to the sports manager or head coach. In addition, they must return at least twenty (20) minutes prior to the end of practice to pick up the athlete. If the parent/guardian is late in picking up their athlete more than twice, the athlete will not be able to compete.

*****************************************************************

USE OF SPECIAL OLYMPICS AWARDS

An athlete who does not participate or who has been disqualified from the competition for unsportsmanlike conduct shall not receive an award of any kind. An athlete who does not finish or is disqualified for a sports rules infraction shall receive a participation ribbon.

All athletes will be awarded for his/her performance in accordance to the rules of divisioning by age, gender, and ability.
Criteria for Advancement to Higher Level Competition

Athletes of all ability levels have an equal opportunity to advance to the next higher level competition. Each competition reflects all aspects of the previous competition, including but not limited to the age, gender and ability level of the athletes and the variety of sports events competed in at the previous competition.

The procedure used for selecting athletes to fill assigned quota for an event must follow procedures set forth as stated:

a. An athlete is eligible to advance to the next competition provided she or he has:

1. Participated in an organized training program directed by a qualified coach consistent with Special Olympic rules of training and competition and occurring at a level of frequency that provides necessary skill acquisition and preparation for competition in the specific sport and events in which the athlete competes. The recommended minimum training is 8 to 12 weeks of one-hour practice or games (leagues) within two months prior to competition.

2. Participated in the previous competition with the following 2 exceptions:

   - When the Games or Tournament is the first competition opportunity for an athlete (e.g. at the local or area level), previous competition experience is not required. Some flexibility is also left to Accredited Programs for determining eligibility for participation prior to completing the recommended minimum training time(e.g., a basketball team may begin league play after 5 one hour practices)

   - A team for which there has been no competition opportunity at a Tournament or Games shall be eligible to advance to the next competition.

b. Training and previous competition experience must be in the same sport as the athlete will be competing in at the next competition. If additional events within that sport are available at the next competition, athletes should receive proper training prior advancing.

c. If number of eligible athletes or teams exceed the quota, athletes or teams that advance shall be selected as follows:

   - Attendance at each practice. Athletes must participate to be counted as present. If athlete is sick, injured, or have a doctor’s order to not practice, athlete will be counted as absent. Two absences will be allowed as long as the athlete does train during the 8 to 12 weeks training prior to competition.

   - Divisioning by age, gender and/or ability determined by score/time for individual sports or by skills test scores for team sports.

   - Priority is given to 1st place finishers form all divisions of the sport/event. If the number of 1st place finishers exceeds the quota, select athletes or teams to advance by random draw. Repeat this process, adding each place of finish as necessary, until the quota is filled.

   - Athlete abides by the sports rules and is responsible for conducting himself/herself in a sportsmanlike manner at all times.

   - Athletes abide by the behavior code of conduct listed above.
Dear Parent/Guardian,

The Special Olympics Cobb Policy has been written for your information as well as for your child’s well being and safety during practices and all events in all sports. Once a year all parent/guardian will be required to sign below after reviewing the policy. You will receive a duplicate copy for future references.

Let's be a team and help us make every season a fun and safe experience for all. Thank you for all your support.

Special Olympics Cobb
Management Team

I have read, understand, and agree to the Special Olympics Cobb Policy. __________________________  Date

______________________________
Adult Athlete(Age 18+)
(Optional)

______________________________
Parent/Guardian

______________________________
Address:

______________________________

______________________________
Phone:

WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNIFICATION AGREEMENT FOR COMMUNICABLE DISEASES
("Agreement") for SPECIAL OLYMPICS

In consideration of being allowed to participate in any way in Special Olympics sports training, competition or fundraising activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious and/or communicable diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,

3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Special Olympics, Inc, Special Olympics Georgia their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign if freely and voluntarily without any inducement.

Name of Participant: __________________________

Participant Signature: _________________________

Date signed: ________________________________

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself; my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child/ward’s presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: ______________________

Parent guardian/signature: ____________________

Date signed: ________________________________

Special Olympics Georgia Participant Code of Conduct

I understand I could get Coronavirus through sports, training, competition and/or any group activity at Special Olympics. I am choosing to participate in sports, competition and/or other Special Olympics activities at my own risk. During the time these precautions are needed, I agree to the following to help keep me and my fellow participants safe:

☐ I confirm that I do not have symptoms of COVID-19 and have not been in contact with anyone that has tested positive for COVID-19 symptoms in past 14 days (cough, shortness of breath, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell)

☐ If I have COVID-19 symptoms, I will stay at home and NOT go to any activities until 14 days after all of my symptoms are over. If I am exposed to COVID-19 and have no symptoms, I can return 14 days after exposure.
☐ If I get or have had COVID, I will not go to any in-person Special Olympics Georgia events until 14 days after my symptoms end. I will go to my doctor and get written clearance before returning to any sport or fitness activities.
☐ I will have my temperature checked prior to leaving home to attend any training, competition and/or group activity.
☐ I will have my temperature checked upon arrival to any training, competition and/or group activity. If a fever exists, I will immediately depart to go home, this will include anyone I traveled with to this competition.
☐ Special Olympics Georgia provided me the education on Special Olympics rules for COVID-19 and who is at high risk.
☐ I know that if I have a high-risk condition, I have more risk that I could get sick or die from COVID-19. If I have a high-risk condition, I should not go to Special Olympics Georgia events in person, until there is little or no Coronavirus in my community.
☐ I will keep at least 6 feet from all participants at all times. This includes bathrooms, delegation sitting area during competition, picking up food or snacks, Olympic Town, and seating during Opening Ceremony. I will not engage in hugging, hand shaking, or high fives.
☐ I will wear a mask at all times while at Special Olympics Georgia activities. I may or not have to wear it during active exercise, warm ups, or during competition.
☐ I will wash my hands for 20 seconds or use hand sanitizer before any activities. I will wash my hands any time I sneeze, cough, go to the bathroom or get my hands dirty.
☐ I will avoid touching my face. I will cover my mouth when I cough or sneeze and immediately wash my hands after.
☐ I will not share drinking bottles or towels with other people.
☐ I understand that no spectators are allowed at any training, competition, or group activity.
☐ I will only share equipment when instructed to. If equipment must be shared, I will only touch the equipment if it is disinfected first. If equipment must be shared, the appropriate cleaning supplies must be used to wipe down before the next athlete uses for competition or warmups.
☐ I agree to contactless pickups. Special Olympics Georgia will provide certain materials, HOD packets, t-shirts, snacks, water, etc. and understand that there will be no direct contact in picking up these items.
☐ I will only enter, leave, or move around the check-in and competition areas that my agency is assigned. I will continue practicing social distancing while in these areas.
☐ I will abide by Special Olympics Georgia’s housing policy. Only the same gender will be allowed in each room. I person assigned to a dorm room. I will abide by the 10pm curfew.
☐ I understand that if I do not follow all of these rules, I may not be allowed to participate in Special Olympics Georgia activities during this time.
☐ I understand that any medical services needed for sickness or illness while participating at any Special Olympics Georgia event will not be covered by the Special Olympics Georgia insurance carrier, but instead will be covered by the insurance provider of the individual participant.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of Participant: __________________________

Participant Signature: __________________________

Date signed: __________________________

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasées myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasées for any and all liabilities incident to my minor child/ward’s presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: __________________________

Parent guardian/signature: __________________________

Date signed: __________________________
ATLANTO-AXIAL INSTABILITY (AAI) SPECIAL RELEASE FORM

(SPECIAL RELEASE CONCERNING SPINAL CORD COMPRESSION AND ATLANTO-AXIAL INSTABILITY)

Instructions: Only complete this form if symptoms of spinal cord compression or Atlanto-axial instability were found in a pre-participation examination and a doctor then provided clearance for participation following a neurological evaluation.

I agree to the following:

1. Spinal Cord Compression Symptoms. In a pre-participation examination, a licensed medical professional found symptoms that might be the result of spinal cord compression or Atlanto-axial instability.

2. Neurological Evaluation. After a neurological evaluation, a qualified doctor concluded that:
   - The cause of the symptoms will not result in additional risk of neurological injury due to participation in sports, and
   - Participation in Special Olympics activities is safe without restrictions or with restrictions that will be shared with Special Olympics and followed.

3. Liability Release. I acknowledge that I have been informed of the findings and determinations of the physician. I release and hold harmless Special Olympics from all claims in connection with possible spinal cord compression or Atlanto-axial instability.

PARTICIPANT NAME: ________________________________________________

PARTICIPANT SIGNATURE (required if Participant is over 18 years old and is signing on own behalf)

I have read and understand this release. By signing, I agree to this release.

Participant Signature: __________________________________________ Date: __________________________

PARENT/GUARDIAN SIGNATURE (required if Participant is under 18 years old or has a legal guardian)

I am a parent or guardian of the Participant and am authorized to enter into this release on the Participant’s behalf. I have read and understand this release and have explained the contents to the Participant as appropriate. By signing, I agree to this release on my own behalf and on behalf of the Participant. This Release shall be binding upon me, the Participant and our respective heirs and legal representatives.

Parent/Guardian Signature: ______________________________________ Date: __________________________

Printed Name: ______________________________________ Relationship: ________________________________

Updated 19 April 2016
SPECIAL OLYMPICS GA-COBB
TRANSPORTATION POLICY

I understand that transportation may or may not be provided by Special Olympics GA-Cobb. In the event that transportation is not provided by Special Olympics GA-Cobb, transportation will be the athlete’s or the parent’s/guardian’s responsibility to and from the event or competition. This is to include any training, practice, invitational, or local, area, state, or Southeast US competition.

I understand that in the event Special Olympics GA-Cobb is providing transportation, it is the responsibility of the athlete or his/her parent or guardian to transport the athlete to the location of departure as well as retrieve the athlete from the designated pick up location for any training, practice, invitational, or local, area, state, or Southeast US competition.

I understand that if any emergency medical procedures or treatment are required by the athlete during transportation, by signing the Special Olympics Georgia Application for Participation, I have consented to allow the Special Olympics coaches/volunteers/medical personnel to do what they deem necessary for the benefit of the athlete.

By signing below, I acknowledge and agree that I have read and understand the Special Olympics GA-Cobb Transportation Policy.

*Signature of Parent/Guardian

*Signature of Adult Athlete
Please submit completed packet to:

BY MAIL:
Special Olympics of Georgia – Cobb
4455 Lower Roswell Road
PO Box# 683184
Marietta, GA 30068

BY FAX: 770-528-2568

BY E-MAIL:
kimberly.battiste@cobbcounty.org

**Be sure to include all 4 pages of the medical form to be accepted.

*Participant release form
*2-page Health history
*Physical exam page: Must have doctor’s signature