

| SUNDAY  | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|---|--|---|--|--|--|--|
| <b>Masala Bhangra Workout®</b><br>10:00 – 9:00am<br><a href="#">Sarina Jain</a> | <b>Zumba</b><br>12:30 – 1:30pm<br><a href="#">Karen Arceneaux</a>              | <b>Zumba</b><br>6:30 – 7:30pm<br><a href="#">Samuel Salazar</a>                 | <b>Zumba</b><br>12:30 – 1:30pm<br><a href="#">Samuel Salazar</a>               | <b>Rhythmic Pilates</b><br>6:00 – 7:00pm<br><a href="#">Sarita Allen</a> | <b>Zumba</b><br>12:30 – 1:30pm<br><a href="#">Samuel Salazar</a>         | <b>Powerful Body Pilates</b><br>9:35 – 10:25am<br><a href="#">Sarita Allen</a>   |
| <b>Zumba</b><br>10:00am – 11:15am<br><a href="#">Ben Byrd</a>                   | <b>Zumba</b><br>6:00 – 7:00pm<br><a href="#">Melissa Carias</a>                | <b>New York Style Salsa I</b><br>6:30 – 7:30pm<br><a href="#">BAILA Society</a> | <b>Pilates Mat</b><br>6:00 – 7:00pm<br><a href="#">Laya Barak</a>              | <b>Zumba</b><br>6:30 – 7:30pm<br><a href="#">Samuel Salazar</a>          | <b>Afro Cuban</b><br>6:30 – 8:00pm<br><a href="#">La Mora</a>            | <b>Masala Bhangra Workout®</b><br>10:35 – 11:25am<br><a href="#">Sarina Jain</a> |
| <b>Zumba</b><br>11:30am – 12:30pm<br><a href="#">Ben Byrd</a>                   | <b>Samba/Afro Brazilian</b><br>6:00 – 7:30pm<br><a href="#">Quenia Ribeiro</a> | <b>Sabar</b><br>6:30 – 8:00pm<br><a href="#">Babacar M'Baye</a>                 | <b>Groovefit Bellydance</b><br>6:00 – 7:00pm<br><a href="#">Janelle Cortes</a> | <b>Ballet</b><br>6:00 – 7:30pm<br><a href="#">Dawn Hillen</a>            | <b>West African</b><br>6:30 - 8:00pm<br><a href="#">Maguette Camara</a>  | <b>West African</b><br>11:35am – 12:25pm<br><a href="#">Yah'Ya Kamate</a>        |
| <b>Ballet</b><br>12:45 – 2:15pm<br><a href="#">Finis Jhung</a>                  | <b>Sabar</b><br>6:30 – 8:00pm<br><a href="#">Babacar M'Baye</a>                | <b>Capoeira</b><br>7:00 – 8:00pm<br><a href="#">Tiba</a>                        | <b>Zumba</b><br>6:00 – 7:00pm<br><a href="#">Samuel Salazar</a>                | <b>West African</b><br>6:30 - 8:00pm<br><a href="#">Maguette Camara</a>  | <b>Zumba</b><br>6:00 – 7:00pm<br><a href="#">Melissa Carias</a>          | <b>Zumba</b><br>11:35am – 12:25pm<br><a href="#">Ben Byrd</a>                    |
| <b>Ballet</b><br>2:30 – 4:00pm<br><a href="#">Finis Jhung</a>                   | <b>West African</b><br>6:30 – 8:00pm<br><a href="#">Maguette Camara</a>        | <b>Ballet</b><br>2:30 – 4:00pm<br><a href="#">Finis Jhung</a>                   | <b>Afro Cuban</b><br>6:00 – 7:30pm<br><a href="#">La Mora</a>                  | <b>Hip Hop</b><br>7:00 – 8:30pm<br><a href="#">Jonathan Lee</a>          | <b>Horton</b><br>7:00 – 8:30pm<br><a href="#">Karen Arceneaux</a>        | <b>Hip Hop</b><br>2:30 – 4:00pm<br><a href="#">Jonathan Lee</a>                  |
| <b>Horton</b><br>3:00 – 4:30pm<br><a href="#">Iquail Johnson</a>                | <b>Hip Hop</b><br>7:00 – 8:30pm<br><a href="#">Tweetboogie</a>                 | <b>Samba/Afro Brazilian</b><br>7:30 – 9:00pm<br><a href="#">Quenia Ribeiro</a>  | <b>Hip Hop</b><br>7:00 – 8:30pm<br><a href="#">Tweetboogie</a>                 | <b>Ballet</b><br>7:00 – 8:30pm<br><a href="#">Finis Jhung</a>            | <b>Power Ashtanga Yoga</b><br>7:30 – 9:00pm<br><a href="#">Irimi Res</a> | <b>Horton</b><br>3:30 – 5:00pm<br><a href="#">Karen Arceneaux</a>                |

|  |  |   |  |   |  |  |
|--|--|---|--|---|--|--|
| <b>West African</b><br>3:00 – 4:30pm<br><a href="#">Vado Diomande</a>          | <b>Horton</b><br>7:00 – 8:30pm<br><a href="#">Iquail Johnson</a>               | <b>Contemporary Dance</b><br>7:00 – 8:30pm<br><a href="#">Michael Leon Thomas</a> | <b>Horton</b><br>7:00 – 8:30pm<br><a href="#">Iquail Johnson</a>               | <b>Capoeira</b><br>7:30 – 9:30pm<br><a href="#">Tiba</a>                          |  | <b>Samba/Afro Brazilian</b><br>4:00 – 6:00pm<br><a href="#">Quenia Ribeiro</a> |
| <b>Samba/Afro Brazilian</b><br>4:00 – 5:30pm<br><a href="#">Quenia Ribeiro</a> | <b>Contemporary Dance</b><br>7:00 – 8:30pm<br><a href="#">Slam</a>             | <b>Theater Dance</b><br>7:30 – 9:00pm<br><a href="#">Vic DiMonda</a>              | <b>Ballet</b><br>7:00 – 8:30pm<br><a href="#">Finis Jhung</a>                  | <b>Contemporary Dance</b><br>7:30 – 9:00pm<br><a href="#">Michael Leon Thomas</a> |  | <b>Theater Dance</b><br>4:30 – 6:00pm<br><a href="#">Vic DiMonda</a>           |
| <b>Power Ashtanga Yoga</b><br>5:00 – 6:45pm<br><a href="#">Irimi Res</a>       | <b>Ballet</b><br>7:00 – 8:30pm<br><a href="#">Finis Jhung</a>                  | <b>Capoeira</b><br>8:00 – 9:45pm<br><a href="#">Tiba</a>                          | <b>Power Ashtanga Yoga</b><br>7:30 – 9:00pm<br><a href="#">Irimi Res</a>       | <b>Theater Dance</b><br>7:30 – 9:00pm<br><a href="#">Vic DiMonda</a>              |  | <b>Capoeira</b><br>4:30 – 6:00pm<br><a href="#">Tiba</a>                       |
|  | <b>Masala Bhangra Workout®</b><br>8:00 – 9:00pm<br><a href="#">Sarina Jain</a> |   | <b>Samba/Afro Brazilian</b><br>7:30 – 9:00pm<br><a href="#">Quenia Ribeiro</a> | <b>Horton</b><br>7:30 – 9:00pm<br><a href="#">Vernard Gilmore</a>                 |  | <b>Zumba</b><br>6:00 – 7:00pm<br><a href="#">Karen Arceneaux</a>               |
|  |  |   |  | <b>House Dance</b><br>8:00 – 9:30pm<br><a href="#">Eddie Stockton</a>             |  | <b>Sabar</b><br>6:00 – 7:30pm<br><a href="#">Babacar M'Baye</a>                |
|  |  |   |  |   |  |  |

Green= Absolute Beginner   **Yellow** = Beginner   **Blue** = Advance Beginner   **Red** = Advance Beginner/Intermediate