In our third episode of The Freedom to Be video series, timed to coincide with #NationalDanceDay today (Sept. 18), we spotlight the Black dance community in NYC. Choreographer and dancer Alvin Ailey founded his namesake company in 1958 to bring African American dance to all corners of the US—and, eventually, the world. The dance theater, which forged a space for Black creatives in times and places where it often didn’t exist, is now a fixture of New York City culture.

Meet two dancers from the troupe, Yannick Lebrun and Caroline Dartey, who emigrated from French Guiana and Switzerland, respectively, to pursue their dreams. Lebrun has been with the company for almost 15 years, while Dartey is just starting her journey. Both enjoy the sense of community and freedom of expression they’ve found at Alvin Ailey.