Local Samba dancing instructor breaks down transitioning to virtual dance classes
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The pandemic did not stop New Yorkers from working up a sweat inside their homes through virtual dance classes.

From keeping the beat to ending with a strong finish, Samba instructor Danielle Lima makes sure students get in a good workout during her class even though they aren't actually in the room.

The pandemic didn't stop Lima from moving her feet.

"It was challenging at first. My thoughts first were I have to learn technology, I have to learn how to deal with Zoom and all these things because I could not stop," she says.

Lima set up her dance studio inside her home. Her motivation to keep teaching coming all the way back from her childhood.

"My parents are from Brazil and my family is Brazilian. I was born loving the culture of Samba."

Ailey Extension offers more than 30 online classes seven days a week. No experience is needed to get your groove on.

This segment was also featured on News 12 The Bronx and News 12 Hudson Valley.