

# AILEY EXTENSION

## FALL IN LOVE WITH DANCE AT AILEY EXTENSION'S FEBRUARY WORKSHOPS AND NEW WEEKLY CLASSES

**Practice Partner Dancing at Valentine's Day Salsa or Sweat to Love Anthems at Zumba® Valentine's Day Party**

**Celebrate Familial Fondness at Father-Daughter West African Dance Workshop**

**Embrace a Love of Cultural Traditions at Celebrating Brazilian Carnaval**



*Samba Workshop at Ailey Extension. Photo by Christian Miles; Zumba with Jose Ozuna; Photo by Kyle Froman. Salsa at Ailey Extension. Photo by Christian Miles. [CLICK ON PHOTO FOR HIGH-RES DOWNLOAD](#)*

**(New York) UPDATED February 10, 2019** – This February, [Ailey Extension](#) opens its hearts and doors for all novice and experienced dancers alike to celebrate love in various forms at special workshops and new classes. On Valentine's Day dancers can get their hearts pumping at a **Zumba® Valentine's Day Party** with Jose Ozuna or celebrate romantic and platonic affection with a **Valentine's Day Salsa** Workshop led by Baila Society. A **Father-Daughter West African Dance** Workshop with Imani Faye lets parents and kids embrace love of family, and a **Celebrating Brazilian Carnaval** with Danielle Lima and Janete Silva encourages a passion for culture and tradition. *Pose* actors Dominique A. Jackson and Jason Rodriguez return for a **Runway & Vogue** Workshop to help participants practice self-love and confidence while a **Move Your Curves** workshop with Pretty BIG Movement creates space for students to exercise self-love and body positivity.

Dancers are also invited to try Ailey Extension's newest weekly classes to fall in love with a new dance technique. A new weekly **Beginner Hip Hop** class with Francisco Gordils calls students to learn a love of hip hop culture through dance, and **Beginner Theater Dance with Lainie Munro** appeals to musical theatre lovers who want to practice or improve their technique. In addition to these new workshops and classes, students can also enjoy recurring workshops **Afro Flow Yoga** with Gina Onayiva and Leslie Salmon Jones, and **Doun Doun Dance** with Maguette Camara.

Each new workshop and class presents an opportunity for novice and professional students alike to explore new dance styles, refine their technique, and connect with others in the NYC dance community while being taught by the city's top instructors at **The Joan Weill Center for Dance** – home of the world-renowned Alvin Ailey American Dance Theater, Ailey II, and The Ailey School. For further information about workshops at Ailey Extension, and to register visit [www.aileyextension.com](http://www.aileyextension.com).

## SPECIAL WORKSHOPS

### RUNWAY & VOGUE

Join the stars of *Pose* and learn to walk, vogue, and strike a pose with confidence and precision at a **Runway & Vogue** workshop! On **Saturday, February 8 from 8pm-10pm** Actress Dominique A. Jackson will guide you through poses, exercises, challenges and creative ideas to increase your confidence for the runway while *Pose* Movement Coach and Choreographer Jason Rodriguez will help you discover New Way Vogue – one of the styles of vogue seen in mainstream media. Within this class you'll learn to walk the runway from a Ball to New York Fashion Week and work on creating model-like poses to the beat of the music, duck walks and dips to seal your entire dance paragraph of vogue.

### ZUMBA® VALENTINE'S PARTY

Replace your sweets with sweat this **February 14 from 6pm-7:30pm** at a heart-pumping **Zumba® Valentine's Day Party** with Jose Ozuna! You'll fall in love with fitness while dancing to your favorite love-themed songs during an exhilarating 90-minute workout. Wear your best red, pink, hearts and flowers – the best dressed student will win a free red Ailey Extension shirt!

### VALENTINE'S DAY SALSA

Start off your Valentines' evening by celebrating love and friendship with a **Valentine's Day Salsa** Workshop at Ailey! Whether you celebrate with a sweetheart, friends, or are flying solo this year, spice things up with salsa on **Friday, February 14 from 6:30pm-8pm**. No partner is required – bring an open heart and meet new people while exploring passionate Latin rhythms.

### CELEBRATING BRASILIAN CARNAVAL

Kickoff Carnival Brazilian style on **Saturday, February 15 from 2pm-4pm** when Bahia meets Rio de Janeiro in this **Celebrating Brazilian Carnival** workshop with live music accompaniment by "Te Encontro no Samba"! Janete Silva will bring the groove of Bahia's Blocos Afros Carnival groups which celebrate cultural manifestations of African origin with samba afro or samba reggae rhythms. Danielle Lima will teach revelers "samba no pé" footwork technique and the effortless choreography of a "Samba de Enredo" – one of Rio's Samba schools. Costumes are welcome!

### FATHER-DAUGHTER WEST AFRICAN DANCE

Honor father-daughter love this Valentine's weekend at a **Father-Daughter West African Dance** workshop at Ailey Extension! On **Saturday, February 15 from 5pm-6pm** daughters and their dads will learn traditional dances from West Africa and build strength, improve stamina, and gain confidence as they create new memories together on the dance floor.

## RECURRING WORKSHOPS

### AFRO FLOW YOGA

Find your center during an **Afro Flow Yoga** workshop which infuses electrifying dance movements of the African Diaspora flowing with a meditative yoga sequence of gentle yet powerful stretches. You will deeply connect with the soulful rhythms of live drumming, energize your chakras, gain strength and flexibility, and rejoice in the bliss of feeling grounded and peaceful. Afro Flow workshops take place on **Sundays, February 9, February 23, and March 8 from 2:30pm – 4pm**.

### DOUN DOUN DANCE WORKSHOP

Connect with the classic doun doun drums, which serve as the foundation of West African music and dance as you learn about their significance during a **Doun Doun Dance** workshop. Maguette Camara will teach students to dance and play the doun doun drum simultaneously, creating a powerful connection of West African movement and sound. Doun Doun Dance workshop take place on **Wednesdays February 19, March 18, April 22, and May 13 from 7pm-8:30pm**.

### MOVE YOUR CURVES

Surround yourself with fellow confident plus size women who share your passion for dance in the **Move Your Curves** workshop. Ailey Extension is partnering with Pretty BIG Movement to present monthly workshops specializing in hip-hop, jazz, ethnic and other dance styles in a judgment-free environment. Move Your Curves workshops take place on **Saturdays, February 15, March 21 and April 18 from 7pm – 9pm**.

## **NEW WEEKLY CLASSES**

### **BEGINNER HIP HOP**

Spend **Sundays from 3pm-4:30pm** learning the fundamentals of hip hop with Francisco Gordils! This class will introduce participants to hip hop culture through the element of dance in a noncompetitive environment. Each dancer will be challenged with the dynamics of movement and encouraged to infuse their individual style while staying true to the technique.

### **BEGINNER THEATER DANCE**

Spend **Thursdays from 7:30pm-9pm** learning classic Broadway theater dance movement and styles, ranging from Robbins to Bennett to Fosse, in a fun, supportive, and encouraging environment with Lainie Munro. This class focuses on a different musical each week – from Golden Age musicals to present day – and covers technique, vocabulary, style, acting and performance.

In addition to these exciting new workshops and classes, Ailey Extension offers more than 100 weekly classes in over 25 different dance and fitness techniques, including ballet, jazz, Dunham, Zumba, West African, salsa, pilates, Masala Bhangra, and many more. For the complete class schedule or to register, visit [www.aileyextension.com](http://www.aileyextension.com).

**All Ailey Extension classes and workshops take place at The Joan Weill Center for Dance  
(405 West 55<sup>th</sup> Street, New York, NY 10019)**

### **ELECTRONIC PRESS KIT**

#### **About Ailey Extension**

Since its inception in 2005, Ailey Extension has fulfilled Mr. Ailey's life-long commitment of bringing dance to everyone by offering "real classes for real people." Ailey Extension offers over 25 different dance and fitness techniques such as Horton, Ballet, Masala Bhangra, West African, Samba, Jazz, Zumba, House and Hip-Hop. Over 135,000 people have taken classes at Ailey's home, New York's largest building dedicated to dance, where dancers of all levels and walks of life can learn and be inspired – body, mind, and spirit! For additional press materials, including photos, videos, and class descriptions, visit [pressroom.alvinailey.org](http://pressroom.alvinailey.org).