

AILEY EXTENSION

AILEY EXTENSION HEATS UP THE DANCE FLOOR ALL SUMMER LONG WITH SUMMER WORKSHOPS AND CLASSES FOR KIDS, TEENS, ADULTS, AND DANCE TEACHERS



Ailey Extension's Horton Teacher Workshop Master Class with Ana Marie Forsythe. Photo by Nicole Tintle; Hip Hop with TweetBoogie. Photo by Joe Epstein; Ailey Experience NYC Jr. Photo by Kyle Froman. [CLICK ON PHOTO FOR HIGH-RES DOWNLOAD](#)

(New York) UPDATED August 5, 2019 – Shimmy into summer at Ailey with a variety of exciting workshops, classes and more for movers of all ages and experience levels. As temperatures rise, [Ailey Extension](#) opens its doors for novice and professional students alike to refine their technique, learn from the city's top instructors, connect with others in the NYC dance community, and have an unforgettable experience with the Ailey legacy all summer long at the **Joan Weill Center for Dance** – home of the world-renowned Alvin Ailey American Dance Theater, Ailey II, and The Ailey School.

WORKSHOP AND CLASS OPPORTUNITIES FOR ADULTS

SUMMER PERFORMANCE WORKSHOPS

Ailey Extension's annual Summer Performance Workshops allow students to shine onstage and take their training to the next level. **Beginning Saturday, July 27**, dancers can learn from a variety of dance techniques and gain valuable performance training, leading up to a **culminating performance** at the **Ailey Citigroup Theater** on **Friday, August 23 at 7:30pm and Saturday August 24 at 4:00pm**. Ailey Extension's notable instructors will encourage students to expand their style of movement, cultivate confidence and stage presence, and work together as a dance ensemble in the following workshops:

- **Horton with Karen Arceneaux:** Tuesdays at 7:30pm & Sundays at 12pm, July 28 – August 20
Participants will learn choreography rooted Horton, the technique that is the foundation for many of Alvin Ailey's signature works. Led by Ailey School alumna Karen Arceneaux, this workshop features live drumming.
- **Horton with Fernando Carrillo:** Wednesdays at 7:00pm & Sundays at 4pm, July 28 – August 18
Ailey School alumnus Fernando Carrillo will give participants a lesson in choreography rooted Horton, the technique that is the foundation for many of Alvin Ailey's signature works. This workshop features live drumming.
- **Afro'Dance with Angel Kaba:** Mondays & Thursdays at 8pm, July 29 – August 22
This workshop blends the new generation of African influences with street dance and focuses on musicality influenced by the rhythm and musical trends from The Congo, Ivory Coast, Angola, and beyond.
- **Ballet with Dawn Hillen:** Tuesdays at 7:30, Saturdays at 12pm & Sundays at 1pm, July 30 – August 17
Participants will learn classical ballet skills as well as choreography featuring pirouettes, jumps, and leaps.
- **Hip-Hop with Robin Dunn:** Mondays at 7:30pm & Thursdays at 8pm, July 29 – August 22
Robin Dunn, an alumna of The Ailey School, will give participants a solid foundation to execute movement rooted in break-dancing and body-popping with a concentration on footwork.
- **Hip-Hop with Antonio Jefferson:** Tuesdays at 8pm & Wednesdays at 8:45pm, July 30 – August 21
Participants will learn popular movement through dynamic choreography that will allow them to showcase their individual style while increasing musicality.

- **Vogue with Cesar Valentino:** Mondays & Saturdays at 7pm, July 27 – August 19
Vogue icon Cesar Valentino will teach the fundamentals of vogue dancing, including classic runway and current trends. Heels are encouraged but not mandatory.
- **Bellydance with Janelle Issis:** Tuesdays at 6pm & Thursdays at 7:30pm, July 30 – August 22
Participants will learn classic Egyptian Bellydance techniques set to exotic beats for a fun and sexy workout.

AFRO FLOW YOGA®

Experience joy and elation through movement in sound in **Afro Flow Yoga**, a reoccurring workshop that infuses electrifying dance movements the African diaspora flowing with a meditative yoga sequence of gentle yet powerful stretches. Deeply connect with the soulful rhythms of live drumming, energize your chakras, gain strength and flexibility, and rejoice in the bliss of feeling grounded and peaceful! Through the power of collective energy and the creation of sacred space, students will leave feeling empowered, energized, and renewed. In Summer 2019, Afro Flow Yoga workshops take place **July 7 and 21, and August 18 from 2-3:30pm.**

ZUMBA BIRTHDAY BASH WITH RICHARD MARTINEZ

Party yourself into shape during **Zumba Birthday Bash with Richard Martinez!** Let's burn the dance floor on **Saturday, August 10 at 2pm** as your favorite Zumba instructor, Richard Martinez leads this celebratory high energy workshop in honor of his 51st birthday. This party-inspired workshop will feature a live DJ, class giveaways and beverages.

NEW WEEKLY CLASS – BEGINNER HEELS CLASS WITH COURTNEY SAULS

Starting in July, spend **Mondays at 7:30-9pm** in the studio with Courtney Sauls learning the basic technique of strutting and dancing in heels while embracing your individual femininity. Class choreography will focus on grooves, lines, floor work, and a few hair whips to become fierce, flirty, and confident on the dance floor.

In addition to these exciting workshops, Ailey Extension offers more than 90 weekly classes in over 25 different dance and fitness techniques, including ballet, jazz, tap, Zumba, West African, Salsa, Pilates, Masala Bhangra, and many more. For the complete class schedule or to register, visit www.aileyextension.com.

WORKSHOP AND CLASS OPPORTUNITIES FOR KIDS & TEENS

AILEY EXPERIENCE NYC JR. (ages 8-12)

Ailey Experience NYC Jr. (Monday-Friday, August 5-9, 9am-2pm daily) offers the finest dance experience for young students of all levels by providing a variety of dance technique, such as Horton (the modern dance technique seen in Alvin Ailey's *Revelations*), Ballet, Hip-Hop, West African, and Broadway Jazz, taught by top instructors from around the world. Each class is designed to encourage creativity through dance and music, allowing students to gain confidence and build self-esteem in a fun, nurturing environment. Over the course of one week, participants will learn original choreography to perform for family and friends at The Ailey Studios. No prior dance experience is required.

AILEY EXPERIENCE NYC (ages 13+)

Modified for students ages 13-19, **Ailey Experience NYC (Monday – Friday, August 5-9 and 12-16, 10am-6pm daily)** gives dancers the opportunity to train with prominent New York choreographers, former Ailey company members, and acclaimed instructors who are committed to offering unique dance experience for all levels. Participants will embody the diversity of the Ailey dancer with technique classes including Horton, ballet, contemporary, hip-hop, West African, and Broadway Jazz, while foraging into the exciting world of choreography and creativity. Participants will learn original repertory culminating in a final showcase for friends and family.

HEARTS OF MEN (ages 11+)

Founded and directed by critically acclaimed choreographer Frederick Earl Mosley in 2011, **Hearts of Men (Thursday, August 22 – Saturday, August 31, 9am-6pm daily)** brings together many generations of men, ages 11 and older, in one circle of shared experience. Broadening training beyond performance, Hearts of Men recognizes that male dancers have few opportunities to collaborate and share artistic expression with one another. The late, legendary Ailey dancer Dudley Williams, and current Company members Matthew Rushing and Clifton Brown have participated in the workshop, along with other greats like Darius Crenshaw and Brian Harlan Brooks. The two-week workshop provides professional technique training, repertory work created by premiere choreographers, improvisation workshops, and career development. Participating instructors include dancer and choreographer Brian Harlan Brooks as well as Alvin Ailey American Dance Theater members Clifton Brown, Chalvar Monteiro, and Patrick Coker. The intensive will culminate with two performances at the Ailey Citigroup Theater on August 31.

AILEY EXTENSION KIDS & TEEN WORKSHOPS

Ailey Experience NYC Jr. (ages 8-12)

Monday, August 5 – Friday, August 9 | 9am – 2pm | \$675

Ailey Experience NYC (ages 13+)

Week 1: Monday, August 5 – Friday, August 9 | 10am-6pm

Week 2: Monday, August 12 – Friday, August 16 | 10am-6pm

\$700 (one week); \$1200 (two weeks)

Hearts of Men (ages 11+)

Thursday, August 22 – Saturday, August 31 | 9am-6pm | \$300

AILEY EXTENSION ADULT WORKSHOPS & CLASSES

Summer Performance Workshop

July 27 – August 22 | Various Dates & Times

Final performances on Friday, August 23 at 7:30pm

Workshop – \$200 / Performance Tickets – \$25

Afro Flow Yoga®

Sundays, July 7 & 21, August 18 | 2-3:30pm | \$25 per workshop

Zumba Birthday Bash with Richard Martinez

Saturday, August 10 | 2pm – 4pm | \$30

New Weekly Class – **Beginner Heels Class With Courtney Sauls**

Mondays | 7:30pm-9pm | \$22

**All Ailey Extension classes and workshops take place at The Joan Weill Center for Dance
(405 West 55th Street, New York, NY 10019)**

ELECTRONIC PRESS KIT

About Ailey Extension

Since its inception in 2005, Ailey Extension has fulfilled Mr. Ailey's life-long commitment of bringing dance to everyone by offering "real classes for real people." Ailey Extension offers over 25 different dance and fitness techniques such as Horton, Ballet, Masala Bhangra, West African, Samba, Jazz, Zumba, House and Hip-Hop. Over 135,000 people have taken classes at Ailey's home, New York's largest building dedicated to dance, where dancers of all levels and walks of life can learn and be inspired – body, mind, and spirit! For additional press materials, including photos, videos, and class descriptions, visit pressroom.alvinailey.org.