## Profile Thanks,

# but no Thanks-giving:

As Gatherings in the Pandemic Are Predicted to Shrink, How We Are Cooking Is Changing, Too

of People Plan to Celebrate the
Holidays With Fewer People This Year

Trimming the Fat: Consumers Look for Ways to Simplify Holiday Prep

- Online grocery orders
- Flexibility with ingredients used
- Smaller quantities
- Easier dishes

#### From Guest to Chef: Embracing Tradition and Creating New Ones

1 in 3 4 in 10 plan to cook a family

favorite for the first time

plan to try a new recipe



#### Sick of Cooking?

5496

of consumers are looking to save time by buying more ready-to-cook items, prepping meals in advance, and/or using the microwave, air fryer, or pressure cooker.

According to consumers polled from March 2020 through September 2020:

13% 11%

feel overwhelmed

feel bored feel exhausted

# Simplify the Prep



### 1. Put your small appliances to work.

If your oven is overloaded, use a countertop toaster oven for more capacity

# 2. Organize it!

Fridge Stacking rules: Turkey on the bottom, dessert in the middle, veggies on top and dairy on the door for easy adds.

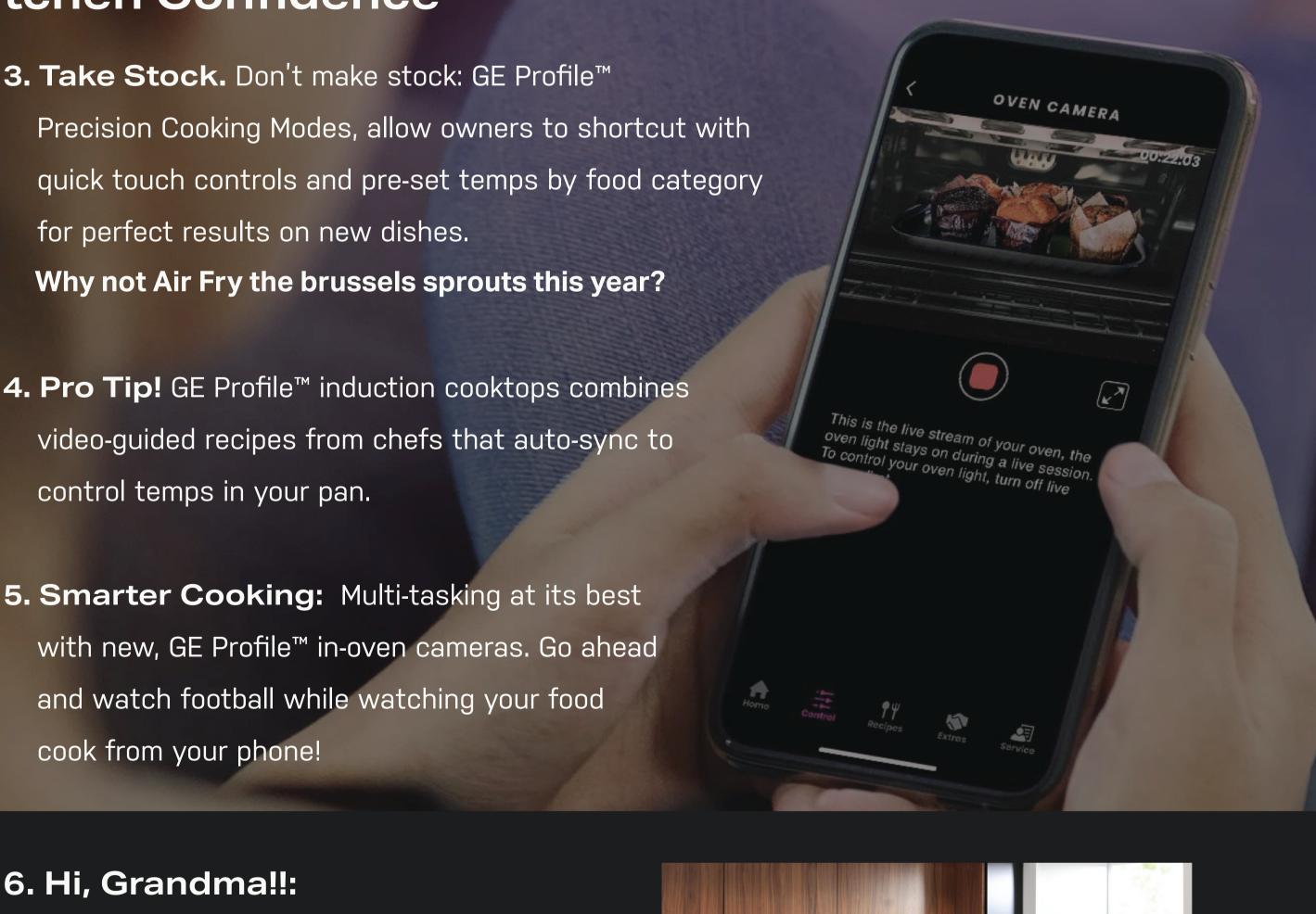
## 3. Take Stock. Don't make stock: GE Profile™

**Kitchen Confidence** 

Precision Cooking Modes, allow owners to shortcut with quick touch controls and pre-set temps by food category for perfect results on new dishes. Why not Air Fry the brussels sprouts this year?

video-guided recipes from chefs that auto-sync to control temps in your pan. 5. Smarter Cooking: Multi-tasking at its best

with new, GE Profile™ in-oven cameras. Go ahead and watch football while watching your food cook from your phone! 6. Hi, Grandma!!:



## Virtually connect to family with

GE Appliances Kitchen Hub featuring dual cameras and videochat to bring them right into your kitchen.

#### Try the SmartHQ™ Home Flavorly app

7. Turduck-say what?

to up your cooking game with video-guided recipes.

#### 8. Put down the scrub brush.

Skip the pre-rinse, save water (One normal dishwasher cycle uses the same amount of water as just over 2 minutes of rinsing) and let your dishes shine. GE Appliances' steam pre-wash and sensor technology keeps your hands out of the sink and Aunt Ida's serving dishes sparkling.

