

festival
foods

natural and
organic living



MEALTIME MENTORS™

— RESOURCES & RECIPES —

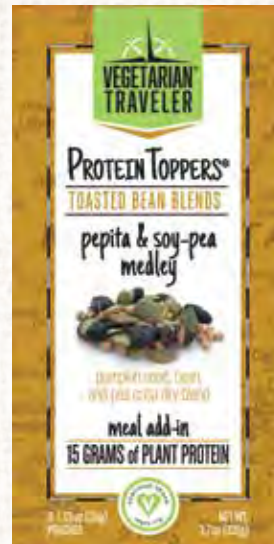
Created as a solution for on-the-go vegetarian lifestyles, Vegetarian Traveler Protein Toppers offer a variety of single-serve, shelf-stable toasted bean blends for an easy protein fix. They're made from vegan protein sources like soy beans and pepitas. And at 15 to 17 grams of protein per serving, they sure do pack a powerful protein punch.

These Protein Toppers are great for adding to foods like oatmeal, yogurt, soups and salads. Or just enjoy them alone for an easy protein-filled snack. The possibilities are endless with these plant-based protein packs!

Festival's Mealtime Mentors™ are registered dietitians and offer recipes and resources for a healthier you! Visit www.FestFoods.com/Meals to explore recipes and filter based on diet, cooking method, course and more.



From left to right: Jenni Dreyer, MS, RDN, CD, Casey Crevier, RDN, CD and Lauren Tulig, RDN, CD



\$2.99

VEGETARIAN TRAVELER
PROTEIN TOPPERS

3.7 oz

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