SNACKS

Whole Fruit $1.00
Applesauce $1.25
Fresh Fruit Cup $3.25
Cold Salads $1.95
Hummus and Pretzel Chips $3.95

BEVERAGES

Milk $1.00
Soy Milk $1.95
Bottled Teas $2.35
Bottled Water $1.50
Bottled Sodas $1.50
Tropicana Juices $1.95
Bottled Frappuccino $2.95
Coffee (small/large) $2.25 / 2.50
Hot Tea $1.75
Fountain Drinks 12 oz. / 16 oz. / 20 oz.
$1.35 / 1.75 / 2.25

Thank you for choosing the Big Red Room Cafe!
All proceeds benefit the Children’s Museum of Pittsburgh.

For a complete list of daily specials or our catering menu, visit our website at pittsburghkids.org/visit/the-cafe
For Takeout orders, please call 412.322.5058 ext. 207

Daily:
11am–4pm
Kitchen closes at 3pm daily

Dining Smart Item
Look for the icon above to identify foods that are lower in calories, cholesterol, and fat. These and other nutritious foods that are good sources of vitamins, minerals, and fiber are recommended by UPMC Health Plan’s Dining Smart Community program.

*Vegetarian     **Vegan
**BAKED OPTIONS**

- **Soft Pretzel** 170–180 cal. $2.50
  - add cheese cup 160 cal. $1.25
- **Oven Baked Fries** 140–180 cal. $2.75
  - add cheese cup 160 cal. $1.25
- **Macaroni and Cheese** 320–360 cal. $3.50
- **Chicken Tenders** 350–420 cal. baked chicken tenderloins, zero trans fat $4.50

**FROM THE GRILL**

- **Hamburger** 390–500 cal. 1/3 pound Angus beef, lettuce, tomato, and pickle $6.25
- **Grilled Chicken Breast Sandwich** 390–420 cal. lettuce, tomato and pickle $6.50
- **Grilled Turkey Burger** 500–530 cal. lettuce and tomato on a wheat Kaiser $6.50
- **Grilled Veggie Burger** 300–350 cal. Morningstar Farms garden burger, lettuce and tomato $6.25
- **Black Bean Burger** 325–500 cal. Morningstar Farms spicy black bean burger, lettuce, tomato, and pickle $6.50
- **Grilled Chicken Pita Wrap** 780–810 cal. spring mix, tomatoes, cucumbers, peppers, onions, mushrooms, and Feta, on a warm pita flatbread $7.75
- **Vegetable & Feta Pita Wrap** 455–485 cal. spring mix, tomatoes, cucumbers, peppers, onions, mushrooms, and Feta, on a warm pita flatbread add a chopped black bean burger 190 calories $5.75
- **Classic Grilled Cheese** 430–560 cal. grilled with zero trans fat and salt-free butter substitute $4.75
  - cheeses: American, Swiss, provolone, cheddar or pepper jack
  - breads: Texas toast or wheat bread
  - add toppings: pepperoni 75¢ / ea, grilled cheese 160 cal., break 190 calories

**FROM THE KITCHEN**

- **Sandwich Add-Ons**
  - American, Swiss, provolone, cheddar, or pepper jack $0.75
  - Peppers, onions, mushrooms, cucumbers or jalapeños (each) $0.35
  - Add bacon $1.00
  - Double meat $2.00

**SANDWICHES & PANINIS**

- **Sandwich Add-Ons**
  - American, Swiss, provolone, cheddar or pepper jack $0.75
  - Peppers, onions, mushrooms, cucumbers or jalapeños (each) $0.35
  - Add bacon $1.00
  - Double meat $2.00

- **Italiano Sandwich** 1280–1400 cal. with ham, salami, pepperoni, mild banana peppers, lettuce, red onions, tomatoes and provolone cheese on garlic herb bread flatbread $8.50
- **Cuban** 1150–1320 cal. with slow roasted pulled pork, ham, pickles, mustard and Swiss cheese on a grilled flatbread $8.50
- **Rachel** 1050–1200 cal. with turkey breast, tomato, red onion, cucumber sauce and Swiss cheese on a grilled flatbread $8.50
- **Gyro Panini** 1250–1350 cal. lettuce, tomato, red onion and tzatziki sauce on a grilled flatbread $8.50
- **Caprese Panini** 760–850 cal. tomatoes, mozzarella and basil on a grilled flatbread $6.75
- **Tuna on Brioche** 760–850 cal. with leaf lettuce, red onion and tomato on a brioche roll $6.95
- **Cranberry Chicken Salad on Brioche** 800–890 cal. with leaf lettuce, red onion and tomato on a brioche roll $6.95

**SANDWICHES & WRAPS**

- **Turkey Club Wrap** 950–1050 cal. with sliced turkey breast, bacon, lettuce, tomato, Swiss cheese and pesto mayo in a tortilla wrap $6.75
- **Vegetable Hummus Wrap** 575–625 cal. with spring mix, hummus, cucumbers, tomatoes, and roasted red peppers $5.75
- **Southwestern Chicken Wrap** 990–1100 cal. with fajita-style chicken, black bean and corn salsa, shredded cheddar, lettuce, and low-fat ranch dressing, wrapped in a tomato-basil tortilla $6.75
- **Turkey Hummus Wrap** 820–920 cal. with sliced turkey breast, hummus, roasted red peppers, red onions, lettuce, and Swiss cheese wrapped in a spinach tortilla $6.75

**PIZZA**

- **Slice of Cheese Pizza** 290–330 cal. add pepperoni 120–140 calories $2.50
  - + $0.50
- **Whole Cheese Pizza** 2350–2500 cal. add toppings 50–350 calories $13.95
  - + $2.00 / ea

**SALADS**

- **Greek Village Salad** 200–250 cal. $6.95
  - with mixed greens, artichokes, tomatoes, red onion, bell peppers, chick peas, Kalamata olives, Feta cheese and no-fat Greek dressing
- **Garden Salad** 200–250 cal. $5.75
  - mixed greens garnished with cherry tomatoes, cucumber slices, red onions, green olives and a hard-boiled egg
- **Chicken Caesar Salad** 650–750 cal. $7.25
  - with chopped romaine, chicken breast, croutons, and grated parmesan

**CHILD VALUE MEALS**

- **Children’s Happy-Face Hamburger** 330–360 cal. 2.6 ounce burger, sliced pickles for eyes, half of a tomato slice for mouth, and shredded lettuce for hair, on a Kaiser roll $4.50
- **All Beef Hot Dog** 310–400 cal. $2.75
  - add chili 75–90 calories $0.75
- **Happy-Face Child Hamburger** 330–360 cal. $4.50
- **All Beef Hot Dog** 310–400 cal. $6.25
- **Slice of Cheese Pizza** 490–600 cal. $5.95
- **Happy-Face Hamburger** 530–640 cal. $6.75
- **Chicken Tenders** 440–550 cal. $6.75
- **Grilled Cheese** 630–710 cal. $6.75

**PIZZA**

- **Slice of Cheese Pizza** 290–330 cal. $2.50
  - add pepperoni 120–140 calories $0.50
- **Whole Cheese Pizza** 2350–2500 cal. $13.95
  - add toppings 50–350 calories $2.00 / ea

**CUP & SOUP**

- **Cup/Bowl** $4.25/4.75