

# How to Find the Best Chiropractor After a Car Accident



Have you been in a car accident?

Are you wondering how to find the best chiropractor for treatment?

A chiropractor can work wonders for your back, neck and entire body after a car accident, but it is important that you find the right one to treat you. Not all chiropractors are the same and there are a few factors you'll want to think about before choosing the best place for chiropractic care.

If you're wondering how to find the best chiropractor after a car accident, keep reading. Below we'll tell you everything you need to know to make the best choice.

## 1. Ask For Suggestions

A great way to get started on your search for a chiropractor is to ask for referrals. You can start out by asking your primary care doctor if they have any suggestions for chiropractors in your city. Chances are that they have a list that they can refer you to and know some great chiropractors that can help you with your pain.

You may also ask other people you know for suggestions. Your family or friends may have had a need for a chiropractor in the past as well, so reach out and see what they know.

Additionally, you may even consider asking your lawyer. If you've been in a car accident and are working with an attorney they may be very familiar with chiropractors and may have had past clients who have used a chiropractor.

By asking around, this is a good first step to start getting some possible chiropractors to use.

## **2. Get the Inside Scoop**

If you're looking at several different chiropractors and considering which one to choose, it can be very helpful to get other people's opinions.

You can do this by checking online reviews on Google or Yelp. Others likely have something to say about the clinic you're considering and will often give you great insight into how the chiropractor will be for your visit as well.

Reading reviews can give you a lot of insight on others experience when it comes to waiting times, the office environment, and the friendliness of the staff, in addition to the quality of the treatment itself.

## **3. Find Out About Each Chiropractor's Credentials**

You should also take the time to find out about the credentials of a chiropractor. Do you due diligence and find out if a chiropractor has a proper licensure as well as professional training. Make sure they have the skills and the credentials to offer chiropractic treatment for you.

Additionally, you should also check with state medical board websites and find out if the chiropractor has undergone any malpractice suits or if they have had any disciplinary action against them. You can find out much of this information on your state website. To do this in the state of Oregon, for example, you may want to visit the Oregon Board of Chiropractic Examiners.

## **4. Research the Chiropractor's Experience**

In addition to professional credentials, you'll also want to find out more about the chiropractor's specific experience, expertise, and specialties.

On the state medical board website, you may be able to find out about what college they went to, their medical school, and their training hospital. You can also find out if they have any additional certifications.

Also feel free to reach out directly. Ask them what specialties they have and if there are any specific treatments you're interested in then ask them what experience they have. A great time to do this is also during an initial consultation.

## **5. Make Sure You'll Be Comfortable**

Another thing you should definitely consider when trying to find the best chiropractor is your personal comfort level. During your initial consultation take some time to think about how they communicate.

Do they make you comfortable? Do they seem to be listening to your questions and concerns? Make sure you enjoy how they communicate and are comfortable with them.

Also, consider gender. You may be comfortable with a certain gender over the other, and that's okay.

Additionally, some chiropractors will be more knowledgeable about specific needs for different genders, so ask them about this as well during a consultation and see where their experience lies.

## **6. Know their Service Fees**

You need to be well aware of the different service fees you may be looking at with a particular chiropractor.

If you have been involved in an accident, you should be aware that in many cases your chiropractic care will be covered by your personal injury coverage on your health insurance plan or by car insurance Med Pay.

It likely won't require you to pay any money out of pocket but you will be able to go immediately to a chiropractor and get relief from whiplash and other injuries.

Your chiropractor appointment may be covered by car insurance or by your health insurance, or it may not. Before deciding on a chiropractor you need to find out if your insurance will work or not, and know exactly what if anything will be required for you to pay.

## **7. Schedule a Free Consultation**

If you're looking for the best chiropractor after a car accident, it is crucial that you take it seriously and spend time evaluating your options. Most chiropractors will offer a free initial consultation that will allow you to evaluate them and talk about your needs.

Meeting someone face to face can do wonders when it comes to evaluating a potential chiropractor. You can find out if you are comfortable with the chiropractor and whether you will be a good fit.

Take the time to meet some of the chiropractors you are considering. Find out about their experience, expertise, and credentials and ask them any questions you need to determine if they are right for you. It's much better to do it up front than later on.

## **Final Thoughts**

You'll have a great time at a chiropractor if you follow these tips. Take the time to make sure a chiropractor you are considering is truly qualified for the job, makes you feel comfortable, and has everything you need to get relief.

Visiting a chiropractor after a car accident can be absolutely essential and will help you feel relief way easier than you may think.

Need a chiropractor after a car accident? Contact us today to find out more about what we can do for you.