

# What to Expect From the Best Plastic Surgeons



Are you considering plastic surgery?

Want to make sure you're dealing with the best plastic surgeons?

Surgery of all kinds carries risks. For this reason, it's important that you choose a skilled surgeon for the job.

Unfortunately, that's often easier said than done. It can be difficult to properly evaluate plastic surgeons and their skills.

If you need help choosing the best plastic surgeons, read on. Below we'll discuss everything you should expect when seeking a professional.

## **The Consultation - Meeting the Surgeon**



Before you undergo plastic surgery, you will need to have a consultation any potential surgeon you are considering.

This is a great opportunity to learn more about the procedure and make sure the surgeon is right for the job. During this time, you may also be able to meet the nurses that will be working with the surgeon. You may also take a tour of the facility where the operation will take place.

An initial consultation could last anywhere from 15 minutes to one hour, or even longer. This will depend on the nature of the surgery and how many questions and concerns you have.

Don't overestimate the power of first impressions. If during the consultation, your surgeon doesn't offer you the attention you deserve or seems to be distracted, turn the other way.

If he or she seems more focused on the bottom line than on your safety and health, move on.

It's important that your surgeon is dependable and trustworthy. After all, you want to feel safe having your life, quite literally, in their hands.

# Things to Look for in the Best Plastic Surgeons



There are many things you should expect from an excellent plastic surgeon, so do in-depth research. It's important that you're comfortable with your choice. Don't rush into deciding too quickly.

Take the time beforehand, or during your consultation, to find out about their background and consider each of the points below:

## Credentials

The best plastic surgeons will have a medical degree from an accredited medical school.

They will have completed a bachelor's degree before earning a Doctor of Medicine (M.D.) or Doctor of Osteopathic Medicine (D.O.) degree. A typical doctor of medicine program includes four years of thorough training and education.

Believe it or not, it is possible for doctors with a medical degree to practice in a [different medical field](#) than the one they were trained in. For example, a pediatrician may be able to start performing plastic surgery with a medical degree alone. However, they may not have the proper surgical training.

Because of this, you should also look for a certification from the American Board of Plastic Surgery. This will help ensure that you are working with a surgeon who is properly trained.

## Experience

It's also a great idea to ask a potential plastic surgeon about their experience with the specific procedure you will be having performed. The best plastic surgeons will be able to discuss how often they have performed a procedure and how often they do it each year.

You should also look for negative reviews. Find out whether the surgeon has experienced any malpractice claims in the past. If that's the case, search for someone else.

## Facilities

Evaluate the facilities that a surgeon will be operating in. They should be state-of-the-art and have everything needed to perform the surgery with ease.

Ideally, look for a facility that is certified by The American Association for Accreditation of Ambulatory Surgery Facilities (AAASF). This will ensure that it's properly staffed and equipped.

Also, make sure that the surgeon and his staff have an emergency system in place. This is crucial to have in the rare case that an emergency occurs during a procedure.

## Costs

Surgical fees and policies can vary greatly from one clinic to another. Most times, they don't necessarily reflect the skills of a surgeon or practice. Surgeons aren't legally allowed to discuss their fees with other surgeons, so costs in an area can have a large range.

Ask about the payment policies as well. Know what payment methods, refund options, and insurance coverage possibilities are available. Some practices will also offer financing options.

Another cost you need to be aware of is revision fees. Revisions and touchups after an initial surgery are always a potential possibility. Ask what fees will be necessary in the case of required revisions after the surgery.

## Trust

Perhaps the most important thing you should expect from the best plastic surgeons is that you can [trust them](#). In addition to checking their qualifications, read online reviews and testimonials.

During your consultation, consider how genuine they seem and whether you trust that they are ethical and honest with you. Do they seem more interested in making money or in making sure you feel safe?

Consider their body language as well. Do they make solid eye contact with you? Do they seem to listen fully to your concerns and questions?

Follow your gut instinct and if something doesn't feel right, don't ignore it. Never choose a surgeon who you aren't comfortable trusting with your life.

## Transparency

Along with trust, you need to make sure that you choose a surgeon that is very transparent. They shouldn't sugar-coat the potential risks of a procedure. Every surgery will have risks, so you need a surgeon who will be honest with you and discuss these candidly.

The best surgeons will be able to explain the benefits, risks, and potential limitations of your chosen surgery. If you feel like a surgeon is avoiding talking about the risks of a procedure, this is a huge red flag.

An excellent surgeon will be honest with you and provide the information you need to make an informed decision.

## **Final Thoughts**

Undergoing plastic surgery can change your life for the better, but it's important to not rush into a decision. Take the time to assess your options. Only choose a surgeon for your procedure once you know that you will be completely confident in your decision.

Need a professional and trusted plastic surgeon in Atlanta? Atlanta Face & Body is here for you. Contact us today to schedule your free consultation.