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Brisbane Good Food Month

By  Kelseybricknell on July 2, 2014



Well, it's July. The winter winds are starting to set in and it's starting to get just that little bit harder to wake up in the morning. Luckily the wonderful people at the *Brisbane Times* have thought of a solution to get all Brisbaneites out of bed this month—the inaugural **Good Food Month (GFM)**. Presented by *Citi* and part of Australia's largest food festival, **GFM** showcases the best cafés, restaurants, bars and food-producers that Brisbane and surrounding regional areas have to offer. The program runs all through July and, the best bit? Everyone's invited!!

The Brisbane food scene is so often over-looked in favour of our southern counterpart states but, as *Brisbane Times* Editor-In-Chief, Simon Holt states our growing river city (and Queensland in general) has quite an appetite for all things food. The **GFM** is the perfect way to celebrate all the fabulous fresh produce and diverse cultural influences around Brisbane. Our food scene is eclectic. With such a vibrant outdoor lifestyle and the perfect climate, we are able to celebrate in style all year round. From sunny riverside breakfasts, to evening street food, Brisbane has it all and the **GFM** program certainly reflects that.

A series of venue-based events and offers will kick off the program in early July (from Let's Do Lunch, to Hats Off Dinners, pop-up markets, parties and Bar Hop events). Brisbane residents and regional foodies alike (events spread as wide as Bundaberg and Killarney) will be able to taste, sip and create alongside some of the state's best chefs and food artisans. The kids can stay entertained during the holidays with *Ozhaves!*'s hands-on cooking in their **Kiducation Kitchen** (July 1 and 3)—better still they'll even learn how to make fabulous meals with zero waste! The tips and classes continue from there to the adult world, with **Vegan & Raw** food classes; **Wholefood** education; and a showcase of Contemporary Australian cooking at **An Afternoon With The Stars** on July 13. Guests to the Afternoon event will be able to meet and learn from Peter Gilmore (*Quay*, Sydney), Ryan Squires (*Esquire*, Brisbane) and Andrew McConnell (*Cutler and Co*, Melbourne)!

Themed events are big throughout the **GFM** program. From July 17-27, an Asian Sensation will take over Brisbane's South Bank with the first ever **Night Noodle Markets**. There'll be Asian inspired street food, themed bars, and great music winding along the banks of the moonlit river—the perfect setting to warm up with the festival atmosphere and forget the chill in the air! **Art and Food** events will take place around the joint, if that's more your thing—you can view and chat about great photography with professional food stylists at *The Fox Hotel*; or step into the world of *The Great Gatsby* at *Blackbird Bar and Restaurant's* indulgent themed dinner. And don't worry, if you're a bit budget conscious there's something for you too (**Good Dinners Under \$30** events and dining options feature all throughout the region)!

From fine dining, to family friendly; markets to bar hops and cooking classes, the **Brisbane Good Food Month** really does have something for everyone. To get involved, view the full program at <http://brisbane.goodfoodmonth.com/>. Some events do require bookings so make sure you get in fast to secure your place. Let the celebrations begin!

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