



Winter Conference
Thursday, February 13, 2025
12:30pm-1:45pm

2F. Patient Centered Care in the Home Care Setting

Presented by:

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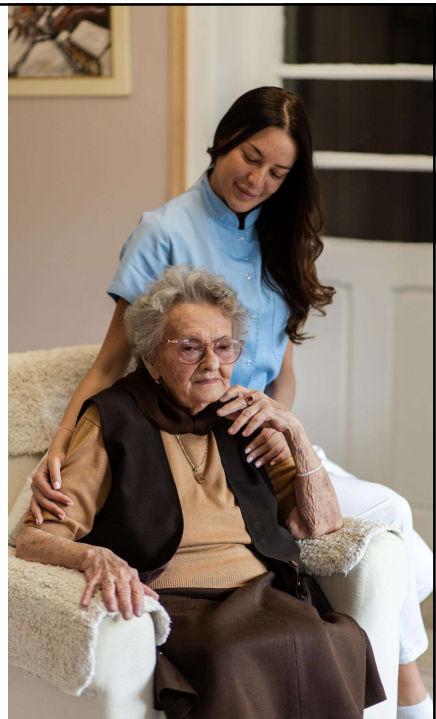




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OUTLINE OF KEY TOPICS

- Overview of Patient-Centered/Person-Centered Care
 - Key Components of Patient-Centered Home Care
 - Implementation Strategies for Home Care Providers
 - Challenges and Solutions in Person-Centered Home Care
 - Benefits of Person-Centered Care in Home Settings
 - Future Directions and Innovations
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LEARNING OBJECTIVES

The learner will be able to:

1. Define person-centered/patient-centered care in the home care setting
 2. Discuss the benefit of building trust with and empowering patients/clients in care planning
 3. Discuss the role of patient-centered thinking and processes in development and review of a person-centered plan of care, care plan, and individualized service plan
 4. Describe how a patient-centered care model leads to increased client satisfaction
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OVERVIEW OF PERSON- CENTERED CARE

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DEFINITION AND CORE PRINCIPLES

Core Principles of Care

Person-centered care revolves around dignity, respect, autonomy, and partnership, ensuring patients are valued and heard.

Client Involvement

Active client involvement in treatment and service delivery decisions fosters a shared partnership, enhancing their care experience and outcomes. It also builds trust at a vulnerable time in a person's life.

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HISTORICAL EVOLUTION OF CARE MODELS

Paternalistic Care Models

Historically, care models emphasized the authority of providers, often sidelining patient input and experiences.

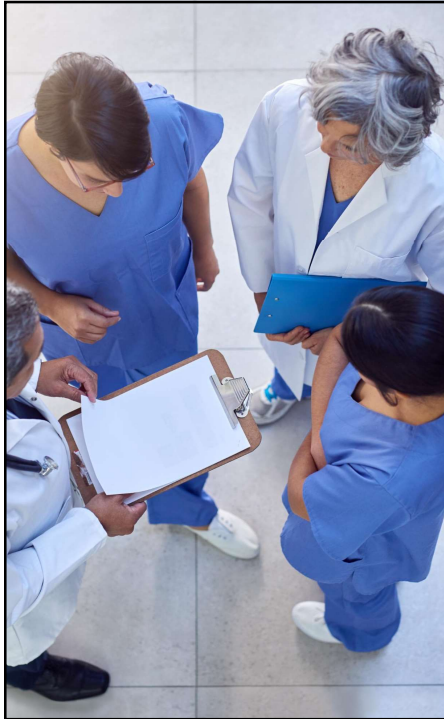
Shift to Patient Involvement

Over time, there has been a notable shift towards recognizing the importance of patient involvement and their voices in care.

Individualized Care Approach

Modern care models emphasize personalized care that respects and honors each individual's life experiences and preferences.

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IMPORTANCE IN HOME CARE SETTINGS

Improved Client Satisfaction

Implementing person-centered care significantly enhances patient satisfaction by addressing individual needs and preferences.

Adherence to Care Plans/Plan of Care and Individualized Service Plans

Person-centered care encourages better adherence to plans as clients feel more involved and invested in their decisions and respected.

Enhanced Quality of Life

By empowering patients, person-centered care leads to an overall enhancement in their quality of life.

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KEY COMPONENTS OF PERSON- CENTERED HOME CARE

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INDIVIDUALIZED CARE PLANS

Importance of Individualization

Individualized care plans ensure that each patient receives care tailored to their specific needs, enhancing overall outcomes.

Person-Centered Goals

These plans incorporate the client's preferences and goals, making the care more relevant and effective for them.

Tailored Healthcare Strategies and Options

Creating tailored strategies ensures that the care provided aligns with what matters most to the client.



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RESPECTING CLIENT PREFERENCES AND VALUES

Person-Centered Care

Person-centered care focuses on the individual needs and preferences of the client, ensuring they feel valued and respected.

Listening to Patients

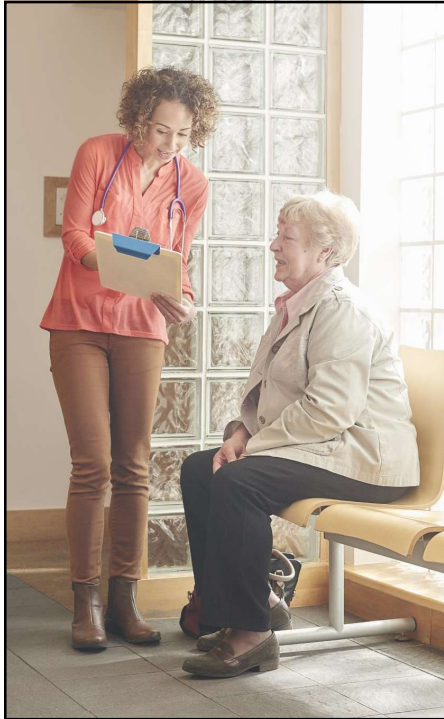
Active listening is crucial for understanding client's backgrounds and preferences, fostering trust and communication.

Incorporating Wishes into Care Plans

Incorporating client's wishes into care plans leads to improved satisfaction and better health outcomes.



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COLLABORATIVE DECISION-MAKING

Client Engagement

Engaging patients in the decision-making process empowers them and ensures their needs and preferences are prioritized.

Collaboration with Caregivers

Collaboration between clients and caregivers enhances communication and fosters a team approach to healthcare.

Person-Centered Care

Person-centered care ensures that the care provided aligns with the individual desires and needs of patients.

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IMPLEMENTATION STRATEGIES FOR HOME CARE PROVIDERS

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TRAINING AND EDUCATION FOR CAREGIVERS



Person-Centered Care Training

Training in person-centered care practices is essential for effective caregiving and enhancing patient experiences.

Effective Communication Skills

Education should emphasize communication skills to improve interactions and understanding between caregivers and patients.

Understanding Client Needs

Understanding client needs is crucial for caregivers to provide personalized care and support.

Fostering Empathy

Fostering empathy in caregivers enhances caregiver-patient relationships and improves overall care quality.

Measuring Emotional Intelligence and Communication Skills

Evaluating caregiver and staff emotional intelligence is critical to corrective action.

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UTILIZING TECHNOLOGY AND TOOLS

Electronic Health Records

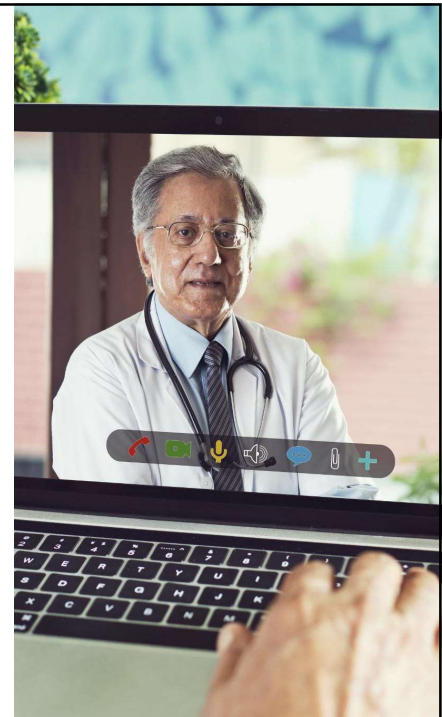
Electronic health records streamline client information management, enhancing communication and accessibility for coordination of care.

Telecommunication Services

Telehealth, telecommunication and telemonitoring services enable remote consultations, providing clients with improved care coordination.

Real-Time Information Use

Utilizing real-time data helps tailor care plans to meet individual patient needs effectively, enhancing overall health outcomes.



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CREATING A SUPPORTIVE ENVIRONMENT

Importance of Comfort

Helping the client to create comfortable spaces encourages clients to feel at ease, fosters open dialogue and trust between caregivers and clients.

Open Communication

An environment that fosters open communication allows clients to express their concerns and preferences freely.

Safety and Respect

Ensuring that clients feel safe and respected is crucial for effective person-centered care and positive health outcomes.

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CHALLENGES AND SOLUTIONS IN PERSON-CENTERED HOME CARE

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COMMON BARRIERS TO IMPLEMENTATION

Resistance to Change

Caregivers often resist changes in established practices, impacting the adoption of person-centered care.

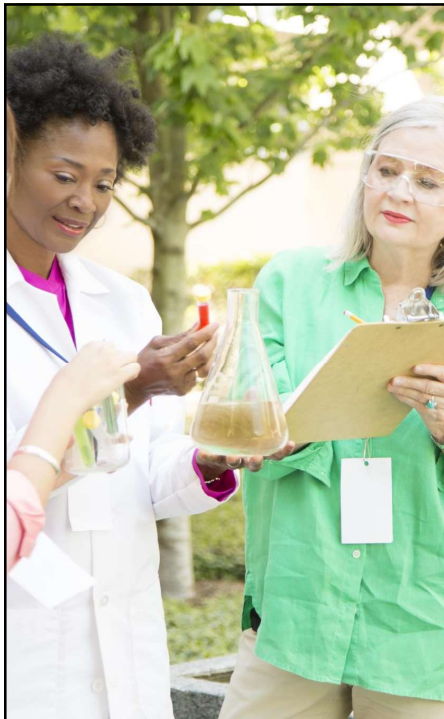
Lack of Training

Insufficient training for caregivers can hinder the effective implementation of person-centered approaches in care settings.

Institutional/Agency Policies

Policies that prioritize efficiency over personalization can create barriers to fully implementing person-centered care.

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OVERCOMING RESISTANCE TO CHANGE

Fostering Open Culture

Creating a culture of openness among caregivers is essential in overcoming resistance to change and promoting effective communication.

Education on Change

Providing education about person-centered care helps caregivers understand the benefits and encourages them to embrace change.

Demonstrating Benefits

Demonstrating the benefits of person-centered care can effectively shift attitudes and reduce resistance among caregivers.

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ENSURING CONSISTENT QUALITY OF CARE

Regular Assessments

Regular assessments are crucial for identifying strengths and weaknesses in care delivery, ensuring consistent quality.

Feedback Mechanisms

Implementing feedback mechanisms allows providers to receive input that can guide improvements in care quality.

Individualized Care

Ensuring that care is personalized and tailored to each patient's needs contributes to better health outcomes.

Accurate Documentation

Accurate, timely and clear documentation of client requests, barriers, actions taken, suggestions made are crucial to consistency in quality of care and compliance.

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BENEFITS OF PERSON-CENTERED CARE IN HOME SETTINGS

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ENHANCED PATIENT SATISFACTION AND WELL- BEING

Person-Centered Care

Person-centered care focuses on the needs and preferences of clients, leading to improved overall satisfaction and well-being.

Empowerment and Respect

Empowering patients and showing them respect enhances their emotional and mental health, leading to better health outcomes.

Impact on Mental Health

A supportive healthcare environment positively impacts patients' mental health, fostering a sense of safety and security.

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IMPROVED HEALTH OUTCOMES AND QUALITY OF LIFE

Person-Centered Care

Person-centered care emphasizes the importance of involving patients in their own treatment plans, fostering a sense of respect and collaboration.

Improved Health Outcomes

Research indicates that when patients feel respected, they are more likely to adhere to treatment plans and achieve better health outcomes.

Quality of Life Enhancement

Involving patients in their care not only improves adherence but also enhances their overall quality of life, leading to greater satisfaction.

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REDUCED HEALTHCARE COSTS

Minimizing Hospitalization

Person-centered care reduces hospital readmissions by addressing client needs and improving care coordination among providers.

Improving Care Efficiency

By focusing on individual client needs, home care providers can streamline processes and enhance care delivery efficiency.

Financial Viability

Implementing person-centered care models can lead to significant cost savings for healthcare providers, making it a sustainable choice.

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FUTURE DIRECTIONS AND INNOVATIONS

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EMERGING TRENDS AND RESEARCH



Person-Centered Care

Person-centered care focuses on individual client preferences and needs, emphasizing tailored treatment approaches to enhance experiences.



Technological Innovations

New technologies such as wearable health devices are transforming client care and enhancing their experiences.

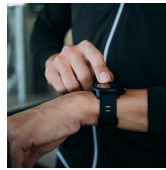


Methodology Adaptation

Ongoing research encourages the adaptation of new methodologies for continuous improvement in home care practices and client care.

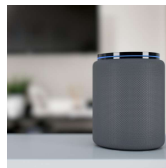
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INTEGRATING AI AND SMART HOME TECHNOLOGIES



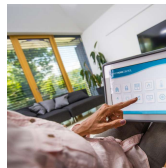
Health Monitoring

AI technologies enable real-time monitoring, providing personalized insights and alerts for better health management.



Facilitated Communication

Smart home technologies facilitate seamless communication between caregivers and staff, enhancing home care experiences.



Tailored Home Care

The integration of AI allows for a more customized approach to home care, addressing individual needs and preferences effectively.

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CONCLUSION

Importance of Individualized Care

Individualized care is crucial for enhancing the dignity and independence of clients in home settings.

Respecting Patient Preferences

Respecting client's preferences fosters a sense of dignity and improves their overall well-being in care.

Embracing Innovation

Innovation in care practices can significantly enhance the quality of care provided to clients at home.

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SPEAKER CONTACT

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