

# No-cost health risk prevention training for direct support staff

Direct support professionals (DSPs) are eligible for free training to help them identify and prevent common health problems in people with intellectual and developmental disabilities (IDD).

## IDD-specific health and safety training topics:

- The Fatal Five: the top preventable causes of illness and death in people with IDD\*
- Choking prevention and management specifically for people with IDD\*
- How to identify common adverse behavioral patterns that indicate underlying medical conditions.
- Person-centered thinking skills and techniques to support people with IDD\*
- Physical and nutritional supports

## Earn training badges

DSPs who complete all courses will be eligible to receive IntellectAbility's *Recognized Health Supporter for People with IDD* badge. In addition, all of these courses count for credit towards the NADSP eBadge Academy.

## About IntellectAbility

These valuable courses were developed by IntellectAbility, the leading provider of health risk reduction tools and training for people with IDD. Learn more at [ReplacingRisk.com](https://replacingrisk.com).



Access the training at  
<https://s-us.chkmt.com/txwellpoint>



\* Courses approved for National Alliance for Direct Support Professionals (NADSP) eBadge Academy credit

[provider.wellpoint.com/tx](https://provider.wellpoint.com/tx)

## Person-centered thinking hybrid training

Texas | Medicaid

### About this training

Person-centered thinking (PCT) is a foundational mindset that enables those who support others to deliver support that is consistent with person-centered practices. Graduates gain in-depth instruction on how to use and apply 11 person-centered observational, management, and problem-solving skills that can revolutionize how to support a person.

Graduates are also trained to accurately complete the person-centered description (PCD). An accurate PCD can drastically improve the services and supports of a person as well as improve quality of life.

This training and the PCD ensure your staff are helping a person find and maintain positive control of their life, in addition to preserving information about a person, while helping staff work more effectively and efficiently.

Upon successfully completing both parts, the learner will receive a certificate indicating they have been certified by the Learning Community for Person-Centered Practices to use the PCT skills gained throughout the course.

### Training details

PCT hybrid training consists of two parts:

- Part one is a six-module eLearn course. This eLearn is interactive and engaging while allowing learners to complete each module at their own pace. It consists of scenarios, case studies, and knowledge checks to help the learner retain what is being taught. Modules in the eLearn cover:
  - An overview of the course.
  - The core concept.
  - Learning log.
  - The donut.
  - Working and not working.
  - 4+1 questions.

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Medicaid coverage provided by Wellpoint Insurance Company to members in the Medicaid Rural Service Area and the STAR Kids program and Wellpoint Texas, Inc. to all other Wellpoint members in Texas.

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- Part two is a virtual one and a half-day PCT training led by a live trainer and a follow-up training to the pre-requisite PCT eLearn course. In this one and a half-day training, learners will be trained on the PCT skills not covered in the eLearn course.

A certified PCT trainer from IntellectAbility will teach this training. Completion of part one and part two is required to receive a PCT certificate. Topics to be covered will include:

- Creating a one-page description.
- Considering culture when giving supports.
- Learning to be process and content experts.
- Moving supports from power-over to power-with.
- The relationship map.
- The communication chart.
- Good day and bad day.
- Reframing reputations.
- Person-centered matching techniques.

Wellpoint Resources:

Below are a few links that I would like shared:

Wellpoint TX Provider Portal-<https://www.wellpoint.com/tx/medicaid>

Wellpoint EVV Resources: <https://www.wellpoint.com/tx/provider/state-federal/resources/electronic-visit-verification>

Wellpoint EVV Email Address: [TXEVVSupport@wellpoint.com](mailto:TXEVVSupport@wellpoint.com)- monitored email for any questions or issues related to EVV- responses to inquires are sent within 24-48 hrs

**Providers should sign up to receive provider news updates via the following link:** [https://providernews.wellpoint.com/tx/signup?utm\\_campaign=subscribe&utm\\_medium=button&utm\\_source=providernews](https://providernews.wellpoint.com/tx/signup?utm_campaign=subscribe&utm_medium=button&utm_source=providernews)

**Wellpoint is offering No Cost Trainings** available through partnership with IntellectAbility:  
DSP

<https://providernews.wellpoint.com/tx/articles/no-cost-health-risk-prevention-training-for-direct-support-s-20730>

PCT

<https://providernews.wellpoint.com/tx/articles/personcentered-thinking-training-supporting-people-with-inte-27043>

For the DSP and PCT offerings, Deidre Haynie is available to present an overview via TEAMS. I will be available to meet any interested providers after panel discussions.

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