

**56<sup>th</sup> Annual Meeting** Tuesday, August 26, 2025 4:30pm-5:30pm

# PC4b. Home Monitoring, AI and Security – Partnership Driven Outcomes

### Presented by:

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# Home Monitoring, AI, and Security - partnership driven outcomes

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1



2

### The Need for Innovation

The migration of healthcare into the home is driven by the convergence of patient demand, cost efficiency, chronic care needs, and technology-enabled service delivery all reinforced by policy and value-based payment models.

This shift represents one of the most transformative trends in modern healthcare.

3

# Industry Challenges in Home Care

- Fragmented Care Coordination
  - Multiple providers (primary care, specialists, home health agencies, pharmacies) often operate in silos. Limited data sharing leads to gaps in medication management, duplicative services, or missed follow-ups
- Workforce Shortages
  - High turnover among nurses, aides, and caregivers.
  - Growing demand due to aging populations outpaces available staff.
  - Burnout and limited training opportunities exacerbate the issue
- · Quality & Safety Concerns
  - · Inconsistent standards of care compared to hospitals or skilled nursing facilities.
  - Preventable readmissions due to poor adherence, infection, or complications.
  - · Lack of real-time monitoring of high-risk patients.
- Reimbursement & Regulatory Complexity
  - Varying policies across Medicare, Medicaid, and commercial payers.
  - Limited reimbursement for non-medical home care (e.g., social support, transportation). Shifting to value-based care requires stronger measurement and reporting.
- Technology Gaps
  - Many home care providers still rely on paper or outdated systems.
     Limited integration with hospital EHRs.

  - Patients and caregivers may lack access to easy-to-use digital tools.
- · Patient Engagement & Adherence
  - Difficulty ensuring patients take medications correctly or follow care plans.
  - Limited health literacy and social determinants of health (e.g., transportation, food insecurity).

4

## **Role of Health Information Exchange (HIE)**

#### Improved Data Sharing

- Enables real-time access to hospital discharge summaries, lab results, and medication lists.
- Reduces duplicative tests and prevents missed diagnoses.
- Supports care transitions, especially after hospitalizations.

### Population Health Insights

- · Aggregated HIE data helps identify high-risk patients for home monitoring.
- Supports reporting for quality programs (e.g., readmission rates, HEDIS measures).

#### Closing Gaps in Care

- Alerts home care providers if a patient visits the ER or is readmitted.
- Improves follow-up and reduces preventable readmissions.

5

# How HIEs work Who they connect with

- Bidirectional data sharing based on relationship to patient/client with:
- Hospitals
- Clinics
- Health plans
- Community based organizations
- Public Health
- · Personal health records
- Monitoring data

6

# **Role of Health Tech in Supporting Home** Care

- · Remote Patient Monitoring (RPM)
  - Devices track vitals (blood pressure, glucose, weight) in real time.
  - Early detection of deterioration to avoid costly hospital stays.
- · Medication Adherence Tools
  - Smart pill dispensers, infusion pump monitoring, or adherence apps.
  - Data integrates back into care teams for proactive intervention.
- - Reduces the need for travel.
  - Expands access to specialists and behavioral health support.
- · Care Coordination Platforms

  - Centralized dashboards integrate with EHRs and HIEs.
     Provides caregivers with real-time updates, task lists, and communication tools.
- Al & Predictive Analytics
  - Identifies patients at risk of falls, readmissions, or non-adherence.
  - Supports staffing optimization and personalized care planning.
- · Integration with Social Determinants of Health (SDOH) Data
  - Connects patients to food delivery, transportation, or housing resources.
  - Expands beyond clinical care to whole-person support.

# Security for HealthTech

- Trust for data sharing
- Internet of Things manipulation
- Artificial intelligence manipulation
- · Loss of data breaches

# Leveraging HIE & Health Tech to Overcome Current Challenges

9

## Strengthen Financial Resilience Through Data

- Why: Medicaid cuts, Medicare recalibrations, and value-based models demand proof of cost-effectiveness.
   Actions:
- Connect to state/regional HIEs to document avoided readmissions and ED visits.
- Use predictive analytics to flag **high-cost**, **high-risk patients** for proactive management.
- Create payer-facing dashboards showing **ROI of home care** (e.g., "\$X saved per patient through avoided hospitalizations").
- **Outcome:** Protects reimbursement, strengthens payer negotiations, and positions home care as a cost-saving partner.

## **Automate Compliance & Reporting**

 Why: HHS downsizing and shifting Medicare rules increase compliance risks.

#### **Actions:**

- Integrate HIE feeds into agency EHR to **auto-populate patient records** (labs, meds, discharge notes).
- Adopt audit-ready documentation systems with built-in alerts for missing signatures, visit notes, or quality measures.
- Automate quality measure submission (e.g., Home Health Quality Reporting Program, HEDIS metrics).
- Outcome: Reduces administrative burden, avoids reimbursement penalties, and ensures regulatory readiness.

11

## **Strategic Takeaways**

- **Protects Revenue:** Automated reporting and proof of value help navigate reimbursement cuts.
- **Eases Workforce Strain:** Digital tools offset staffing shortages, allowing fewer workers to support more patients safely.
- **Drives Compliance & Efficiency:** HIE reduces administrative overhead, keeping agencies in alignment with evolving regulations.
- **Expands Care Models:** Tech enables Hospital-at-Home, telehealth, and value-based partnerships—positioning home care as central to cost containment.