

### **56<sup>th</sup> Annual Meeting** Wednesday, August 27, 2025 1:30pm-2:30pm

### 2c. Value-Added Services Provided by HCSSAs

Presented by:

Rosalind J. Nelson-Gamblin, Consultant, RJNG Health Care Consulting, LLC

Thank you to our Sponsors:





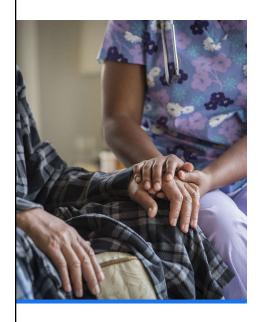


Value Added Services in Home & Community Support Services Agencies

EXPLORING AGENCY TYPES AND VALUE-ADDED HOME CARE SERVICES

1

## Overview of Home Care Services in the United States



### Definitions and Scope of Home Health Care

#### Healthcare Services at Home/Homelike Environment

Home health care involves services under the supervision of a nurse case manager or therapist

#### Therapeutic Services

Physical, occupational, speech language therapies are a common therapeutic services offered to improve patient mobility and recovery at home.

#### Medical Social Services

Home health care also may include medical social services that support overall health outcomes and patient/client well-being.

26 TAC Section 558.2

3

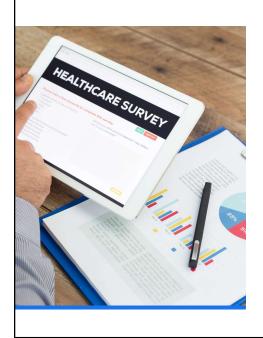
### Defined Categories: License Required

#### Home Health Services

- nursing, including blood pressure monitoring and diabetes treatment;
- physical, occupational, speech, or respiratory therapy;
- · medical social service;
- · intravenous therapy;
- dialysis;
- service provided by unlicensed personnel under the delegation or supervision of a licensed health professional;
- the furnishing of medical equipment and supplies, excluding drugs and medicines; or
- · nutritional counseling.

#### Personal Assistance Services

- · personal care;
- health-related services performed under circumstances that are defined as not constituting the practice of professional nursing by the Texas Board of Nursing; and
- health-related tasks provided by unlicensed personnel under the delegation of a registered nurse or that a registered nurse determines do not require delegation.



### Regulatory Landscape

#### CMS Regulation Role

CMS oversees home health agencies with a Medicare participation agreement to ensure they meet compliance and provide safe, quality care.

#### Compliance Requirements

Home health agencies and PAS agencies must follow HHSC licensing requirements  $% \left( 1\right) =\left( 1\right) \left( 1\right) \left($ 

CMS guidelines to maintain certification and operate legally.

#### Service Quality and Safety

 $\ensuremath{\mathsf{CMS}}$  establishes service standards to guarantee patient safety and quality in home health care.

5

### Core Services Vs. Value Added Services

#### Core Services

Core services include essential medically necessary care crucial for client health and treatment.

#### Value-Added Services

Value added services improve client's experience by offering support like errands and companionship.





## PAS Services Covered Under HCSSA License

#### Personal Care Services

HCSSAs offer personal care services that help clients with daily activities to maintain their independence at home.

#### Community Support

HCSSAs provide community support services that are non-medical but essential for client independence and well-being.

7

Value–Added Services Provided by Home Health Agencies Nationwide

### Value-based Services

#### **Grocery Shopping Assistance**

Errand running services include helping patients with grocery shopping to meet their daily nutritional needs.

#### Pharmacy Pickup Services

Picking up medications from the pharmacy ensures patients have timely access to their prescriptions.

#### Transportation to Appointments

Providing direct transportation helps clients attend medical and other important appointments with ease.



9

### Meal Planning, Home Delivered Meals, and Home Modifications

#### Customized Meal Planning

Tailored meal plans ensure clients receive proper nutrition suited to their health needs and preferences.

#### Home Delivered Nutritious Meals

Delivering nutritious meals directly to client supports convenience and consistent dietary care and adherence to medically ordered diets at home.

#### Home Environment Modifications

Adapting the home environment enhances safety and accessibility for clients receiving care.



# Companionship, Sitting, and Support for Hobbies

#### Companionship Benefits

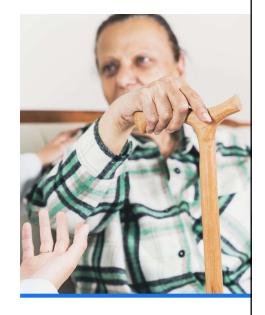
Providing companionship reduces feelings of loneliness and enhances emotional wellbeing for home care recipients.

#### Assistance with Leisure

Helping with hobbies encourages engagement and mental stimulation, improving quality of life.

#### Reducing Isolation

Active social involvement through sitting and hobby support combats social isolation in home care settings.



11

# Texas Personal Assistance Services Agencies: Unique Service Offerings

## State-Specific Regulations and Scope of Services

#### State-Specific Regulations

Texas regulations set clear standards for PAS to ensure quality and accountability in service delivery.

#### Scope of Services

The scope defines personal assistance and support services unique to PAS, differentiating them from other agencies.



13



## Personal Assistance Services in Texas

#### Personalized Individualized Service Plans

Texas PAS offer customized plans tailored to individual client needs and preferences for improved outcomes.

#### Scheduling

Flexible appointment scheduling allows clients to receive care at convenient times, enhancing accessibility and satisfaction.

#### Advanced Documentation

Use of advanced documentation systems improves accuracy and efficiency in patient record keeping and communication.

## Documentation Requirements and Service Differentiation

#### Importance of Detailed Documentation

Accurate documentation helps distinguish PAS unique services and supports regulatory requirements effectively.

#### Supporting Compliance

Proper documentation ensures adherence to regulatory standards and facilitates audits and reviews by authorities.

#### Validating Value Added Services

Documentation validates the enhanced services offered, helping gain payer and regulator trust and approval.



15

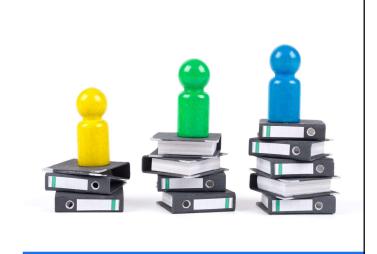
## Required Documentation and Separate Entity Considerations

#### **Documentation Requirements**

HCSSAs need to maintain detailed records to meet licensing and regulatory requirements for service delivery.

#### Separate Entity Operations

Operating as separate entities helps HCSSAs comply with legal and licensing standards effectively.



Distinction
Between Licensed
and Non-Licensed
Services



#### Licensure Importance

Licensure ensures services meet regulatory standards and protect consumers under HCSSA guidelines.



#### Non-Licensed Services

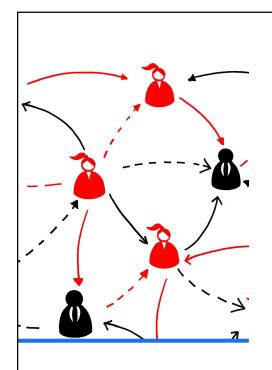
Non-licensed services operate without formal licensure but must still follow agency operational guidelines.



#### Compliance Significance

Proper understanding of licensing distinction is vital for agency compliance and smooth operation.

17



### **Best Practices**

#### Separate Entities Importance

Separating licensed and non-licensed service entities ensures compliance with regulatory requirements and prevents overlap.

#### Clear Accountability

 $Separation\ establishes\ clear\ accountability\ for\ service\ delivery\ for\ all\ services.$ 

#### Regulatory Compliance

## Relevant CMS Guidelines and Citations

#### Service Definitions

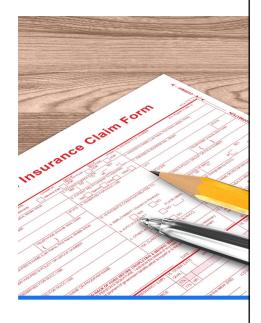
CMS guidelines clearly define the scope and standards of services provided in home care settings.

#### **Billing Procedures**

Guidelines provide structured billing processes ensuring proper reimbursement for value added home care services.

#### Compliance Measures

 $\ensuremath{\mathsf{CMS}}$  regulations enforce compliance to protect patient safety and maintain quality in home care services.



19

# Compliance Strategies for Agencies

#### Robust Policy Development

Developing strong policies ensures agencies meet regulatory standards and supports consistent patient care practices.

#### Staff Training

Regular staff training equips employees with knowledge to comply with regulations and improve patient outcomes.

#### Comprehensive Documentation

Keeping thorough documentation helps agencies track compliance and optimize patient care effectively.

#### Coordination of Care

Ensure coordination among core and value-added services to ensure regulatory compliance.



## Final Thoughts on Value Added Services in Home Care

21

The Role of Value-Added Services in Enhancing Patient Outcomes



#### Supporting Patient/Client Independence

Value added services empower patients to manage their health independently in home care environments effectively.



#### **Enhancing Patient Satisfaction**

These services improve patient satisfaction by providing personalized care and timely support in home settings.



#### Complementing Core Medical Care

Value-added services are essential complements that enhance overall health outcomes beyond standard medical treatment.

# Future Trends and Recommendations



#### Technology Integration

Emerging trends emphasize the integration of advanced technology to improve service delivery and efficiency.

#### Personalized Services

Services are evolving to become more personalized, focusing on individual patient needs and experiences.

#### Regulatory Adaptation

Agencies must adapt to evolving regulations to maintain compliance and meet changing patient requirements.

23

## Conclusion

### Differentiation through Value Added Services

Leveraging value added services helps home care agencies stand out in a competitive market.

#### **Enhancing Patient Experiences**

Value added services improve the quality of care and patient satisfaction in home care settings.

### Ensuring Regulatory Compliance

Understanding regulatory frameworks is crucial for agencies to maintain compliance and avoid risks.