

The Body

03-18-2026

John 6:22-51

The Bread As We Know It

Bread is an interesting portrait of Jesus, since bread is a substance known and used by every society on the face of the earth. While some like meat and others don't, or some like vegetables and others don't, most people like bread. Bread is one of the few foods that can be tolerated by most digestive systems. Also, bread has a satisfying quality that few other food have.

The Bread of Life

Jesus is portrayed as The Bread of Life.

John 6:34-35

This bread that Jesus offers is not a system or a denomination, but is a Person. We can never be saved and have life by some religious system, person, action or method. Salvation comes through Jesus and Jesus alone!

John 6:47-51

Physical bread can keep a person alive for a long time, but the body will still die. Jesus, on the other hand, is bread that gives everlasting life.

Before this Bread can be enjoyed by the sinner, it must be received by the sinner. This may seem like simple thing to grasp, but many seem to stumble right here.

They can believe that Jesus was real, that He died on the cross, and

even that He arose from the dead. However, to make His sacrifice, and the salvation He offers a reality in your life, you must come to Him by faith and be born again! Yea, Must be born Again!

Imagine that you are invited to my house for dinner. I pass you a plate of Hot buttered rolls. I pass them to you and say, "You want a roll?" You say "Yes, thank you, I would love one." But, instead of reaching out and taking it, you simply sit there and smile. I say, "I thought you wanted a roll!" You respond, "Oh I do!" My response would be, "Well, if you want it, you are going to have to reach out and take it for yourself. I am not going to put it on you plate for you!"

He has done it all, now all we have to do is accept it! To be saved, you have to "believe" in Jesus.

This word simply means to "rest the totality of your weight upon." It isn't Jesus plus this or that, it is Jesus alone that saves the soul of man!

Manna Revealed Things About Jesus

IT WAS SMALL

This speaks of Christ's humility. He wasn't born in a king's palace, but in a manger.

Exodus 16:14

IT WAS ROUND

This speaks of Christ's eternal nature. Jesus did not have His beginning in Bethlehem, but He has always been.

Exodus 16:14

IT WAS WHITE

This reminds us of the sinless, holy nature of the Lord Jesus Christ. He was born without sin, lived without sin and died without sin.

Exodus 16:31

IT CAME AT NIGHT

Jesus came to a world lost in spiritual darkness and gave them light and

life.

Exodus 16:13-14

IT WAS MISUNDERSTOOD BY THOSE WHO FOUND IT

They called it Manna which means, "What is it?" Jesus was misunderstood by the very people He came to save.

Exodus 16:15

IT WAS SUFFICIENT FOR EVERY MAN'S NEED

This reminds us that Jesus is the all-sufficient Savior. He meets the need of man's soul

Exodus 16:17-18

IT WAS SWEET TO THE TASTE

Those who partook of the Manna found it sweet and satisfying. By the same token, all those who receive Jesus as their Savior find Him to be sweet to the soul and satisfying to the life

Exodus 16:31

IT WAS TO BE KEPT AND PASSED ON TO OTHERS

Jesus is the same way, He is to be shared with those who cross our path. We are to be certain that we share Him with the next generation, because we are only one generation away from extinction as a people at any given time.

Exodus 16:32