

CIF-SS BULLETIN



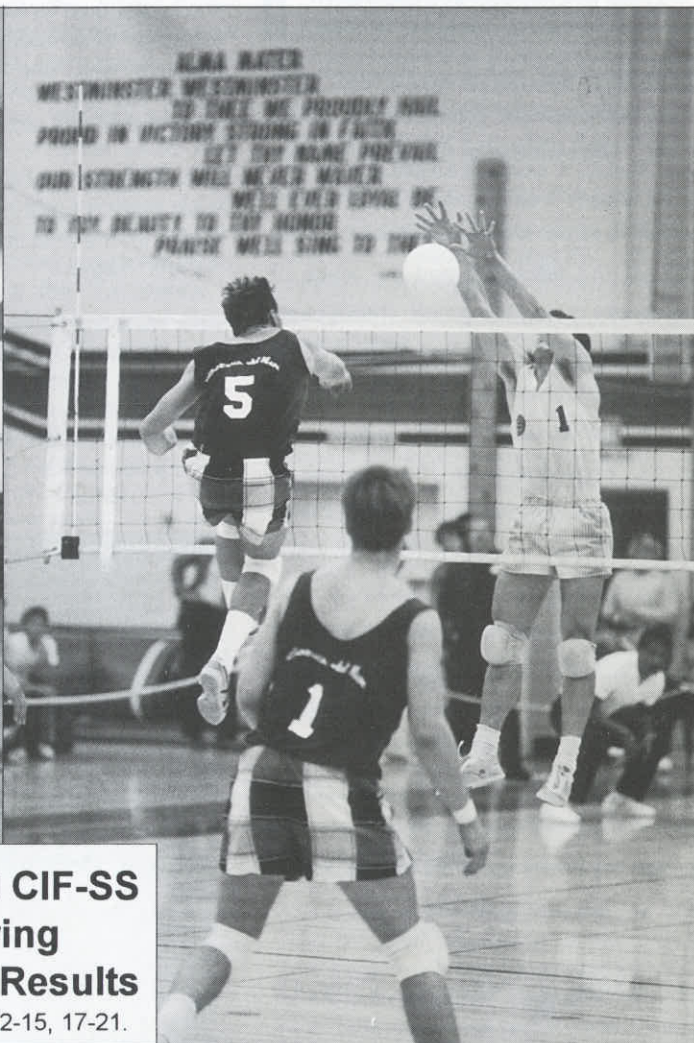
Southern Section

Academics • Integrity • Athletics



VOL. 62, NO. 1

FALL 1999



**For Full CIF-SS
Spring
Playoff Results**

See pages 12-15, 17-21.



A Member of the Tenet HealthSystem



**WEST COAST
SPORTS MEDICINE
FOUNDATION**

See **MARKETING UPDATE**, page 3

*Serving High School Athletics
Since 1913*

PRESIDENT'S MESSAGE



THE
RIGHT
CALL

By Margie Godfrey, President
CIF-SS Executive Committee

Making the "right" call is an important skill and certainly affects the outcome of the contest. The reaction of the fans, the morale of the participants, in fact, the entire competitive experience is influenced by the quality of the officiating and the kinds of "calls" made during the game. The Executive Committee, on your behalf, spent the better part of last spring attempting to make the "right call" in identifying the individual to lead our organization in the position of commissioner, replacing retiring Dean Crowley. It was a difficult "call" because there were several highly qualified and experienced people being considered. It was probably the hardest "call" this Executive Committee has ever had to make. Like the official in a contest, we made our best attempt and we believe James Staunton will serve the Southern Section well and will continue the traditions of excellence established by his predecessors.

As you embark on another school year, it is our hope that you will call upon us to assist you in making the "right call" in any way we can. The staff of the CIF Southern Section is a dedicated, talented, student-centered group of experienced individuals. They stand ready and willing to respond to the needs of our 515 member schools. You need never have to make a "call" alone...the professional staff of the organization is always there for you. Call on them before you make your call.

CIF SOUTHERN SECTION NAMES STAUNTON AS NEW COMMISSIONER

The CIF Southern Section Executive Committee named Dr. James T. Staunton, Principal of Huntington Beach High School, as the organization's eighth Commissioner of Athletics.

Dr. Staunton replaces retiring Commissioner, Dean Crowley, and will begin his tenure as Commissioner September 1.

"I am delighted to be able to follow in the footsteps of someone like Dean Crowley," Staunton said. "and to work for an organization like the CIF. I am grateful to the organization for choosing me."

Dr. Staunton has been an educator for more than 25 years, the majority of that time spent in the Huntington Beach Unified School District.

After receiving his Bachelor of Arts degree from Whittier College in 1971, Dr. Staunton began his teaching career at Bushard Elementary School in Fountain Valley. While at Bushard, Dr. Staunton earned a Masters of Arts degree from California State University at Fullerton in 1976. In 1978, he moved

to Fountain Valley High School where he taught speech therapy.

Dr. Staunton began his administrative career in 1986 when he was named Dean of Students at Ocean View High School. He became Assistant Principal at Fountain Valley High School in 1989. He was named to his current post as Principal of Huntington Beach High School in 1991. While at Huntington Beach, Dr. Staunton completed his doctoral program in Education Policy through the University of Southern California in 1997. Under his guidance, Huntington Beach High School was recognized as a California Distinguished School.

Dr. Staunton has been very involved in the CIF Southern Section during his tenure at Huntington Beach. He has worked as both the Sunset League President and as the league representative. Most recently, Dr. Staunton served as the Chairperson of the Orange County Re-leaguings Committee.

Dr. Staunton's leadership has resulted in numerous citations and recognition. He is

See STAUNTON page 23.

California Interscholastic Federation Southern Section

11011 Artesia Blvd. (90703) -- P.O. Box 488 (90702)
Cerritos, California
(562) 860-2414 -- FAX (562) 860-1692

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Dr. Jack Clement, Principal
El Toro High School,
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James Staunton, Ed.D., Commissioner of Athletics

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Photos by David Hopley

SOUTHERN SECTION MARKETING UPDATE

SOUTHERN CALIFORNIA HOSPITALS PROVIDE MANY BENEFITS TO AREA HIGH SCHOOL

With a successful beginning that involved twelve high schools in the Bay and Ocean Leagues, trainer coverage in the CIF Southern Section has expanded to approximately 50 schools. Centinela Hospital along with West Coast Sports Medicine Foundation ("Team To Win") cover 20 schools in west Los Angeles, USC University Hospital ("Excellence in Athletics") covers 16 schools in the San Gabriel Valley and Mission Hospital covers most of the high schools in South Orange County. It has been proven many times over that an on-site athletic trainer at the high school level reduces the occurrence of serious injuries by at least 30%. It has been documented that scientifically designed strength and conditioning programs reduce injury and improve performance.

Centinela Hospital (Tenet Health Care Corporation) and West Coast Sports Medicine Foundation's "Team To Win" Program provide supplementary athletic medical insurance, on-site athletic trainers, weekly injury clinics, a coaching resource center, strength and conditioning programs through 24 Hour Fitness Centers and the annual male and female Scholar Athlete Award of Excellence. Dr. Keith Feder and Jill Sleight head up the program, and their primary goal is to maintain and expand the program as funding allows. They are looking to both corporate sponsorship and foundation grants to defray the cost. Ultimately they hope to garner sup-

port in the California State legislature to support funding for both supplementary athletic medical insurance and on-site certified athletic trainers. For more information, contact the West Coast Sports Medicine Foundation at (800) SPORT-MD or visit their website at www.wcsportsmed.com.

USC University Hospital's "Excellence in Athletics" Program provides athletic trainer coverage for area high schools, low cost pre-season physicals, free weekly Saturday morning injury clinics and educational seminars for coaches, athletes and student trainers. This program gives high school athletes access to specialist physicians and comprehensive services, expertise and guidance in building training rooms and subsidized secondary insurance plans. To learn more about the "Excellence in Athletics" program, please contact Brian Chavarin, Sports Medicine Program Coordinator, at (800) USC-CARE.

Mission Hospital Regional Medical Center located in Mission Viejo has covered most of the high schools in Southern Orange County for the past two years. They are a part of the St. Joseph Health System, a not-for-profit hospital sponsored by the Sisters of St. Joseph of Orange. Mission Hospital's Center for Sports and Wellness also provides trainer coverage to area high schools and supplementary athletic medical insurance. One of Mission Hospital's goals is to create a healthier community by partnering with the CIF Southern Section.

24 HOUR FITNESS - "ENRICHING THE STUDENT-ATHLETE EXPERIENCE"

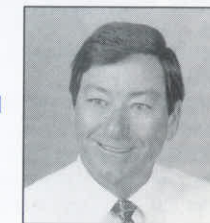
24 Hour Fitness is entering its second year as a CIF Southern Section partner as the "Official Fitness Center." At 24 Hour Fitness, they know first hand the value of team sports in creating strong examples in the area of teamwork, goal setting and work ethic. They also know first hand the increasing difficulties public schools face in funding their athletic and interscholastic programs. That is why 24 Hour Fitness created 24 Hour Team Sports, a special division. Their goal is to enrich the student-athlete experience by sponsoring high school championship sports events, offering training facilities at no cost to student-athletes, creating training programs for thousands of student-athletes and interacting with the sports medicine community to ensure proper medical care of sports injuries. Since its inception in 1997, 24 Hour Team Sports has been responsible

for the donation in excess of \$2 million dollars worth of refurbished exercise equipment to high schools.

With over 220 locations to choose from, 24 Hour Fitness provides the widest variety of free weights, the finest cardiovascular machines and the most advanced fitness equipment available. 24 Hour Team Sports would like to invite your high school varsity teams to take advantage of these amenities and train at a local 24 Hour Fitness Center, free of cost, Monday through Friday from 2:30 p.m. to 4:30 p.m., and Saturday and Sunday from 1:00 p.m. to 5:00 p.m. One of their missions at 24 Hour Fitness is to be bigger, better and stronger, and they want to help enable the student-athlete to become the same. To participate in the 24 Hour Team Sports Program please call (800) 499-1053.

COMMISSIONER'S CORNER

A TIME
OF TRANSITION



By James Staunton, Ed.D.
CIF-SS Commissioner of Athletics

When I heard that Dean Crowley was retiring, I felt a rush of anxiety. The Southern Section has, under his leadership and with the help of the Executive Committee, enjoyed a sustained period of growth, expansion, fiscal strength and strong competition. During his tenure Dean tackled several tough issues: eligibility, competitive equity, relegating, and a host of individual complaints that are time consuming and demanding. Nevertheless, the section thrived. I wondered how this momentum would continue.

Now, I am again anxious because I will be following Dean. This feeling stems from my personal concerns about following a successful administrator. I inherit an organization that is strong and poised to enter the next century providing leadership to over 500 high schools. Our office staff is well trained, competent and devoted. We have great administrators. The Executive Committee is made up of an outstanding group of individuals who represent all athletic interests and who have a passion for sports. The responsibility to carry on in a positive manner and to see continued growth is daunting.

We have some huge challenges ahead. The issue of relegating remains an item that begs resolution. Area placement is still a concern in certain segments of the section. Sportsmanship, behavior at athletic contests, preparation of coaches and race relations are still items that have to be resolved. Many people throughout the section do not know me or my personal philosophy and should have a chance to share their concerns and points of view. Communication will be critical.

I intend to assume the commissionership with energy and devotion. I am grateful to the Executive Committee for placing their trust in me and I hope to justify their decision. I will approach the position with an open mind and a hunger to learn as much as possible as quickly as possible. I ask for your help. Our section's strength rests in its See COMMISSIONER page 23.

CIF-SS COUNCIL MEETING MINUTES

April 29, 1999

The April meeting of the CIF-SS Council was called to order by Margie Godfrey, President, at 9:09 a.m. on Thursday, April 29, 1999, at the Sequoia Club. All leagues were present with the exception of Condor, De Anza, Delphic, Desert Mountain, Golden, Heritage, Liberty, Metro, Prep and South Coast.

1. ADOPT AGENDA - It was moved, seconded and passed to adopt the agenda.

2. MINUTES - It was moved, seconded and passed to approve the minutes of the CIF-SS Council meeting of March 25, 1999. Additionally, the minutes of the CIF-SS Executive meeting of April 14, 1999, were submitted as an informational item.

3. GOLD LIFE PASS PRESENTATION - Gary Talbert, Chairperson of the Life Pass Committee, introduced those receiving Life Passes in recognition of their long standing service to the CIF-SS. Recipients were Frank Cano, Alhambra High School; Dr. Tom Jacobson, Newport-Mesa Unified School District and Executive Committee member; Scott McTaggart, Garden Grove Unified School District; Bob Stand, San Gabriel High School; Tom Triggs, Buena Park High School and Executive Committee member and Vicki Toutz, Garden Grove High School. Additionally, Hall of Fame Honorees were Jim Parker, Ventura County Star News and Paul Womack, Football Coach, Redlands High School.

4. PUBLIC HEARING SESSION - Ben Cottler, Fountain Valley High School parent, Mr. Thompson, lawyer and Nancy Triplett, Fountain Valley High School Booster Club parent reviewed concerns regarding the Division I and II football playoff groupings proposal.

5. PLAYOFF GROUPINGS - Dr. John Dahlem, chairperson of the Playoff Groupings Committee, presented the Playoff Groupings Committee's recommendations for the 1999-2002 cycle. A motion to amend the Playoff Groupings Committee's proposal in football and return to the original proposal was made. Mel Collins, Principal, L.B. Poly High School; Roger Reupert, Citrus Belt Council Representative; Doug Agatep, Principal, West Covina High School and Earl Haugen, San Gabriel Valley League Representative, spoke in favor of the amendment. Speaking in opposition to the amendment and in favor of the playoff groupings proposal was Carol Osbrink, Sunset League President. Following discussion, a motion to approve the amendment was approved. Following further discussion, a motion to approve the Playoff Groupings Committee's recommendations as amended was approved.

6. BLUE BOOK COMMITTEE PROPOSAL - Nancy Billinger, Blue Book Committee member, reviewed the following items from the Blue Book Committee:

A. Travel Restrictions (Blue Book Rule 702.1) - A recommendation to delete all travel restrictions under Rule 702.01 (second paragraph) was approved.

B. Eligibility and Forfeitures (Rule 500.2 - Recommended Amendment - Rule 500.3) - A recommendation to add to the Blue Book Rule 500.3 the amendment "In the case where it is determined that an ineligible player competed due to the failure of the school administration to submit the proper

paper work which would have granted immediate eligibility with no restrictions, i.e., open enrollment and transfer eligibility with no restrictions, the school would only be forced to forfeit the initial game won that the student in question played in" was approved.

C. Discipline, Expulsion and Transfer for Disciplinary Reasons (Rule 217) - A recommendation to add the following wording to Rule 217.1, Expulsion Return to Previous School/Transfer to New School to read, "the eligibility of a student who is expelled and at a later date returns to the same school shall be determined by the local administration. If the student is compelled to transfer from any public or private school, that student shall have restricted eligibility in all sports and be ineligible for all levels of competition for a period of one year following the initial transfer" was approved.

7. FOOTBALL SCRIMMAGE PROPOSAL - James Christianson, President of the Frontier League, reviewed a proposal which calls for an interscholastic scrimmage at the varsity level only, in addition to a tenth game. Following discussion, it was moved, seconded and passed to approve the proposal.

8. FOOTBALL SPRING AND SUMMER RULES - Joseph Pawlick, representing the Marmonte League and Jim Benkert, football coach, Westlake High School, reviewed a proposal which would allow specific spring football rules to be applicable for summer time practice. Following discussion, a motion to approve the proposal was passed.

9. WATER POLO PLAYOFFS BY ENROLLMENT - Jeff Thornton, Mission League Coordinator, reviewed a proposal calling for boys and girls water polo playoffs be conducted by enrollment beginning with the 1999-2000 school year. Following discussion, a motion to approve the proposal was denied.

10. OFFICIALS' FEES COMMITTEE RECOMMENDATIONS - Susana Arce, Chairperson of the Officials' Fees Committee, reviewed the proposed 1999-2000 Officials' Fees Committee's recommendations. Following discussion, a motion to approve the recommendations was passed.

11. EXECUTIVE COMMITTEE ELECTIONS - Margie Godfrey, presented the report of the Nominating Committee as it relates to the CIF-SS Executive Committee. Following a vote by the Council those elected were: Northern Area Representative - Susana Arce, Assistant Principal, Nordhoff High School and Superintendent Representative - Dr. David Long, Superintendent, Riverside County Schools. In addition, Bob Nero, Principal, Chino High School, will continue as At-Large Representative and Terry Speir, Activities Director at Long Beach Poly High School will continue as Activities Director Representative.

12. CIF-SS 1999-2000 BUDGET PROPOSAL - Dr. Jack Clement, Treasurer, reviewed the 1999-2000 CIF-SS budget. Following discussion, it was moved, seconded and passed to adopt the budget as presented.

13. CIF-STATE FEDERATED COUNCIL MAY ACTION ITEMS - Dr. Ken Gunn, Past-President, presented the following agenda items for the May CIF State Federated Council meeting in order to give Southern Section delegates voting direction.

See COUNCIL MINUTES page 23.

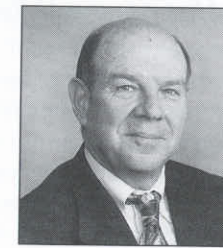
NEW ATHLETIC DIRECTOR/PRINCIPALS ORIENTATION SEMINAR

THURSDAY, SEPTEMBER 23, 1999
9:30 A.M. - 12 NOON

Please plan to attend. The information given at this seminar will make your job easier.

CERRITOS HIGH SCHOOL
12500 East 183rd Street, Cerritos, CA 90703

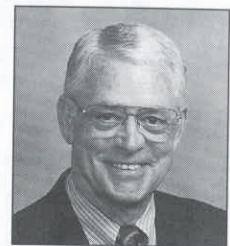
MEET YOUR AREA REPRESENTATIVE TO THE CIF SOUTHERN SECTION EXECUTIVE COMMITTEE



Dr. Tom Davis, Principal
Redlands East Valley High School
CITRUSBELT AREA
Citrus Belt, De Anza, Ivy, Mojave River,
Mountain View, San Andreas, Skyline,
Sunbelt, Sunkist



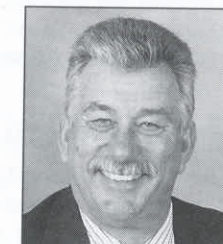
Dr. Liza Scruggs, Director
Inglewood USD
COAST AREA
Moore, South Bay Athletic Association



Dr. Richard Tucker, Superintendent
Bishop JUHSD
DESERT AREA
Desert Mountain, Desert Valley,
Hi-Lo, High Desert, Imperial Valley



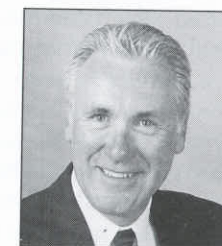
Tony Ortega, Assistant Principal
Arroyo High School
FOOTHILL AREA
Almont, Del Rio, Foothill, Golden Mission
Valley, Pacific, Rio Hondo, San Gabriel
Valley, Suburban



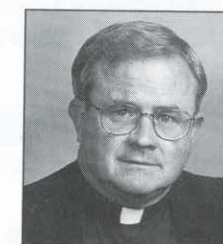
Paul Briet, Principal
Ganesha High School
MT. SAN ANTONIO AREA
Baseline, Miramonte, Mt. Baldy,
Montview, Sierra, Valle Vista



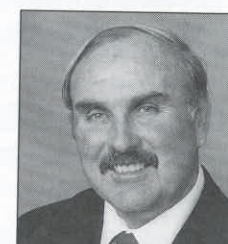
Susana Arce, Assistant Principal
Nordhoff High School
NORTHERN AREA
Channel, Coast Valley, Condor,
Frontier, Los Padres, Marmonte,
Northern, Pacific View, Tri-Valley



Dr. Jack Clement, Principal
El Toro High School
ORANGE COUNTY AREA
Century, Empire, Freeway,
Garden Grove, Golden West, Orange,
Pacific Coast, Sea View, South Coast, Sunset



Fr. Robert Gallagher, Principal
St. Paul High School
PAROCHIAL AREA
Camino Real, Del Rey, Horizon,
Mission, Santa Fe, Sunrise, Sunshine



Scott Sandie, Principal
Valley Christian/Cerritos High School
SMALL SCHOOLS AREA
Academy, Agape, Alpha, Arrowhead, Christian,
Delphic, Express, Freedom, Heritage, Liberty,
Metro, Olympic, Prep, Valley, Victory, Westside

NEW MEMBER JOINS THE CIF SOUTHERN SECTION EXECUTIVE COMMITTEE

The CIF Southern Section welcomes one new member to its' Executive Committee. Terry Speir will take her place on the committee as the new Activities Representative.

Speir has been involved in the education of young people, both on and off the playing field, since 1977.

The Long Beach Poly Activities Director started her career as a boys and girls volleyball official in the CIF-SS in 1977. In

1978 she became Head Boys Varsity Water Polo Coach at Culver City High School. That same year she also worked as Assistant Varsity Softball Coach at North Torrance High School.

In 1979 she took on the added responsibility of Assistant Girls Varsity Basketball Coach at Torrance High School. Speir began her teaching career in 1980 as a Elementary Physical Education Specialist at Grover Cleveland Olympic Development Center. See SPEIR page 23.



TERRY SPEIR

SYNOPSIS OF CHANGES TO 1999-2000 BLUE BOOK

The following is designed for the benefit and convenience of athletic administrators and coaches in an effort to provide a capsule summary of the changes in the State CIF and Southern Section Constitution and Bylaws. These changes have been enacted by the State CIF Federated Council and the Southern Section council throughout the course of the 1998-99 school term.

STATE REVISIONS

- 30.E.8:** Add California Association Director of Activities.
34.J: Establishes appeals committee.
40: Criteria for Federated Council Meetings.
70: Selection and Role of State Executive Committee.
200.E: Clarifies penalties for false or fraudulent information.
212: Moved foreign students to Bylaw 214. Also requires paper work for student eligibility in foreign exchange programs.
214.1: List approved foreign exchange programs.
226: Clarifies eligibility rules for independent and home study as well as home schooling students.
303.B: Defines alternative school.
310: Requires National Federation authenticating mark for all balls. This has also been added to all Southern Section sport sections.
511.C: Season of sport for State Championships.
110.3.B.1.b,c,d,e: Protocol for arbitration hearing appeals.
2001: Designated season of sport for boys and girls golf.
2702: Outlines landing section for discus and shot put.
2703: School colors on uniform for the year 2000-01.
3002.B: Requires wrestlers to have one half weigh in during state tournament series.
Page 167: Financial Principles and Audit Policy.
Page 168: A Model for Athletic Gender Equity Grievance Procedure.

SOUTHERN SECTION REVISIONS

- 201.1, 201.2:** Establish June 15th as birth date deadline.
212: New rule number.
214.2: Requires section eligibility approval for foreign students not in an approved program.
214.3-214.10: Changes rule numbers.
217.1: Establishes the initial transfer as the ineligibility date for expelled students.
311.1: Date change.
500.2: Modifies forfeiture rule.
510, Q & A: Clarifies sports camps.
528: Provides for "Principals Statement of Compliance".
701.2: Changes approval process for some sanctioned events.
1000.2: Changes approval process for some sanctioned events.
1203: Summer camp clarification, also added to summertime rules in all sports sections.
1413, Q & A: Penalty for player ejection also added to all other sports sections.
1906: Requires the Southern Section tie breaker for those leagues adopting to use an on field tie breaker.
1915: Provides for football scrimmage.
1922.3: Allows soft protective equipment for the ears and heads for summertime rules.
1932.2: Adds "primary health provider designated by the home team".
3105: Expanded to all sports.

Refueling for Stop-and-Go Sports

Craig A. Horswill, Ph.D., Gatorade Exercise Physiology Lab

Carbos, sugar, glucose polymers and starch are the buzzwords when it comes to fueling athletes. For years, sports nutritionists have told swimmers, marathon runners and cyclists that carbohydrate was the nutrient for endurance sports. Scientific research now shows that athletes in stop-and-go or "power" sports, such as football, hockey, basketball and wrestling can benefit from "carbo-loading" as well. Let's take a look at the importance of refueling for play in these stop-and-go, sprint sports and dietary recommendations.

FUEL UP THE DAY BEFORE THE GAME

Should athletes who play football, field hockey or soccer consume diets high in carbohydrate? Current research says "yes." Two groups of athletes performed a 75-minute shuttle run test that consisted of a mix of walking, running and sprinting similar to that which occurs in a soccer match or football game. At the end of the test, participants were timed for how long they could perform a test of alternating sprinting and jogging. Subjects in both groups lasted about 15 minutes. Following the test, one group consumed a diet supplemented with carbohydrate (high-carbohydrate diet), while the other consumed a diet supplemented with fat or protein (normal carbohydrate). After 22 hours, participants performed the shuttle run and fatigue test again, as if they were competing in the second day of a tournament. This time, those on the high carbohydrate diet lasted eight minutes longer than those on the diet with normal intake of carbohydrate (21 minutes versus 13 minutes).

RECOMMENDATION: Athletes should consume foods high in carbohydrate such as bananas, baked potatoes, sports drinks (like Gatorade) or bagels before games and should avoid extra fat and protein between games. The high carbohydrate meal will help athletes go stronger and last longer.

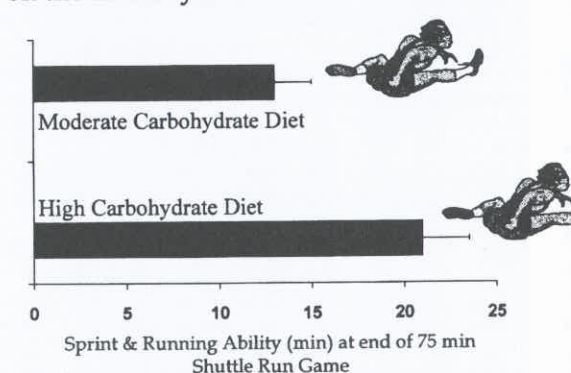
DRINK IT UP DURING THE GAME

Scientists have examined performance activities that imitate football, soccer and hockey — explosive bursts of effort with short breaks in the action. Several recent studies indicate that if subjects consumed a sports drink that contained carbohydrate

before and during intermittent sprinting exercise, they were able to perform more sprints compared to when they consumed only water.

Why did carbohydrate help? Research on hockey and soccer shows that athletes have higher stores of carbohydrate in the muscle at the end of the game if they had consumed a beverage that contained carbohydrate. By drinking the beverage before play and at the half-time or period break, the players were able to replace carbohydrate that was burned up during play. By replacing the energy at the rest periods, more energy — specifically, carbohydrate energy — would be present for late in the game. Additionally, carbohydrate from the beverage boosts blood glucose during play. Sustaining blood sugar levels might help players remain more attentive and focused, while the beverage also helps meet the fluid needs of sweating athletes during activity. Remember, not all beverages are created equal. Be sure to select a sports beverage with the optimal mix of carbohydrate (sucrose, glucose and fructose) and amount of sodium and potassium.

Benefits of a High Carbohydrate Recovery Diet on the 2nd Day of a Tournament-like Event



Nichols et al *IJSN* 7:251-260, '97

RECOMMENDATION: Drink about 8 oz. of fluids that provide carbohydrate every 15-20 minutes during activity to enhance performance. To promote rapid absorption, select fluids with around 14 grams of carbohydrate per 8 oz. The energy will help you to keep the pressure on your opponent through the end of the game.

TYPES OF CARBOHYDRATE

There is a notion that "simple sugars" are bad, whereas complex carbohydrates and fiber are good. This is not correct. The muscle doesn't know whether the carbohydrate used for energy (glucose) comes

from a candy bar or a baked potato. Glucose from either source is burned the same way for energy.

The type of the carbohydrate consumed will determine how quickly the energy is absorbed. For example, the main sugar in honey, fructose, is absorbed slowly. Fructose must also be converted to glucose before the muscle can use it, so there is a delay before this sugar can be burned. Glucose is absorbed more quickly and can be used sooner by the muscle. A slightly different type of carbohydrate, fiber, is never absorbed. Nevertheless, fiber, such as that in the skin of the baked potato or the peel of an apple, provides important health benefits.

The form of food supplying the carbohydrate determines the other types of nutrients that are delivered. For example, the baked potato including the skin will provide more vitamins and minerals than a Twinkie. For that reason, the baked potato is a good food during the week of training. As a snack between matches, when the athlete would like sugar to be absorbed quickly, simple sugars are great.

The notion of bad and good sugars is misleading. It has less to do with the sugar-energy and more to do with the overall nutrients provided by the food supplying the carbohydrate.

RECOMMENDATIONS: Foods and fluids with simple sugars are excellent as part of pre-event meals and snacks between games. Avoid foods that also contain fat, which slows digestion and produces heartburn. Eat foods high in fiber at the training table several hours after the game and during the week of training.

SUMMARY

Fatigue is an athlete's greatest opponent. A growing body of research demonstrates that athletes who maintain a high carbohydrate, low fat diet and drink sports drinks can overcome the fatigue factor and enhance performance.

Dr. Craig Horswill Ph.D., is a Senior Research Scientist in the Gatorade Exercise Physiology Lab in Barrington, Ill.

For more information contact our Web sites:
www.gssiweb.com
www.gatorade.com

GOOD SPORTSMANSHIP FOR ATHLETES AND OTHER HIGH SCHOOL STUDENTS

"Sportsmanship is that quality of honor that desires always to be courteous, fair, and respectful, and it is interpreted in the conduct of players, spectators, coaches, and school authorities." ---Fielding H. Yost

Should set a good example in the matter of sportsmanship and quickly condemn unsportsmanlike conduct on the part of other students or adults.

To this end they should:

- Remember that a student spectator represents his/her school the same as does the athlete.

- Recognize that the good name of the school is more valuable than any game won by unfair play.

- Respond with enthusiasm to the calls of the cheerleader for yells in support of the team, especially when it is losing.

- Learn the rules of the various athletic games so that either as spectators or critics they will be intelligent.

- Accept decisions of officials without question.

- Express disapproval of rough play or poor sportsmanship on the part of players representing the school.

- Express disapproval of any abusive remarks from the side lines.

- Recognize and applaud an exhibition of fine play or good sportsmanship on the part of the visiting team.

- Be considerate of the injured on the visiting team.

- Insist on the courteous treatment of the visiting team as it passes through the streets or visits the local school building, and extend the members every possible courtesy.

- Acquaint the adults of the community and the pupils with the ideals of sportsmanship that are acceptable to the high school.

- Impress upon the community its responsibility for the exercise of self-control and fair play at all athletic contests.

- Advocate that any spectator who continually evidences poor sportsmanship be requested not to attend future contests.

- Insist on fair, courteous, and truthful accounts of athletics contests in local and school papers.

- Be familiar with the state rules of eligibility and support their strict enforcement.

- Encourage the full discussion of fair play, sportsmanship, and school spirit through class work and auditorium programs in order to discover ways by which students and schools can develop and demonstrate good sportsmanship.



CIF Southern Section Publication Order Form

Quantity	Sport	In-Person	Mail	Total
	BADMINTON	\$5.00	\$6.00	
	Rule Book			
	BASEBALL	\$5.00	\$6.00	
	Rule Book			
	Case Book			
	BASKETBALL	\$5.00	\$6.00	
	Rule Book			
	Case Book			
	Illustrated			
	Officials Manual			
	FIELD HOCKEY	\$5.00	\$6.00	
	Rule Book			
	FOOTBALL	\$5.00	\$6.00	
	Rule Book			
	Case Book			
	Illustrated			
	GOLF	\$5.00	\$6.00	
	Rule Book			
	GYMNASTICS	\$5.00	\$6.00	
	Rule Book			
	SOCCER	\$5.00	\$6.00	
	Rule Book			
	SOFTBALL	\$5.00	\$6.00	
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	Case Book			
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MINUTES OF THE EXECUTIVE COMMITTEE MEETING APRIL 14, 1999

The April meeting of the CIF-SS Executive Committee was called to order by President Margie Godfrey at 1:06 p.m. on Wednesday, April 14, 1999 at the CIF-SS Office. All members were present with the exception of Paul Breit, Sharen Caperton, Dr. Jack Clement, Dr. Liza Daniels, Fr. Robert Gallagher, Dr. David Long and Tony Ortega.

1. **ADOPT AGENDA** - It was moved, seconded and passed to adopt the agenda.

2. **MINUTES** - It was moved, seconded and passed to approve the minutes of the February 10, 1999 CIF-SS Executive Committee meeting.

3. **STATE DISTINGUISHED SERVICE AWARD** - Margie Godfrey, President, reviewed the State CIF Distinguished Service Award. Following discussion, a motion to recommend Dean Crowley and Margaret Davis was approved.

4. **COURTESY CARD QUESTION** - Dr. Harold Cebrun, Assistant Commissioner reviewed a proposal regarding regulations pertaining to Courtesy Cards. Following discussion, it was moved, seconded and passed to have a committee review the distribution process of Courtesy Cards for the 1999-2000 school year. Members of the committee are Paul Breit, Terry Speir, Bob Nero and Dr. Harold Cebrun.

5. **1999-2000 CIF-SS MEETING DATES** - Dean Crowley, Commissioner, presented the 1999-2000

proposed CIF-SS meeting dates. Following discussion, a motion to approve the meeting dates was passed.

6. **NEW SCHOOL MEMBERSHIP** - It was moved, seconded and passed to approve the membership of Capistrano Christian (San Juan Capistrano) and Acaciawood School and College Prep Academy (Anaheim) high schools for the 1999-2000 school year on condition they attend an orientation meeting at the CIF-SS Office.

7. **COMMISSIONER'S REPORT** - Dean Crowley reported on the hearing process within the Section, National Federation ball markings for the 1999-2000 season, playoff groupings' appeals and playoff entries' deadline. Additionally, new secretary Jacqueline Stanley was introduced.

8. **ATHLETIC DIRECTORS' REPORT** - Donn Clickard, Boys' Athletic Director Representative, reported on championships awards presentation and a proposed Athletic Directors' Mentor Program.

9. **ACTIVITIES DIRECTORS' REPORT** - Terry Speir, Activities Directors' Representative, reported on pre-sale tickets and playoff ticket pricing.

10. **AREA REPRESENTATIVES REPORT** - Executive Committee Area Representatives discussed alternate sites for playoffs and releguing issues.

11. **MARKETING REPORT** - Danielle Reaves, Sports Marketing Coordinator, reported on playoff

awards, corporate sponsors and the 1999 Academic Team Awards to be held on April 28, 1999, at Edison Field in Anaheim.

12. **STATE COMPETITIVE EQUITY REPORT** - Dr. Gary Smidderks reported on the progress of the State Competitive Equity Committee.

13. **SOUTHERN SECTION ARTICLE 3 TASK FORCE** - Margie Godfrey reported on the progress of the Article 3 Task Force. Following discussion, a motion to allow an emergency authorization expenditure of up to \$35,000 from reserves for software and equipment to assist the task force with the information gathering and mapping project.

14. **COMMISSIONERS' OPENING UPDATE** - Margie Godfrey reported on the selection process for the new Southern Section Commissioner. There being no further business to come before the Committee, the meeting was adjourned at 4:06 p.m.

Submitted By:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved By:

DEAN CROWLEY
COMMISSIONER OF ATHLETICS

MINUTES OF THE EXECUTIVE COMMITTEE MEETING June 2, 1999

The June meeting of the CIF-SS Executive Committee was called to order by President Margie Godfrey at 1:31 p.m. on Wednesday, June 2, 1999, at the CIF-SS Office. All members were present with the exception of Fr. Robert Gallagher and Bob Nero.

1. **ADOPT AGENDA** - It was moved, seconded and passed to adopt the agenda.

2. **MINUTES** - It was moved, seconded and passed to approve the minutes of the April 14, 1999, CIF-SS Executive Committee meeting.

3. **CHANNEL LEAGUE PLAYOFF REQUEST** - Dean Crowley, Commissioner, reviewed a request from the Channel League to allow league playoff contests on Saturday to determine entry into CIF playoffs. Following discussion, a motion to sustain the office position of extending the playoff entry deadline to 12:00 noon on Saturday due to special circumstances was approved.

4. **MONROVIA FOOTBALL ISSUE** - Bill Clark, Assistant Commissioner, reviewed the report from the Monrovia High School principal regarding

football playoff concerns. Following discussion, a motion to accept the report was approved.

5. **NEW SCHOOL MEMBERSHIP** - It was moved, seconded and passed to approve membership of Desert Chapel High School (Palm Springs), Netan Eli High School (Los Angeles), Oxford Academy (Cypress) and South Bay High School (Torrance) for the 1999-2000 school year on condition they attend an orientation meeting in the CIF-SS Office.

6. **COMMISSIONER'S REPORT** - Dean Crowley, reviewed spring championships, Fox TV football game, and the summer Executive Committee workshop.

7. **TREASURER'S REPORT** - Dr. Jack Clement, Treasurer, reported on the winter sports income, the July audit and the status of spring sports.

8. **PERSONNEL SESSION** - The Executive Committee went to closed session at 2:20 p.m. to discuss personnel issues. At 5:30 p.m. the Committee reconvened and returned to the agenda.

9. **REPORT OF CLOSED SESSION** - It was the decision of the Executive Committee, by unani-

mous vote, to reopen the search for a new Commissioner and employ an Executive Search Firm to increase the pool of qualified candidates. The Search Committee has been empowered to employee said firm at a cost not to exceed \$10,000. The Executive Committee will conduct interviews of the three final candidates that were recommended by the initial screening committee and interview panels, as well as any additional qualified persons identified during the extended search process.

There being no further business the meeting was adjourned at 5:35 p.m.

Submitted By:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved By:

DEAN CROWLEY
COMMISSIONER OF ATHLETICS

LONG BEACH POLY AND SANTA MARGARITA CLAIM TITLES IN EIGHTH ANNUAL CAVALCADE OF CHAMPIONS

The CIF Southern Section is please to announce the top ten boys and girls athletic programs in the Eighth Annual Cavalcade of Champions.

On the boy's side, Long Beach Poly took top honors scoring 21 points on the strength of championships in cross-country, soccer and track. The Jackrabbits also claimed runner-up finishes in football and basketball. There was a three-way tie for second with Hart, Corona del Mar and Servite all finishing with 16 points. Hart claimed titles in football and baseball, Corona del Mar took home firsts in baseball and tennis, and Servite had a title in water polo. Rounding out the top three was Woodbridge and Harvard/Westlake, who both finished with 13 points. Woodbridge scored their points based on championships in football and soccer and a finals appearance in tennis. Harvard/Westlake claimed one title in tennis and had finals appearances in football and water polo. Long Beach Poly's claim of the Cavalcade Championship knocked

Santa Margarita out of the top-spot for the first time in four years. The Eagles finished with 10 points.

Santa Margarita took the girls title for 1998-99. The Eagles scored 18 points, winning CIF-SS titles in volleyball, tennis, and soccer. Additionally, Santa Margarita's basketball team took third place in CIF-SS team action. Second place went to Harvard/Westlake with 16 points. The Wolverines won a championship in volleyball. Harvard/Westlake was also runner-up in basketball. There was a three-way tie for the No. 3 spot as Rosary, University and Irvine all finished with 15 points. Rosary scored their points by winning CIF-SS crowns in water polo and basketball. University took home a title in golf while Irvine cross-country and swimming teams finished with CIF-SS titles.

The CIF-SS developed this recognition program based upon comprehensive excellence in interscholastic competition. The

purpose of this program is to enhance the spirit of competition, sportsmanship, and goodwill among the student athletes and member schools.

The winners are determined by a point system that provides: five points for a divisional championship; three points for a divisional runner-up finish; two points for advancing to the semifinal round or a third place finish in a team place-finish sport (i.e. cross country, golf, swimming and diving, and track and field); and one point for a fourth place finish in a team place-finish sport. In cases where a tie occurs for 1st and 10th place, total team-sport playoff appearances will be used to determine the top ten schools.

"Congratulations to these fine schools for outstanding performances," says Dean Crowley, CIF-SS Commissioner of Athletics. "They are to be proud of the accomplishments of their entire athletic programs."

CIF-SS 1998-99 CAVALCADE OF CHAMPIONS

(Sport Abbreviations: BB - Baseball; BD - Badminton; BK - Basketball; CC - Cross Country; FB - Football; G - Golf; S - Soccer; SB - Softball; SD - Swimming/Diving; T - Tennis; TF - Track/Field; VB - Volleyball; WP - Water Polo; W - Wrestling)

BOYS-SPORT HONOREES

SCHOOL	POINT ACCUMULATION	T.P.
Long Beach Poly	5 (CC), 5 (S), 5 (TF), 3 (FB), 3 (BK)	21
Hart	5 (FB), 5 (BB), 3 (G), 3 (SD)	16
Corona del Mar	5 (BB), 5 (T), 3 (BK), 3 (VB)	16
Servite	5 (WP), 2 (FB), 2 (S), 2 (TF), 2 (T), 2 (VB), 1 (G)	16
Woodbridge	5 (FB), 5 (S), 3 (T)	13
Harvard/Westlake	5 (T), 3 (FB), 3 (WP), 2 (BK)	13
Carpinteria	5 (TF), 4 (S), 3 (FB)	12
Mater Dei	5 (FB), 5 (BK), 2 (BB)	12
San Marcos	5 (VB), 5 (G), 2 (T)	12
South Hills	5 (S), 3 (CC), 2 (TF), 2 (BB)	12

GIRLS-SPORT HONOREES

SCHOOL	POINT ACCUMULATION	T.P.
Santa Margarita	5 (VB), 5 (S), 5 (TF), 2 (BK), 1 (CC)	18
Harvard/Westlake	5 (VB), 3 (BK), 2 (G), 2 (TF), 2 (WP), 2 (S)	16
Rosary	5 (BK), 5 (WP), 3 (G), 2 (SB)	15
University	5 (G), 3 (WP), 3 (TF), 3 (SD), 1 (CC)	15
Irvine	5 (CC), 5 (SD), 3 (WP), 2 (VB)	15
Peninsula	5 (TF), 5 (BK), 2 (WP), 2 (SD)	14
Calvary Chp/SA	5 (BK), 3 (VB), 3 (SB), 2 (S)	13
Laguna Hills	5 (TF), 5 (SD), 2 (S)	12
Chadwick	5 (CC), 5 (BK), 1 (TF)	11
Chaminade	5 (SB), 4 (S), 2 (TF)	11

MINUTES OF THE EXECUTIVE COMMITTEE MEETING Special Meeting - June 26, 1999

A special meeting of the CIF Southern Section Executive Committee was called to order at 9:35 a.m. on Saturday, June 26, 1999 in the CIF Southern Section Office Conference Room by President, Margie Godfrey. Members present were Susana Arce, Sharen Caperton, Dr. Jack Clement, Dr. Tom Davis, Fr. Robert Gallagher, Margie Godfrey, Dr. Ken Gunn, Scott Sandie, Dr. Liza Scruggs, Dr. Gary Smidderks.

President Godfrey introduced Mr. Rudy Gatti, consultant for the purpose of assisting in the selection of a Commissioner of Athletics.

At 9:40 a.m. the committee adjourned to closed session for the purpose of discussing personnel matters.

At 4:25 p.m. the committee reconvened to open session. It was moved, seconded and passed unanimously to authorize Mr.

Gatti to commence negotiations with two finalists with the CIF-SS Office announcing the new Commissioner upon completion of said negotiations.

There being no further business to come before the committee the meeting was adjourned at 4:30 p.m.

Submitted by:

Margie Godfrey
CIF Southern Section President

GOLD LIFE PASS AWARDS WINNERS HONORED

The California Interscholastic Federation, Southern Section honored six longtime contributors to the cause of high school athletics and CIF-SS activities with the prestigious Gold Life Pass Awards at the April 29 Council Meeting in Buena Park.

The Gold Life Pass Award, emblematic of the highest service honor the organization can bestow upon an individual, celebrated its 47th year this spring. The award was initiated in 1952, with the first presentation going to Seth Van Patten, generally regarded as the "Father of the CIF Southern Section" and its first Commissioner of Athletics (1930-50). Including the six recipients awarded this year, a total of 173 Life Pass Awards have been presented.

Biographical sketches of the 1999 honorees, Frank Cano, Dr. Tom Jacobsen, Scott McTaggart, Bob Stand, Dr. Tom Triggs and Vicki Toutz are as follows:

FRANK CANO

Frank Cano was the long time Principal from Alhambra High School. A former teacher, Cano became principal at Alhambra in 1976. Cano stayed at the school for the next 17 years, retiring in 1993. He joined the CIF Southern Section Executive Committee in 1988 and served until 1994. Cano also presided as the re-leaguage committee chairman from 1981-87 and was the Pacific League Representative to the CIF-SS from 1978-80. He also served on the CIF-SS Playoff Committee. Cano was an educator for 39 years, teaching at both the high school and junior high levels. His administrative tenure included assignments as assistant principal for guidance followed by a stint as an assistant principal for business and activities. Cano was a 1959 graduate of California State University, Los Angeles and went on to earn a masters in 1970 at the University of Southern California.

DR. TOM JACOBSEN

Dr. Tom Jacobsen spent almost his entire professional career involved with Orange County high school athletics. Jacobsen started his teaching and coaching career at Glendora High School where he was basketball and baseball coach from 1960-64. He moved on to do the same job at Corona del Mar from 1964-71 as well as serving as a counselor. He was named Assistant Principal at Costa Mesa High School in 1971 and moved on to become Principal at Newport Harbor High School in 1976. Jacobsen was elected to the CIF-SS Executive Committee in 1988 and served as President of the Council from 1990-92. Currently he is serving as Assistant Superintendent for the Newport-Mesa Unified School District.

SCOTT MCTAGGERT

Scott "Scotty" McTaggart served as principal for several Garden Grove District high schools. He spent several years as both an

educator in the classroom and on the field of play. He retired as an Assistant Superintendent in the Garden Grove School District. McTaggart also served as Nominating Committee Chairman for the CIF Southern Section for several years.

BOB STAND

Bob Stand served as teacher, athletic director and coach at San Gabriel High School from 1963 until 1988. Stand retired from his position as A.D. in 1998. Stand started his coaching career as varsity boys basketball coach from 1963 to 1978 where his teams won a record 53 consecutive home games. In 1981, Stand took over the girls program and claimed a record 80 consecutive Almont League victories. Stand left as head coach in 1988. In all, Stand's teams won 463 games and 14 league titles from 1963 to 1988. Stand served a member of the Southern California Basketball Coaches Association and as a member of the National Association of Basketball Coaches for 20 years. Stand was a 1962 graduate of California State University, Los Angeles and went on to earn a masters in 1980 at Azusa Pacific University.

DR. TOM TRIGGS

Triggs joined the CIF Southern Section Executive Committee in 1988 while Principal at La Habra High School. He held that position from 1980 until his retirement in 1998. Triggs started his educational career as a mathematics instructor and department chairman at La Habra in 1962. He also served as varsity tennis coach during his early years at the school. In 1968, he moved into administration as an assistant principal at Sonora High School, followed by a three-year stint at Lowell High School (1977-80). Triggs earned both his bachelors and masters degrees from Whittier College. Triggs replaced Dr. Tom Jacobsen on the committee as the Orange County-area Representative in 1988. Triggs was named President of the Council in 1996 where he served two terms in that office.

VICKI TOUTZ

Toutz worked closely with Margaret Davis, past CIF-SS Assistant Commissioner, during the early days of the girls program in the CIF structure. It was Toutz, along with Davis, who saw clearly the need for girls sports expansion. She was instrumental in expanding the sport of badminton for both girls and boys. Toutz, as coach at Garden Grove High School, helped bring about Coed Badminton to play along side the traditional boys and girls teams. Toutz has continued her work with badminton, serving as a member of the badminton committee until her retirement this year.



1999 CIF SOUTHERN SECTION BOYS TRACK & FIELD CHAMPIONS

EVENT	DIVISION I	DIVISION II	DIVISION III	DIVISION IV
100 Meters	Darrell Rideaux Long Beach Poly 10.49	Claude Melvin Brea Olinda 10.70	Warren Rogers Serra 10.42	Marshall Johnson Notre Dame/R 10.71
200 Meters	Michael Mitchell Paramount 20.98	Claude Melvin Brea Olinda 21.40	Warren Rogers Serra 20.88	Marshall Johnson Notre Dame/R 21.41
400 Meters	Michael Mitchell Paramount 47.18	Clark Goodwin Ventura 49.14	Mike Watson Serra 49.27	Derek Johnson Notre Dame/R 48.49
800 Meters	Chris Burns Ontario 1:53.72	Antonio Lozano Mark Keppel 1:56.03	Jonathan Rymsza Chaminade 1:58.07	Ben Scott Carpinteria 1:56.46
1600 Meters	James DeBruhl Chino 4:13.14	Josh Spiker Ventura 4:12.92	Bruce Hancock Costa Mesa 4:19.91	Mike Lemon Nordhoff 4:22.04
3200 Meters	Oswaldo Pina Lakewood 9:06.97	Augie Escobar Villa Park 9:03.64	Jesse Hodges South Hills 9:32.86	Tom Kubler Viewpoint 9:25.03
110 Meter HH	Terry Jenkins Muir 14.35	Ahmad Wright Kennedy 14.58	Marcell Allmond St. Paul 13.79	John Barbieri Carpinteria 14.65
300 Meter IH	Jeremy Johnson Long Beach Poly 38.09	Simeon Rogers Victor Valley 37.25	Marcell Allmond St. Paul 37.89	John Barbieri Carpinteria 38.92
400 Meter Relay	Long Beach Poly 40.43	Brea Olinda 42.22	Serra 41.62	Notre Dame/R 43.15
1600 Meter Relay	Long Beach Poly 3:15.89	Servite 3:19.82	Serra 3:21.97	Notre Dame/R 3:22.02
High Jump	Preston Norman Rancho Verde 6-8	Jeremy Richards Righetti 6-8	Marcell Allmond St. Paul 6-8	Josh Levy Campbell Hall 6-4
Long Jump	Richard Polidore Chino 23-3	Oliver Jackson Royal 24-2.5	Tony Allmond St. Paul 23-6.25	Carlos Lizarraga Cathedral 22-0
Triple Jump	Roger Nunn Gahr 46-8.75	Joe Thomas Buena Park 46-2	Jacob Montgomery Cabrillo 47-5.25	Derrick Dancer Marshall 45-0.5
Shot Put	Sam Lightbody Huntington Beach 59-0	Will Svitek Newbury Park 57-6	Travis Johnson Notre Dame/SO 57-2.5	Steve Holland Whittier Chr. 49-4.75
Discus Throw	Travis Pendleton Esperanza 183-7	Joe Weber Pacific 180-0	Derrel Barnett Leuzinger 176-11	Vili Morton Twentynine Palm 163-0
Pole Vault	Jeff Ryan Huntington Beach 15-6	Pat Luke Santa Margarita 14-6	Sam Boswell Covina 15-6	Troy Becker Malibu 15-0

FINAL TEAM STANDINGS

PLACE	DIVISION I	DIVISION II	DIVISION III	DIVISION IV
1	Long Beach Poly - 92	Ventura - 49	Serra - 69	Carpinteria - 66
2	Chino - 41	Brea Olinda - 32	St. Paul - 40	Notre Dame/R - 58
3	Paramount - 33	Servite - 31	South Hills - 31	Cathedral - 44

J.W. NORTH CLAIMS 1999 GIRLS CIF STATE TRACK AND FIELD CHAMPIONSHIPS

J.W. North claimed the school's first-ever title at the Girl's CIF State Track and Field Championships, held on June 4 & 5 at Hughes Stadium on the campus of Sacramento City College. The Huskies edged perennial CIF-SS power, Long Beach Wilson, to claim the title.

The Huskies girls team piled-up 42 points to Wilson's 37.

On the boy's side, the Southern Section enjoyed tremendous success claiming championships in two events but, they came up short as Vallejo of the San Joaquin Section took the 1999 team trophy home. The Jackrabbits fell short by a mere three points (35-

32) as Vallejo finished in the Top 5 in five events including a win in the 4X100 Meter Relay after Poly had been disqualified for false starts. The Jackrabbits were favored in the event.

Another highlight was the one-two finish of two Long Beach schools in the girl's 4X400 Meter Relay as Wilson (3:39.01) and Poly (3:44.78) outpaced the competition. Poly finished sixth overall in team competition. The CIF-SS also had individual event winners on the girls side in the 3,200 Meter (Lauren Fleshman, Canyon/CC - 10:18.81), the 100 Meter Hurdles (Nicole Denby, J.W. North - 13.42), and the 300 Meter Hurdles (Lashinda Demus, Long Beach Wilson - 40.44).

CIF SOUTHERN SECTION GIRLS 1999 TRACK & FIELD CHAMPIONS

EVENT	DIVISION I	DIVISION II	DIVISION III	DIVISION IV
100 Meters	Latrice Borders Long Beach Wilson 11.88	Crystal Davis Santa Ana Valley 12.25	Sierra Hauser-Price Notre Dame/SO 11.90	Deanna Salvaryn Marymount 12.17
200 Meters	Latrice Borders Long Beach Wilson 23.54	Meryl Stone Woodbridge 24.67	Sierra Hauser-Price Notre Dame/SO 24.16	Deanna Salvaryn Marymount 24.94
400 Meters	Nakiya Johnson Ayala 53.02	Raven Hebert Santa Ana Valley 57.24	Marissa Whaley Paso Robles 56.97	Daniella Russell La Salle 58.14
800 Meters	Kim Gildersleeve Long Beach Wilson 2:11.66	Lauren Fleshman Canyon/CC 2:11.05	Ashley Furst Laguna Hills 2:16.90	Gina Clayton La Salle 2:22.28
1600 Meters	Anita Siraki Hoover 4:55.75	Lauren Fleshman Canyon/CC 5:00.30	Jessica Howard University 5:02.80	Kristin Kohoon Chadwick 5:07.48
3200 Meters	Anita Siraki Hoover 10:55.34	Lauren Fleshman Canyon/CC 10:55.69	Allyson Marquand University 10:56.21	Courtney Daniels Notre Dame Aca. 11:22.22
100 Meter HH	Nichole Denby J.W. North 14.08	Amanda Shanklin Santa Margarita 14.67	Becky Rauth Harvard-Westlake 14.78	Rita Forte Vivian Webb 14.66
300 Meter LH	Lashinda Demus Long Beach Wilson 41.44	UNK	Becky Rauth Harvard-Westlake 43.85	Natalia Nash Pasadena Poly 45.14
400 Meter Relay	Long Beach Poly 46.46	Santa Ana Valley 48.34	Cerritos 48.64	Pasadena Poly 49.36
1600 Meter Relay	Long Beach Poly 3:46.06	Woodbridge 3:56.48	Paso Robles 4:00.57	Pasadena Poly 3:58.71
High Jump	Rachael Ziemann Edison 5-8	Erica Menzel San Marcos 5-6	Jamie Kindschuh Chaparral 5-4	Michelle Mahlke Marymount 5-6
Long Jump	Porchea Carroll Rio Mesa 19-2	Crystal Simmons Barstow 18-3	Lakiste Barkus Cerritos 18-6.5	Lauren Gibbs Westridge 17-11.75
Triple Jump	Blessing Ufodiana Long Beach Poly 40-5.25	Tynisia Edwards Foothill 38-5.75	Lisa Smith La Mirada 37-6.75	Michelle Mahlke Marymount 36-9.75
Shot Put	L'Orangerie Crawford Santa Monica 42-7	Karen Freberg Arroyo Grande 46-1.25	Laura Tave Rosemead 41-8	Brandi Charles La Salle 39-10.5
Discus Throw	Cari Soong J.W. North 147-10	Amanda Andrews Arroyo Grande 143-8	Sheni Russell Ramona 139-8	Donielle Colich Chadwick 127-11
Pole Vault	Bridgett Pearson Hoover 12-0	Kara Stein San Luis Obispo	Debbie Samson Mayfair 12-0	Julie Rosso Marymount 10-0

FINAL TEAM STANDINGS

PLACE	DIVISION I	DIVISION II	DIVISION III	DIVISION IV
1	Long Beach Wilson - 72	Santa Margarita - 59	Atascadero - 48	(T) Marymount - 74
2	J.W. North - 68	Woodbridge - 44	University - 37	(T) Pasadena Poly - 74
3	Long Beach Poly - 62	Santa Ana Valley - 38	Paso Robles - 33	La Salle - 57

Poly's boys team finished second due to the strong efforts of Kareem Kelly. Kelly was a double-winner in the 100 (10.47) and 200 Meter (20.76) races. Kelly edged out teammate and event favorite, Darrell Rideaux in the 100 M (10.49).

Event champions on the boys side included Brandon Shaw of Rancho Verde in the 800m (1:53.98), Josh Spiker of Ventura in the 3,200 m (9:02.00), and repeat state champ, Marcell Allmond of St. Paul, in the 110m HH (13.54).



1999 CIF SOUTHERN SECTION BASEBALL PLAYOFF RESULTS

DIVISION I

Wild Card Round: El Toro 2, Aliso Niguel 1; Palmdale 13, Hoover 3; San Geronio 8, Centennial/Corona 5; Rialto 6, Upland 1; St. John Bosco 11, Oxnard 8; Notre Dame/Sherman Oaks 2, Arroyo Grande 1; Downey 10, Rowland 4; Fontana 10, Montclair 1; Glendora 11, Quartz Hill 1; Diamond Bar 10, Lakewood 5; San Clemente 4, Esperanza 2; Millikan 12, Hawthorne 2; Warren 5, Arcadia 4; San Gabriel 4, Alta Loma 1.

First Round: El Toro 18, Servite 17; Bell Gardens 10, Palmdale 3; Temecula Valley 6, San Geronio 4; Rialto 5, Ontario 4; Long Beach Wilson 4, St. John Bosco 0; Thousand Oaks 4, Notre Dame/Sherman Oaks 3; Los Alamitos 7, Irvine 4; Downey 2, Crescenta Valley 1; Yucaipa 5, Fontana 4; Mater Dei 5, Glendora 3; Bishop Amat 15, Diamond Bar 5; Miller 12, Murrieta Valley 2; San Clemente 7, Crespi 3; Millikan 7, Adolfo Camarillo 1; Highland 21, Warren 3; Arlington 7, San Gabriel 5.

Second Round: El Toro 5, Bell Gardens 0; Rialto 10, Temecula Valley 5; Long Beach Wilson 10, Thousand Oaks 2; Los Alamitos 9, Downey 3; Mater Dei 5, Yucaipa 4; Miller 6, Bishop Amat 1; San Clemente 3, Millikan 2; Arlington 12, Highland 8.

Quarterfinals: Rialto 13, El Toro 1; Long Beach Wilson 14, Los Alamitos 4; Mater Dei 7, Miller 1; Arlington 8, San Clemente 2.

Semifinals: Long Beach Wilson 8, Rialto 3; Arlington 3, Mater Dei 2.

Final: Arlington 4, Long Beach Wilson 3.

DIVISION II

First Round: Damien 8, Mark Keppel 3; Canyon/Canyon Country 4, San Marcos 0; Riverside Poly 9, Cajon 3; Katella 10, Sultana 6; Righetti 7, Ventura 1; La Mirada 12, Corona 0; Cypress 4, University 3; Pacific 5, California 2; Gahr 3, La Serna 2; Jurupa Valley 4, J.W. North 2; Edison 4, Villa Park 2; Don Lugo 8, Silverado 1; Royal 9, El Rancho 5; Sunny Hills 6, Mira Costa 2; Santa Barbara 6, Rio Mesa 1; Hart 13, Arroyo 3.

Second Round: Damien 6, Canyon/Canyon Country 4; Riverside Poly 5, Katella 0; Righetti 11, La Mirada 0; Pacific 15, Cypress 5; Gahr 7, Jurupa Valley 3; Don Lugo 4, Edison 3; Royal 9, Sunny Hills 8; Hart 10, Santa Barbara 3.

Quarterfinals: Riverside Poly 14, Damien 7; Righetti 10, Pacific 8; Don Lugo 9, Gahr 4; Hart 8, Royal 4.

Semifinals: Righetti 8, Riverside Poly 5; Hart 16, Don Lugo 0 (5 innings).

Final: Hart 10, Righetti 9.

DIVISION III

Wild Card Round: Magnolia 8, Artesia 5; Sonora 5, Garden Grove 0; Westlake 11, Burroughs/Burbank 5; Temescal Canyon 8, Paloma Valley 0; Bonita 10, West Torrance 7; Southwest 5, Cathedral City 4; Garey 9, Canyon/Anaheim 4.

First Round: El Dorado 11, Magnolia 1; Notre Vista 3, Don Bosco Tech 1; Hesperia 4, La Quinta/La Quinta 3; Paso Robles 5, South Torrance 4;

Torrance 12, Sonora 2; Mountain View 8, Charter Oak 2; Norwalk 7, Valencia/Placentia 3; Calabasas 11, Westlake 4; Palm Desert 12, Temescal Canyon 4; Los Altos 13, Bonita 3; Foothill 9, Rim of the World 0; Hemet 7, Southwest 6; La Habra 4, Tustin 0; Culver City 10, Garey 0; San Luis Obispo 18, Atascadero 6; Trabuco Hills 4, Pacifica 3.

Second Round: El Dorado 8, Norte Vista 3; Hesperia 3, Paso Robles 1; Mountain View 1, Torrance 0; Norwalk 4, Calabasas 1; Los Altos 14, Palm Desert 8; Hemet 6, Foothill 4; La Habra 9, Culver City 7; San Luis Obispo 2, Trabuco Hills 0.

Quarterfinals: El Dorado 10, Hesperia 0; Norwalk 4, Mountain View 1; Hemet 5, Los Altos 4; La Habra 6, San Luis Obispo 5.

1999 CIF SOUTHERN SECTION BASEBALL CHAMPIONS

DIVISION I
Arlington

DIVISION II
Hart

DIVISION III
El Dorado

DIVISION IV
Corona del Mar

DIVISION V
Calvary Chapel/Santa Ana

DIVISION VI
Grace Brethren

Semifinals: El Dorado 12, Norwalk 2; Hemet 2, La Habra 1.

Final: El Dorado 10, Hemet 3.

DIVISION IV

First Round: La Quinta/Westminster 8, Bassett 2; La Canada 12, Bishop Union 3; Gladstone 6, Valley Christian/Cerritos 2; La Salle 3, Ocean View 2; Chaminade 13, Monrovia 5; Nordhoff 10, Fillmore 6; San Dimas 8, Brawley 2; Corona del Mar 8, St. Paul 4; El Segundo 4, Santa Ynez 3; Central Union 3, Yucca Valley 1; Costa Mesa 5, Duarte 1; Lompoc 10, Oak Park 8; Western 4, Gabriellino 0; Paraclete 6, South Pasadena 2; Chaparral 22, Big Bear 5; South Hills 8, Salesian 1.

Second Round: La Quinta/Westminster 7, La Canada 5; Gladstone 8, La Salle 1; Chaminade 8, Nordhoff 7; Corona del Mar 13, San Dimas 9; El

Segundo 8, Central Union 2; Costa Mesa 9, Lompoc 7; Paraclete 4, Western 1; South Hills 13, Chaparral 5.

Quarterfinals: La Quinta/Westminster 12, Gladstone 2; Corona del Mar 10, Chaminade 9; El Segundo 11, Costa Mesa 3; South Hills 14, Paraclete 7.

Semifinals: Corona del Mar 12, La Quinta/Westminster 1; El Segundo 10, South Hills 6.

Final: Corona del Mar 9, El Segundo 8.

DIVISION V

Wild Card Round: Flintridge Prep 9, Providence 8; St. Monica 5, Campbell Hall 4; St. Bonaventure 6, Malibu 5; Whittier Christian 14, St. Margaret's 4; Boron 2, Desert 1; Aquinas 7, Hamilton 1.

First Round: Calvary Chapel/Santa Ana 13, Flintridge Prep 0; Rosamond 1, Mammoth 0; Woodcrest Christian 4, Capistrano Valley Christian 1; St. Monica 5, Faith Baptist 0; Kilpatrick 10, Windward 3; Pasadena Poly 17, Loma Linda Academy 2; St. Bonaventure 13, Cate 2; Brentwood 3, Whittier Christian 0; Arrowhead Christian 11, Boron 4; Mary Star 8, St. Anthony 7; Los Angeles Baptist 12, Viewpoint 0; Crossroads 13, Thacher 1; Linfield 16, Notre Dame/Riverside 7; Boys' Republic 5, Los Pinos 3; Calvary Chapel/Downey 4, Milken Community 1; Desert Christian/Lancaster 7, Aquinas 6.

Second Round: Calvary Chapel/Santa Ana 17, Rosamond 0; St. Monica 7, Woodcrest Christian 6; Kilpatrick 16, Pasadena Poly 6; St. Bonaventure 6, Brentwood 5; Arrowhead Christian 7, Mary Star 3; Los Angeles Baptist 8, Crossroads 3; Linfield 12, Boys' Republic 5; Desert Christian/Lancaster 17, Calvary Chapel/Downey 7.

Quarterfinals: Calvary Chapel/Santa Ana 7, St. Monica 1; St. Bonaventure 7, Kilpatrick 3; Los Angeles Baptist 7, Arrowhead Christian 6; Desert Christian/Lancaster 8, Linfield 5.

Semifinals: Calvary Chapel/Santa Ana 10, St. Bonaventure 0; Los Angeles Baptist 11, Desert Christian/Lancaster 5.

Final: Calvary Chapel/Santa Ana 12, Los Angeles Baptist 0.

DIVISION VI

First Round: Grace Brethren, Bye; Heritage Christian 6, Apple Valley Christian 5; Rolling Hills Prep 13, Highland Hall 3; Cornerstone Christian 17, Shandon 3; Bloomington Christian, Bye; Valley Christian/Santa Maria 12, Midland 2; Lutheran/Los Angeles 5, Delphi Academy 1; Calvary Chapel/Murrieta, Bye; Rio Hondo Prep, Bye; North County Christian 10, First Lutheran 2; Christian Center Academy 11, Desert Christian/Bermuda Dunes 0; Owens Valley, Bye; Pioneer Baptist, Bye; Baptist Christian/Hemet 15, Twin Pines 3; Victor Valley Christian 5, California Lutheran 2; LaVerne Lutheran, Bye.

Second Round: Grace Brethren 14, Heritage Christian 0; Cornerstone Christian 5, Rolling Hills Prep 0; Bloomington Christian 16, Valley Christian/Santa Maria 9; Calvary Chapel/Murrieta 10, Lutheran/Los Angeles 0; Rio Hondo Prep 12, See **BASEBALL** page 23.

1999 CIF SOUTHERN SECTION SOFTBALL PLAYOFF RESULTS

DIVISION I

Wild Card Round: Glendora 3, Etiwanda 0; Long Beach Poly 10, Hawthorne 3; Miller 7, Apple Valley 0; San Clemente 2, El Toro 0; Warren 4, Millikan 0; Colton 4, Eisenhower 0; Highland 2, Valencia/Valencia 0; Dana Hills 4, Los Alamitos 2; Arcadia 5, San Gabriel 1; Chino 2, Ayala 1; Downey 3, Hoover 0.

First Round: Quartz Hill 3, Glendora 1 (19 innings); Thousand Oaks 3, Long Beach Poly 0; Miller 9, Schurr 1; San Clemente 1, Peninsula 0 (8 innings); Mater Dei 1, Warren 0; Crescenta Valley 2, Colton 0; Adolfo Camarillo 1; Arroyo Grande 0; Diamond Bar 3, Temecula Valley 0; Highland 1, Rancho Cucamonga 0; Canyon Springs 3, Coachella Valley 0; Lakewood 3, Dana Hills 2; Fountain Valley 4, Westminster 0; Valley View 1, Arcadia 0; Chino 2, Yucaipa 1; Fontana 5, Downey 0; Foothill 4, Aliso Niguel 0.

Second Round: Thousand Oaks 6, Quartz Hill 3; Miller 3, San Clemente 2 (21 innings); Mater Dei 1, Crescenta Valley 0 (12 innings); Adolfo Camarillo 2, Diamond Bar 0; Canyon Springs 2, Highland 0; Fountain Valley 5, Lakewood 0; Valley View 4, Chino 0; Foothill 1, Fontana 0.

Quarterfinals: Thousand Oaks 1, Miller 0; Mater Dei 1, Adolfo Camarillo 0; Fountain Valley 1, Canyon Springs 0 (13 innings); Valley View 2, Foothill 0.

Semifinals: Mater Dei 4, Thousand Oaks 0; Valley View 2, Fountain Valley 0.

Final: Valley View 5, Mater Dei 0.

DIVISION II

First Round: El Dorado 2, Cajon 1 (13 innings); Moreno Valley 7, Don Lugo 2; Saugus 2, Lancaster 0; La Serna 3, La Mirada 0; Marina 5, Loara 0; Mira Costa 9, Buena 0; Gahr 6, Montebello 0; Woodbridge 5, Jurupa Valley 1; Corona 3, Indio 0; Riverside Poly 9, Silverado 0; Hueneme 4, Arroyo 0; Kennedy 1, Troy 0; California 2, Rubidoux 1; Hart 6, Santa Barbara 2; Righetti 4, Rio Mesa 0; Cerritos 6, Santa Fe 0.

Second Round: Moreno Valley 2, El Dorado 1 (8 innings); Saugus 3, La Serna 0; Marina 3, Mira Costa 0; Woodbridge 1, Gahr 0; Corona 1, Riverside Poly 0 (9 innings); Kennedy 5, Hueneme 0; Hart 1, California 0; Cerritos 7, Righetti 0.

Quarterfinals: Moreno Valley 5, Saugus 0; Woodbridge 11, Marina 6; Corona 1, Kennedy 0 (8 innings); Cerritos 5, Hart 2.

Semifinals: Moreno Valley 7, Woodbridge 2; Cerritos 1, Corona 0.

Final: Cerritos 2, Moreno Valley 0.

DIVISION III

Wild Card Round: Santa Margarita 3, El Modena 1.

First Round: Pacifica 11, St. Joseph/Lakewood 2; Canyon/Anaheim 5, La Habra 3; Rancho Verde 7, Southwest 2; Santiago/Corona 2, Elsinore 1; Valencia/Placentia 2, Wilson/Hacienda Heights 0; Calabasas 1, Westlake 0; Dos Pueblos 6, Atascadero 4; Newbury Park 12, Culver City 0; Bishop Amat 6, Hemet 0; St. Lucy's 5, La Puente 0; Redondo Union 7, South Torrance 6 (8 innings); Sonora 4, Laguna Hills 1; Brea Olinda 1, Garden Grove 0; Palm Desert 8, Perris 0; Bonita 11, Rosemead 2; Santa Margarita 2,

Charter Oak 1.

Second Round: Pacifica 4, Canyon/Anaheim 0; Santiago/Corona 6, Rancho Verde 3; Valencia/Placentia 2, Calabasas 1 (11 innings); Newbury Park 3, Dos Pueblos 1; Bishop Amat 5, St. Lucy's 1; Sonora 5, Redondo Union 1; Brea Olinda 7, Palm Desert 4; Santa Margarita 3, Bonita 2.

Quarterfinals: Pacifica 6, Santiago/Corona 0; Newbury Park 3, Valencia/Placentia 1; Bishop Amat 7, Sonora 0; Brea Olinda 1, Santa Margarita 0.

Semifinals: Pacifica 1, Newbury Park 0 (10 innings); Brea Olinda 1, Bishop Amat 0.

Final: Pacifica 6, Brea Olinda 0.

DIVISION IV

Wild Card Round: San Marino 10, St. Matthias 3; Estancia 5, Western 4; Central Union 8, Yucca

1999 CIF SOUTHERN SECTION SOFTBALL CHAMPIONS

DIVISION I
Valley View

DIVISION II
Cerritos

DIVISION III
Pacifica

DIVISION IV
Chaminade

DIVISION V
Pomona Catholic

DIVISION VI
Cornerstone Christian

Valley 4 (9 innings); Rancho Alamitos 4, Mayfair 1.

First Round: Chaminade 9, Immaculate Heart 0; San Marino 7, Santa Paula 6; La Salle 6, Sacred Heart of Jesus 0; La Canada 8, South El Monte 2; Harvard-Westlake 4, Oak Park 1; Lompoc 2, Morro Bay 1; Workman 1, Brawley 0; Rosary 5, Estancia 0; South Hills 12, Central Union 0; Azusa 4, San Gabriel Mission 0; Burroughs/Ridgecrest 7, Beaumont 0; Notre Dame/Sherman Oaks 3, South Pasadena 0; Bloomington 13, Chaparral 6; San Dimas 6, Big Bear 1; Ocean View 4, Notre Dame Academy 0; St. Paul 9, Rancho Alamitos 0.

Second Round: Chaminade 5, San Marino 0; La Canada 6, La Salle 4; Harvard-Westlake 1, Lompoc 0; Rosary 10, Workman 1; South Hills 15, Azusa 0; Burroughs/Ridgecrest 2, Notre Dame/Sherman Oaks 1; Bloomington 3, San Dimas 2; St. Paul 7, Ocean View 5.

Quarterfinals: Chaminade 1, La Canada 0; Rosary 2, Harvard-Westlake 0; Burroughs/

Ridgecrest 3, South Hills 2; Bloomington 6, St. Paul 4.

Semifinals: Chaminade 1, Rosary 0; Bloomington 1, Burroughs/Ridgecrest 0.

Final: Chaminade 4, Bloomington 0.

DIVISION V

Wild Card Round: St. Bonaventure 5, Santa Clara 0; Rosamond 15, Desert Christian/Lancaster 4; Montclair Prep 13, Oakwood 0; Diamond Ranch 8, Ontario Christian 5; Western Christian 20, Flintridge Prep 2 (6 innings).

First Round: St. Joseph/Santa Maria 5, St. Bonaventure 0; Los Angeles Baptist 10, Cate 0; Pasadena Poly 11, Rosamond 8; Mary Star 3, Montclair Prep 2; Calvary Chapel/Santa Ana 30, Hamilton 0; Paraclete 4, Providence 0; Mojave 5, Mammoth 0; La Reina 5, Crossroads 1; Pomona Catholic 5, Bishop Union 0; Milken Community 11, Villanova Prep 3; Loma Linda Academy 3, Notre Dame/Riverside 1; Diamond Ranch 3, Arrowhead Christian 0; Whitney 8, Western Christian 1; Calvary Chapel/Downey 12, Alverno 2; Westridge 3, St. Anthony 0 (8 innings); Orange Lutheran 9, St. Margaret's 0.

Second Round: Los Angeles Baptist 4, St. Joseph/Santa Maria 3; Mary Star 3, Pasadena Poly 1; Calvary Chapel/Santa Ana 5, Paraclete 3; La Reina 15, Mojave 3; Pomona Catholic 11, Milken Community 0 (6 innings); Diamond Ranch 16, Loma Linda Academy 0; Whitney 9, Calvary Chapel/Downey 1; Orange Lutheran 5, Westridge 1.

Quarterfinals: Los Angeles Baptist 5, Mary Star 0; Calvary Chapel/Santa Ana 3, La Reina 2; Pomona Catholic 4, Diamond Ranch 2; Orange Lutheran 3, Whitney 0.

Semifinals: Calvary Chapel/Santa Ana 1, Los Angeles Baptist 0; Pomona Catholic 1, Orange Lutheran 0 (8 innings).

Final: Pomona Catholic 2, Calvary Chapel/Santa Ana 0.

DIVISION VI

First Round: Boron, Bye; Grace Brethren 15, LaVerne Lutheran 0 (4 innings); Avalon 6, Southlands Christian 2; Baptist Christian/Hemet 5, Joshua Springs 2; Pioneer Baptist, Bye; Maricopa 15, Highland Hall 3; Desert Christian/Bermuda Dunes 13, California Lutheran 10; Victor Valley Christian, Bye; Cornerstone Christian, Bye; Valley Christian/Santa Maria 11, Faith Baptist 0; Los Angeles Lutheran 7, North County Christian 2; Liberty Christian 15, West Valley Christian 1; Riverside Christian 22, Bloomington Christian 1; Capistrano Valley Christian 10, Calvary Chapel/Murrieta 0; Ambassador Christian 11, Apple Valley Christian 7; Linfield, Bye.

Second Round: Boron 2, Grace Brethren 0; Avalon 5, Baptist Christian/Hemet 3; Pioneer Baptist 2, Maricopa 1; Victor Valley Christian 22, Desert Christian/Bermuda Dunes 0; Cornerstone Christian 6, Valley Christian/Santa Maria 3; Liberty Christian 7, Los Angeles Lutheran 6; Capistrano Valley Christian 6, Riverside Christian 3; Linfield 4, Ambassador Christian 1.

Quarterfinals: Boron 13, Avalon 5; Victor Valley Christian 7, Pioneer Baptist 3; Cornerstone Christian 2, Harvard-Westlake 0; Burroughs/

See **SOFTBALL** page 23.

CIF-SS, DODGERS AND ADOHR FARMS' "SHAKE FOR SPORTSMANSHIP" PROGRAM IN ITS 16TH YEAR

Recognized as perhaps the most positive of all CIF Southern Section awards, the 16th annual "Kenny Fagans Shake for Sportsmanship" awards were presented to representatives of selected member schools at Dodger Stadium on May 19. The award has been named in honor of Kenny Fagans, former Southern Section Commissioner. Once again, the program was able to take place due to the generous co-sponsorship of the Los Angeles Dodgers and Adohr Farms Dairies.

"I wish to commend the Dodgers and Adohr Farms for their efforts in the Shake for Sportsmanship Awards Program," said Dean Crowley, CIF-SS Commissioner of Athletics. "Sportsmanship is one of the most important aspects of interscholastic athletics."

The Kenny Fagans Shake for Sportsmanship program provides recognition for schools singled out by a vote of their peers -- the members of their respective leagues -- for outstanding sportsmanlike conduct throughout the school year.

Each of the winning schools was presented with plaques provided by Adohr Farms in a ceremony prior to the Dodgers-Houston Astros game.

Although each league is free to establish its own criteria for the determination of the winning school, the CIF Southern Section has provided the following suggestions: student body participation; enthusiasm; behavior at home and away games; treatment of opponents; and treatment of officials. Recommendations also call for judg-

ing to be based on the actions of band members, drill teams, pep squads, cheerleaders, student rooting sections, in addition to the competing athletes.

The awards program also includes the CIF Los Angeles City Section, which singled out representative schools of six conferences to receive the award. All told, the program encompasses the athletic programs of over 500 Central and Southern California high schools.

"The CIF Southern Section appreciates being associated with this most outstanding program," added Crowley. "The award-winning schools are to be commended for the direction provided by their administrative and coaching staffs and especially for the positive actions of their student body membership."

CIF-SS, DODGERS AND ADOHR FARMS' 1999 "SHAKE FOR SPORTSMANSHIP" AWARD WINNERS

League	School	League	School	League	School
Academy	Calvary Chapel/D	Golden West	Servite	San Andreas	Colton
Agape	Joshua Springs	Heritage	First Lutheran	San Gabriel Vly.	Warren
Almont	Montebello	High Desert	Desert	Santa Fe	St. Genevieve
Alpha	Los Angeles Baptist	Hi-Lo	Baker	Sea View	Woodbridge
Arrowhead	Sherman Indian	Horizon	Ramona Convent	Sierra	Diamond Bar
Baseline	Don Lugo	Imperial Valley	Calexico	Skyline	Chaparral
Bay	Torrance	Ivy	Moreno Valley	South Coast	Trabuco Hills
Camino Real	Mary Star	Liberty	Holy Martyrs	Suburban	Artesia
Century	Orange	Los Padres	Cabrillo/Lompoc	Sunbelt	Murrieta Valley
Channel	Buena	Marmonte	Thousand Oaks	Sunkist	Bloomington
Christian	Hesperia Christian	Metro	Lake Arrowhead Chr.	Sunset	Marina
Citrus Belt	Rialto	Miramonte	Wilson/H.H.	Sunshine	Notre Dame Acad
Coast Valley	North Cty Chr	Mission	Notre Dame/S.O.	Tri-Valley	Fillmore
Condor	Thacher	Mission Valley	Rosemead	Valle Vista	South Hills
De Anza	Silver Valley	Mojave River	Serrano	Valley	Mesrobian
Del Rio	Santa Fe	Montview	Azusa	Victory	Desert Chr/BD
Delphic	Brentwood	Moore	Jordan	Westside	Hillcrest Chr/G.H.
Desert Mountain	Big Pine	Mt. Baldy	Ontario	Los Angeles City Section Winners	
Desert Valley	Indio	Mountain View	La Sierra	Conference	School
Empire	Century	Northern	Santa Maria	Coastal	Venice
Express	Liberty Christian	Ocean	Culver City	Southern Pacific	Carson
Foothill	Valencia/Valencia	Olympic	Orange Lutheran	Southeastern	South Gate
Freedom	Whitewater	Orange	Anaheim	Northwest Valley	Chatsworth
Freeway	Buena Park	Pacific	Arcadia	Northern	Verdugo Hills
Frontier	Santa Paula	Pacific Coast	Costa Mesa	Magnet	Middle College
Garden Grove	Pacifica	Prep	Flintridge Prep	Valley PAC-8	Poly/Sun Valley
Golden	Lancaster	Rio Hondo	La Canada		

1999 CIF SOUTHERN SECTION BOYS TEAM TENNIS PLAYOFF RESULTS

DIVISION I

Wild Card Round: Rancho Cucamonga 12, Eisenhower 6; Saddleback 11, Alhambra 7; Arroyo Grande 17, Oxnard 1; Santa Monica 14, Valencia/Valencia 4; Glendale 17, Palmdale 1; Irvine 15, Downey 3; Fountain Valley 13, Warren 5; Lakewood 12, Santa Ana 6.

First Round: Los Alamitos 18, Rancho Cucamonga 0; Adolfo Camarillo 11, Quartz Hill 7; Upland 13, Temecula Valley 5; San Geronio 13, Redlands 9; Dana Hills 18, Saddleback 0; Hoover 10, Arroyo Grande 8; Apple Valley 10, Etiwanda 8; Woodbridge 17, Long Beach Wilson 1; Corona del Mar 16, Santa Monica 2; Arcadia 14, Redlands East Valley 4; Diamond Bar 15, Glendale 3; Capistrano Valley 15, San Gabriel 3; Murrieta Valley 13, Canyon Springs 5; Irvine 15, Long Beach Poly 3; Fountain Valley 12, Alta Loma 6; Peninsula 18, Lakewood 0.

Second Round: Los Alamitos 16, Adolfo Camarillo 2; Upland 10, San Geronio 8; Dana Hills 14, Hoover 4; Woodbridge 16, Apple Valley 2; Corona del Mar 16, Arcadia 2; Capistrano Valley 12, Diamond Bar 6; Irvine 12, Murrieta Valley 6; Peninsula 17, Fountain Valley 1.

Quarterfinals: Los Alamitos 13, Upland 5; Woodbridge 10, Dana Hills 8; Corona del Mar 18, Capistrano Valley 0; Peninsula 17, Irvine 1.

Semifinals: Woodbridge 10, Los Alamitos 8; Corona del Mar 11, Peninsula 7.

Final: Corona del Mar 12, Woodbridge 6.

DIVISION II

First Round: Harvard-Westlake, Bye; Aliso Niguel 11, Edison 7; St. John Bosco 13, West Covina 5; Palm Springs 18, Riverside Poly 0; Rio Mesa 18, Righetti 0; Hart 12, Montebello 6; Damien 12, Cerritos 6; Sunny Hills 13, Claremont 5; Loyola 18, Santa Fe 0; Pacific 15, Jurupa Valley 3; Loara 10, Arroyo 8; Thousand Oaks 16, Walnut 2; Santa Barbara 11, Simi Valley 7; Burbank 16, Lancaster 2; J.W. North 16, Centennial/Corona 2; University 17, Mission Viejo 1.

Second Round: Harvard-Westlake 15, Aliso Niguel 3; Palm Springs 17, St. John Bosco 1; Rio Mesa 11, Hart 7; Sunny Hills 13, Damien 5; Loyola 16, Pacific 2; Thousand Oaks 16, Loara 2; Santa Barbara 14, Burbank 4; University 17, J.W. North 1.

Quarterfinals: Harvard-Westlake 16, Palm Springs 2; Sunny Hills 10, Rio Mesa 8; Thousand Oaks 10, Loyola 8; University 13, Santa Barbara 5.

Semifinals: Harvard-Westlake 13, Sunny Hills 5; University 9, Thousand Oaks 9 (82-79).

Finals: Harvard-Westlake 10, University 8.

DIVISION III

Wild Card Round: La Quinta/La Quinta 16, San Bernardino 2; Santiago/Garden Grove 9, Savanna 9 (82-81); Garey 12, Whittier 6.

First Round: Beverly Hills 17, Sonora 1; Brea Olinda 16, Sultana 2; Troy 15, La Mirada 3; El Dorado 12, Hemet 1; Foothill 12, La Quinta/La Quinta 6; Mira Costa 12, Garden Grove 6; Victor Valley 12, Rim of the World 6; Agoura 15, El Monte 3; San Marcos 14, Rosemead 4; West Torrance 10, Paso Robles 8; La Serna 10, Valencia/Placentia 8; Cypress 12, El Modena 6; Canyon/Anaheim

14, Santiago/Garden Grove 4; Elsinore 13, Rancho Verde 5; Garey 16, Garey 2; Westlake 18, Bellflower 0.

Second Round: Beverly Hills 18, Brea Olinda 0; El Dorado 11, Troy 7; Foothill 11, Mira Costa 7; Agoura 14, Victor Valley 4; San Marcos 13, West Torrance 5; Cypress 12, La Serna 6; Canyon/Anaheim 13, Elsinore 5; Westlake 18, Garey 0.

Quarterfinals: Beverly Hills 14, El Dorado 4; Agoura 12, Foothill 6; San Marcos 12, Cypress 6; Westlake 15, Canyon/Anaheim 3.

Semifinals: Beverly Hills 12, Agoura 6; Westlake 14, San Marcos 4.

Final: Beverly Hills 10, Westlake 8.

DIVISION IV

First Round: San Marino, Bye; Western 12, La Puente 6; Bonita 18, Don Bosco Tech 0; Wilson/Hacienda Heights 13, Laguna Hills 5; Palm Desert, Bye; Southwest 14, Hesperia 4; Santiago/Corona 13, Covina 5; Servite, Bye; Dos Pueblos, Bye; South Pasadena 17, Azusa 1; La Quinta/Westminster 11, La Canada 7; Calabasas 17, Burroughs/Ridgecrest 1; South Hills 11, Culver City 7; Central Union 10, Los Altos 8; Bishop Montgomery 9, Santa Paula 9 (81-73); San Luis Obispo, Bye.

Second Round: San Marino 15, Western 3; Bonita 10, Wilson/Hacienda Heights 8; Palm Desert 13, Southwest 5; Servite 17, Santiago/Corona 1; Dos Pueblos 14, South Pasadena 4; Calabasas 10, La Quinta/Westminster 8; South Hills 14, Central Union 4; San Luis Obispo 18, Bishop Montgomery 0.

Quarterfinals: San Marino 13, Bonita 5; Servite 12, Palm Desert 6; Calabasas 10, Dos Pueblos 8; San Luis Obispo 16, South Hills 2.

Semifinals: San Marino 14, Servite 4; San Luis Obispo 11, Calabasas 7.

Finals: San Marino 16, San Luis Obispo 2.

DIVISION V

First Round: Brentwood, Bye; La Salle 18, Bassett 0; Maranatha 13, Northview 5; Crespi 10, St. Bonaventure 8; Chadwick, Bye; Milken Community 9, Valley Christian/Cerritos 9 (74-71); Thacher 13, Village Christian 5; Santa Ynez, Bye;

Campbell Hall, Bye; Beaumont 10, Arrowhead Christian 8; Windward 11, Webb 7; Oak Park 10, St. Joseph/Santa Maria 8; Malibu 17, Viewpoint 1; Whitney 9, Cate 9 (77-73); Orange Lutheran 15, Woodcrest Christian 3; Pasadena Poly, Bye.

Second Round: Brentwood 18, La Salle 0; Crespi 13, Maranatha 5; Chadwick 14, Milken Community 4; Thacher 10, Santa Ynez 8; Campbell Hall 16, Beaumont 2; Oak Park 10, Windward 8; Whitney 12, Malibu 6; Pasadena Poly 16, Orange Lutheran 2.

Quarterfinals: Brentwood 17, Crespi 1; Chadwick 11, Thacher 7; Campbell Hall 14, Oak Park 4; Pasadena Poly 15, Whitney 3.

Semifinals: Brentwood 15, Chadwick 3; Pasadena Poly 11, Campbell Hall 7.

Final: Brentwood 12, Pasadena Poly 6.

1999 CIF SOUTHERN SECTION BOYS' TENNIS TEAM CHAMPIONS

DIVISION I
Corona del Mar

DIVISION II
Harvard-Westlake

DIVISION III
Beverly Hills

DIVISION IV
San Marino

DIVISION V
Brentwood

BOYS INDIVIDUAL TENNIS RESULTS

SINGLES

Quarterfinals: Sheng (Thousand Oaks) def. Jackson (Los Alamitos) 6-3, 6-4; McCafferty (San Geronio) def. Lingman (Woodbridge) 6-3, 5-7, 6-4; Clemens (Claremont) def. Korac (San Marino) 6-2, 4-6, 6-3; Weiss (Calabasas) def. Kent (Dana Hills) 6-3, 3-6, 6-4.

Semifinals: Sheng def. McCafferty 6-4, 5-7, 6-3; Weiss def. Clemens 6-2, 6-1.

Final: Sheng def. Weiss 0-6, 6-1, 6-3.

DOUBLES

Quarterfinals: Gleiberman/Fukugaki (Peninsula) def. Powers/McManigal (Santa Barbara) 7-6, 6-4; Lieu/Millin (Thousand Oaks) def. Novak/Novak (Damien) 6-3, 2-6, 7-6; Chopra/Jensen (Corona del Mar) def. Chen/Bruce (Dos Pueblos) 6-4, 6-1; Wilson-Hayden/Kippert (Dana Hills) def. Horwitz/Futchko (Upland) 7-5, 6-3.

Semifinals: Gleiberman/Fukugaki def. Lieu/Mullin 6-3, 6-2; Chopra/Jensen def. Wilson-Hayden/Lippert 7-5, 7-5.

Final: Gleiberman/Fukugaki def. Chopra/Jensen 7-5, 7-6.

CIF SOUTHERN SECTION 1999 SWIMMING AND DIVING CHAMPIONSHIP RESULTS

DIVISION I

200 Medley Relay - GIRLS: Irvine(1:48.17); BOYS: Irvine (1:34.18).

200 Freestyle - GIRLS: Erin Zehntner, Irvine (1:50.23); BOYS: Ian Prichard, Buena (1:37.88).

200 Individual Medley - GIRLS: Kaitlin Sandeno, El Toro (2:00.19)*; BOYS: Mike Harrelson, La Salle (1:50.73).

50 Freestyle - GIRLS: Sarah Jones, San Clemente (23.82); BOYS: Allen Ong, Mission Viejo (20.88).

Diving - GIRLS: Erica Sorgi, Capistrano Valley (566.85); BOYS: Brice Dumais, Buena (577.35).

100 Butterfly - GIRLS: Amanda Beard, Irvine (55.82); BOYS: Jeff Larson, Marina (50.08).

100 Freestyle - GIRLS: Stephanie Hsiao, Irvine (51.41); BOYS: Allen Ong, Mission Viejo (44.92).

500 Freestyle - GIRLS: Kaitlin Sandeno, El Toro (4:43.99); BOYS: Ian Prichard, Buena (4:21.95).

200 Freestyle Relay - GIRLS: San Clemente (1:37.47); BOYS: Mission Viejo (1:26.00).

100 Backstroke - GIRLS: Kyoko Yokouchi, Marina (56.19); BOYS: Aaron Peirsol, Newport Harbor (50.15).

100 Breastroke - GIRLS: Amanda Beard, Irvine (1:02.77); BOYS: Daniel Kim, Irvine (54.89)*.

400 Freestyle Relay - GIRLS: San Clemente (3:28.46)*; BOYS: Mission Viejo (3:08.94).

Final Team Results - GIRLS: Irvine (393); BOYS: Mission Viejo (370.5).

*New Division I Record

DIVISION II

200 Medley Relay - GIRLS: Laguna Hills (1:49.58)*; BOYS: Hart (1:37.06).

200 Freestyle - GIRLS: Jessica Hayes, University (1:48.26); BOYS: Kenny Carpenter, Crescenta Valley (1:40.10).

200 Individual Medley - GIRLS: Shauna Barnard, Laguna Hills (2:06.87); BOYS: Ryan Parmenter, Hart (1:51.96).

50 Freestyle - GIRLS: Maureen Farrell, Alemany (24.37); BOYS: Anthony Ervin, Hart (20.32)*.

Diving - GIRLS: Kristin Littell, Don Lugo (474.15); BOYS: Louie Gagnet, University (589.60)*.

100 Butterfly - GIRLS: Lindsey Buck, Laguna Hills (56.35); BOYS: Michael Cavic, Tustin (49.61).

100 Freestyle - GIRLS: Jessica Hayes, University (50.63); BOYS: Anthony Ervin, Hart (44.28)*.

500 Freestyle - GIRLS: Laura McDonald, River-

1999 CIF SOUTHERN SECTION SWIMMING/DIVING TEAM CHAMPIONS

GIRLS' DIVISION I
Irvine

GIRLS' DIVISION II
Laguna Hills

GIRLS' DIVISION III
Jurupa Valley

BOYS' DIVISION I
Mission Viejo

BOYS' DIVISION II
Crescenta Valley

BOYS' DIVISION III
Paso Robles

side Poly (4:58.17); BOYS: Travis Taylor, Crescenta Valley (4:31.64).

200 Freestyle Relay - GIRLS: Riverside Poly (1:40.56); BOYS: Crescenta Valley (1:26.94).

100 Backstroke - GIRLS: Shauna Barnard, Laguna Hills (56.21); BOYS: Jarrod Cruzat, Ser-vite (50.95).

100 Breastroke - GIRLS: Erin Calder, Ayala (1:05.95); BOYS: Jonathan Lin, Temple City (58.65).

400 Freestyle Relay - GIRLS: Laguna Hills (3:33.08); BOYS: Arcadia (3:11.31).

Final Team Results - GIRLS: Laguna Hills (280.5); BOYS: Crescenta Valley (272.5).

* New Division II Record

DIVISION III

200 Medley Relay - GIRLS: South Pasadena (1:51.20)*; BOYS: Paso Robles (1:40.45).

200 Freestyle - GIRLS: Heather Kemp, Hemet (1:49.23); BOYS: James Hopton, Santiago (1:42.26).

200 Individual Medley - GIRLS: Carly Geehr, Mayfield (2:02.35)*; BOYS: Justin Boyes, Paso Robles (1:53.00).

50 Freestyle - GIRLS: Erica Shugart, Carpinteria (24.06); BOYS: Oliver White, Brea Olinda (21.30).

Diving - GIRLS: Kristin Olson, Pasadena Poly (396.35); BOYS: Justin Winn, Valley Christian (458.45).

100 Butterfly - GIRLS: Rachel Dong, Valley Christian/Cerritos (57.20); BOYS: Mike Riordan, Pacifica (51.03).

100 Freestyle - GIRLS: Heather Kemp, Hemet (51.67); BOYS: Tim Wang, Pasadena Poly (47.12).

500 Freestyle - GIRLS: Carly Geehr, Mayfield (4:46.51)*; BOYS: Jason Conley, Palm Desert (4:36.05).

200 Freestyle Relay - GIRLS: Mayfield (1:40.27); BOYS: Righetti (1:30.21).

100 Backstroke - GIRLS: Amy Osmun, Perris (57.38); BOYS: Oliver White, Brea Olinda (51.38).

100 Breaststroke - GIRLS: Rachel Dong, Valley Christian/Cerritos (1:04.90); BOYS: Randy Gertenbach, Central Union (58.22).

400 Freestyle Relay - GIRLS: Jurupa Valley (3:36.34)*; BOYS: Paso Robles (3:13.81).

Final Team Results - GIRLS: Jurupa Valley (166); BOYS: Paso Robles (271).

*New Division III Record.

1999 CIF SOUTHERN SECTION BADMINTON PLAYOFF RESULTS

DIVISION I TEAM

Wild Card Round: Nogales 16, La Puente 3; Sierra Vista 13, Pasadena Poly 6.

First Round: Villa Park 18, Etiwanda 1; Katella 17, Bolsa Grande 2; La Habra 10, Diamond Bar 9; Lakewood 11, Cerritos 8; Westminster 14, La Quinta/Westminster 5; Gladstone 12, Millikan 7; Alta Loma 13, Glendora 6; Alhambra 18, El Monte 1; Wilson/Hacienda Heights 11, Fullerton 8; Cypress 12, Santa Ana 7; Arroyo 15, Nogales 4; Mark Keppel 11, Azusa 8; Long Beach Wilson 18, Sierra Vista 1; West Covina 13, Colton 6; Troy 13, Ocean View 6; Garden Grove 15, Loara 4.

Second Round: Villa Park 15, Katella 4; Lakewood 14, La Habra 5; Westminster 15, Gladstone 4; Alhambra 16, Alta Loma 3; Wilson/Hacienda Heights 10, Cypress 9; Mark Keppel 14, Arroyo 5; Long Beach Wilson 12, West Covina 7; Garden Grove 16, Troy 3.

Quarterfinals: Villa Park 11, Lakewood 8; Alhambra 15, Westminster 4; Mark Keppel 14, Wilson/Hacienda Heights 7; Garden Grove 12, Long Beach Wilson 7.

Semifinals: Villa Park 12, Alhambra 7; Garden Grove 13, Mark Keppel 6.

Final: Garden Grove 10, Villa Park 9.

MIXED DOUBLES

Second Round: Chansawangpuvana/Mangkalakiri (Villa Park) def. Men/Heng (Lakewood) 15-4, 15-9; Chhan/Chan (Rosemead) def. Krell/Villanueva (Colton) 17-15, 15-4; Erie/Davis (Mira Costa) def. Yu/Yoon (Wilson/Hacienda Heights) 6-15, 15-5, 15-8; Huynh/Tran (Alhambra) def. Tran/Tran (Garden Grove) 15-12, 15-7; Bui/Ly (Long Beach Wilson) def. Vong/Lai (Arroyo) 15-10, 15-10; Nguyen/Long (Garden Grove) def. Ho/Lam (Mark Keppel) 15-12, 15-9; Bautista/Shin (Azusa) def. Lai/Lai (West Covina); Gibbs/Davis (Mira Costa) def. Luib/Hall (La Habra).

Quarterfinals: Chansawangpuvana/Mangkalakiri def. Chhan/Chan 15-4, 11-2 retired; Huynh/Tran def. Erie/Davis 15-7, 11-15, 15-6; Bui/Ly def. Nguyen/Long 15-6, 15-6; Gibbs/Davis def. Bautista/Shin 15-4, 15-7.

Semifinals: Chansawangpuvana/Mangkalakiri def. Huynh/Tran 15-6, 15-4; Bui/Ly def. Gibbs/Davis 15-10, 15-9.

Final: Chansawangpuvana/Mangkalakiri def. Bui/Ly 15-3, 15-3.

GIRLS SINGLES

Second Round: Dede Davis (Mira Costa) def. Judy Sha (Wilson/Hacienda Heights) 11-3, 11-0; Phyrun Than (Millikan) def. Justine Lai (West Covina) 11-5, 11-8; Jamie Kong (Garden Grove) def. Cathy Villaneva (Colton) 11-7, 11-9; Connie Hwang (Villa Park) def. Susan Huynh (El Monte) 11-7, 5-11, 11-8; Angie Yoon (Wilson/Hacienda Heights) def. Annie Wang (Etiwanda) 11-7, 11-6; Cherry Lai (Arroyo) def. Jennifer Cabuhut (Magnolia) 11-5, 11-8; Kristen Davis (Mira Costa) def. Mariel Arcos (Gladstone) 11-4, 7-11, 11-3; Amy Nguy (Villa Park) def. Vivian Se (Mark Keppel) 11-1, 11-0.

Quarterfinal: David def. Than 11-2, 13-10, 11-2; Hwang def. Long 11-7, 11-13, 11-8; Lai def. yoon 11-1, 11-6; Nguy def. Davis 11-5, 11-1.

Semifinals: Davis def. Hwang 11-8, 11-6; Nguy def. Lai 11-5, 11-1.

Final: Nguy def. Davis 11-4, 8-11, 11-4.

BOYS SINGLES

Second Round: Hoang Bui (Long Beach Wilson) def. Nam Tran (Westminster) 15-3, 15-3; Khoa Huynh (La Quinta/Westminster) def. Mark Krell (Colton) 15-2, 15-13; Arron Ow-Yeang (Diamond Bar) def. Sheung Vong (Arroyo) 15-5, 15-7; Danny Gibbs (Mira Costa) def. Luke Kovach (Azusa) 15-6, 15-1; Mike Chansawangpuvana (Villa Park) def. Chamroeun Yan (Long Beach Wilson) 15-9, 15-1; Jon Guerin (Troy) def. Gavin Erie (Mira Costa) 15-5, 17-14; Tam Nguyen (Garden Grove) def. Qevin Leung (Cerritos) 15-4, 15-6.

Quarterfinals: Bui def. Huynh 15-5, 15-9; Gibbs def. Ow-Yeang 15-8, 15-6; Chansawangpuvana def. Guerin 15-0, 15-3; Nguyen def. Erie 15-3, 15-2.

Semifinals: Bui def. Gibbs 15-7, 15-11; Nguyen def. Chansawangpuvana 16-17, 15-11, 4-15.

Final: Nguyen def. Bui 15-11, 15-10.

GIRLS DOUBLES

Second Round: Mangkalakiri/Wong (Villa Park) def. Lee/Shan (Diamond Bar) 15-1, 15-0; Loung/Pham def. Garcia/Wolfe (Colton) 15-2, 15-11; Ng/Tran def. Nguyen/De La Cruz (Anaheim) 15-7, 15-1; Wong/Kuo (Cypress) def. Lai/Yang (Cerritos) 15-0, 15-0; Chan/Ly (Rosemead) def. Shin/Nguyen (Azusa) 15-4, 15-8; Nguyen/La (Westminster) def. Shi/Lam (Mark Keppel) 15-3, 15-10; Tran/Pham (Garden Grove) def. Ngo/Velky (Glendora) 15-6, 15-2.

Quarterfinal: Mangkalakiri/Wong def. Luong/Pham 15-0, 15-0; Ng/Tran def. Wong/Kuo 15-10, 15-3; Peters/brown def. Chan/Ly 15-3, 15-9; Tran/Pham def. Nguyen/La 15-7, 15-7.

Semifinals: Mangkalakiri/Wong def. Ng/Tran 15-1, 15-4; Peters/Brown def. Tran/Pham 15-3, 15-9.

Final: Mangkalakiri/Wong def. Peters/Brown 14-17, 15-4, 15-9.

BOYS DOUBLES

Second Round: Huynh/Ngu (Alhambra) def. Yip/Luu (West Covina) 15-4, 15-2; Chung/Pan (Cerritos) def. Le/Trang (Westminster) 15-2, 15-11; Choy/Lam (Loara) def. Yu/Ho (Wilson/Hacienda Heights) 15-5, 15-7; Chong/Ky (Long Beach Wilson) def. Dolbin/Kim (Troy) 15-6, 15-10; Nguyen/Mai (Fullerton) def. Hunt/Ponce (Colton) 15-6, 15-10; Ho/Hsu (Mark Keppel) def. Wong/Cao (West Covina) 15-5, 15-8; Lee/Tran (Garden Grove) def. Liu/Fang (Wilson/Hacienda Heights) 15-10, 15-5; Meas/Ty (Lakewood) def. Golden/Trieu (Ocean View) 15-5, 15-9.

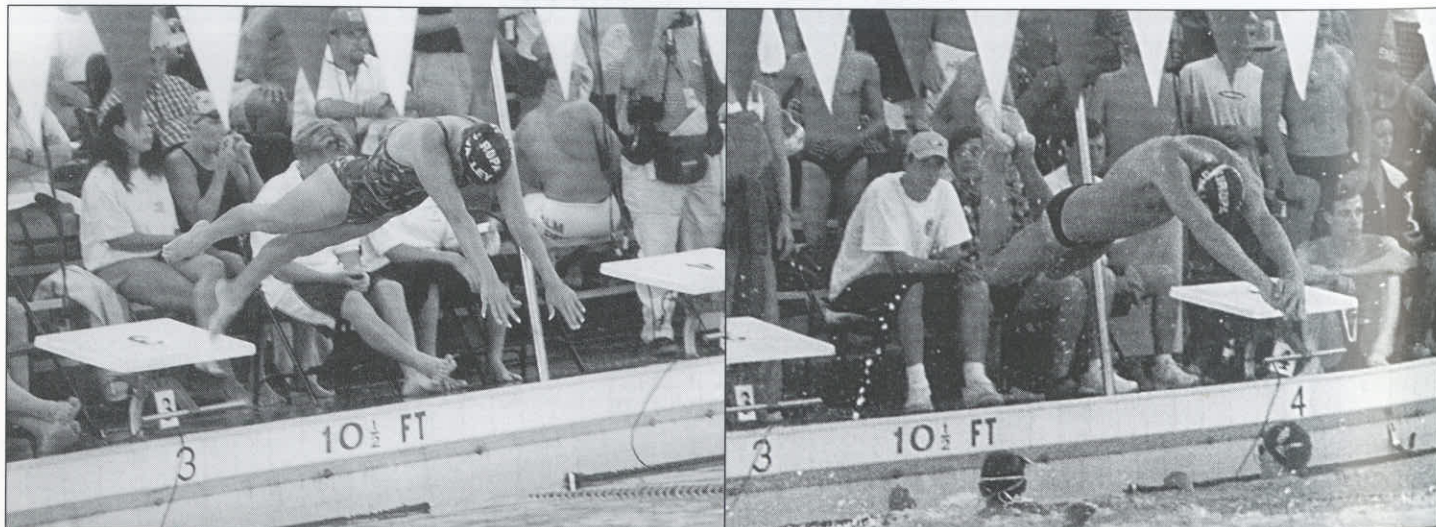
Quarterfinals: Huynh/Ngu def. Chung/Pan 15-12, 15-0; Chong/Ky def. Choy/Lam 15-5, 17-14; Nguyen/Mai def. Ho/Hsu 15-10, 15-7; Lee/Tran def. Meas/Ty 17-16, 17-15.

Semifinals: Huynh/Ngu def. Chong/Ky 15-3, 16-17, 15-11; Nguyen/Mai def. Lee/Tran 15-3, 13-15, 15-5.

Final: Huynh/Ngu def. Nguyen/Mai 15-8, 15-13.

1999 CIF SOUTHERN SECTION BADMINTON TEAM CHAMPION

DIVISION I
Garden Grove



1999 CIF SOUTHERN SECTION BOYS VOLLEYBALL PLAYOFF RESULTS

DIVISION I

Wild Card Round: Lancaster def. Valencia/Valencia 15-9, 16-14, 9-15, 15-7; Donwey def. Hawthorne 15-2, 15-6, 15-7; Fountain Valley def. St. John Bosco 15-8, 15-8, 15-17, 15-6; Santa Barbara def. Righetti 15-9, 15-7, 13-15, 15-12; Jordan def. El Rancho 15-9, 15-7, 13-15, 15-12; El Toro def. Lakewood 15-10, 15-1, 15-8; Upland def. Century 15-4, 17-19, 7-15, 15-7, 15-6; Quartz Hill def. Santa Monica 15-11, 8-15, 15-5, 6-15, 16-14; Warren def. San Gabriel 15-12, 15-12, 15-13; Esperanza def. San Clemente 15-4, 15-11, 15-11; Crescenta Valley def. Montebello 15-2, 15-7, 15-4; Simi Valley def. Oxnard 15-10, 15-7, 15-9; Thousand Oaks def. Adolfo Camarillo 15-3, 12-15, 15-6, 15-2.

First Round: Royal def. Lancaster 15-9, 15-4, 15-3; Downey def. Channel Islands 15-8, 11-15, 15-17, 15-13, 15-4; Fountain Valley def. Mark Keppel 15-2, 15-4, 15-2; Arcadia def. Santa Barbara 13-15, 15-4, 15-6, 15-13; Harvard-Westlake def. Cerritos 15-1, 15-2, 15-6; Highland def. Jordan 15-6, 15-3, 15-13; El Toro def. Capistrano Valley 15-13, 8-15, 15-13, 14-16, 15-12; Corona del Mar def. Upland 15-1, 15-4, 15-10; Newport Harbor def. Mater Dei 15-13, 15-8, 15-3; Long Beach Poly def. Quartz Hill 15-8, 15-12, 15-11; Mira Costa def. Orange 15-3, 15-3, 15-7; Marina def. Warren 15-7, 15-1, 15-5; Crescenta Valley def. Claremont 15-13, 15-10, 15-11; Canyon/Canyon Country def. Simi Valley 15-7, 15-5, 15-3; Loyola def. Thousand Oaks 15-1, 15-5, 15-8.

Second Round: Royal def. Downey 15-12, 17-15, 15-12; Fountain Valley def. Arcadia 15-7, 15-8, 16-14; Harvard-Westlake def. Highland 12-15, 15-11, 15-3, 15-11; Corona del Mar def. El Toro 13-15, 15-10, 16-14, 8-15, 15-12; Newport Harbor def. Long Beach Poly 15-2, 15-2, 15-9; Marina def. Mira Costa 17-15, 15-8, 12-15, 18-16; Esperanza def. Crescenta Valley 15-8, 15-10, 15-10; Loyola def. Canyon/Canyon Country 15-3, 15-9, 15-6.

Quarterfinals: Royal def. Fountain Valley 16-14, 15-10, 15-13; Corona del Mar def. Harvard-Westlake 15-10, 15-13, 13-15, 6-15, 15-8; Newport Harbor def. Marina 15-12, 18-16, 15-8; Esperanza def. Loyola 14-16, 17-15, 15-9, 6-15, 15-6.

Semifinals: Corona del Mar def. Royal 10-15, 14-16, 15-7, 15-8, 15-3; Newport Harbor def. Esperanza 15-12, 15-12, 15-13.

Final: Newport Harbor def. Corona del Mar 16-14, 12-15, 16-14, 15-3.

DIVISION II

First Round: Redondo Union def. Los Amigos 15-3, 15-4, 15-2; Calabasas def. Culver City 11-5, 15-13, 15-13, 3-15, 15-8; South Pasadena def. Los Altos 15-12, 11-15, 15-10, 15-13; Gahr def. Costa Mesa 15-6, 15-10, 15-10; Servite def. Canyon/Anaheim 15-3, 15-1, 15-10; El Dorado def. West Valley 15-4, 15-3, 15-7; La Quinta/Westminster def. Western 5-15, 15-7, 15-8, 12-15, 15-8; Dos Pueblos def. California 15-8, 15-6, 15-6; Bishop Montgomery def. Inglewood 15-0, 15-6, 15-4; San Marino def. Newbury park 15-8, 15-10, 15-7; Foothill def. Tustin 15-6, 15-3, 12-15, 6-15, 15-12; Alemany def. Beverly Hills 15-8, 15-9, 15-10; Ocean View def. Cypress 15-13, 11-15, 10-15, 15-13, 15-1; Bolsa Grande def. Valencia/Placentia 15-11, 8-15, 15-2, 12-15, 15-8; Gabrielino def. Bellflower 15-9, 15-7, 11-15, 15-5; San Marcos 15-1, 15-7, 15-10.

Second Round: Redondo Union def. Calabasas 15-2, 15-5, 15-5; Gahr def. South Pasadena 15-2, 15-6, 15-4; Servite def. El Dorado 16-14, 15-11, 9-15, 15-7; Dos Pueblos def. La Quinta/Westminster 15-3, 15-3, 15-2; Bishop Montgomery def. San Marino 15-10, 15-3, 15-9; Alemany def. Foothill 15-0, 15-12, 15-7; Bolsa Grande def. Ocean View 11-15, 15-6, 8-15, 15-11, 15-11; San Marcos def. Gabrielino 15-2, 15-4, 15-10.

Quarterfinals: Redondo Union def. Gahr 10-15, 15-6, 15-8, 15-13; Servite def. Dos Pueblos 15-9, 4-15, 15-7, 15-5; Alemany def. Bishop Montgomery 15-11, 15-12, 15-13; San Marcos def. Bolsa Grande 15-7, 15-8, 14-16, 15-2.

Semifinals: Redondo Union def. Servite 15-10, 15-12, 15-7; San Marcos def. Alemany 15-10, 7-15, 15-3, 15-7.

Final: San Marcos def. Redondo Union 15-7, 14-16, 15-9, 12-15, 15-5.

DIVISION III

First Round: Santa Ynez, Bye; Villanova Prep

def. Marshall 15-3, 15-3, 15-6; Viewpoint def. Southwestern Academy 15-7, 15-7, 15-11; St. Anthony def. Orangewood Academy 15-0, 15-9, 15-3; Calvary Chapel/Santa Ana def. Capistrano Valley Christian 15-2, 15-3, 3-15, 15-3; Salesian def. Pilgrim 15-12, 12-15, 15-3, 15-5; Carpinteria def. Dunn 15-3, 15-5, 15-11; Brentwood def. Murphy 15-3, 15-1, 15-4; Laguna Blanca def. Glendale Adventist 15-11, 15-6, 15-12; Village Christian def. Oakwood 15-2, 15-3, 15-5; Valley Christian/Cerritos def. Windward 10-15, 15-12, 15-8, 15-8; Malibu def. Cathedral 15-12, 15-13, 8-15, 7-15, 15-8; St. Bernard def. St. Margaret's 15-12, 15-5, 15-10; Laguna Beach, Bye.

Second Round: Santa Ynez def. Villanova Prep 15-9, 15-8, 15-7; St. Anthony def. Viewpoint 15-6, 15-7, 15-11; Calvary Chapel/Santa Ana def. Salesian 15-7, 15-9, 15-6; Carpinteria def. Brentwood 15-8, 15-11, 10-15, 15-8; Village Christian def. Laguna Blanca 9-15, 5-15, 15-12, 15-13, 16-14; St. Monica def. Campbell Hall 15-9, 13-15, 15-7, 15-12; Valley Christian/Cerritos def. Malibu 9-15, 15-13, 15-11, 15-10; Laguna Beach def. St. Bernard 15-8, 15-5, 15-8.

Quarterfinals: Santa Ynez def. St. Anthony 15-4, 15-8, 15-4; Calvary Chapel/Santa Ana def. Carpinteria 15-12, 15-9, 15-9; St. Monica def. Village Christian 15-9, 15-3, 15-12; Laguna Beach def. Valley Christian/Cerritos 15-13, 15-11, 19-17.

Semifinals: Santa Ynez def. Calvary Chapel/Santa Ana 15-2, 15-8, 15-10; Laguna Beach def. St. Monica 18-16, 15-3, 15-3.

Final: Santa Ynez def. Laguna Beach 15-4, 15-8, 15-2.



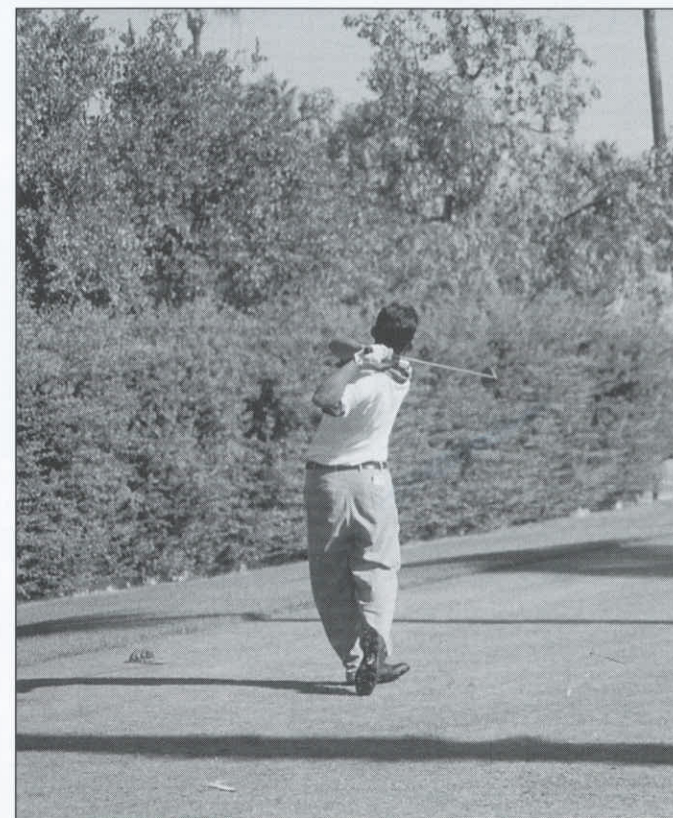
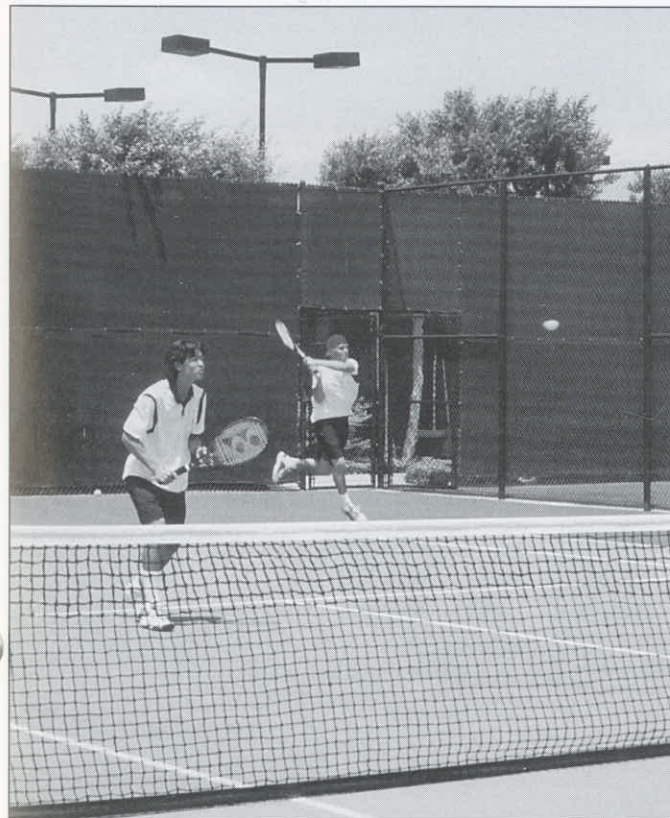
1999 CIF SOUTHERN SECTION BOYS GOLF CHAMPIONSHIPS

TEAM FINALS

PL.	SCHOOL	SCORE
1.	San Marcos	387
2.	Hart	391
3.	Westlake	392
4.	Servite	397
4.	Irvine	397
6.	Diamond Bar	402
6.	San Luis Obispo	402
6.	Santa Margarita	402
9.	Brea Olinda	405
9.	Palm Desert	405
11.	University	406
12.	Peninsula	407
13.	Los Alamitos	410
14.	Loyola	415
15.	Apple Valley	417

BOYS INDIVIDUAL FINALS

PL.	PLAYER/SCHOOL	SCORE
1.	Brian Sinay, University	65
2.	Ron Won, University	66
3.	James Oh, Lakewood	67
4.	David Oh, Whitney	68
5.	Roy Moon, Royal	69
	Tommy Tang, Long Beach Poly	69
7.	Nico Bollini, Servite	71
	Blake Brown, Atascadero	71
	Adam Caliri, Chino	71
	Zack King, Ventura	71
	Jun Lee, Peninsula	71
	Ian Medlock, Westlake	71
13.	James Choi, Lakewood	72
	Ryan Cole, Servite	72
	John Merrick, Long Beach Wilson	72
	Donald Rhee, El Toro	72
	J.R. Ruda, San Marcos	72



1999
CIF
SOUTHERN SECTION
BOYS' VOLLEYBALL
CHAMPIONS

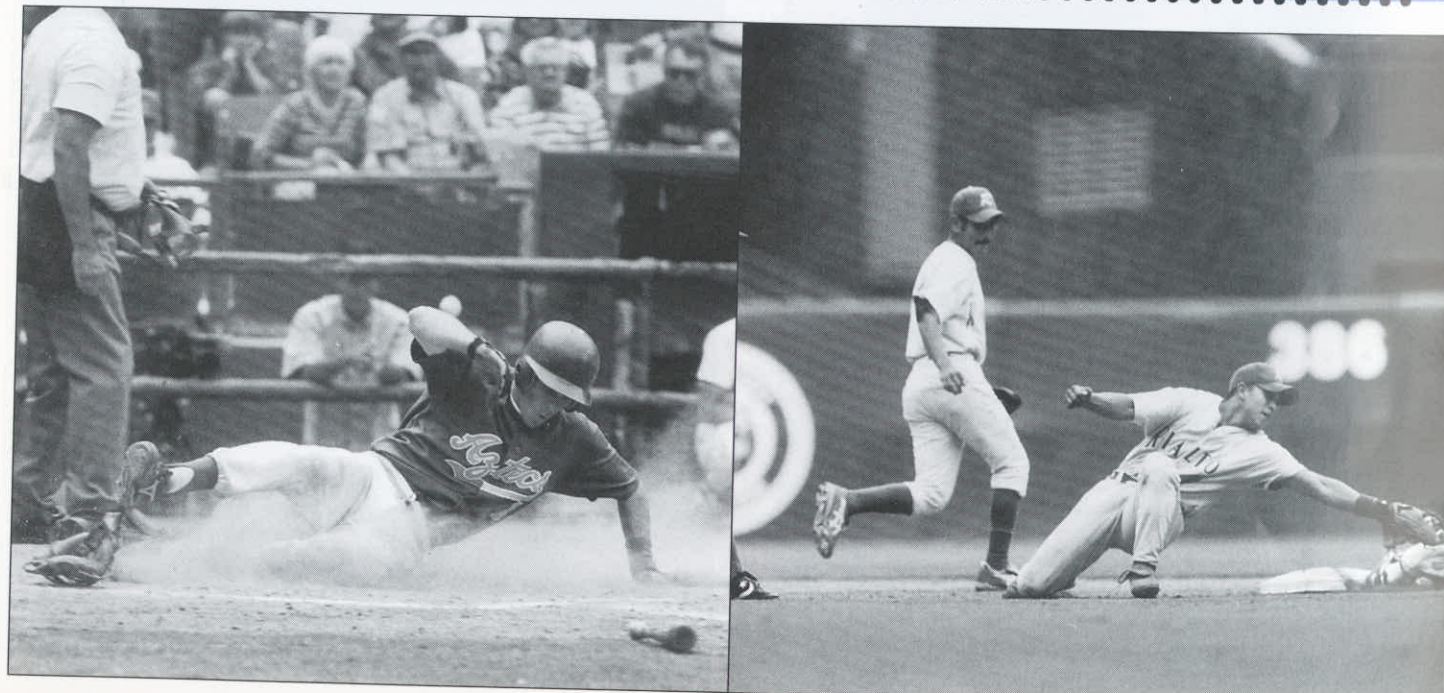
DIVISION I
Newport Harbor

DIVISION II
San Marcos

DIVISION III
Santa Ynez

CIF-SS MEETING DATES 1999-2000

DAY	DATE	TYPE
Friday-Saturday	August 13-14	Executive Committee
Wednesday	September 22	Executive Committee
Monday-Wednesday	October 10-13	National Federation Region 7/8 Meeting
Thursday	October 14	CIF-SS Council
Thursday	October 28	Athletic Administrators Symposium
Friday-Saturday	November 5-6	State Federated Council
Wednesday	November 10	Executive Committee
Wednesday-Sunday	January 5-9	National Federation Winter Meeting
Friday-Saturday	January 7-8	Executive Committee
Thursday	January 20	CIF-SS Council
Friday-Saturday	February 4-5	State Federated Council
Wednesday	February 9	Executive Committee
Thursday	March 23	CIF-SS Council
Thursday-Monday	April 6-10	State A.D. Conference
*Wednesday	April 12	Executive Committee
Thursday	April 20	CIF-SS Council
Friday-Saturday	May 5-6	State Federated Council
Wednesday	May 31	Executive Committee
Tuesday-Saturday	July 4-8	National Federation Summer Meeting
*Tentative		



COUNCIL MINUTES

(Continued from page 4)

- A. Revise minimum age requirement for varsity football - vote to support
 - B. Revision of By-Law 1103 - vote to support
 - C. Revision of By-Law 1105 (CIF State Playoff Appeals Procedure) - vote to support
 - D. Revision of CIF Constitution, Article 34 (Powers and Duties of Federated Council) - vote to support
 - E. 1999-2000 State CIF Budget Proposal - vote to send delegates uninstructed
 - F. Invitation to Southern Section to submit six entries for Division I, 1999 Cross Country State Meet - vote to support
 - G. Revision of By-Law 226 (Independent Study) - vote to support
 - H. Revision of By-Law 1100 (CIF Section Student Eligibility Procedures) - vote to support
 - I. Student Eligibility By-Law Procedures (Fraudulent Information) - vote to support
 - J. Revision of State Constitution Article 7, Section 30 (Executive Committee) - Vote to support
 - K. State CIF Executive Committee Elections - vote to send delegates uninstructed
 - 14. BOYS' VOLLEYBALL PROPOSAL - Gail Richards, Sea View League Representative, presented a proposal to expand boys' volleyball playoffs from three to five divisions. This will be an action item at the October 14, 1999, CIF-SS Council meeting.
 - 15. PRESIDENT'S REPORT - Margie Godfrey, reviewed the Commissioner selection process, progress of the Article 3 Task Force, Courtesy Card abuse, Southern Section dues and female representation on the Council.
 - 16. TREASURER'S REPORT - Dr. Jack Clement, reviewed the current status of the 1998-99 CIF-SS budget.
- There being no further business to come before the council the meeting was adjourned at 11:08 a.m.

Submitted By:

KAREN HELLYER
ASSISTANT COMMISSIONER

Approved By:

DEAN CROWLEY
COMMISSIONER OF ATHLETICS

COMMISSIONER

(Continued from page 3)

size and cohesiveness. I need your input on critical issues. I need your ideas and support.

The last several weeks have been a blur of activity, the focus of our work has been to make the transition seamless and smooth. I look forward to the first council meeting on October 14. In the mean time, I want to express my thanks to Dean and the entire staff for their care of the section and devotion to our athletes. I look forward to my start and hope, some day, to leave the section in a state of health and prosperity.

BASEBALL

(Continued from page 14)

North County Christian 2; Christian Center Academy 7, Owens Valley 1; Baptist Christian/Hemet 7, Pioneer Baptist 5; LaVerne Lutheran 10, Victor Valley Christian 0.

Quarterfinals: Grace Brethren 10, Cornerstone Christian 0; Bloomington Christian 5, Calvary Chapel/Murrieta 4; Rio Hondo Prep 9, Christian Center Academy 7; LaVerne Lutheran 8, Baptist Christian/Hemet 7.

Semifinals: Grace Brethren 6, Bloomington Christian 5; Rio Hondo Prep 5, LaVerne Lutheran 1.

Final: Grace Brethren 6, Rio Hondo Prep 2.

SOFTBALL

(Continued from page 14)

stone Christian 2, Liberty Christian 1; Capistrano Valley Christian 2, Linfield 0.

Semifinals: Boron 4, Victor Valley Christian 3; Cornerstone Christian 2, Capistrano Valley Christian 2, Linfield 0.

Final: Cornerstone Christian 4, Boron 0.

STAUNTON

(Continued from page 2)

the President-Elect of the ACSA Region XVII for 1999, past president of the Huntington Beach Administrators Association, and Chairman of the Huntington Beach Union High School District Strategic Action Team. Dr. Staunton has been the recipient of the "Building Bridges Award" by the Orange County Human Relations Board for his work in dealing with racial relations and school violence reduction and In 1995 he was recognized for his "Outstanding Contribution to Education in Orange County."

"The CIF Southern Section Executive Committee, after an exhaustive search, is very confident that we have identified a most competent and able leader in Dr. Jim Staunton," CIF-SS Council President Margie Godfrey said. "He will serve the CIF-SS well as we address the problems of the 21st Century."

Dr. Staunton, 50, resides in Huntington Beach with his wife Susan. They have two children, Erin and Kevin.

SPEIR

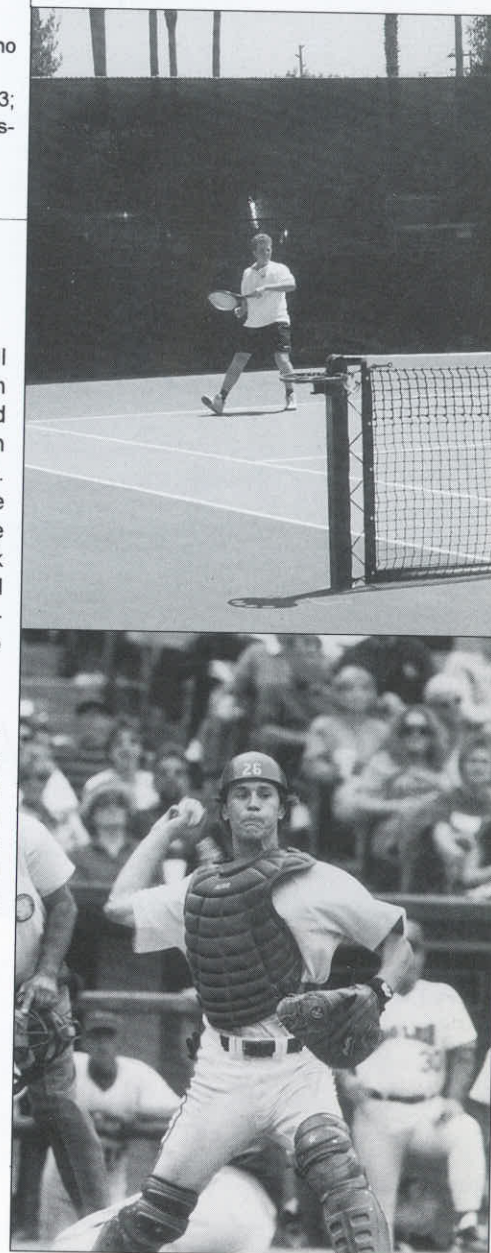
(Continued from page 5)

opment Magnet School.

Speir remained at Grover Cleveland until 1989. During this time she also worked as an instructor for after school drivers education at Lakewood High School.

In 1989 Speir began teaching at Long Beach Poly High School. She served as teacher, career guidance counselor and drivers education instructor until 1995. In 1994, Speir served one year as girls tennis coach at Poly. She moved to her current position as Activities Director at Poly in 1995.

Speir is married to husband Don and has two children, Kristen (11) and Melody (23).



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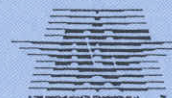
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