

This Weeks Scripture Focus – Romans 12:4-13

All these components should be present at a normal cell meeting. Some nights you may not get to everything, but each of these should be present at least 75% of the time (e.g. once/month you might not get to the Vision time and so on). The components do not need to be in this order necessarily, except that generally you ought to begin with a welcoming time, and end with a vision time (close the meeting with an *outward focus*).

Please note the time constraints for each part of the meeting!

WELCOME (15 minutes):

The purpose of this time is to “check in” and share life with one another. Typically you can simply go around the group and have everyone share a high and a low of the week. Sometimes, if a deep struggle is shared by someone, you may want to go directly from this time into prayer for the person. Also, if you have guests, you may opt to just do a fun icebreaker for this portion of the meeting instead.

Gathering Question: Check in and share a high and/or a low from your week.

WORSHIP (10 minutes):

The purpose of this time is to invite the presence of Jesus into your gathering. You may want to begin this time by lighting a candle as a symbol that you are inviting the real presence of Jesus, the Light of the World, into the midst of your group and then to play or sing a worship song or two. If you just play a song, invite everyone to close their eyes and reflect on the words and/or focus on Jesus. Afterward, have someone pray a prayer acknowledging the presence of Jesus in your midst and asking Him to guide the rest of your meeting time. An example prayer is listed below, but feel free to use your own words.

Prayer: “Lord Jesus, we welcome you here. We love you Lord and we ask you to speak to us during our time together. Speak to us through your Word and by your Spirit. We trust you and we submit our lives to you. Thank you for your passionate love for us. Help us to grow to know you better. Amen.”

WORD (15 minutes):

The purpose of this time is not for Bible *study* but Bible *application*. Also we want to be learning to discern the voice of the Spirit coming to us in “real time” through the written Word. Each week a Scripture passage will be listed below. The following are two ideas for how to facilitate the Word time.

- **Option One:** Simply read the passage and then ask three questions. What questions do you have about this passage? What jumped out at you from the passage or left an impression? How does Jesus want us to apply this passage to our lives this week?
- **Option Two:** Use the lectio divina method – see example here: www.ohcgh.com/lectio.

Scripture: Romans 12:4-13

PRAYER (15 minutes):

The purpose of this time is to minister to one another through the power of prayer. Break up into groups of 3 or 4 and take turns sharing personal prayer needs and praying for one another. If a person does not have any prayer needs to share, you can still gather around them and pray simple prayers of blessing or ask God to direct you in how to pray for them. Especially if you have guests, make sure everyone knows that they do not have to pray if they are not comfortable doing so. Sometimes we will facilitate special directed prayer during this time. If so, instructions will be listed below.

Prayer Focus: No special prayer instructions this week

VISION (5 minutes):

The purpose of this time is to remind the group of our core values and vision as a church and as a cell group and to also help keep an outward focus for the group. Each week a different vision component will be listed below. Sometimes this will come in the form of something you can read at the end of your gathering. Other times a link to a web video may be supplied which you can watch together as you close out your meeting time.

Vision Focus:

Remind your group this week of the “Titanic” example when it comes to our small groups. Each of our groups are like a Lifeboat lowered into the water amidst the wreckage of the Titanic. As a Lifeboat we have a choice. We can remain off in the distance with our Lifeboat half full as we watch the tragedy unfold in the distance. OR... we can row to where the people are in the water and work together to pull them from the freezing water and into the safety of the Lifeboat.

Our passage today in Romans talked about all of us in the church having our own unique gifts. This is true in a Lifeboat as well. Some are needed to row. Some are needed to be on the lookout for those in the freezing water. Some are needed to pull people into the boat. Some are needed to wrap that blanket around the person pulled from the water and nurse them back to health. We all have a role in the Lifeboat and we all work together to pull people from the water and into the safety, warmth and security of Jesus!