

Sunday's Theme – Mark Overview – “What Does It Mean to Follow Jesus?”

All these components should be present at a normal cell meeting. Some nights you may not get to everything, but each of these should be present at least 75% of the time (e.g. once/month you might not get to the Vision time and so on). The components do not need to be in this order necessarily, except that generally you ought to begin with a welcoming time, and end with a vision time (close the meeting with an *outward focus*).

Please note the time constraints for each part of the meeting!

WELCOME (10 minutes):

The purpose of this time is to “bring people in.” You may use an icebreaker, but if you do make sure that it is one that can be completed by everyone in 10 minutes (i.e. each person takes only about a minute to answer). Occasionally, during this time, someone will share a deep need/hurt. If so, feel free to minister to them in prayer etc.

Ice Breaker Question: What is the craziest, wildest, far out thing you’ve ever done? Why did you do it? What was the result?

WORSHIP (15 minutes):

Normally choose 2-3 songs. It’s also good to start by reading a short Scripture passage. You may also want to allow time for simple prayers of praise from the group. Optionally, you may also want to incorporate Communion as part of your worship time.

Scripture idea to use:

- Mark 10:42-45

Song ideas to use:

1. I Will Follow (#82)
2. Good To Me (#28)

WORD (20 minutes):

The purpose of this time is not for Bible *study* but instead, Bible *application*. Focus on personal application of scriptural truths. Ask people what concrete actions they should take in response to the scripture.

Read : Mark 8:34-38

1. What comes to your mind when you hear the word, “Disciple?”
2. Has the Lord ever asked you/told you to do something you thought was off the wall, outside of your comfort zone? Did you do it?

3. What are some values, standard, ideas of our American culture which are totally opposite of Jesus' call to discipleship?
4. How can we as cell group members help each other in following Jesus' way of living?
5. Read Mark 8:34f in the Message:
 - a. "Anyone who intends to come with me has to let me lead. You're not in the driver's seat; I am. Don't run from suffering; embrace it. Follow me and I'll show you how. Self-help is no help at all. Self-sacrifice is the way, my way to saving yourself, your true self. What good would it do to get everything you want and lose you, the real you. What could you ever trade your soul for?"

PRAYER (15 minutes):

Prayer ministry may be incorporated at any time during the meeting. If a lot of prayer ministry took place during the worship time, or as a result of things shared during the word time, don't feel as though you have to have another separate time for prayer. However, if there hasn't been time for prayer elsewhere, please do not short-change this part of the meeting.

In addition to praying for any needs shared in the group, also pray for one another that you would each grow in following Jesus!

VISION (5 minutes):

This can be incorporated into a closing prayer time, and should be focused on the vision of the cell: to reach people who don't know Jesus. It may include sharing about those you are praying for, and encouragement in praying for and speaking to those who are not Christians.

Close the gathering by focusing outward. Encourage your group members to be on the lookout for visitors at church and to take steps to get to know them in order to eventually invite them to your cell group.

CLOSING & ANNOUNCEMENTS (5 minutes)