

Sunday's Theme – Mark 5 and 6 – “Three Threads: Fear, Physical and Risk”

All these components should be present at a normal cell meeting. Some nights you may not get to everything, but each of these should be present at least 75% of the time (e.g. once/month you might not get to the Vision time and so on). The components do not need to be in this order necessarily, except that generally you ought to begin with a welcoming time, and end with a vision time (close the meeting with an *outward focus*).

Please note the time constraints for each part of the meeting!

WELCOME (10 minutes):

The purpose of this time is to “bring people in.” You may use an icebreaker, but if you do make sure that it is one that can be completed by everyone in 10 minutes (i.e. each person takes only about a minute to answer). Occasionally, during this time, someone will share a deep need/hurt. If so, feel free to minister to them in prayer etc.

Ice Breaker Question: What was the biggest risk you ever took? Or the scariest thing you’ve ever done?

WORSHIP (15 minutes):

Normally choose 2-3 songs. It’s also good to start by reading a short Scripture passage. You may also want to allow time for simple prayers of praise from the group. Optionally, you may also want to incorporate Communion as part of your worship time.

Scripture idea to use:

- Read **Mark 6:53-56**
- Note how people in these passage come seeking Jesus and, like the woman with the condition of bleeding in chapter 5, believe if they just touch him they will be healed – and they are! Invite the group to seek Jesus as they worship, to reach out and touch him in believing faith.

Song ideas to use:

1. In the Secret (#41)
2. As We Seek / Jesus Draw Me Close (#4)

WORD (20 minutes):

The purpose of this time is not for Bible *study* but instead, Bible *application*. Focus on personal application of scriptural truths. Ask people what concrete actions they should take in response to the scripture.

The message on Sunday had three lessons gleaned from Mark 5 and 6

1. Fear of God combined with faith in God releases the power of God in your life
2. There is a physical side to being spiritual
3. Faith often requires that we take a risk

If there is one story in Mark 5 and 6 that includes all three of these points, it is probably the woman with the condition of bleeding in Mark 5.

Read Mark 5:25-34

1. Do you agree or disagree with the statement in the first sermon point: “The fear of God combined with faith in God releases the power of God.” (Note: It’s okay to disagree 😊)
2. What is the difference between fearing God and being afraid of God?
3. Why do you think this woman comes to Jesus with fear and trembling in verse 33?
4. Why do you think touching Jesus’ robe releases the healing power? (compare with Mark 6:56)
 - a. Follow up question – why does Jesus instruct the disciples to anoint with oil? (Mark 6:13)
5. What is the risk this woman is taking by touching Jesus?
6. When have you taking a risk in your faith? What was the result?
7. Is there an area of your life in which God may be calling you to step out in faith right now?

PRAYER (15 minutes):

Prayer ministry may be incorporated at any time during the meeting. If a lot of prayer ministry took place during the worship time, or as a result of things shared during the word time, don’t feel as though you have to have another separate time for prayer. However, if there hasn’t been time for prayer elsewhere, please do not short-change this part of the meeting.

In addition to praying for any needs shared in the group, also pray for any who have a “step of faith” or “risk of faith” they feel God may be calling them to take.

VISION (5 minutes):

This can be incorporated into a closing prayer time, and should be focused on the vision of the cell: to reach people who don’t know Jesus. It may include sharing about those you are praying for, and encouragement in praying for and speaking to those who are not Christians.

Close the gathering by focusing outward. Encourage the group to come to the movie night outreach on Friday, February 27 at the church and to invite a friend. Also encourage your group members to be on the lookout for visitors at church and to take steps to get to know them in order to eventually invite them to your cell group.

CLOSING & ANNOUNCEMENTS (5 minutes)