

Men's Breakfast Group (Men of all ages)

Leader: Phillip Gschwend genschwend@windstream.net

Meets: The first Saturday of every month at 8:00am

Location: UCF

Info: We are a group that meets the first Saturday of the month. We would love for you to Join us for breakfast, devotion, and a time of hanging out with other men at UCF. We promise you won't leave hungry.

Dinner Club (Anyone)

Leader: Tim and Kathy Ailstock talstock@bellsouth.net

Meets: The 2nd Friday of every month

Location: Various Restaurants in the area

Info: We are a group that meets the 2nd Friday of the month at different restaurants in our area. So come join us and enjoy a meal, with some great people. This is a great way to meet some new faces.

Corporate Prayer (Anyone)

Leader: Joyce Marsteller Ljenkins@ucf.cc

Meets: Tuesday mornings at 10:00am

Location: UCF

Info: We meet every Tuesday morning to pray for the sick, the hurting, those who are in need, the church, and the community as well as any other needs that arise.

Daughters of the King (Single ladies of all ages)

Leader(s): Carla Causby and Terri Brown cccausby@gmail.com or tregesbrown@gmail.com

Meets: The first Tuesday of the month at 7:00pm

Location: UCF

Info: We are a group of single ladies of all ages who meet the 1st Tuesday of every month. We will cover topics like learning the importance of praying God's Word, Building lasting friendships, discovering who we are in Christ, and much more.

Women's Fitness Group (All Ladies)

Leader: Rachael Carlson tigerlilyknotwise@gmail.com

Meets: Tuesday nights at 6:00pm

Location: UCF

Info: We meet every Monday night at 6:00pm for a 30 min express class in POP Pilates. Moves are friendly for all ages and we would love for you to join us!

Young Adult (18-30 age group)

Leader(s): Colby Coren, Luke and Jessica Jenkins colby.coren@gmail.com

Jessicawootenjenkins@gmail.com or Ljenkins@ucf.cc

Meets: 1st and 3rd Sunday at 5:00pm

Location: Varies

Info: We are a group of college age young adults who get together twice a month. The first Sunday we do a study and the third Sunday we go out and eat and just hang out with each other. We would love for you to join us!

Acts 2:42 Fellowship

Leaders: Michael and Christina Audet Michaelaudet@gmail.com

Meets: Friday evenings @ 6:00pm

Location: The Home of the Audet's

Info: We are a group that is primarily geared for young couples and/or families. However, we are not limited to married couples with kids. It is open to anyone who wants to attend.,

For more information visit Ucf.cc/connectgroups



The Christian life was never intended to be lived alone.

"LIFE IS BETTER CONNECTED"

That's why at Upward Christian Fellowship we believe that

EVERYONE needs to be plugged into a connect group of Christ-followers.

WHY?

[[Connect Groups are:]]

- A way for YOU to do life with other people
- A way to discover community and experience meaningful fellowship with other believers
- A way to grow spiritually through studying God's Word

Take a moment to look over and pray about the the **Connect Groups** groups that you may be interested in. More information can be found on our website at Ucf.cc/connectgroups. Our Spring semester of groups starts February 4th so don't wait! Join a group today.

#YouBelongHere

Bible.

Heart to Heart Women's (All Ladies)

Leaders: Marcie Wilson and Danielle Dixon marciemwilson@gmail.com or dhdixon7806@gmail.com

Meets: Thursday nights at 7:00pm (7 week study)

Location: UCF

Info: We are a group of ladies who are growing through various studies throughout the year. We are currently going through a study by Lisa Harper called the Gospel of Mark.

Senior Super Saturday (Senior Adults)

Leaders: Steve and Helen Newton senewton01@gmail.com

Meets: 3rd Saturday of the month

Location: UCF and other locations

Info: We are a group of seniors who meet the 3rd Saturday of every month. We would love for you to join us for a great meal and a time of fellowship. Not to mention, there are always a few surprises in store.

Our Daily Bread (Adults)

Leader: Sharon Pressley sharonpressley1@att.net

Meets: Sundays at 4:00pm

Location: UCF

Info: We are a group of adults who get together every Sunday in more of a traditional Sunday school style class. We go through a quarterly devotional every week and would love to have you join us.

Financial Peace University (Anyone)

Leader: Michael Audet Michaelaudet@gmail.com

Meets: Wednesdays at 6:00pm

Location UCF

Info: We are a group that will be meeting for 9 weeks and will be going through Dave Ramsey's biblically based personal finance course. (The course normally costs \$129 but your cost is \$40 and includes all materials needed.) The group will begin on February 7th

Parent Chat (Parents of all ages)

Leaders: Ryan and Adria Fogarty ryan.p.fogarty@gmail.com or adriafogarty@gmail.com

Meets: Sundays at 10:00

Location: UCF

Info: We are a group for parents of all ages. We will be using materials designed to help you "aim your child's heart toward God" with intentional, biblical instruction and Christ centered plans.

Life Journal (Anyone)

Leader: Tyson Griswold tysongriswold@gmail.com

Meets: Mondays at 7:00pm

Location: UCF

Info: We are group of people who get together and utilize the Life Journal Reading Plan, which is located in the church bulletin. In this group we will learn the 3 main ways to approach scriptures which are - reading, studying, and meditation. We would love for you to join us.

Life Application Bible Seminar (Anyone)

Leaders: Ben and Lisa Goerke lisa.go@att.net

Meets: Wednesday nights at 7:00pm (for 8 weeks)

Location: UCF

Info: We are a group that will be going through an interactive seminar designed to help participants learn how to locate, understand, and use the many features contained in the Life Application Study

Love in Action Outreach Group (Anyone)

Leader: Sam Battis sambattis@gmail.com

Meets: Monthly

Location: different sites.

Info: We are one of the outreach groups here at UCF. We get together to help serve our community in various ways. We would love for you to join us and help make a difference in our community.

Words and Wool (All Ladies)

Leader: Rachael Carlson tigerlilyknotwise@gmail.com

Meets: Sundays at 4:00pm (13 Weeks)

Location: UCF

Info: We are a group of ladies who will be reading and discussing Debbie Macomber's book Knit Together: Discover God's Pattern for Your Life. There will also be an Optional knit-a-long project that we can try to complete together.

Tuesday night Men's Discipleship Group (All Men)

Leader: Ryan Fogarty ryan.p.fogarty@gmail.com

Meets: Tuesdays at 7:00pm

Location: UCF

Info: We are a group of men who want to go deeper in our walk with God. We will be going through the book Killing Kryptonite by John Bevere. Join us for exciting fellowship, study and prayer.

Parenting the Love and Logic Way

Leader: Julia Nelson J.nelson6491@yahoo.com

Meets: Wednesday night's beginning February 7th (6 Weeks) Ends March 14th

Location: UCF

Cost: \$75.00 per family (includes all materials needed)

Info: We are a group of parents who will be going through an amazing six week program designed to give you practical skills for common situations. You will leave feeling that you have the words to say when facing real situations with your kids.

Celebrating Life - Nursing home Ministry (All ages)

Leaders: Carolyn Mitchell, Bill and Nell Hickman Ljenkins@ucf.cc

Meets: 1st Thursday afternoon of the month

Location: Off campus

Info: We are a group that meets once a month. We go out to Mountain Home to spend time with and be a blessing to the residents. We host a fun birthday party, as well as show them the love of Jesus in various ways. We'd love for you to join us.

Prepare - Enrich Marriage Workshop

Leader: Julia Nelson J.Nelson6491@yahoo.com

Meets: TBD From 10:00am -5:00pm

Location: UCF

Info: This will be a one day workshop for couples in every stage of their relationship. Couples will identify their relationship strengths and growth areas through an online assessment. You will receive a workbook with exercises to promote better communication, intimacy, and emotional closeness and more. The cost is \$150 per couple.