

LIFEgroup Discussion Questions
January 21, 2017
Treasuring Christ: Worry to Worship

Text: Luke 1.26-56

Looking into the Text:

1. Think through all that Mary may be going through at such a young age. Discuss as a group.
2. As you think about Gabriel's visit to Mary and Mary's trip to her relative, Elizabeth reflect on the work of the Holy Spirit in this text (1.35; 41-45)?
3. Mary could have let fear and anxiety reign, but what does she do instead (1.46)? What does she remember about God as she looks up in worship (1.46-49; Philippians 4.4-8)?
4. Mary looks back as she continues to sing. What does she sing about as she does (1.50-53; Matthew 6.25-34)?
5. How does Mary look ahead as she worships the Lord (1.54-55)?

Looking Deeper:

1. What are you worried about or afraid of right now? Look at Isaiah 41.10. When we let fear and anxiety have its way what are we doing to God? But if we draw near to God instead of fear what happens?
2. Think about the responsibilities Mary has, Joseph has and God has with what is going on in the text. What are they? How is this helpful to remember when it comes to worry and anxiety?
3. When was a time God took you through anxiety and fear? How was God your Savior and help?

PRAY:

1. Pray for the group to face worry with worship. .

Do: Take some time this week and worship looking up by making a list of who God is to you. Add worship songs to your week, whether through the house, in the car or in the gym. Worship your way into worship this week.