

Outline 2018.07.08

“Attitudes: Anger’ Proverbs 16:32

- I. The Anger is there!
- II. Why are we angry?
 - a. The angriest person in the Bible. (Romans 1:18; John 3:14-21, 36)
 - b. Anger is natural (Gen. 1:32; Eph. 4:26-27)
 - c. Proverbs advocates self-control (14:17, 16:32, 29:11)
- III. What happens when we are angry?
 - a. Defensive (18:19)
 - b. Flooding- over re-action (17:14, 27:4, 14:29, see Ex 34:6; Psalm 103:8, 145:8)
 - c. It leads to sin (29:22)
 - d. Becomes habitual (19:19)
 - e. It is contagious (22:24-25)
 - f. It is the behavior of the fool (20:3)
 - g. Danger- Our anger wants us to supplant God’s sovereignty (19:3)
- IV. How do we eliminate or control anger?
 - a. Get wise- It turns away anger (29:8)
 - b. Practice good sense/ overlook offenses (19:11)
 - c. Avoid needless conflict (26:17- arguments, 22:24-25, 26:21, 27:3- angry people)
 - d. Act with sincerity and honesty (26:20)
 - e. Exchange hatred for love (10:12)
- V. Observations on Anger