



Ministry of Women

March 2012

Baby News

Born:

Iain Renee

On: January 3rd
To: Jay & Allison
vanKlinken

Elise Abigail

On: January 13th
To: Edward & Beth
Langstaff

Jaxen Isaiah

On: February 4th
To: Jamie & Amanda
Bydeley

Nynke Joëlle

On: February 29th
To: Mike & Henderike
vanWieren



Expecting:

Emily Anjema—March
Erin Booy—April
Janene Wierenga—April
Anna Jamieson—May
Ashley VanBoven—May
Michelle Dearing—June
Erin Campbell—August

Dialogue from Deb...

I don't know about you, but March usually brings for me a need to clean out closets and spruce up rooms; ah yes, it's *spring cleaning*. I guess I just get to the point where I need to put off the oldness of winter and embrace the newness of spring and the new life it brings to most everything. So, right on cue, yesterday I woke up and decided it was the day to clean out my sewing room. I knew I had to target my shelves and closet as they had been neglected for a bit. I emptied shelves and sorted items into piles of what "stays" and what "goes". Sometimes when I go through this exercise I look at some things and wonder "what was I thinking." Some items, although they're old and outdated, bring fond

memories of good times or are of great sentimental value. We do like to hang on to things don't we?

Let's consider how this would apply to our Christian walk; it needs a "spring cleaning" on a regular basis, not just once a year. We need to take a long serious look at ourselves and parallel our traits with the guidelines of scripture to help us see what aspects of our walk "stays" and what "goes." We can become stuck in our ways and thought patterns and close our hearts to the things of Christ and how He wants to grow us. Think of how refreshing it can be if we let the fresh winds of His guidance blow across our closed hearts and minds. It's time; now is when we need to do it. If we let Christ "spring clean" us then

we can let go of those things that hinder us. Hebrews 12:1 reminds us, "Therefore, since we are surrounded by such a great cloud of witnesses, let us *throw off everything that hinders* and the sin that so easily entangles, and let us run with perseverance the race marked out for us."

So, I cleaned my shelves and closet out, discarded the things that were no longer of necessity or importance and was able to donate several items that would be good for someone else to use. *Nothing else* is as important as having Christ in our lives; so "let us fix our eyes on Jesus, the author and perfecter of our faith" Hebrews 12:2.

~Deb

Upcoming Peoples Church Events



The Ministry of Women will once again be offering a summer book read to be released on Mothers' Day. Watch for details coming soon.

In June, our Ministry of Women will again co-host an informal Strawberry Social with the Ministry of Men.

This event was very well received last year so we thought we'd do it again this year. Watch for more details as we get closer to the summer months.



Attention Ladies!

Event information has changed!!

Peoples Church Ministry
of Women Presents:

*Melting A
Heart of Stone*

Speaker: Rose Oosterhof

Thursday, April 12th, 2012

Dessert Social Featuring a Sundae Bar
7:00 p.m.

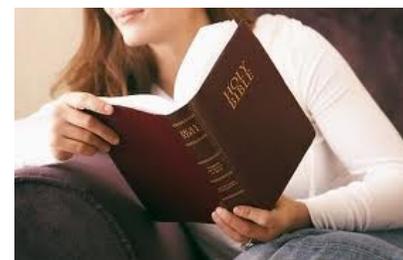


Distractions

I call myself a disciple of Christ, and disciple means “learner,” so is that what I am? Am I a woman Jesus can teach? In Luke 10, we read of an encounter that Jesus had with two sisters, Martha and Mary. Martha had invited Jesus and His disciples to her home, and it would be expected that food would be provided, but Martha’s sister Mary is sitting at the Lord’s feet listening to His teaching. Martha is busy in the kitchen preparing a meal for the guests, and Mary is not helping her. She obviously gets more and more frustrated until she bursts out with an accusation against Jesus and her sister.

“But Martha was distracted with all her preparations; and she came up to Him and said, “Lord, do You not care that my sister has left me to do all the serving alone? Then tell her to help me.” But the Lord answered and said to her, “Martha, Martha, you are worried and bothered about so many things; but only one thing is necessary, for Mary has chosen the good part, which shall not be taken away from her.” Luke 10:40-42(NASB)

I can see Martha in the kitchen bustling about making an elaborate meal, putting the lamb over the fire, peeling potatoes and carrots, grinding the grain for bread when Jesus Himself is sitting in the next room! Martha was missing out on the joy of serving Jesus and her guests by being annoyed with Mary, being “distracted with all her preparations” and feeling sorry for herself that she had to do all the work herself. The problem didn’t lie in the work Martha was doing; it was her attitude of fretting and worry that created the bad situation. If her attitude had been right, she would have been pleased that her sister was learning from Jesus; she would have prepared a simple meal and joined her sister at Jesus’ feet. I’m like Martha. I see a task that needs to be done and miss the opportunities to see the people along the way that God might want me to minister to. I get impatient and frustrated instead of joyful. I can sometimes find myself thinking about things that need to be done when I am praying and reading the Bible and even during teaching times on Sunday!



The great thing is I can be both a Martha and a Mary, serving with a joyful heart but also taking time for “the good part” to know and love the Saviour through prayer, reading His Word and fellowship with believers. Jesus wants me, not what I can do for Him. I need to work on being more like Mary, and coincidentally, I just found a book in the church library called *Having a Mary Spirit* by Joanna Weaver. She has also written one called *Having a Mary Heart in a Martha World*. Looks like I’ve got some reading to do!

~Anne Ottaway

true woman 12

Seeking Him Together for Spiritual Awakening

Is the Lord nudging you to attend the True Woman ’12 Conference in September? Wouldn’t it be fantastic if a large group of our ladies gathered together for a time of refreshing and growth in the Lord? We are excited and well on our way to filling a bus for this conference, which will take place in Indianapolis, Indiana, September 20th -22nd, and we hope you will give some thought to joining us. Bus space is limited and will be available on a first-come, first-served basis, so be sure to register early. There will be an information table at our upcoming Women’s Event where you will have opportunity to ask questions and sign up. If you have questions or wish to sign up before the event, please talk to Helena in the church office.

The group registration deadline is April 25th, and the fee is \$105 per person. The cost to register individually increases to \$139 US after this date. The registration fee covers conference materials only. All other costs are extra as follows: Hotel: \$45-60 US per person per night Bus: \$85-100 per person Meals: 3 days of lunches, dinners and snacks.

Healthy Chili



In a frying pan, brown a package of **ground turkey**. As it browns, add your desired amounts of **garlic powder, chili powder and black pepper**. I like to chop **an onion** and add it at this point as well.

Rinse the following items together in a colander: **1 can each of kidney beans, chickpeas and fava beans**. (Fava beans can be quite large, so you want to ensure you buy the small ones. You can substitute another kind of beans; we’ve been eating more fava beans because they are among the healthiest of legumes.)

Place the bean mixture in a large saucepan along with **a can of diced tomatoes and one can condensed tomato soup**. (Check the soup label before purchase. Make sure it is not flavoured with high fructose corn syrup. This stuff is not healthy. I just purchase a can of no-name.) You can add some chili powder to this mixture as well.

Once the meat is completely cooked, add it to the bean mixture and heat together.

In my opinion, chili tastes better once it has been sitting around for awhile. I usually cool mine and put it in the fridge for use in a couple of days. It’s a

New Year is long past, but do you remember your resolution? Did it have something to do with exercise or diet? Here is a healthy recipe that my husband and kids really enjoy. ~ Beth Ann

great meal to prepare on a Sunday afternoon and pull out on an evening when you work late. When I go away on work-related trips, I always have a container of this meal in the freezer for my husband and kids to heat and eat. It pairs well with garlic bread, toast, saltines and tortilla chips.

If you really want to be healthy, consider purchasing a dry bean mixture (instead of the cans) and soaking it overnight. This will eliminate the preservatives that are present in many canned foods.



Prayer Requests:

- ✿ Comfort for those who have recently lost loved ones
Steve Rathwell, Clarence Zantingh, Pat Mensinga, Ralph Huizinga, Jody Burger, Trudy Stamos, Eric Pries, Gratiana Wilkins, and Cora Spiece.
- ✿ Health, safety and opportunity for those serving abroad.
Peru: John Klazinga, Herman Naus, Steve & Sally Rathwell, John Dam, David Thompson, and Lisa Eastman
Cambodia: Amanda Stamos
Jamaica: Lucas Jamieson
- ✿ Healing for those suffering in pain or illness
Charlene Mahon, Sarah Sipkens & Eleanor Davis
- ✿ Manchay Oasis Care Centre in Peru
- ✿ Wisdom for our elders, deacons and various ministry leaders