

# Kindred Counseling Intake Forms

Thank you for expressing interest in counseling from Kindred Biblical Counseling, a ministry of Kindred Community Church. Our goal in providing biblical counseling is to help you meet the challenges of life in a way that will please and honor the Lord Jesus Christ and to allow you to fully enjoy His plans for your life. It is our prayer that we can be a help to you.

**IMPORTANT NOTE:** Follow these instructions to mail your Consent to Counsel and Personal Data Inventory (PDI) to the church office.

1. Print, read, and fill out this form.
2. Seal the form (without this first page) in an envelope.
3. Write "CONFIDENTIAL" clearly on the envelope.
4. Mail to:

Kindred Community Church  
Attn: Biblical Counseling  
100 S Chaparral Ct, Suite 100  
Anaheim, CA 92808

A staff member with Kindred Biblical Counseling will follow up with you with an email upon receiving your completed PDI. Please send your questions by email to [counseling@kindredchurch.org](mailto:counseling@kindredchurch.org) or call (714) 519-6227.



# Consent to Counsel

## OUR GOAL

Our goal in providing biblical counseling at Kindred Community Church is to help you meet the challenges of life in a way that will please and honor the Lord Jesus Christ and to allow you to fully enjoy His plans for your life.

## BIBLICAL BASIS

We believe that the Bible provides thorough guidance and instruction for faith and life. Therefore, our counseling is based on scriptural principles rather than those of secular psychology or psychiatry. The biblical counseling ministry is not a professional service. The counselors are not trained as and do not counsel as licensed psychologists, licensed psychiatrists, state-certified therapists, or any other type of professional mental healthcare provider. Consequently, they should not be expected to follow the methods of such specialists, and under California law, no such licensing is required. Their purpose is to minister from the Word of God as peers of the counsees. There will be no attempt to render a psychological evaluation or diagnosis.

## THE BIBLICAL COUNSELING TEAM

The biblical counseling ministry of Kindred Community Church consists of lay counsees and trainees under the direction of Dan Nah, Pastor of Care and Connections and under the authority of the Board of Elders at Kindred Community Church. The use of the word "counselor" in this document can equally refer to a pastoral counselor, biblical counselor, or a lay-person trained in biblical counseling. Counseling trainees may be invited to join the counseling sessions, as required and determined by the Pastor of Care and Connections, to observe the counsel; however, they are bound to the same requirements of confidentiality as stated below.

## NOT PROFESSIONAL ADVICE

Some of our counselors may work in professional fields outside the institution. When serving as counselors within this institution, however, they do not provide the same kind of professional advice and services that they do when they are hired in their professional capacities. Therefore, if you have significant legal, financial, medical, or other technical questions, you should seek the advice from an independent professional. Our counselors will be happy to cooperate with such advisors and help you to consider their counsel in the light of relevant scriptural principles.

## REQUIREMENT FOR COUNSELEES

- Counseling services are available to anyone in the community; however, counseling members of Kindred Community Church takes precedence over counseling non-members. When a counselor is available, non-members may be scheduled for counseling.
- Counseling wait times can be extended for non-members when Kindred Church members request counseling.
- A counselee will be asked to complete a Personal Data Inventory (PDI) in order to aid the counselor in seeking biblical answers to the issues the counselee faces.

- Homework is assigned at each meeting. Homework is an essential part of the learning process and forms the basis of discussion for many sessions. Homework is also designed to facilitate personal time with God during the week, which is a critical part of the counseling process. The counselee commits to complete all assignments before each meeting. Continued incompleteness of homework will lead to termination of counseling.

## **REASONS FOR TERMINATION**

- As previously mentioned, the Bible is used as the final authority for biblical counseling. If the counselee is unwilling to use the Bible as such, then the counseling will be ineffective and thus the sessions will be terminated.
- Your respective counselor will directly contact you to set up your first meeting and then will discuss, at the first meeting, the process for setting up future meetings.
- If a counselee is unable to keep an appointment, he or she must contact his or her respective counselor to cancel in a timely manner. Notification of cancellation is expected at least 24 hours in advance. Consistent failure to do so, or two consecutive cancellations without good cause, will result in termination of counseling. Failure to show up at a counseling appointment constitutes a cancellation. We understand emergencies happen, so please keep your counselors informed. We appreciate your cooperation in this matter as our lay counselors freely give their time to this ministry.
- At any time during counseling, the counselor or counselee has the option of terminating counseling.

## **CONFIDENTIALITY**

Confidentiality is an important aspect of the counseling process, and we will carefully guard the information you entrust to us. However, we do not promise absolute confidentiality. Your counselor reserves the right to consult with other counselors or pastors at Kindred Community Church for the purpose of providing the highest level of care. Additionally, there are times when counseling information may be shared outside the Kindred Community Church context. Those exceptions would include, but are not limited to, the following:

- 1) Known or suspected child abuse or elder abuse of any kind;
- 2) The intent to take criminal actions or violence against another person;
- 3) Active suicidal thoughts or intentions;
- 4) Other credible intent to harm self or others; and
- 5) Matters of church discipline (see Matthew 18:15-17).

Counselors reserve the right and discretion to contact all appropriate entities when, as a result of counseling, it is clear that a crime has been committed or is about to be committed or when the safety and welfare of any person (including the counselee) is in jeopardy. The counselor is not required to notify the counselee in advance of any such contact with the appropriate entities.

In the case of marriage or family counseling, there is limited confidentiality, meaning the confidentiality belongs to the relationships and not to the individual.

Please be aware that your counselor is not a licensed psychologist, licensed marital or family therapist, or licensed counselor under the authority of any state licensing organization. Consequently, communications between you and your counselor are not considered privileged communications as defined by California law. This means that, in a legal proceeding, a judge may compel disclosure of any statements you make to your counselor.

### **RESOLUTION OF CONFLICTS**

On rare occasions, a conflict may develop between a counselor and counselee. In order to make sure that any such conflicts will be resolved in a biblically faithful manner, we require all of our counselees to agree that any dispute that arises with a counselor or with this church as a result of counseling will be settled by mediation and, if necessary, legally binding arbitration in accordance with Rules of Procedure for Christian Conciliation; judgment upon an arbitration award may be entered in any court having jurisdiction.

### **RELEASE OF LIABILITY**

My signature below indicates my informed consent to the above guidelines. Additionally, by signing this document, I am, of my own free will, knowingly authorizing the biblical counseling ministry of Kindred Community Church to render biblical counseling and/or referral services to me. I declare that I am fully capable of discerning good and bad advice, and release my counselor, Kindred Community Church, its Elders, staff, employees, or any associated ministry or organization from any legal liability, claim, or litigation arising from my participation in this voluntary ministry. I affirm that no guarantee or assurance of any kind has been made to me with respect to the expected results of counseling. I have been informed of the nature and purposes of biblical counseling and that my consent can be revoked orally or in writing prior to and/or during the counseling session.

### **TERMS OF WAITLIST COUNSELING**

Kindred Counseling may assign "waitlist counseling" to give immediate care to a counselee's situation when there is no counselor availability for regular biblical counseling sessions. Waitlist counseling involves a one-time meeting with the counselor and the counselee. An assigned church leader may also attend the meeting to provide spiritual support and care. Although there will be no immediate provision of follow-up meetings, homework may be assigned to the counselee as a means of immediate care for his or her unique situation. The counselee is encouraged to complete all assignments given during this one-time meeting as an indication of his or her commitment to submit to God's Word and His work through biblical counseling. If an assigned church leader is present, he or she can be assigned to follow-up with the counselee in a non-counseling context to encourage accountability and direction. If it is determined that additional biblical counseling is appropriate for the counselee's situation, the counseling ministry will initiate follow-up contact at a future date when there is counselor availability.

**CHILDCARE**

Counselees are responsible to arrange for their own childcare. Children are not allowed to be unsupervised at Kindred offices. If you are unable to make childcare arrangements, then counseling should be postponed until arrangements can be made.

Furthermore, I understand that the counselor to which I am assigned is *not* licensed, nor is required to be licensed, as a professional counselor, fee-based counselor, social worker, or therapist. I understand that I will not be given a psychological diagnosis based on the current Diagnostic and Statistical Manual of Mental Disorders. I also understand that those who provide care are not trained as and do not counsel as licensed psychologists, licensed psychiatrists, state certified therapists, or any other type of professional mental health provider. I understand that I will receive biblical guidance based on the teachings and authority of God’s Word.

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Counselee Signature

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Date

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Counselee Printed Name

KINDRED COUNSELING MINISTRY

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Signature

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Date

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Printed Name

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Title/Position

# Personal Data Inventory

What is your affiliation with Kindred Community Church?

Member    Regular Attender    Visitor    Other: \_\_\_\_\_

Name: \_\_\_\_\_

Gender:    Male    Female

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Email Address: \_\_\_\_\_

Preferred Phone Number: \_\_\_\_\_

Current Occupation/Responsibility: \_\_\_\_\_

Hours/Week at Your Job: \_\_\_\_\_

Marital Status:

- Single
- Engaged
- Married
- Separated
- Divorced
- Widowed
- Remarried

# Marriage & Family Information

Skip this section if not applicable.

Spouse's Name: \_\_\_\_\_

Length of Marriage: \_\_\_\_\_

Spouse's Current Occupation/Responsibility: \_\_\_\_\_

Number of Children: \_\_\_\_\_

Have you been previously separated?  Yes  No

If yes, please explain:

Have either of you previously considered or filed for divorce?  Yes  No

If yes, please explain:

Have you been previously married?  Yes  No

If yes, please explain:

Is your spouse in favor of you coming to counseling?  Yes  No

Is your spouse willing to come to counseling (if needed)?  Yes  No

# Health Information

Rate your health:  Very Good  Good  Average  Declining

Other: \_\_\_\_\_

Date of last medical exam: \_\_\_\_\_

List all the prescriptions and over-the-counter medications you are currently taking, including diet pills, laxatives, birth control pills, cold and allergy medications, aspirin, etc. (use the back of this sheet if needed):

Have you seen a psychologist, psychiatrist, or received counseling in the past?

Yes  No

If yes, list counselor(s) and date(s) seen (use the back of this sheet if needed):

For what were you seen?

What was the outcome? Was it helpful?

# Spiritual Life Information

Do you attend a local Christian church?  Yes  No

Name of the church you attend: \_\_\_\_\_

Are you a member of Kindred?  Yes **If yes, how long?**

In the process  
(e.g., attending membership class, pending interview)

No

Have you been baptized?  Yes **If yes, at what age?** \_\_\_\_\_  No

Church services/functions attended per month: \_\_\_\_\_

Are you part of a small group?  Yes  No

If yes (and at Kindred), who is your small group leader?: \_\_\_\_\_

Do you consider yourself "saved"?  Yes  No  Don't know

Not sure what you mean

Do you know with certainty that you would enter heaven after death?  Yes  No

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Skip this section if not applicable.

Do you attend church with your spouse?  Yes  No

If no, please explain:

Does your spouse consider himself/herself "saved"?  Yes  No  Don't know

Not sure what you mean

## **Pre-Counseling Questions**

Please thoughtfully consider what has been happening in your life that brings you to counseling. This section will help us get to know your current situation a little better and help us match you with the right counselor. Please use the back of this sheet to answer if needed.

**What has brought you here? Describe the main problem in your life as you see it. Include when it began and any other significant events or information.**

**What have you done to try to resolve the problem on your own?**

**Why are you now seeking help through biblical counseling?**

What types of thoughts come to your mind in your current situation when you feel disappointed, discouraged, angry, and/or fearful about the situation?

Is there any other information you think we should know?

Please check the times and days you are available for counseling:

	Mondays	Tuesdays	Thursdays	Fridays
Morning (9am - Noon)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Afternoon (2pm - 4pm)		<input type="checkbox"/>	<input type="checkbox"/>	
Late Afternoon (4pm - 6pm)		<input type="checkbox"/>	<input type="checkbox"/>	
Evening (6pm - 8pm)		<input type="checkbox"/>	<input type="checkbox"/>	

**IMPORTANT NOTE:** Please arrange childcare prior to your counseling session. We do not provide childcare, nor do we allow children to wait in the church office. Thank you for your understanding.