

## SERMON NOTES



### **This week's sermon**

**FREE INDEED**

**1 Timothy 4:1-4**

The main point of the sermon is that Jesus Christ has set us free from all religious laws; therefore, we must live as a free people.

#### 3 Observations about the text:

1. Some will depart from the faith.
2. Demons lead with lies.
3. Seeking righteousness by way of physical religious ritual is wicked.

*Now the Spirit expressly says that in later times some will depart from the faith by devoting themselves to deceitful spirits and teachings of demons, 2 through the insincerity of liars whose consciences are seared, 3 who forbid marriage and require abstinence from foods that God created to be received with thanksgiving by those who believe and know the truth. 4 For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving, 5 for it is made holy by the word of God and prayer.*

*1 Timothy 4:1-4*

## Digging Deeper into the Message

Read Ephesians 6:11-20

1. According to the text, how are we supposed to combat the lies we come across every day?
2. List the different components of the “armor of God” (verses 14-17).
3. What specific instructions are given about how you should pray in verse 18?
4. What are some practical ways you can apply this passage to your life?

Read John 8:31-36

5. What are two descriptions of true disciples in verses 31-32?
6. How are people who practice sin described in verse 34?
7. Write verse 36 below. Spend some time in prayer, asking God to help you walk in freedom.

## Community Group

**ICEBREAKER:** What are some things you are thankful for right now?

### **QUESTIONS:**

- ❖ Read the text on the front of the MAP (1 Tim 4:1-4)
  - Is there anything you highlighted or underlined during the sermon?
  - According to the sermon, when is “the later times”?
- ❖ Read Observation 1 on the MAP
  - According to the sermon, how do we know that a person who is truly saved cannot be unsaved?
  - Then how can someone depart from the faith? (See 1 John 2:19 for the answer)
- ❖ Read Observation 2 on the MAP
  - What are some lies from without (the media, family members, people at work) that you have encountered lately?
  - What are some lies from within (negative thoughts about self or others, doubts, etc.) that you have been tempted to believe lately?
  - Where do these lies come from?
  - How can we combat these lies?
- ❖ Read Observation 3 on the MAP
  - How does it insult God when people claim that abstaining from marriage or food brings greater holiness?
  - In what areas are you generally tempted to earn your righteousness?
- ❖ Read the main point of the sermon.
  - Why couldn’t the blood of lambs and goats wash away sin?
  - What is the only way to be made righteous?

**APPLICATION: Ask God to search your heart and show you any ways that you are choosing to live in bondage to religious law. Instead, walk in the freedom you have in Christ!**