

LEARN

Read Galatians 5:13-18. What stands out in the text and what was encouraging/challenging from the sermon?

How would you explain Christian freedom to someone from these verses?

Why is it so important that we rightly understand what true Christian freedom is? What are the pitfalls we get into when freedom is misunderstood or isn't exercised appropriately?

PRACTICE

What are the desires of the flesh? How does a Christian identify them in his or her heart?

How does verse 16-18 help you understand the war against sin in your life and the way to victory?

Think of an example in your life of defeating sin and/or not gratifying the desires of your flesh. Share how you gained victory as a way to encourage one another to put these truths into practice.

CHANGE

Where are you especially susceptible to gratifying the desires of your flesh? How will you commit to walking by the Spirit to overcome those sinful desires between now and the next small group meeting?