

**LEARN**

What stood out to you from the sermon on Sunday?

Read Romans 8:12-17. What does this text specifically tell us about people who are “led by the Spirit”?

What does it mean to live a Spirit-Empowered life? What are 3-5 marks in the life of a Christian that tell you the person is empowered by the Spirit?

Read Ephesians 5:15-21. What does this text tell us it means to “be filled with the Spirit”?

**PRACTICE**

Read Galatians 5:13-18. The promise made is that if we walk by the Spirit, we will not gratify (obey/follow) the desires of the flesh. How do you know when you are walking by the Spirit? What do (or don't) you do?

Read 2 Corinthians 3:17-18. Take some time to think about ways you've grown in the past 6 months. Share brief statements of testimony together of how you have changed and are being changed by God's Spirit.

**CHANGE**

In what way do you need to obey the command to be filled by the Spirit?