

LEARN

Read Matthew 6:13 as a group. What stands out from the text or the sermon on Sunday that was helpful, encouraging, or challenging to you?

What is the difference between testing and temptation? When do they go together?

What is so important about regularly praying "deliver us" and not merely "Help me" or "give me the strength"?

PRACTICE

Looking back on the entire series on prayer, what is something that is already making a difference in your prayer life? Or, what is something you need to ask God to change you in as you pray?

Time to practice by praying the Lord's prayer together! As a group, take 20-30 minutes to slowly work through the Lord's prayer.

CHANGE

Now is the time to say "no more" to prayerlessness in your life. How will you personally start praying more regularly, and/or how will you as a group commit to 2019 being a year of growing in prayer?