

**LEARN**

Read Matthew 6:11. What stands out from this request in Jesus' prayer, or from Sunday's sermon, that is encouraging/challenging to your walk with Christ?

What does the Bible say about our dependence on God for basic, material provisions?

What would "daily" have reminded an Israelite of? Why should that also be a reminder to us?

**PRACTICE**

How does our prayer, or lack of prayer, for physical provisions display what we believe about God?

Imagine this: Six months from now, you are more grateful and more aware of your dependence on God than you are today. What types of changes in prayer or habit did you make to get there?

Read John 6:33-35 and 50-51. What difference does it make in your life to remember that the ultimate bread you need is not physical but spiritual?

Suggested Group Prayer: Spend 10+ minutes praying short "popcorn prayers" of thanksgiving to God and dependence on God for material and spiritual provision.

**CHANGE**

When are you prone to ignore God and act as if you are not dependent on him? How will you commit to seek God's help to change in this area?