

Additional Information

Transportation:

____ I will drive my own car

____ I require a ride

For an extra \$35 round trip, a 15- passenger van is available.

Health Information:

Emergency Contact Name

Emergency Contact Number

Special medical needs or concerns?



Accommodations Include

- Fireplace
- Flat-screen TV with satellite service
- Complimentary Wi-Fi access
- Microwave and mini-fridge
- In-room Keurig coffee maker
- Hair dryer, lap desk and USB charger alarm clock
- 24-hour front desk service
- Iron and ironing board available by contacting the front desk

Women of Grace

Grace PCA
6308 Highway N
St. Charles, MO 63304
636.926.2955
www.gracepca.net

Facebook Address:
Women of Grace PCA -
Cottleville, MO

Women of Grace Retreat April 12—14, 2018

RUN YOUR RACE



"...and let us run with patience the particular race that God has set before us." - Hebrews 12:1



Location and Directions

Our annual retreat will be at
 Echo Bluff State Park
 34489 Echo Bluff Drive
 Eminence, MO 65466
 844.322.3246
www.echobluffstatepark.com

Directions from St. Louis

- 1) Follow I-44 West to Exit 195—toward St. James, turn left on S. Jefferson St. (MO-68)
- 2) Take MO-68 east to Salem
- 3) In Salem, continue on MO-68 (It shares its name with Hwy. 19)
- 4) At the junction of MO-19, make a right to follow MO-19 south
- 5) Follow MO-19 to Echo Bluff—entrance will be on the left approximately 29 miles from Salem

Running Your Race Workshops

Introduction

I—Training & Preparation

II—Running the Race

III—Hitting the Wall—panel discussion

IV—Living in God’s Story

Running Your Race

Thursday

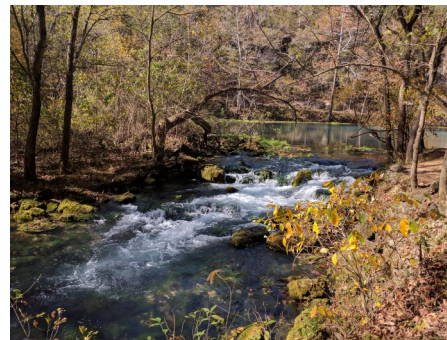
- 1:00 Van departs
- 4:00–8:30 Check-in
- 7:30–8:30 Dinner
- 8:30–9:15 Introduction
- 9:15–??? Fun time

Friday—Continental Breakfast in room

- 9:00–11:00 Workshop I
- 11:00–12:30 Alley Springs
- 12:30–1:30 Ruby’s Café (Eminence)
- 2:00–3:15 Workshop II
- 3:30–4:45 Workshop III
- 4:45–6:30 Free Time
- 6:30–??? Bonfire & Cookout

Saturday—Continental Breakfast in room

- 9:00–10:30 Workshop IV
- 11:00 Check-out
- Optional activities
 - Hiking
 - Biking
 - Fishing
 - Float trip
 - Horseback riding



Alley Springs

Cut Here—Mail to: Grace PCA, 6308 Hwy N, St. Charles, MO 63304

2018 Retreat Registration Form

Name _____

E-Mail _____

Phone _____

Food Allergies? _____

2 nights/6 meals (Check One)

- Private bdrm./shared bath \$156
- Sofa bed in loft \$144
- Bunk Bed in Shared Room \$136
- Private lodge room \$297

Early Bird Special—10% discount!
(Must reserve & pay by February 25)

Please submit your completed registration form with your payment to the Women’s Ministry table in the Narthex or mail to the church office: 6308 Hwy. N, St. Charles, MO 63304 by Sunday, March 25, 2018. Checks should be made payable to Grace PCA—please note “Women of Grace Retreat” in the memo line. **(Please do not place payments in the offering plate.)**

Lodging and Activities

Each lodge-style condo includes 3 bedrooms and 1 or 2 bathrooms. Each condo includes a great room with a fireplace, a full kitchen and a large deck with a grill. (Private rooms include refrigerator & microwave.)

Optional Activities include: Hiking, Biking, Fishing, kayaking, canoeing on the Current River and horseback riding in nearby Eminence.