

Lesson 4 --- *Courage: Fighting Fear with Fear*

Chapters 7 and 8 (Discussion questions are in **bold***)

January 17, 2019

Chapter 7: Getting to the Heart of the Problem

He who conceals his transgression will not prosper, but he who confesses & forsakes them will find compassion.

Proverbs 28:13

1. What principle does David's story illustrate?*

2. What are two strategies for dealing with sin?

3. What's the difference between the men described in Proverbs 28:13?*

4. What must you do if you are going to overcome the fear of man? Why?

5. What would you tell someone who came to you and asked, "Why should I repent?" Support your answer biblically.

6. Is repentance a one-time act? Prove you answer scripturally.*

7. What do we learn from 2 Corinthian 7:9-10? Apply this to your situation.

8. What is one reason many believers are stuck in their sin?

9. What are some possible reasons people don't repent?

10. What does it mean to confess your sin?

11. What do we learn from Psalm 32 and 1 John 1:9 about confession?*

12. Why is it difficult to see your own sin?

13. From what does true confession flow?

14. Why should you be sorry over your sin? Be specific.

15. What is godly sorrow over sin? How does it differ from worldly sorrow?

16. What should you do if you don't feel sorrowful over sin the way you should?*

17. What are some ways you pass the blame for your sin?

18. What's the result of true repentance?

19. When was the last time you truly repented of your sin?

Chapter 8: God's Game Plan

It is the Lord of hosts whom you shall regard as holy. . . He shall be your fear, & He shall be your dread. Isaiah 8:13

1. What is the purpose of this chapter?

2. What was happening in Isaiah 8? Why was Isaiah in a difficult position? What reasons could he have given for becoming afraid?

3. What was God's basic charge to Isaiah? What can we learn from it?

4. What was God saying to Isaiah in verse 12?*

5. What are some of the ways you tend to compromise when you are placed in frightening situations?

6. How does the world usually respond to frightening situations? Give examples. Is it all right for believers to respond to frightening situations just like the world would? Explain biblically.*

7. What is the path to overcoming your fears? Defend your answer with Scripture.*

8. What does it mean to sanctify God?

9. What would it look like for you to sanctify God? How could you go about doing this? Be practical. What specific steps could you take this week to sanctify God in your heart?

10. What is one reason this chapter gives that we struggle so intensely with the fear of the creature rather than the Creator?*

11. How does fear spring from ignorance? Relate this to your own situation. In what ways has your own fear come from ignorance?

12. What can you learn from the fact that God is the Lord of hosts?

13. What is God's s basic game plan for becoming a person of courage?

14. As a result of what you've learned in this chapter, what will you do differently the next time they were tempted to fear?