



### Our Vision

Him we proclaim...so that we may present everyone mature in Christ. Col 1:28

#### Small Groups

Message from 3/19/17: <http://gracebibleva.org/mediaPlayer/#sermonvideo/183>

“Be Full of Grace, Not Anger”

### **Ephesians 4:25-32**

1. Who are we in Christ according to 5:25; 30; 32?
2. How should your answers in question 1 affect how you treat other people?
3. Do people MAKE us angry? Christ had many reasons to be angry in life. Do you remember the only time Scripture says he was angry? (Mk 3:1-6) How does his forgiveness of others inspire us?
4. Paul uses a progression over and over in this passage: A negative command, a positive command, the motivation for obedience. Find and discuss 1 of these. Hint, there are 5 examples.
5. Do you agree that anger is an attack on God's sovereignty? How so?
6. How can we help each other put verse 32 in to practice?