

CHAMPS



CHILDREN'S MINISTRY

8/22-8/23

“FEAR MEETS FAITH”

Thought to memorize:

“The LORD is my strength and my shield; my heart trusts in him, and I am helped.” – Psalm 28:7a

Learning Activities:

Invite a child to give the opening prayer.

Lesson:

Last week we learned about what fear is and how God’s love for us will never allow anything bad happen to us. Because he loves us more than anything in heaven and earth we will keep us safe from all those things that scare us.

This week we will learn more of his promises that tell us why we should never fear!

1. Our world is full of fear. Why shouldn’t we be afraid? God says....

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.”

– Isaiah 41:10

(God is with us no matter what fearful time we are going through.)

2. What if we don’t want to be afraid anymore. How can we stop?

“For I am the LORD, your God, who takes hold of your right hand and says to you, Do not fear; I will help you.”

– Isaiah 41:13

(He helps us. We can’t do it on our own. He gives us His Word to hide in our hearts when we are scared, His Holy Spirit to comfort us, grown-ups who follow Jesus to help us, prayer, and friendships. Make it clear to your students that you are always there to support them and help them get over a fear.)

3. What would happen if we don’t give our fears to God?

“For you did not receive a spirit that makes you a slave again to fear, but you received the Spirit of sonship.

And by him we cry, “Abba, Father.” – Romans 8:15

(Fears tend to grow, sometimes out of control. The more you are afraid, the less you live the life that God has for you. Being afraid is like being in a prison, but God has set us free. As His children, we can trust Him because He is a good Dad.)

4. How can we trust Him? Will He really help us with our fears?

“There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.” – 1 John 4:18

(Jesus’ love for us is perfect. He showed us that by dying on the cross to rescue us from our sins. Perfect love is the only thing that can drive out all fear.)

5. What if we do learn to trust Him? What then?

“Fear the LORD, you his saints, for those who fear him lack nothing.” – Psalm 34:9

(If we trust God more than we fear the world, we show Him honor and love. This verse says that we will lack nothing. In other words, we will be given everything we need in Him. Wow! Now that’s a promise worth holding onto!)

Outside Activity:

Show the students Psalm 28:7a. Read the verse. Have them repeat it after you. Practice a couple of times, using motions. Post it up so that it is visible for the game.

“The LORD is my strength and my shield; my heart trusts in him, and I am helped.” – Psalm 28:7a

Have the students make a large circle of 6-8 students. The first student to receive the ball should say the verse and toss it to a friend. That friend will catch the ball, repeat the verse, and toss it to someone who hasn’t had it yet. Have them continuing tossing and repeating the verse until everyone has had a turn. Time them and see how quickly the Trust Toss can make its rounds. If time allows, play again and try to beat your time.