

Mission Trip 2018 Dominican Republic

Get ready to get out of the boat!

Embark on one of the most incredible journeys of our Christian walk!
You will be stretched and pulled beyond your imagination.

Be ready to leave your comfort zone
& walk boldly for the Lord into new territories



May this checklist serve as a tool for you to prepare accordingly. Please know that the leaders of this trip will provide First Aid Kit, repellent, water, photography, schedule, allergy medicine, pain reliever (over the counter).

WHAT TO BRING:

- Bible
 - Passport (Bring your passport to check on **Sunday June 10th** OR send a copy to Vidalis Lopez at vlopez@fumccg.org of your passport's status confirmation that it is current /not expired)
 - Valid Identification
 - Charger for your phone or electronic device (only bring what is necessary)
 - Cash, spending cash (petty cash)
 - CARRY ON labeled suitcase **ONE luggage per person** that will fit in the overhead.
 - Cotton outfits is highly recommended because of climate.
 - **Comfortable attire suitable for the work. Casual (Enough for 6 days, even though we work 4 days, bring extra)**
 - Modest shorts, no short shorts or miniskirts
 - tshirts
 - no spaghetti straps, mid drifts exposed, see-through, clothing with holes.
 - **-work boots or durable sneakers. (on mission site- **closed toe shoes are REQUIRED**) This guideline must be followed. For minors, parents, please make sure this guideline is respected).**
 - -HAT!
 - Sunscreen, sunscreen, sunscreen!
 - Sunglasses
 - Appropriate supply of underclothing and sleep attire
 - For church gathering or events (in our case, Saturday night, and Sunday morning worship)
- "Business casual" is expected. Dress slacks, appropriate skirt length, no flip flops, no t-shirts other than our mission group T-shirts.

Please wear your mission trip shirt on traveling day (we leave on an evening direct flight. If possible, we want to wear it the following day (first day at the project site- Tuesday morning).

- Insect repellent
- Soap
- Shampoo and conditioner
- Toothbrush and paste
- Comb and brush
- Razors
- Disinfectant hand solution
- Feminine hygiene items
- deodorant



Remember: airline regulations limit all lotions and/or liquids to be limited to 3 oz. or less, they are placed in a clear ½ gallon size zip-lock bag and placed on the top of packed clothing just beneath top of luggage or they will be confiscated.

(For minors, please make sure parents have disclosed on medical forms)

- All personal medication

Bottles of water will be available at work sites, retreat center and ministry events. Currency is in Dominican pesos and the recent exchange rate ranges from 43-44.5 pesos on the dollar. **We strongly recommend carrying some cash;** ATM's are easily accessed and major credit cards are honored at any major department or grocery store.

What NOT to bring:

- Too many electronics- you could potentially lose these and you might not have time to use them.
- Expensive jewelry
- Overly fancy clothes and shoes
- Too many books for personal leisure- they are heavy and take up space
- Pocket knives
- Anything outside of TSA requirements
- Laptops
- Cameras not part of cell phone