

WORSHIP AT FIRST
LORD'S DAY
JULY 15, 2018

MORNING WORSHIP

8:30 & 11:15 a.m.

"Jesus' Death and the New Covenant"

Luke 22:14-20

Dr. Ligon Duncan



EVENING WORSHIP

6:00 p.m.

DISCIPLES:

HOW TO FOLLOW JESUS FROM THE
BOOK OF TITUS

"The Gospel Disciples Believe"

Titus 2:11-15

Dr. Gabriel N.E. Fluhrer

The Sacrament of the Lord's Supper

THORNWELL LECTURES

Sunday, July 15

Great Doctrines of the
Reformed Faith
"The Covenant"

Dr. Ligon Duncan



WEDNESDAYS@FIRST

Wednesday, July 18

8 THINGS I ATE

"Stew"

Dr. Gabriel N.E. Fluhrer
Jackson Hall

Lunch begins at 11:30 a.m.

Teaching begins at 12:15 p.m.



CENTERPOINT

Wednesday, July 18

"Rejoicing with Paul"

Rev. Josh Squires
Jackson Hall

Supper begins at 5:00 p.m.

Teaching begins at 6:00 p.m.



FIRST THINGS

THE FIRST PRESBYTERIAN CHURCH

Vol. LXVIII, No. 28

July 15, 2018

audio streaming at www.firstprescolumbia.org

info@firstprescolumbia.org

Worship Service - Broadcast WISW 1320 AM at 11:00 a.m.

"Recipe of Repentance"

One of the questions that often arises in counseling is how to know when repentance is real. The short answer (of which we were reminded last Sunday by H.B. Charles) is that we can't know perfectly whether someone is genuinely repentant. We can't know perfectly because we don't even know our own hearts perfectly (Jeremiah 17:9). However, that doesn't mean that we can't have a *general sense* of whether repentance, our own or others, is authentic. To this end, I've found Thomas Watson's six-part "recipe of repentance" very helpful and thought I might share it with you.

1. Sight of Sin

By this, Watson means that we rightly perceive ourselves as sinners. How often have you heard the phrase, "I know I'm not perfect but . . ." which in nearly every circumstance means, "When it comes to this, I'm perfect!" Genuine repentance starts with the understanding that we are desperate sinners whose sin touches nearly everything we do (Romans 3:10). It means that we should not be surprised when we find it necessary to repent, nor should that exercise undo us.

2. Sorrow over Sin

This ingredient is the element of lament for our sin as we see its effect on ourselves, on others, and on God. As David cries, "The sacrifices of God are . . . a broken and contrite heart" (Psalm 51:17). This is the element which is most easily observed and, therefore, most often counterfeited. As Watson observes, some are sorrowful "not because sin is sinful, but because it is painful."

3. Confession of Sin

Again Watson writes, "Sorrow is such a vehement passion that it must vent. It vents itself at the eyes by weeping and at the tongue by confession." Confession should focus on oneself and one's own sin. It should not look to mitigate, excuse, rationalize, or blame. Genuine repentance takes ownership of the pain that our sin has caused both in its particulars and generalities.

While preferred that confession is always voluntary on the part of the penitent, it is not uncommon for confession to flow from the fact that the Lord has graciously let us be caught in our sinful ways. However, if confession results only from the times that we are involuntarily caught in our sin, then this is no repentance at all.

4. Shame of Sin

"Blushing is the color of virtue," says Watson. All sin makes us guilty, and that guilt is only removed at the cost of the blood of God himself, who voluntarily took on flesh and lived a perfect life never once ceding to temptation, though tempted by the prince of lies himself. He voluntarily clothed himself in that very sin and took on the wrath of God — hell itself! — at Calvary. If that does not make us ashamed when we sin, nothing will!

5. Hatred of Sin

"Christ is never loved till sin is loathed." Genuine repentance reflects something of God's wrath. God's anger burns at sin, and for those who do not trust in Christ alone for salvation, they will experience this firsthand upon death. It is not just a historical anger but an eternal one.

When we get angry at our own sin, we are reflecting something of God's holiness and purity to those around. This hatred of sin in oneself, when genuine, is never too far from the surface (Psalm 4:4-5). When someone's anger is focused primarily on others' sins and not his own, it's typically a sign that repentance is a mere performance.

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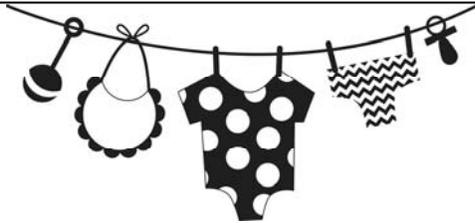
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6. Turning from Sin

Repentance means little if it does not result in reformation. This is the ingredient of repentance that takes the longest and can be the most excruciating for all involved. Will you raise your voice again in anger? Will you look at something inappropriate when no one else is around? Will you talk again about someone else's flaws just so you can feel accepted?

Scripture tells us that we must not only repent but that we must also actively turn from the sins we commit (Ezekiel 14:6). If we repent without a sincere desire to keep from engaging in that same sin in the future, then one or more of the ingredients above are missing. That said, if we turn from sin in our own strength, we will fail. We will lose both the motivation and the energy for the fight that the conflict against sin requires of us. Instead, if we turn not to our own efforts but to God, we will find ourselves more and more refreshed by his grace and have the catalyst to see sin beaten.

Yours in Christ,
Rev. Josh Squires



Donations and Volunteers Needed for the Foster Care Resource Closet

We are in the process of organizing our new Foster Care Resource Closet in the Palmer Building. If you are interested in organizing donations or staffing the closet during operating hours, please contact Hannah Engroos, Closet Coordinator, at firstpresfosters@gmail.com. We are accepting donations of gently used clothes, shoes, toys, and other equipment. You can find a full list of items to donate at firstprescolumbia.org/volunteer or on the app under Local Missions. Donations can be dropped off in the marked box on Sundays in the security office of the Palmer building. For any questions, please email Hannah Engroos at firstpresfosters@gmail.com or call Alana Tyler at 799-9062, Ext. 544.

Youth Summer Basketball Camp

July 30 - August 2

For students in rising 1st - 8th grades:

- Girls camp: 9:00 a.m. - 12:00 p.m.
- Boys camp: 1:30 p.m. - 4:30 p.m.
- Cost: \$45.00 for FPC members
- Cost: \$55.00 for non-church members



Online registration is open now!

To register or for more information, visit firstprescolumbia.org/basketball or the church app.



Thornwell Lectures 2018

Thornwell Lectures are held during Sunday School in the summer at 10:00 a.m. in the Family Life Center. All Adult Sunday School classes will join the lectures through August 12. To find out more about the speakers and topics, visit the church website at www.firstprescolumbia.org/thornwelllectures or on the church app.

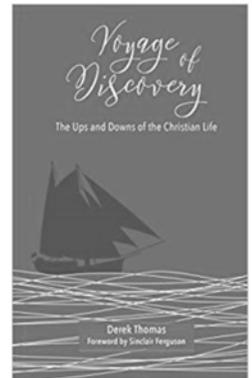
Dr. Ligon Duncan will teach on July 15. The following books written by Dr. Duncan will be available on the credenza in Thornwell Atrium with payment envelopes: *Does Grace Grow Best in Winter?*, *Women's Ministry in the Local Church*, *Fear Not! Death and the Afterlife from a Christian Perspective*, *Entrusted with the Gospel*, and *The (Unadjusted) Gospel*.

Voyage of Discovery

by

Dr. Derek W.H. Thomas

Our senior pastor has written a book on "The Ups and Downs of the Christian Life" to encourage us through the Psalms of Accent. Read each psalm, pray over each psalm, and make notes about what God teaches you. Improve your spiritual fitness as you walk with the Lord. The book is available from the Book Service located in the Atrium and the Bridge with a payment envelope for \$10.00.



The Encouragers

A Ministry for
Singles 50 and over

Encouragers' Breakfast

Saturday, July 21, at 9:00 a.m.

in the Small Dining Room

Cost: \$5.00

RSVP to leargle@firstprescolumbia.org or 799-9062, Ext. 455.

RSVP deadline is Monday, July 16.

Women's Summer Study

Summer Study on Biblical Hospitality with help from Rosaria Butterfield's *The Gospel Comes with a House Key* (April 2018): Wednesday evenings 6:00-7:00 p.m., June 6 - August 15, in Thornwell 305. This study has an "open door" policy so it's not too late to join us!



College Summer Study

College students and rising college freshmen are invited to join the College Ministry this summer for our summer Bible study. It will be held on Monday nights from 5:30 - 7:30 p.m. at various homes in the city. Follow us on Instagram @fpccollegeministry, or contact Rebecca Milford at rmilford@firstprescolumbia.org or 799-9062, Ext. 232, to sign up for our emails.



Youth Summer Activities

High School Hangout
Sundays at 7:30 p.m.
July 15
at the Stokers'

July 22
at the Andersons'

Middle School Swim & Study
July 17 @ 1:00 p.m.
at the Easterlings'

Contact Meredith Myers at mmyers@firstprescolumbia.org or 799-9062, Ext. 545, to sign up for weekly youth emails.

Church Family

Congratulations to:

Emily and J.T. Martin on the birth of their son, William Charles Martin, on July 6.

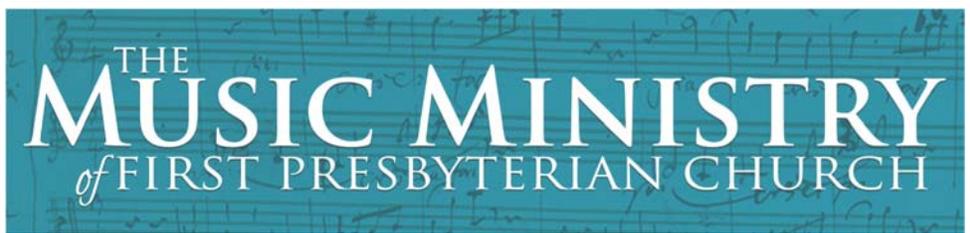
Christian sympathy is extended to:

Laurie McGill and family on the death of her mother, Betsy Cameron, on July 4.

Margaret Barrow and family on the death of her father, Horace Harper, Jr., on July 6.

Items for Church Family?

Contact Lisa Eargle at 799-9062, Ext. 244, or leargle@firstprescolumbia.org.



Choir Rehearsals Resume in August

Singers needed in all choirs!

Chancel Choir (Adults)

Rehearsals resume **Wednesday, August 15**, 6:00-8:00 p.m.,
Room 110 in the Palmer building.

Youth Chorus (Grades 7-12)

Rehearsals resume **Monday, August 27**, 6:30-8:00 p.m.,
Room 110 in the Palmer building.

Children's Choirs

Primary Choir (Grades 1-3)

Junior Choir (Grades 4-6)

Rehearsals resume **Wednesday, August 22**, 4:00-5:30 p.m.,
on the second floor of the Thornwell Building.

Cherub Choir (K 4&5)

Rehearsals resume Sunday evening, **August 19**,
in the Thornwell Building.

Registration required for all choirs. See firstprescolumbia.org/choirs or contact Rebekah Schlottman at rschlottman@firstprescolumbia.org.

WITH
DR. WILLIAM EDGAR

THE BRIDGE
ROOM 125

DESSERT AND COFFEE RECEPTION

NEW Core Strength & Stretching Class

"Building a Bridge Between Strength and Flexibility"

The Sports Ministry is offering a Christ-centered exercise class that incorporates faith with building core strength and flexibility. A scripture verse will be shared at each class. This class will provide an opportunity for participants to improve posture, digestion, sleep quality, and reduce stress and anxiety. It is open to men and women of all ages and fitness levels.

Thursdays, 6:00 - 7:00 p.m. beginning July 12

The Bridge, Room 201

\$5.00 / class

No registration or commitment required.

If you have any questions, please contact Linsey Hyatt at (803) 463-7439 or Jimmy Easterby at 799-9062, Ext. 255.

Please Pray for Our Summer Mission Trips

Please keep these summer mission trips in your prayers:

Middle School Mission with Widows' Watchman Ministries: July 16 - 20

Middle School students will be travelling to Honea Path, South Carolina, and will spend the entire week helping in whatever capacity is needed to minister to widows in the area.

College Wales Mission: July 19 - 30

A team of nine students plus four leaders return to Cardiff/Barry, Wales, for outreach in conjunction with three local churches.

THE FIRST PRESBYTERIAN CHURCH

Associate Reformed Synod

1324 Marion Street

Columbia, South Carolina 29201

(803) 799-9062

July 15, 2018

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THIS WEEK AT FIRST

Sunday, July 15

- 8:30 a.m. Worship Service* - Sanctuary**
- 10:00 a.m. Sunday School for Children and Youth* - Church Campus
- 10:00 a.m. Thornwell Lectures - Family Life Center
- 10:50 a.m. Fellowship - Jackson Hall
- 11:15 a.m. Worship Service* - Sanctuary**
- 5:00 p.m. Church-Wide Prayer* - Laffitte Parlor
- 6:00 p.m. Evening Service* - Sanctuary**
The Sacrament of the Lord's Supper
- 7:15 p.m. Sunday Supper - Jackson Hall
- 7:30 p.m. High School Hangout - Off-site

Monday, July 16

- Middle School Widows Watchmen Mission - Honea Path
- 9:00 a.m. Aerobics@First - Family Life Center
- 12:00 p.m. Recorder Ensemble Rehearsal - P107
- 5:00 p.m. Christian Education Committee - BR327
- 5:30 p.m. College Summer Study - Off-site

Tuesday, July 17

- Middle School Widows Watchmen Mission - Honea Path
- 7:30 a.m. Men's Prayer - P402A
- 8:30 a.m. Staff Prayer - BR201
- 9:00 a.m. Ministry Staff Meeting - BR201
- 1:00 p.m. Middle School Swim & Study - Off-site
- 5:45 p.m. Men's Basketball (35+) - Family Life Center

Wednesday, July 18

- Middle School Widows Watchmen Mission - Honea Path
- 9:00 a.m. Aerobics@First - Family Life Center
- 11:30 a.m. Wednesdays@First - Jackson Hall
- 5:00 p.m. Centerpoint Dinner - Jackson Hall
- 6:00 p.m. Centerpoint - Jackson Hall
- 6:00 p.m. Centerpoint Nursery - T108/T109/T112
- 6:00 p.m. Women's Bible Study - T305
- 6:00 p.m. Centerpoint Kids - T102/T103

Thursday, July 19

- Middle School Widows Watchmen Mission - Honea Path
- 7:15 a.m. Men's Discipleship Bible Study - Blue Marlin, Vista Room
- 5:30 p.m. Men's Basketball (18+) - Family Life Center
- 6:00 p.m. Core Strength & Stretching Class - BR201

Friday, July 20

- Middle School Widows Watchmen Mission - Honea Path
- 9:00 a.m. Aerobics@First - Family Life Center

Saturday, July 21

- 9:00 a.m. Encouragers' Breakfast - Small Dining Room

**Childcare is available from birth to four years.*

If, at any time, you have an emergency, please call 513-7931 to contact a pastor.