



BIBLE READING + PRAYER GUIDE

2019

EMMANUEL BAPTIST CHURCH

INTRODUCTION

THE READING PLAN

There are a couple of reasons we chose the 5-Day Bible Reading Plan. First, it's a plan that reads through the entire Bible in one year. Whereas some plans may read the New Testament twice, or may only cover certain parts of the Bible, it was important for us to go through the entire Bible once.

Second, it's five days rather than seven. This allows for two makeup days on the weekend. The reality is, we're human, and we'll miss days in our reading. We thought it was important to have two days during every week to makeup any missed reading.

Third, it is somewhat chronological. You'll notice about the reading that some chapters and books are not in the order listed in the table of contents in your Bible (e.g. Psalm 19 is a reading on day 1). This is so that what you're reading, for the most part, is in the order of when events actually occurred. So Chronicles is going to line up with Kings, Psalms is going to be sprinkled in, aligning thematically to the other readings for the day, and so on. By the end of the year, you will have read every word of the Bible.

THE PRAYER GUIDE

This guide uses the A.C.T.S. (Adoration, Confession, Thanksgiving, Supplication) prayer model as a guide. This is **not** a secret formula in order for God to hear your prayers. Rather, this is simply helping you build a routine in your prayer life. That being said, here's how to use this guide:

1. Read the scripture for the given day. Remember there are only five days in the reading week, so utilize the two makeup days on the weekend if necessary.
2. Turn to the Prayer Guide (pg. 3-4) and answer the “Key Questions” under each section. It can be helpful to write your responses on a sheet of paper or in a prayer journal. This can help maintain your focus during prayer.
3. Add the Church-Wide Supplications (pg. 5-6) to your requests. If there was a particular person you prayed for, consider sending them a text, give them a call, or send them a note to tell them you prayed for them.

PRAYER GUIDE

ADORATION

Prayers of adoration are prayers of worshipful praise to God for who he is – his character, his nature, and his work.

KEY QUESTION: What praiseworthy attribute(s) of God was on display in any of the texts that you read today? Praise God for these as you've seen them in your life.

CONFESSION

Prayers of confession identify sins you have committed, agree with God that they are sins, admit that you did them, and express your desire to act in accordance with His will in the future.

KEY QUESTIONS: Were there any sins on display in the text you read today (Characters disobeying God, the author identifying sinful deeds, etc.)? Are you guilty of sins similar to these? Are you tempted in similar ways? Confess these sins to him, and ask for help to avoid these temptations in the future.

THANKSGIVING

Prayers of thanksgiving focus on specific ways God has provided for you. While similar to adoration, thanksgiving isn't praising God for who he is (creator, redeemer, healer, Lord, etc.), but for what he has done (healing my friend, saving my child, etc.).

KEY QUESTIONS: Did God act in the text that brought to mind a way he has acted on your behalf in the past? Thank him for those things. If not, what has he done in your life for which you should be grateful?

SUPPLICATION

Prayers of supplication are simply making your requests known to God. In supplication, we are soldiers in the midst of battle, asking our commander for supplies.

KEY QUESTIONS: What are you currently worried about? Where do you need God to intervene? Ask God for these things, remembering that He cares for you!

CHURCH-WIDE SUPPLICATION

MONDAY

Pray for the lost people in your life. Pray that you would be able to have interactions that would lead to sharing the gospel. Pray that God would give you the words to say.

TUESDAY

Pray for Emmanuel Baptist Church. Pray for unity of the body. Pray for growth (both of our members growing deeper in knowledge and wisdom, and also for God to bring new believers into our midst). Pray for the leadership to make wise, God-honoring decisions. Pray for specific churches in our area to boldly proclaim the name of Christ (name them if you know them).

WEDNESDAY

Pray specifically for the people inside and outside of our congregation that are sick. Ask specifically that God would heal them.

THURSDAY

Pray for all those in your life that are difficult for you to love or those with whom you are at odds. Pray that God would soften your heart to them, and theirs to you. Pray for their well-being.

FRIDAY

Pray for our governmental leaders (Federal, State, and Local level), regardless of political affiliation. Pray for wisdom to make God-honoring decisions. Pray for a spiritual awakening to happen in Tuscaloosa and throughout our nation.

SATURDAY

Pray for our brothers and sisters around the world who are being persecuted. Pray that God would give them the strength to endure. Pray for the Christ to be made known through their bloodshed. Pray for the missionaries that are at work around the world. Pray that they wouldn't lose heart. Pray that they would be

SUNDAY

Pray for the worship service at EBC. Pray that God would be exalted through the preached word. Pray that God would be praised through the corporate singing. Pray that people would come to repentance for indwelling sin. Pray that sinners would come to Christ today. Pray that the hearts of God's people in our church would be revived for His glory.

FASTING

New to the 2019 Bible Reading and Prayer Guide, EBC will be corporately practicing the spiritual discipline of fasting. For some, medical issues may make fasting an impossibility. If that is the case for you, we would not recommend you participate in fasting with us, but please do join us as we pray. For all others, consulting a physician may be necessary before fasting.

Fasting is a practice that has largely fallen out of favor with many in the church today. However, it was practiced weekly in Jesus' day, and in the New Testament, it's assumed that Jesus' disciples would fast (note: "When you fast..." in Matt. 6:16).

Very simply, fasting is abstaining from food for an extended period of time. For the Christian, a fast is observed so as to devote time in prayer. The hunger pains, created because of the absence of food, are a reminder that your soul needs nourishment both from the scriptures, and from communion with God through prayer. For Emmanuel Baptist Church, we will be fasting from food, but we will be feasting on the word of God, and on the nourishment he provides us through prayer. During the fasting days, please

be sure to drink plenty of water. If you cannot participate in a complete fast from food (i.e. for medical reasons), you might choose to abstain from certain things you have regularly (coffee, dessert, breads, etc.).

In preparation for fasting, I would encourage you to listen to the sermon on fasting (if you haven't already) that was preached on September 30, 2018 entitled, "Fasting." (<https://www.emmanueluscaloosa.org/sermons/sermon/2018-09-30/fasting>). This will explain the theological significance of fasting, and why it is that we will be practicing this discipline.

EBC will be observing 7 days of fasting through 2019. These fasting days will be on the 31st day of the month (note: fasting will not be observed on any month with 30 or less days). Leading up to the day of fasting, EBC members will receive an email discussing the day and what it is that we will be praying for together. Please consider joining us in these days of dedicated prayer as it will prove profitable for your spiritual growth and for the life of our church.

5 DAY READING GUIDE

Week 1

- Genesis 1-2; Mark 1; Psalm 19
- Genesis 3-5; Mark 2;
- Genesis 6-8; Mark 3; Psalm 104
- Genesis 9-11; Mark 4
- Genesis 12-15; Mark 5; Psalm 148

Week 2

- Genesis 16-18; Mark 6;
- Genesis 19-20; Mark 7; Psalm 1
- Genesis 21-23; Mark 8; Psalm 107
- Genesis 24-25; Mark 9; Psalm 4
- Genesis 26-27; Mark 10

Week 3

- Genesis 28-29; Mark 11
- Genesis 30-31; Mark 12; Psalm 11
- Genesis 32-34; Mark 13; Psalm 145
- Genesis 35-37; Mark 14; Psalm 12
- Genesis 38-40; Mark 15

Week 4

- Genesis 41-42; Mark 16;
- Genesis 43-44; Galatians 1; Psalm 24
- Genesis 45-46; Galatians 2; Psalm 108
- Genesis 47-48; Galatians 3; Psalm 25
- Genesis 49-50; Galatians 4

Week 5

- Exodus 1-3; Galatians 5;
- Exodus 4-6; Galatians 6
- Exodus 7-9; Ephesians 1; Psalm 105
- Exodus 10-12; Ephesians 2;
- Exodus 13-15; Ephesians 3; Psalm 114

Week 6

- Exodus 16-18; Ephesians 4;
- Exodus 19-21; Ephesians 5; Psalm 33
- Exodus 22-24; Ephesians 6; Psalm 109
- Exodus 25-27; Philippians 1; Psalm 90
- Exodus 28-31; Philippians 2

Week 7

- Exodus 32-34; Philippians 3
- Exodus 35-37; Philippians 4; Psalm 26
- Exodus 38-40; Hebrews 1;
- Leviticus 1-3; Hebrews 2; Psalm 27
- Leviticus 4-7; Hebrews 3

Week 8

- Leviticus 8-11; Hebrews 4; Psalm 110
- Leviticus 12-14; Hebrews 5; Psalm 111
- Leviticus 15-18; Hebrews 6; Psalm 31
- Leviticus 19-20; Hebrews 7
- Leviticus 21-23; Hebrews 8

Week 9

- Leviticus 24-25; Hebrews 9; Psalm 81
- Leviticus 26-27; Hebrews 10; Psalm 112
- Numbers 1-2; Hebrews 11; Psalm 64
- Numbers 3-5; Hebrews 12
- Numbers 6-7; Hebrews 13

Week 10

- Numbers 8-11; Colossians 1
- Numbers 12-14; Colossians 2; Psalm 28
- Numbers 15-18; Colossians 3; Psalm 113
- Numbers 19-21; Colossians 4
- Numbers 22-25; Luke 1

Week 11

- Numbers 26-29; Luke 2
- Numbers 30-33; Luke 3; Psalm 35
- Numbers 34-36; Luke 4
- Deuteronomy 1-3; Luke 5; Psalm 36
- Deuteronomy 4-5; Luke 6

Week 12

- Deuteronomy 6-9; Luke 7
- Deuteronomy 10-14; Luke 8; Psalm 5
- Deuteronomy 15-18; Luke 9; Psalm 115
- Deuteronomy 19-22; Luke 10; Psalm 6
- Deuteronomy 23-26; Luke 11

Week 13

- Deuteronomy 27-31; Luke 12
- Deuteronomy 32-34; Luke 13; Psalm 13
- Joshua 1-4; Luke 14; Psalm 143
- Joshua 5-8; Luke 15; Psalm 14
- Joshua 9-13; Luke 16

Week 14

- Joshua 14-17; Luke 17
- Joshua 18-21; Luke 18; Psalm 15
- Joshua 22-24; Luke 19; Psalm 116
- Judges 1-3; Luke 20; Psalm 16
- Judges 4-6; Luke 21

Week 15

- Judges 7-8; Luke 22
- Judges 9-11; Luke 23; Psalm 17
- Judges 12-16; Luke 24; Psalm 146
- Judges 17-18; Acts 1; Psalm 21
- Judges 19-21; Acts 2

Week 16

- Ruth 1-2; Acts 3;
- Ruth 3-4; Acts 4; Psalm 37
- 1 Samuel 1-2; Acts 5; Psalm 120
- 1 Samuel 3-5; Acts 6; Psalm 23
- 1 Samuel 6-8; Acts 7

Week 17

- 1 Samuel 9-10; Acts 8
- 1 Samuel 11-13; Acts 9; Psalm 38
- 1 Samuel 14; Acts 10; Psalm 124
- 1 Samuel 15-16; 1 Chronicles 1; Acts 11; Psalm 39
- 1 Samuel 17; 1 Chronicles 2; Acts 12

Week 18

- 1 Samuel 18-19; 1 Chronicles 3; Acts 13; Psalm 59
- 1 Samuel 20; 1 Chronicles 4; Acts 14; Psalm 56, 57, 142
- 1 Samuel 21-22; 1 Chronicles 5; Acts 15; Psalm 52
- 1 Samuel 23-24; 1 Chronicles 6; Acts 16; Psalm 54
- 1 Samuel 25; 1 Chronicles 7; Acts 17

Week 19

- 1 Samuel 26-27; 1 Chronicles 8; Acts 18
- 1 Samuel 28-29; 1 Chronicles 9; Acts 19
- 1 Samuel 30-31; 1 Chronicles 10; Acts 20
- 2 Samuel 1-2; 1 Chronicles 11; Acts 21; Psalm 96, 106
- 2 Samuel 3-5; 1 Chronicles 12; Acts 22; Psalm 122

Week 20

- 2 Samuel 6; 1 Chronicles 13; Acts 23; Psalm 60
- 1 Chronicles 14-16; Acts 24
- 2 Samuel 7-8; 1 Chronicles 17; Acts 25; Psalm 132
- 2 Samuel 9-10; 1 Chronicles 18-19; Acts 26; Psalm 89
- 2 Samuel 11-12; 1 Chronicles 20; Acts 27; Psalm 51, 32

Week 21

- 2 Samuel 13-14; Acts 28
- 2 Samuel 15-17; Romans 1; Psalms 3, 63
- 2 Samuel 18-20; Romans 2; Psalm 34
- 2 Samuel 21-23; Romans 3; Psalm 18
- 2 Samuel 24; 1 Chronicles 21; Romans 4

Week 22

- 1 Chronicles 22-25; Romans 5; Psalm 78
- 1 Kings 1; 1 Chronicles 26-28; Romans 6
- 1 Kings 2; 1 Chronicles 29; Romans 7
- 1 Kings 3; 2 Chronicles 1; Romans 8; Psalm 42
- 1 Kings 4; Prov 1-2; Romans 9; Psalm 43

Week 23

- Proverbs 3-5; Romans 10;
- Proverbs 6-7; Romans 11; Psalm 7
- Proverbs 8-10; Romans 12; Psalm 144
- Proverbs 11-13; Romans 13; Psalm 8
- Proverbs 14-15; Romans 14

Week 24

- Proverbs 16-18; Romans 15
- Proverbs 19-21; Romans 16; Psalm 40
- Proverbs 22-23; 1 Thessalonians 1; Psalm 117
- Proverbs 24-25; 1 Thessalonians 2; Psalm 41
- Proverbs 26-28; 1 Thessalonians 3

Week 25

- Proverbs 29-31; 1 Thessalonians 4
- Songs 1-3; 1 Thessalonians 5; Psalm 72
- Songs 4-6; 2 Thessalonians 1
- Songs 7-8; 2 Thessalonians 2; Psalm 127
- 1 Kings 5; 2 Chronicles 2; 2 Thessalonians 3

Week 26

- 1 Kings 6; 2 Chronicles 3; 1 Timothy 1
- 1 Kings 7; 2 Chronicles 4; 1 Timothy 2; Psalm 44
- 1 Kings 8; 1 Timothy 3; Psalm 30
- 2 Chronicles 5-7; 1 Timothy 4; Psalm 121
- 1 Kings 9; 2 Chronicles 8; 1 Timothy 5

Week 27

- 1 Kings 10-11; 2 Chronicles 9; 1 Timothy 6
- Ecclesiastes 1-3; 2 Timothy 1; Psalm 45
- Ecclesiastes 4-6; 2 Timothy 2; Psalm 125
- Ecclesiastes 7-9; 2 Timothy 3; Psalm 46
- Ecclesiastes 10-12; 2 Timothy 4

Week 28

- 1 Kings 12; 2 Chronicles 10-11; Titus 1
- 1 Kings 13-14; 2 Chronicles 12; Titus 2; Psalm 47
- 1 Kings 15; 2 Chronicles 13-14; Titus 3
- 2 Chronicles 15-16; 1 Kings 16; Philemon
- 1 Kings 17-18; Jude; Psalm 119

Week 29

- 1 Kings 19-21; 2 Chronicles 17; Matthew 1; Psalm 129
- 1 Kings 22; 2 Chronicles 18; Matthew 2
- 2 Chronicles 19-20; 2 Kings 1; Matthew 3; Psalm 20
- 2 Kings 2-3; Matthew 4; Psalm 48
- 2 Kings 4-6; Matthew 5

Week 30

- 2 Kings 7-8; 2 Chronicles 21; Matthew 6
- 2 Kings 9-10; Matthew 7; Psalm 49
- 2 Chronicles 22-23; 2 Kings 11; Matthew 8; Psalm 131
- 2 Chronicles 24; 2 Kings 12; Matthew 9; Psalm 50
- Joel; Matthew 10

Week 31

- Jonah; Matthew 11
- 2 Kings 13-14; 2 Chronicles 25; Matthew 12; Psalm 53
- Amos 1-3; Matthew 13
- Amos 4-6; Matthew 14; Psalm 55
- Amos 7-9; Matthew 15

Week 32

- Hosea 1-3; Matthew 16
- Hosea 4-6; Matthew 17; Psalm 58
- Hosea 7-10; Matthew 18;
- Hosea 11-13; Matthew 19;
- Hosea 14; 2 Chronicles 26-27; Matthew 20; Psalm 61

Week 33

- 2 Kings 15-16; Matthew 21
- Isaiah 1-3; Matthew 22; Psalm 9
- Isaiah 4-6; Matthew 23;
- Micah 1-4; Matthew 24; Psalm 10
- Micah 5-7; Matthew 25

Week 34

- Isaiah 7-10; Matthew 26; Psalm 22
- Isaiah 11-13; Matthew 27; Psalm 118
- Isaiah 14-16; Matthew 28
- Isaiah 17-19; 1 Corinthians 1; Psalm 62
- Isaiah 20-22; 1 Corinthians 2

Week 35

- Isaiah 23-25; 1 Corinthians 3
- Isaiah 26-29; 1 Corinthians 4; Psalm 65
- Isaiah 30-32; 1 Corinthians 5
- Isaiah 33-35; 1 Corinthians 6
- 2 Chronicles 28; 2 Kings 17; 1 Corinthians 7; Psalm 66

Week 36

- 2 Chronicles 29-31; 1 Corinthians 8
- 2 Kings 18-19; 2 Chronicles 32; 1 Corinthians 9; Psalm 67
- Isaiah 36-37; 1 Corinthians 10; Psalm 123
- 2 Kings 20; Isaiah 38-40; 1 Corinthians 11; Psalm 68
- Isaiah 41-44; 1 Corinthians 12

Week 37

- Isaiah 45-48; 1 Corinthians 13
- Isaiah 49-52; 1 Corinthians 14; Psalm 69
- Isaiah 53-55; 1 Corinthians 15; Psalm 128
- Isaiah 56-59; 1 Corinthians 16; Psalm 70
- Isaiah 60-63; 2 Corinthians 1

Week 38

- Isaiah 64-66; 2 Corinthians 2
- 2 Kings 21; 2 Chronicles 33; 2 Corinthians 3; Psalm 71
- Nahum; 2 Corinthians 4; Psalm 149
- 2 Kings 22-23; 2 Corinthians 5; Psalm 73
- 2 Chronicles 34-35; 2 Corinthians 6

Week 39

- Habakkuk; 2 Corinthians 7
- Zephaniah; 2 Corinthians 8; Psalm 74
- Jeremiah 1-4; 2 Corinthians 9; Psalm 130
- Jeremiah 5-7; 2 Corinthians 10; Psalm 75
- Jeremiah 8-10; 2 Corinthians 11

Week 40

- Jeremiah 11-13; 2 Corinthians 12
- Jeremiah 14-16; 2 Corinthians 13; Psalm 76
- Jeremiah 17-20; James 1
- Jeremiah 22, 23, 26; James 2; Psalm 77
- Jeremiah 25, 35, 36, 45; James 3; Psalm 133

Week 41

- Jeremiah 27, 28, 29, 24; James 4
- Jeremiah 37, 21, 34; James 5; Psalm 79
- Jeremiah 30-33; 1 Peter 1
- Jeremiah 38, 39, 52; 1 Peter 2
- 2 Kings 24-25; 2 Chronicles 36; 1 Peter 3; Psalm 126

Week 42

- Lamentations; 1 Peter 4; Psalm 137
- Obadiah; Jeremiah 40-42; 1 Peter 5; Psalm 147
- Jeremiah 43, 44, 46; 2 Peter 1;
- Jeremiah 47, 48, 49; 2 Peter 2; Psalm 80
- Jeremiah 50-51; 2 Peter 3

Week 43

- Ezekiel 1-3; John 1
- Ezekiel 4-6; John 2; Psalm 82
- Ezekiel 7-9; John 3
- Ezekiel 10-12; John 4; Psalm 83
- Ezekiel 13-15; John 5; Psalm 136

Week 44

- Ezekiel 16-18; John 6
- Ezekiel 19-21; John 7; Psalm 84;
- Ezekiel 22-24; John 8; Psalm 134
- Ezekiel 25-27; John 9; Psalm 85
- Ezekiel 28-30; John 10

Week 45

- Ezekiel 31-33; John 11
- Ezekiel 34-36; John 12; Psalm 86
- Ezekiel 37-39; John 13; Psalm 87
- Ezekiel 40-42; John 14
- Ezekiel 43-45; John 15; Psalm 135

Week 46

- Ezekiel 46-48; John 16
- Daniel 1-3; John 17; Psalm 88
- Daniel 4-6; John 18
- Daniel 7-9; John 19; Psalm 91
- Daniel 10-12; John 20

Week 47

- Ezra 1-2; John 21
- Ezra 3-4; 1 John 1; Psalm 92
- Haggai; Zechariah 1; 1 John 2; Psalm 138
- Zechariah 2-5; 1 John 3; Psalm 93
- Zechariah 6-8; 1 John 4

Week 48

- Zechariah 9-11; 1 John 5
- Zechariah 12-14; 2 John ; Psalm 94
- Ezra 5-6; 3 John ; Psalm 95
- Esther 1-3; Revelation 1; Psalm 139
- Esther 4-6; Revelation 2

Week 49

- Esther 7-10; Revelation 3
- Ezra 7-10; Revelation 4; Psalm 97
- Nehemiah 1-3; Revelation 5;
- Nehemiah 4-6; Revelation 6; Psalm 98
- Nehemiah 7-9; Revelation 7; Psalm 140

Week 50

- Nehemiah 10-13; Revelation 8
- Malachi 1-4; Revelation 9; Psalm 2
- Job 1-3; Revelation 10; Psalm 29
- Job 4-7; Revelation 11; Psalm 99
- Job 8-11; Revelation 12

Week 51

- Job 12-14; Revelation 13; Psalm 100
- Job 15-17; Revelation 14
- Job 18-20; Revelation 15; Psalm 141
- Job 21-23; Revelation 16; Psalm 101
- Job 24-27; Revelation 17

Week 52

- Job 28-30; Revelation 18
- Job 31-33; Revelation 19; Psalm 102
- Job 34-36; Revelation 20
- Job 37-39; Revelation 21; Psalm 103
- Job 40-42; Revelation 22; Psalm 150



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