



“Welcome to Eastpoint! Don’t know what you’re looking for? Let’s find it together!”

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How do I sign up for the online community? You can fill out an online registration form at www.eastpoint.church/register or sign up through our app.

Please note content online is up-to-date, while this information provides a comprehensive list of classes and groups.

At Eastpoint, our mission is to make disciples of Jesus who share their faith with others.

EASTPOINT CORE VALUES:

Love God. Love the church. Love your neighbor.

EASTPOINT CORE ACTIONS:

CELEBRATE: Expressing the joy of Jesus through worship.

CONNECT: Learning to love like Jesus through relationships.

SERVE: Sharing the hope of Jesus through generous living.



WHAT ARE...

At Eastpoint, we have many types of groups that meet in different environments, but they all achieve the same purpose which is to ***connect people with Jesus and his community***. It is within this community that we learn to love one another deeply, we grow in our knowledge and understanding, and we are encouraged to be faithful in our Christian walk. Even our larger ministries have a small group dynamic that provides an environment where people can better know and care for one another.

- **Classes** help people to grow in understanding and applying the teachings of Jesus. They have a defined curriculum and usually last between 8 and 12 weeks. Our classes are designed as part of a plan for discipleship that give individuals a foundational understanding of Jesus and his ministry.
- **Life Groups** are a small groups of 8-16 adults who meet in homes at various times throughout the week. In Life Groups, we journey together as we follow Jesus. We do this through a rhythm of inflow, overflow, and multiply:
 - *Inflow* is all about our relationship with Jesus, so we study the Bible to hear from God and we pray together to commune with God.
 - *Overflow* is all about living like Jesus. We enjoy time in community (sharing life together and praying for one another). We also serve together in our neighborhoods.
 - *Multiply* is all about making more disciples of Jesus, so we raise up leaders to lead other Life Groups, which allows more people to follow Jesus together.
- **Specialty Groups** meet to focus on a particular area of study for a limited period of time. Specialty Groups may develop into Eastpoint Ministries when there are ongoing needs and opportunities.
- **Ministries** offer specific teaching and discipleship to special groups within the Eastpoint community. They are often gender specific, age specific, or time of life specific.

CLASSES:

Monthly:

**All class locations listed in CCB Calendar.*

Discover Eastpoint

2nd Sunday of every month | 12:30 pm | Eastpoint | Larry Strondak

Learn the basics about Eastpoint Christian Church and find out how you can take significant next steps in your faith journey. This class is offered year round.

Core Values

3rd Sunday of every month | 1:30 pm | Eastpoint | Larry Strondak

This is a single session class that explores the mission, vision, and Core Values of Eastpoint through a fun and interactive format. If you are interested in taking the next step at Eastpoint, this is a great class for you. Each class lasts for roughly two hours and is offered year round.

Starting Point

Starting Point is an exploration of the Bible's grand story and where you fit into the narrative. Whether you're new to the Christian faith, are curious, or are re-examining your relationship with God, you'll appreciate this conversational small group environment. Each session lasts for about 75 minutes.

Options:

- ☐ Tues@6:30p Starts 1/23

S.H.A.P.E.

God has given you unique abilities, talents, and gifts. During this class, we will explore five areas that God has uniquely gifted each person to serve in His Kingdom. Your SHAPE - Spiritual gifts, Heart, Abilities, Personality, and Experiences. Classes are interactive and include two assessments as well as opportunities to explore different areas of service in and outside the church community. (8 weeks, January 29th and January 18th respectively)

Options:

- ☐ Mon@6:30p Starts 1/22

LIFE GROUPS:

Life Group Demographic Descriptions

Intergenerational: These groups are open to adults of all ages and life seasons. These are some of our best groups because you get to journey alongside and learn from people in different walks of life.

Young Adults

- **Gender Specific (Men, Women):** These groups are ideal if you want to dive deeper or just connect with other guys and girls respectively. As part of the YA Ministry, we participate in other YA Ministry events, such as Worship Nights, outreach projects, and socials with other YA Life Groups.
- **College:** These groups are designed with college-age students in mind. As part of the YA Ministry, we participate in other YA Ministry events, such as Worship Nights, outreach projects, and socials with other YA Life Groups.
- **Mixed:** These groups are open to all young adults, so whether you are a student, young professional, or young married, this is the group for you! As part of the YA Ministry, we participate in other YA Ministry events, such as Worship Nights, outreach projects, and socials with other YA Life Groups.
- **Young Couples:** These groups are a great option for young married or engaged couples to surround themselves with others in a similar life season. As part of the YA Ministry, we participate in other YA Ministry events, such as Worship Nights, outreach projects, and socials with other YA Life Groups.

Young Families: These groups are designed with young families in mind. Some of these groups provide a childcare option.

Families: These groups are open to families with or without kids. Some of these groups provide a childcare option.

Ministry Volunteers: These groups are for the volunteers in specific ministries; for example, Children's volunteers or Student Ministry Leaders.

Life Group Flow

- *Inflow is all about our relationship with Jesus, so we study the Bible to hear from God and we pray together to commune with God.*
- *Overflow is all about living like Jesus. We enjoy time in community (sharing life together and praying for one another). We also serve together in our neighborhoods.*
- *Multiply is all about making more disciples of Jesus, so we raise up leaders to lead other Life Groups, which allows more people to follow Jesus together.*

WINTER 2018 LIFE GROUPS LISTED BY AREA:
****For a live and updated list, please register online****

Arundel Area

Ethan and Deidre Braley Tues@6:45pm YA: Young Couples

Bath Area

Mike and Julie Shea Wed@6:30pm Intergenerational

Buxton Area

Todd and Heather Pendleton Thur@7pm Student Volunteers

Cape Elizabeth Area

Sean and Beth Flathers Sun@6pm Intergenerational Kid Friendly

Cumberland Area

Sam and Kiley Cyr Tues@6pm YA: Young Couples

Falmouth Area

Wally and Patti Camp Tues@7pm Intergenerational

Tom and Carman Fickeisen Thur@6:15pm Intergenerational

Bob and Sallie Gardner Thur@6:30pm YA: Mixed

Gorham Area

Troy and Laura Kinney Tues@6:30pm Intergenerational

Chris and Val Bowie; Ted and Stephanie Smith Thur@6:30pm YA: College

Kennebunk Area

Clay and Celine Ball/Jeff and Valerie Anastas Thur@6:30pm Intergenerational

North Yarmouth Area

Bill and Carolyn Verrill Tues@6:30pm Intergenerational

Portland Area

A.J. and Donna Walker; Randy and Ann Vaughan Sun@5:30pm Intergenerational

Matt and Sanda Weber Mon@6:45pm YA: Young Couples

Sandy Goudrea Tues@5:30pm Intergenerational

Tim and Louise Maxfield Tues@6:30pm Intergenerational

David and Amanda Poulin Tues@6:30pm Intergenerational

Mike and Tana Krohn Tues@6:45pm YA: Young Couples

Meredith Philbrook Wed@7:00pm 30's Women

Ray and Karin Hepler Thur@6:30pm Intergenerational

Pownal Area

Tres and Kate Sansom Tues@6:30pm Intergenerational

Raymond Area

James Betzer and Kate Manchester Wed@6:30pm Intergenerational Kid Friendly

Saco Area

Dick and Becky Knox Wed@6:30pm Intergenerational

Pete and Angie Dell'Erba Thur@6:30pm YA: Mixed

Scarborough Area

Bob and Noreen Sholl Tues@6:30pm Intergenerational

Jake and Jordan Tallman Tues@6:30pm YA: Mixed

Tim and Pat Lindsay Wed@6:30pm Intergenerational

Matt and Debi Geren Thur@6pm Childrens Volunteers Kid Friendly

Jason and Carolyn Gammon Thur@6:30pm Intergenerational

South Portland Area

Phil and Gloria Carter
Noah and Sarah Winter
Chris and Amanda Flathers
Alejandro and Robyn Lastra
Rachel Madore and Isaac Freeman
Jeremy and Amber Lautzenheiser
Friendly
Bill Barker
Graham and Magdalyn Strondak

Sun@6pm Intergenerational
Tues@5:30pm Young Families w/ kids 0-2 years old
Tues@7pm YA: Young Couples
Tues@7pm YA: Young Couples
Tues@7pm YA: Mixed
Wed@6pm Young Families Kid
Wed@6pm YA: Men’s Group
Wed@7pm YA: College

Westbrook Area

Larry and Kim Strondak
Steve and Jane Raymo

Wed@6:30pm Intergenerational
Thur@6:30pm Families Kid Friendly

Windham Area

Mark and Angela Cobb
Tony and Dawn Mills
John and Kim Stiver; Jeff and Wendy Bland

Wed@6:30pm Intergenerational
Thur@6pm Intergenerational
Thur@7pm Intergenerational

SPECIALTY GROUPS:

Prayer Night

As we pray, we know that God hears us, responds to our requests, and causes our faith to deepen and mature. Join us for a night of prayer for our church family and community each week.

Scott Taube Wed@6:30pm Ongoing @ The Point

Grief Share

Grief Share is a program to help people who are grieving the loss of a loved one. It is a 13 week cycle that helps you move forward with rebuilding your life around your loss. Each week we view a video featuring top experts on grief and recovery subjects. We have a discussion about what we have seen and how it relates to what we are experiencing in our grief journey. You are given a workbook for personal study and reflection for during the week between each meeting.

Cathy Reny Wed@6pm Ongoing

Holy Yoga

Come worship Jesus on your mat. Whether you've practiced yoga for years or never rolled out a mat, come spend time with Him in a Christ-centered community. Please wear comfortable clothes and bring a water bottle and yoga mat. Anyone is welcome at any time!

Colleen Wood Tues@6pm Ongoing
Susan Marean Thur@6pm Ongoing

The Fresh Start Beginner's Meeting of Alcoholics Anonymous

This will be an open discussion beginner's meeting. All are welcome. Go to www.thepoint.community for more details.

Wed@7:30pm

Messy Grace

This class will take you through the book, "Messy Grace," which explores how a pastor with gay parents learned to love others without sacrificing conviction. In this class you'll explore what it means to love people, (including the LGBTQ community) in the messy tension of truth and grace.

Sundays @11a, starts 1/29, \$10

5 Habits of Emotionally Healthy Marriages

All of us have issues from our past that we bring into marriage. But few of us know how to deal with those hurts as they're happening. In this inspiring series you'll learn to celebrate your differences with your spouse, why couples fight for control and practical steps to renew your relationship. Whether you've been married for years or are preparing for the journey, this is the essential resource for every couple.

Wednesdays @ 6:30p, starts 2/14, free

Dave Ramsey's Financial Peace University

What if you knew where all of your money was going each month? What if you were debt-free, investing and making wise spending decisions? With Dave Ramsey's class, Financial Peace University, you CAN take control of your money and start planning your future. (Participants pay through Financial Peace University to access all materials).

Fridays @ 6pm, starts 1/19, \$129

Engage Together// Just Love

Learn about the role of the Church in the fight against human trafficking in Greater Portland. This one-time, 4 hour class will help prepare you to join the Just Love Ministry team as we engage in the 5 elements of the freedom strategy; Reform, Prevention, Identification, Rescue, and Restoration.

A light breakfast food, coffee, and juice will be available during this class.

Saturday @8:30a-12:30p, one time event 1/29, free

MINISTRY CLASSES:

EASTPOINT MEN'S MINISTRY *seeks to inspire and equip men to pursue authentic manhood as modeled by Jesus Christ. Connecting with experienced mentors helps strengthen men as husbands and fathers.*

Not a Fan by Kyle Idleman

Leading you to fresh encounters with God's Word, this study identifies seven deeply felt needs of men today. Discover a biblical, practical, and motivating plan to leave spiritual mediocrity behind and live a life of purpose and power.

Thursdays @ 6:30p, starts 2/1, free

Stepping Up: Part 2 (Sections 6-10)

This is the second half of Stepping Up: Five Stages of Courageous Manhood. It is best suited for men who participated in the Fall Session Parts 1-5.

Thursdays @ 6:30p, starts 1/12, \$17

Man Alive

The apostle Paul, the author of Philippians, knew that true joy comes only through humble faith in the saving work of Jesus Christ, joining ourselves in harmony with His followers, and serving others in the name of Christ. Join other men to join in learning about and experiencing the abundant and joyful life in Christ.

Thursdays @ 6a, starts 2/1, \$10

True Joy: A Study in the Book of Philippians

The apostle Paul, the author of Philippians, knew that true joy comes only through humble faith in the saving work of Jesus Christ, joining ourselves in harmony with His followers, and serving others in the name of Christ. Join other men to join in learning about and experiencing the abundant and joyful life in Christ.

Thursdays @ 6a, starts 2/1, free

EASTPOINT WOMEN'S MINISTRY *serves to encourage and equip women through God's Word to love Jesus and live for him. **Eastpoint Women** is a ministry devoted to providing resources, events, and Bible studies that will speak to women spiritually, emotionally, relationally, mindfully, and physically.*

Open Your Bible

In this heart nourishing study, we are reminded about how to live a prayerful, spiritual life by realizing God is speaking to us, nudging, wooing, leading us — inviting us — and that we can be more human and whole by attending to that which God is calling us. Each week will offer a life exercise to more fully experience the truth discussed in that week's discussion.

Sundays @ 9a, starts 1/28, \$18

Invitations from God: Accepting God's Offer to Rest, Forgive

In this heart nourishing study, we are reminded about how to live a prayerful, spiritual life by realizing God is speaking to us, nudging, wooing, leading us — inviting us — and that we can be more human and whole by attending to that which God is calling us. Each week will offer a life exercise to more fully experience the truth discussed in that week's discussion.

Sundays @ 9a, starts 1/28, \$15

Tuesdays @9:30a, starts 1/30, \$15

EASTPOINT MOMS *works to empower moms with the truth of Christ through love and connection.*

STUDENT MINISTRY *meets on Sunday evenings at 5:30pm during the school year.*

FUSION, *our ministry to middle and high school students is fun, vibrant, and intentional.*

We believe that it is vital for students to have a safe environment where they can connect with others their age who are following Jesus, grow in their faith through small groups, and be supported by caring leaders. We have trips, projects, and events through the summer as well as during the school year.

CHILDREN'S MINISTRY *is an exciting environment that meets during the Sunday services where kids learn real truth from God's Word in small groups as well as together in one large group. We provide an opportunity for children to explore, interact, and grow knowing that they are safe and loved. We host fun events throughout the year.*

PARTNERSHIPS:

Partnerships are activities that align with Eastpoint's Core Values, but are separate organizations from our church. Sometimes these are called Parachurch organizations because they come alongside the church and support specific spiritual needs.

Navigators Campus Ministry | Haley Garnett

The Navigators Collegiate ministry serves as an open door to share Jesus with between forty and fifty thousand others each year through life-on-life relationships, recreations and discipleship. If you're a student in college and you're looking for a community to grow with, laugh with, and live life with, we encourage you to get in touch with Haley at Haley.graham@campusnavs.org.

THE POINT

- The Point Community Center is open 7 am- 7 pm, Monday through Saturday.
- To book with us, contact Guest Services Coordinator, Meredith Philbrook at meredith@thepoint.community.

STAFF EMAILS

Go to eastpoint.church/staff

Scott Taube - Lead Pastor, Elder: scott@eastpoint.church

Jeff Bland- Executive Pastor, Elder: jeff@eastpoint.church

Meredith Philbrook- Guest Services Coordinator: meredith@thepoint.community

Don Ballute-The Point Coordinator: don@thepoint.community

Kurt Holmgren- Outreach Pastor, Elder: kurt@eastpoint.church

Larry Strondak - Discipleship Pastor, Elder: larry@eastpoint.church

Chris Flathers - Life Groups & Young Adults Pastor: chrisf@eastpoint.church

Steve Yescott - Student Ministry Pastor: steve@eastpoint.church

Josh Fournier- Musical Director & Student Ministry Pastor: josh@eastpoint.church

Matt Geren - Children's Ministry Pastor: matt@eastpoint.church

Carey Yescott - Worship Director: carey@eastpoint.church

Jake Holmgren - Technical Director: jake@eastpoint.church

Chris (Albert) Copeland - Office Administrator: chris@eastpoint.church

Kayla Stultz - Communications Administrator: kayla@eastpoint.church

Scott Leighton- Videographer: scottl@eastpoint.church

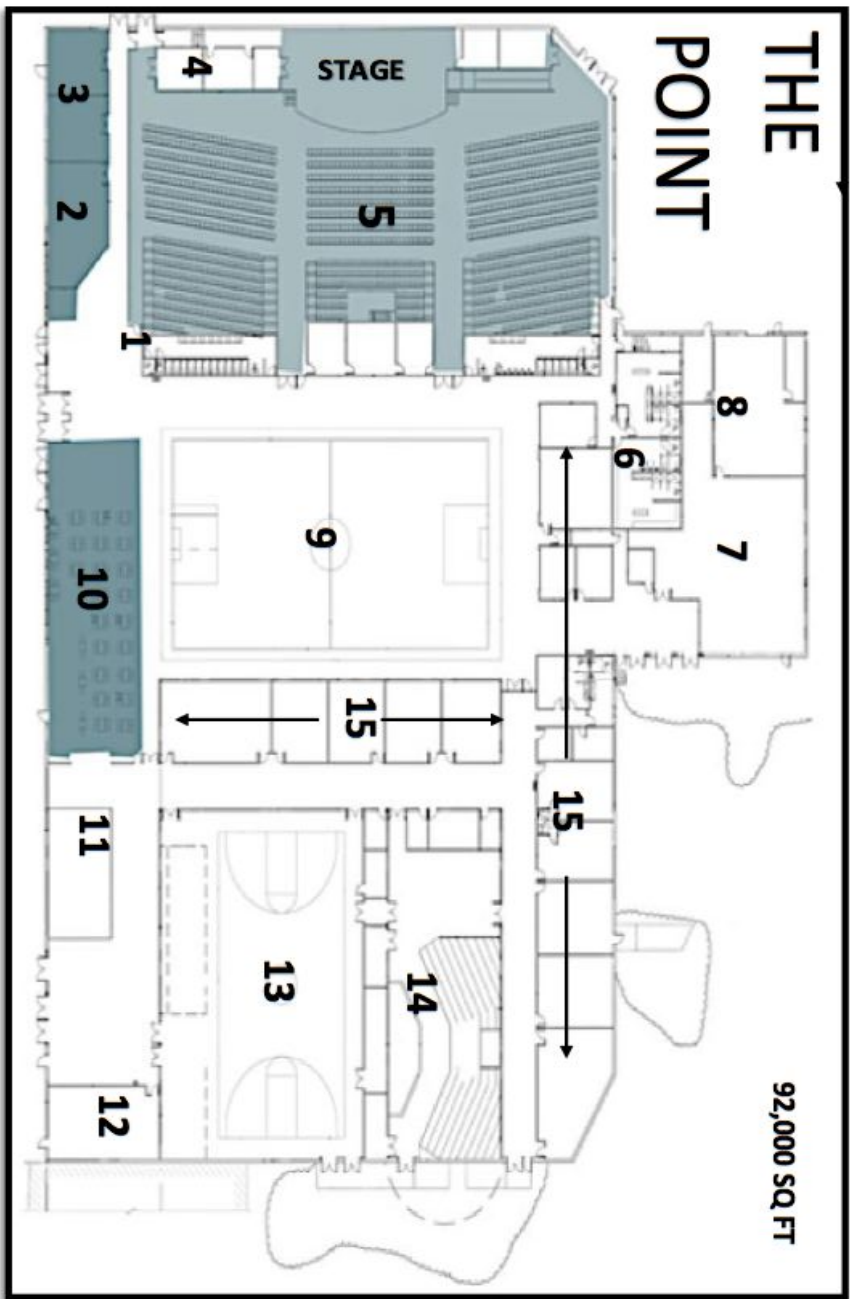
Bill Simpson- Facilities Manager: bill@eastpoint.church

Bizzy Morrell- Discipleship Administrator: bizzy@eastpoint.church

Beth Flathers- Financial Administrator: beth@eastpoint.church

THE POINT

92,000 SQ FT



1. WELCOME AREA
2. DISCOVER EASTPOINT
3. PRAYER ROOM, CONFERENCE ROOM
4. GREEN ROOM
5. 1,600 SEAT AUDITORIUM
6. LOCKER ROOMS
7. KITCHEN
8. STORAGE
9. TURF – SOCCER, LACROSSE
10. 100 SEAT CAFÉ – MAINELY WRAPS (7-7, Sun 12-7)
11. PLAYSCAPE
12. SENSORY ROOM
13. 6 HOOP BASKETBALL COURT
14. STUDENT LOUNGE – 200 SEAT AUDITORIUM, 40 SEAT CAFÉ
15. CLASSROOMS & MEETING ROOMS