

## Safe Families for Children

### RESOURCE List for Androscoggin County Host Families, Family Coaches, Family Friends, and for Parents in Need

#### ACTIVITIES FOR KIDS

- **Kiddos** (L/A's Indoor Playground) 207-619-0905
  - <http://www.kiddosmaine.com/>
  - 945 Center St, Auburn
  - Open 9:00-2:00 pm, For Kiddos age 6 and under
  - Basic pricing starts at \$8/hr, \$10/2 hrs...see website for more details
- **Macaroni Kid**
  - FREE website & weekly e-newsletter of family-friendly local events & activities
  - [www.arv.macaronikid.com](http://www.arv.macaronikid.com)
- **Flagship Cinemas** 207-786-8605
  - 730 Center St, Auburn
  - FREE movies 10:00 am TUESDAYS, Call or check website for movie title details
  - [www.flagshipcinemas.com](http://www.flagshipcinemas.com)

#### CHILDCARE

#### CLOTHING

- **Center for Wisdom's Women** (on Facebook also)
  - Call ahead to ask when next free clothing day is
  - 97 Blake St, Lewiston, 513-3922, [www.wisdomwomen.org](http://www.wisdomwomen.org)
  - Center is open in general on Mon-Thurs 9-2 and Fri 9-12
- **Court St Baptist Church**, FREE clothing on Thursdays 207-784-6661

#### ELECTRICITY

- CMP (Central Maine Power) 1-800-750-4000
- Need name, ID info, address, if possible-prior name of occupant or acct #

#### EMPLOYMENT

- **Career Center** 207-753-9000 (on Facebook also)
  - 5 Mollison Way, Lewiston
  - <http://www.mainecareercenter.gov/locations/lewiston.shtml>
  - Job Fair monthly on the 1st Monday of the month

#### FOOD, etc----Bring your own bags or boxes when possible

- **Food Stamps** for Androscoggin County/DHHS 207-795-4300
- **Good Shepherd Food Bank** 207-782-3554
  - <http://www.gsfb.org/>
  - 3121 Hotel Road, Auburn
  - Mon-Thu 7:30a-4:30p; Fri 7:30a-2p
- **High St Congregational Church** 207-784-1306 (Contact: Lee Upton)
  - 106 Pleasant Street, Auburn
  - Thurs 9:30-11:30a (very popular, have been told to get there early!)

- **Hope Haven Gospel Mission** 207-783-6086 (contact: John Robbins)
  - 209 Lincoln St, Lewiston
  - Soup Kitchen: daily breakfast 7:30-8:00 am; Mon-Sat, supper 4:30-5:30 pm, Sun supper at 2:30 pm
- **Loaves and Fishes-Sabattus**
  - 61 Lisbon Rd, Sabattus, 375-8399, [www.sabattusdominicans.org](http://www.sabattusdominicans.org)
- **Pathway Vineyard Church** (207) 784-9500
  - 9 Foss Rd, Lewiston
  - FREE meal Fridays 11:30-1:00, Food Pantry (can use once a month)
  - [https://vineyardchurch.ccbchurch.com/form\\_response.php?id=340](https://vineyardchurch.ccbchurch.com/form_response.php?id=340) (application for assistance can be filled out online or in person during Friday meals)
  - <http://www.pathwayvineyard.com/> (church website for many free offerings)
- **Pine Street Social Center - Soup Kitchen -** 207-795-6040 (Contact Erin Reed)
  - 100 Pine St, Lewiston
  - Mon-Fri 9-5, also Sat & Sun 1 pm-5 pm
- **Root Cellar** 207-782-3659 (Director: Joel Furrow)
  - [www.therootcellarlew.org](http://www.therootcellarlew.org)
  - 89 Birch St, Lewiston
  - Pantry: Mon-Thurs 10-12; Fri 12-2 pm (Lewiston residents, once per month)
  - Also English classes, Homework after school programs, etc
- **Salvation Army** 207-783-0801 (contact: Dan & Holly Johnson)
  - 67 Park St, Lewiston
  - Pantry: Mon, Tues, Thurs, Fri 9:00-2:00 pm
  - *Appt needed: can visit once every 3 months, must be 15 days past Food Stamps*
  - Also aids w/ emergency assistance program, heating assistance, winter clothing assistance, toys for Christmas
- **Seventh Day Adventist Church** 207-782-3663
  - 316 Minot Avenue, Auburn
  - Tues 9:00a-12 pm
  - Auburn Residents only
- **St Mary's Food Bank** 207-513-3841
  - 208 Bates St, Lewiston
  - Tues, Wed, & Fri 9-11, Thurs 4-6 pm
  - May visit once per month
- **Trinity Jubilee Center** 207-782-5700 (Contact: Erin Reed)
  - 247 Bates St, Lewiston
  - Thurs 7:45-12 pm, Soup Kitchen Mon-Sat, meal at 11:15
  - Also addresses unmet personal, family, social & spiritual needs
- **WIC** (Women, Infants & Children-infants & children up to age 5) 1-877-512-8856

## **HOTELS/MOTELS**

- Bass Motel 207-783-0532
  - 571 Washington St, Auburn (as cheap as \$168/week) some have full sized fridges

## **HOUSING/Apartments**

- **Auburn Housing Authority** 207-784-7351
  - 20 Great Falls Plaza, Auburn, ME
- **Lewiston Housing Authority** 207-783-1424
  - One College Ave, Lewiston
- **Mallview Terrace Apartments** 207-753-9892
  - Behind Martel School, Off Lisbon St, Lewiston
  - Have some apartments based on income, possible section 8
  - Apartment office on Main St, Lewiston
- **Northern Premier Property Management** 207-755-9483
  - Apartments are in Lewiston
- **Security Deposit Program** (applicable for those homeless or near homeless)
  - Pick up application at Auburn or Lewiston Housing Authority or Auburn or Lewiston Social Services
  - Make appointment at General Assistance (be prepared with required info)
  - Expect to wait 5 business days until a decision is made if person qualifies
  - *Auburn General Assistance is closed Fridays*

## **MENTAL HEALTH SERVICES**

- **Common Ties** 207-795-6710
  - 12 Bates St, Lewiston
  - <http://commonities.org/>
- **Department of Health & Human Services (DHHS)** 1-800-442-6382
  - Main St, Lewiston
- **Mental Health **CRISIS**** 1-888-568-1112
- **Tri-County Mental Health** 207-783-9141
  - <http://tcmhs.org/> 1155 Lisbon Street, Lewiston
  - 24-hr Emergency Services: 1-888-568-1112
- **Therapist Search-Line** 1-800-386-4096

## **SUBSTANCE ABUSE HELP**

- **Alanon** (helping the families of alcoholics)
  - 1-800-498-1844
- **Alcoholics Anonymous (AA)**
  - 1-800-737-6237
- **Narcotics Anonymous (NA)**
  - 1-800-974-0062
  - Call their helpline and talk to a recovering addict
  - [www.namaine.org](http://www.namaine.org)
- **St Francis Recovery Center** (For men 18 and older)
  - 24 Dunn St, Auburn
  - 207-784-2901 or [francisinfo@ccmaine.org](mailto:francisinfo@ccmaine.org)

- Mon-Friday 8:00-4:00 pm by appointment only
- [www.SubstanceAbuseCCM.org](http://www.SubstanceAbuseCCM.org)
- **The Women's Project**
- 1-800-611-1588
- Helping women affected by substance abuse-their own or others.
- <http://www.maine.gov/dhhs/samhs/osa/>

## TRANSPORTATION

- Bus Station (Lewiston Citylink with 9 bus routes) 207-777-4563
  - <http://www.avcog.org/index.aspx?NID=877> to check bus schedules, etc

## MISCELLANEOUS

- **211** phone & online resource for multitude of resources found at [www.211maine.org](http://www.211maine.org)
- **BEDS:** (volunteer 16-20 hours & earn a bed)
  - <http://www.healthyhomeworks.org/>
  - 207-415-4245 Pepperell Mill, 550 Lisbon St, Lewiston
- **Community Concepts** 207-795-4065
  - 240 Bates St, Lewiston
  - <http://www.community-concepts.org/>
  - Housing Resources, Heating assistance, Mainecare Mileage Reimbursement
- **Hope House**
  - 87 College St, Lewiston 207-577-1165
  - <http://www.hopehousemaine.com/>
- **New Beginnings** (for youth under 22 yrs old) 207-795-4077
- **Pine Tree Legal** 207-784-1558
- **Rural Community Action Ministry** (RCAM) 207-524-5095
  - Provides services for 13 rural towns surrounding Lew/Aub area
  - [www.RCAM.net](http://www.RCAM.net)
- **Salvation Army** 207-783-0801
- **Social Security Administration** 1-800-772-1213 Auburn office
- **Substance Abuse Counselor** (teenagers mostly)
  - Sara Camolli 207-344-7271
  - 4 Park St, Lewiston
- **Western Maine Community Action** 1-800-827-1000
  - Services designed to help low to moderate income people living in Androscoggin, Oxford & Franklin counties

### Disclaimer:

Please call before arriving somewhere as hours, location, etc change often

Please contact Joy Gray @ [joygraysffc@gmail.com](mailto:joygraysffc@gmail.com) if changes should be made to this list

