



Eric and Lisa Beaulieu

We both feel communication is deeply important. You must make time to talk whether it be about small things or pressing issues since communication is a big factor to building a stronger relationship. When you can be honest with each other about how you are feeling emotionally or physically, then it really helps the other person understand the situation better. By having the opportunity to share with your spouse, it allows the stress and the weight on your shoulders to get a lot lighter –knowing someone is there to help and usually new ideas are shared. We strongly feel communication is a huge component on feeling connected as husband and wife. With lives and schedules getting busy it doesn't take long to feel overwhelmed and disconnected, so we try to keep things as simple as possible, and always try to make time to chat.

We are a team~two that have become one.

